

CHAPTER 1

Applicability	<ol style="list-style-type: none"> 1. This plan applies to the Active Component (AC) Noncommissioned Officer Academies (NCOAs) that conduct PLDC. 2. If there is a conflict between this plan and the PLDC Program of Instruction (POI), the TRADOC approved POI takes precedence. 3. If there is a conflict between this plan and Army publications or guidance, the Army publications or guidance takes precedence. The intent of the CMP is to enhance PLDC and not establish Department of the Army (DA) or Training and Doctrine Command (TRADOC) policy. <hr/>
Course Structure/ Conduct of Training	<ol style="list-style-type: none"> 1. This course is non-MOS specific, taught at an NCO Academy in a live-in environment using classroom instruction with practical application, followed by hands-on performance-oriented training conducted in a field training environment, culminating with an extensive situational training exercise (STX). Small Group Leaders (SGLs) assess the students' leadership potential and evaluate their ability to apply lessons learned and effectively lead their classmates in a tactical environment. 2. Commandants must ensure the conduct and evaluation of training is IAW the principles of training outlined in FM 7-0, FM 7-1, and this CMP. 3. Student qualification in prerequisite tasks is an individual and unit commander's responsibility. Upon arriving at a school, students must be capable of performing supporting individual tasks and tasks required in the next lower level course--for PLDC, skill level one tasks. 4. AC PLDC is a 4-week, 2-day course, culminating with a 30-hour STX. (REF: AR 350-1, Chap 3, para 3-46 and TR 350-10, Chap 2, para 2-7) <hr/>
Course Pre-requisites	<ol style="list-style-type: none"> 1. Soldiers attending PLDC must fall into the following priorities-- <ol style="list-style-type: none"> a. Priority One: Sergeants that are non-PLDC graduates. The soldiers may or may not have a PLDC Waiver. b. Priority Two: SPC/CPL promotable. These soldiers are prioritized with this category as follows? <ol style="list-style-type: none"> (1) SPC/CPL (P) who has met cut off score. (2) SPC/CPL (P) in MOSs which would have had additional promotions if more promotable SPC/CPLs had been available <hr/>

Course Pre-requisites,
continued

- and identified as “Star MOS” by monthly PERSCOM Promotion Cut-Off Memorandums.
- (3) SPC/CPL (P) in other MOSs serving in an authorized NCO position based on the highest number of promotion points.
 - (4) All other SPC/CPL (P) on a recommended list based on the highest number of promotion points.
- c. Priority Three: SPC/CPL in leadership positions. In order to fill all PLDC training seats, non-promotable SPCs w/demonstrated leadership potential may attend PLDC only when all other higher OML categories are exhausted.
2. Students must--
- a. Meet height and weight standards.
 - b. Be eligible for reenlistment and recommended by their commander.
 - c. Have six months time in service (TIS) remaining upon graduation.
 - d. Have no convictions of a misdemeanor crime of domestic violence (Lautenburg Amendment).
 - e. If age 40 or over, have completed a periodic physical exam within the last five years. The Preexecution checklist in Part II, operator license block, must contain “**curr Phy:** and **YYMMDD.**” Soldiers will no longer hand carry a copy of the physical.

(REF: AR 40-501, Chap 8, para 8-25; AR 350-41, Chap 9, para 9-5d; AR 350-1, Chap 3, para 3-7; AR 635-200, para 5-14, and TR 350-10, Chap 2, para 2-6); MEMO DASG-HS-AS, 30 November 2000.

Enrollment Requirements

1. Soldiers reporting for training must have in their possession a completed and properly signed preexecution checklist. If a soldier reports for training without a checklist signed by himself and his commander, he has 72 hours from the report date to provide the checklist with appropriate attachments. NCOAs will return soldiers to their units who fail to provide the checklist within this time frame. The unit commander’s signature on the preexecution checklist certifies that the soldier meets routine course prerequisites.
2. Soldiers who have a permanent profile designator of “3” or “4” must include a copy of their DA Form 3349 and the results of their military medical review board (MMRB) as part of course application. Soldiers who have been before an MMRB, or similar board, awarded medical limitations and allowed to retain their occupational classification, may attend PLDC and train within the limitations of their profile--provided they can otherwise meet course prerequisites and graduation requirements.

**Enrollment
Requirements,
continued**

3. NCOAs will deny enrollment to soldiers who hold a temporary profile except for shaving or nonperformance deterring profiles. Soldiers diagnosed as pregnant after enrollment may continue training, **provided** the attending physician determines the soldier may continue. Pregnant soldiers must provide a copy of the attending physician's recommendation. A soldier medically dismissed for pregnancy after enrollment may return to the course when the condition that led to the medical dismissal no longer exists.
4. For students with permanent profiles, their profile must include an aerobic event. Soldiers with permanent profiles that permit an alternate APFT, event must also meet course graduation requirements.
5. For students with P3/P4 Profiles, ensure that the profiling doctor and the approving authority doctors have signed the profile. The commander does not need to sign the profile, unless he disagrees with the profile. P2 Profiles only needs the signature of the profiling doctor.
6. NCOAs will deny enrollment to soldiers failing to meet any one of the above prerequisites. Commandants may not supplement these mandatory prerequisite requirements.

(REF: AR 350-41, Chap 9, para 9-5d; AR 350-1, Chap 3, para 3-7, AR 614-200; AR 635-200, para 5-14; TRADOC Reg 351-10, Chap 2, para 2-6, and DA MSG, R 251850Z JUL 01, DA WASHINGTON DC//DAMO-TR.
SUBJECT: Clarification and Reinforcement of Army Training Policies)

**Course
Graduation
Requirements**

1. Students must score 70 percent or higher on the following examinations/evaluations to include Land Navigation--
 - a. Written Examinations I, II, III.
 - b. Army Physical Fitness Test (APFT) (IAW FM 21-20w/C1).
 - c. Physical Fitness Training (Train the Trainer Evaluation).
 - d. Drill and Ceremonies Evaluation.
 - e. Individual Training Evaluation.
 - f. Land Navigation Evaluation.
 - g. Both Demonstrated Leadership Evaluations (Garrison and Tactical environment).
2. Students must take the APFT within 72 hours of enrollment. If a student fails the initial APFT, NCOAs will allow one retest in 7 to 14 days of the initial APFT. If the student fails the retest, NCOAs will dismiss the student for "failure to meet APFT standards."

(REF: DA MSG, R 251850Z JUL 01)

Physical Requirements

1. Students must be able to meet the following physical requirements during the course--
 - a. Pass the APFT.
 - b. Negotiate rough terrain under varying climatic conditions.
 - c. Conduct, demonstrate, and lead drill and ceremonies.
 - d. Conduct, demonstrate, and lead physical fitness training.
 - e. Walk a minimum of 3200 meters with Load Carrying Equipment (LCE) in a minimum of three hours.
 - f. Lift and carry all required packing list items (OCIE and CTA 50-900) for short distances.
 - g. Carry a 50 pound combat load containing mission essential equipment.
 - h. Occasionally lift and carry fuel, water, ammo, MREs, or sandbags.
 - i. Low crawl, high crawl, and rush for three to five seconds.
 - j. Move over, through, and around obstacles.
 - k. Carry and fire individually assigned weapon IAW applicable regulatory guidance.
 - l. Don Mission-Oriented Protective Posture (MOPP) gear.
2. Commandants may not supplement these course graduation requirements.

(REF: AR 350-41, Chap 9, para 9-4d, TR 350-10, Chap 2, para 2-7, ARTEP 7-8, and FM 21-18)

Course Objectives

The training in PLDC focuses on--

- Self-discipline.
- Professional ethics.
- Leading, disciplining, and developing soldiers.
- Planning, executing, and evaluating individual and team training.
- Planning and executing missions and tasks assigned to team-size units.
- Caring for soldiers and families.

(REF: AR 350-1, Chap 3, para 3-46)

Student Orientation

All commandants must--

- Post their student orientation information under their respective school codes to the school header (SH) screen in ATRRS.

**Student
Orientation,**
continued

- Ensure information is current at all times and includes all information from TR 350-18, Chap 3, para 3-23, as required.
 - If ATRRS (<http://www.atrrs.army.mil>) is not available, mail information to the students' unit NLT 45 days prior to start of course.
 - Have copies available for those students who did not receive a copy prior to reporting for training.
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