



# 1st Brigade run remembers fallen

Graphic by Pat Young



Pvt. Jared Eastman

**Col. John Charlton, 1st BCT commander, leads the way during the brigade's memorial run, June 6, held in honor of their fallen comrades.**

**Spc. Ricardo Branch**  
1st BCT, Public Affairs

Nearly 5,000 Soldiers with the 3rd Infantry Division's 1st Brigade Combat Team returned from a 15-month deployment in support of Operation Iraqi Freedom recently. Twenty-nine Raider Brigade Soldiers, however, paid the ultimate sacrifice while establishing freedom there.

In a tribute to these heroes, the 1st BCT ran a memorial run, June 6.

"We lost 29 troops during this last deployment to Iraq," said Col. John Charlton, 1st BCT commander to his assembled troops.

"They had families, friends and loved ones here, so let's take a moment to honor and recognize them for their sacrifices for freedom for us all here today."

The Soldiers bowed their heads a moment in reflection for the fallen Soldiers and Marines that served under the BCT.

"Each time one of us falls in Iraq, the division commemorates a tree in their honor, so we never forget them," he said. "It's tragic to remember the loss of life we had to endure but remember the freedom they brought in Iraq."

The run was the first time the brigade gathered as a whole to pay their respects to their fellow servicemembers and was the first time the brigade has run as a whole in over 15 months.

"The last time we ran together down these streets was two years ago, and our ranks are thinner from those we lost in Iraq," Charlton said. "Let's never forget what our brothers in arms did for us over there."

The Soldiers of the Raider Brigade were the first troops to return to Iraq for the start of Operation Iraqi Freedom 5 and went to the volatile region of Al-Anbar province. For many of the Soldiers, the deployment proved to be one of the toughest deployments thus far.

"When we heard we all were going to Al-Anbar province, we knew it was going to be a challenge," Charlton said. "The province was considered a lost cause to the many people serving in Iraq."

He said people couldn't live normal lives because they constantly

had the fear of death weighing over them from insurgents operating in the area.

"There was no economy, no jobs, and improvised explosive devices were everywhere," Charlton said. "You all drove the insurgents from the cities of Ramadi, Hit, Rutbah, and Fallujah, and now those places are thriving with prosperity."

During the time the unit served in Al-Anbar, attacks were at a high of 25 a day, but that quickly fell to zero after six weeks of intensive combat operations inside Ramadi and spread throughout the province.

"The areas you all served in are thriving, and it's allowed people to live normal lives again," he said.

"We brought freedom to the people of Al-Anbar province, which is serving as a model of success for the rest of Iraq."

The following is a list of names of the 29 servicemembers assigned to or working with the 1st BCT Soldiers who paid the ultimate sacrifice:

#### Remembered are:

**Pvt. Matthew Zeimer**, 3rd Battalion, 69th Armor Regiment  
**Pvt. Kelly Youngblood**, 3/69 Armor  
**Pfc. Daniel Cagle**, 3/69 Armor  
**Staff Sgt. Steve Butcher**, 3/69 Armor  
**Spc. Forrest Waterbury**, 3/69 Armor  
**Sgt. Adrian Lewis**, 3/69 Armor  
**Pfc. David Kirkpatrick**, 5th squadron, 7 Cavalry  
**Spc. Eddie Tamez**, 5/7 Cav.  
**Pfc. Nicholas Riehl**, 5/7 Cav.  
**Spc. Charles Bilbrey**, 5/7 Cav.  
**Sgt. William Howdeshell**, 5/7 Cav.  
**Pfc. Jamie Rodriguez**, 5/7 Cav.  
**Staff Sgt. Coby Schwab**, 321 Engineers  
**Spc. Kelly Grothe**, 321 Engineers  
**Pfc. Louis Kim**, 1st Battalion, 77 Armor;  
**Staff Sgt. Michael Ruoff**, 1/77 Armor  
**Sgt. 1st Class Raymond Buchan**, 1/77 Armor  
**Spc. Kevin Gilbertson**, 1/77 Armor  
**Spc. Edward Brooks**, 1/77 Armor  
**Staff Sgt. Bradley King**, 2/152 Inf.  
**Sgt. Clinton Ahlquist**, 1/9 Infantry  
**Staff Sgt. Joshua Hager**, 1/9 Inf.  
**Pfc. Rowan Walter**, 1/9 Inf.  
**Pfc. Travis Buford**, 1/9 Inf.  
**Navy Petty Officer Lucas Emch**, United States Marine Corps Explosive Ordnance Division  
**Staff Sgt. Dustin Gould**, USMC EOD  
**Sgt. Peter Woodall**, USMC EOD  
**Sgt. William Callahan**, USMC EOD  
**Lance Cpl. James Gluff**, USMC 1/8 MAR



Spc. Ricardo Branch

**Spc. Joseph Walker and Pvt. Travis Edwards, Salute Battery, assist the 1st BCT during the brigade's memorial run, June 6.**

# Families catch the fun at fishing derby

**Randy Murray**  
Public Affairs Specialist

When fishermen speak of 'whoppers,' they're not talking about hamburgers. And if you were to ask the scores of children participating in the Kids Fishing Rodeo at Fort Stewart's Pond #30, June 7, most would share a story about the whoppers they reeled in - with daddy or grandpa's help, of course.

"This is a really good thing to have," said retired Soldier James Jones, who brought two of his grandchildren, Ricky Blount, 6, and Natalay Blount, 4, to the Directorate of Morale, Welfare and Recreation-sponsored event. "Fishing is a great way to spend time with your kids."

It seemed fitting to have a children's fishing event the week before Father's Day. Though several moms and grandmoms were there to keep little feet from getting too close to the pond's edge and to ensure they drank plenty of water while under the hot Georgia sun, it was dads and granddads who were baiting hooks, casting lines, helping with the reeling in, removing fish from hooks and putting fish in the bucket or on the stringer.

Sgt. J.C. and Amber Alderson brought the whole family. Though she showed off her trophy, keeper-size bass, Kaycee, 9, left the pond area for a while in order to get her face painted. Her brother, Dakota, 13, was certain his bass was bigger than his sister's. He talked excitedly about the "monster" catfish he'd seen swimming near shore. No one had been able to catch it, but he was going to try as long as his parents were willing to stay.

"We love to go fishing," said Amber Alderson, whose family was recently assigned here from Germany. "We've been here since 7 o'clock this morning and will probably be here all day."

Boys Scouts Troop 454 occupied a large section of shoreline on the back corner, along the roadway that separates Ponds 30 and 31. Scoutmaster and 2-7th Infantry Regiment 1st Sgt. Frank Miller brought the whole family, including 8-year old Zane, who not only baited his own hook, he wasn't the least bit afraid to carry a large catfish. He hurriedly ran down the shoreline with fish in hand to place it on the stringer.

"Oh, yeah, he likes fishing," Miller said, laughing about his son's eagerness to get back to fishing, an eagerness he said fades when the fish stop biting. "As long as they're biting for him, fishing is fun."

At the weigh-in station under the shade of the trees, Fish and Game officer Rob Gosnell stood across a folded table weighing and recording fish brought to him. He estimated 1,500 pounds of bream, catfish and bass were harvested during the half-day event. Behind Gosnell, a row of men lined stainless steel tables to clean the fish as they were brought to them, another service provided to the Families by DMWR.

"This was a 'bring your kids out event,'" said Chris Dent, DMWR recreation chief.

"We just wanted to provide Families with a day they could bring the kids out, show them how to fish and have fun. It was not a competition, really. The fish were weighed so Fish and Game could keep up with the fish taken from the pond."

Dent strongly expressed his appreciation for Gosnell, Conservation Law Enforcement officers, Greg Harvey and Richard Abbott, Directorate of Emergency Service police officer, Arthur Barron, and DMWR's Susan Chipple for helping to make the Kids Fishing Derby a success. He added there will be another kids fishing event in September.



Photos by Randy Murray

Above: 'Fisher-ladies' Hannah Loudermilk, 8, Chyenne Loudermilk, 11, Tianna Hernandez, 11, and Kelsey Loudermilk, 12, show off two long stringers of bass and catfish. The girls caught the fish during the Kids Fishing Rodeo at Fort Stewart's Pond #30, June 7.

Left: Rob Gosnell (left center) with the Fish and Game Department weighs fish harvested during the Kids Fishing Derby at Fort Stewart's Pond #30. Behind him several men in a line face stainless steel tables, cleaning the estimated 1,500 pounds of fish harvested that day.



Above: Alex Hearron, 5, can't help but play with his stringer of 'whoppers' while a deep but gentle voice higher on the bank tries to get him to put his line back in the water and catch another one. Staff Sgt. Michael Hearron, Co. A, WTB, corrects his son to keep him on task: "We catch fish; we don't play with them."



A father and son test the waters at Fort Stewart's Pond #30 during the Kids Fishing Rodeo, June 7. Fish and Game officers at the event estimate over 1,500 pounds of bream, catfish and bass were harvested from the pond during the half-day event. Inset: The bass and catfish were biting and causing a splash at Pond 30, June 7.

# CYS TKD promotes pride

**Master Philip Konz**  
*CYS Tae Kwon Do Instructor*

With the looming threat of severe weather, lightening and thunder overhead, a rainbow full of colors helps bring serenity to the soul. On May 29, the Fort Stewart School Age Services building saw a veritable rainbow of colors as the Fort Stewart Youth Services Tae Kwon Do class held their monthly promotion and Student of the Month award presentation.

Twenty-six students ranging from the ages of 7 to 15 stood before their fellow classmates and Family members to be promoted to their next belt levels ranging from yellow-stripe to purple.

This was the largest group of students to be promoted since the beginning of the Fort Stewart TKD nearly five years ago.

The talent, desire to learn, and discipline of these students continues to grow and improve steadily.

The coveted Student of the Month awards brought great delight to everyone as students were recognized for their tremendous performance during

the month of May. Parents took pictures as their children were presented the Student of the Month, Most Improved Student, and/or new belt.

Students promoted to yellow stripe included Joshua Davis, 11; Emerald Eberenz, 8; Kadeja Green, 12, and Sierra Green, 10; Javier Gonzalez-Rodriguez, 8; Skyla Haines, 9; Anthony Jarvis, 8; Vaughn Kelly, 11; Arianna Lacen, 11; Nickolas Maryland, 7; and Keenan Pasley, 7.

Students promoted to yellow belt included Talia Chartier, 9; Antonio Fierro, 9; Cailin Ingram, 9; Braxton Jordan, 10; Bryan Ruff, 8, and Tyler Ruff, 15; and Nik Heckman, 12.

Students promoted to orange belt were Quintina Brown, 12; Na'im Harris, 8; and Chloe Nelson Meno, 8.

Green belt promotions included Joshua T. Bones, 7; Brandi Ray, 12 and Jasmine Ray, 14.

Students promoted to purple belt were Terri Brown and Idris Harris, 12.

The Student of the Month was Sierra Green. Most improved students were Terri Brown, Kadeja Green, Arianna Lacen, and Vaughn Kelly.



Courtesy photo

**First row: Nickolas Maryland, Javier Gonzalez-Rodriguez, Joshua T. Bones, Paul Reeves, Antonio Fierro, and Na'im Harris. Second row: Talia Chartier, Emerald Eberenz, Cailin Ingram, Bryan Ruff, Terri Brown, Keenan Pasley, Arianna Lacen. Third row: Master Philip Konz, Skyla Haines, Nik Heckman, Quintina Brown, Sierra Green, Joshua Davis, and Vaughn Kelly. Back row: Idris Harris, Tyler Ruff, Jasmine S. Ray, Brandi N. Ray, Kadeja Green Not pictured: Anthony Jarvis, Braxton Jordan, and Chloe Nelson**

# Soldier runs to save lives

**Kaytrina Curtis**  
*Hunter Public Affairs*

Each day Soldiers have openly promised to live the Army values, including selfless service. Soldiers have pledged to put the welfare of the nation, the Army, and subordinates before their own. One Hunter Army Airfield sergeant is living out those Army values. He is set to run a 26.2-mile marathon, June 21 in Anchorage Alaska, with the hope of saving lives.

A goal of six thousand dollars may not be much to some, yet for Sergeant Marco Lopez, Hunter garrison command, it is a goal he is hoping to reach. In an effort to help 2-year-old Matthew and 5-year-old Aaron beat the disease, he decided to run in their honor. Both boys have been diagnosed with leukemia. Lopez decided to give back after witnessing both his mom and dad fight and lose the battle with cancer in 2001 and 2004, respectively.

"I know what it is to see a loved one go through cancer and all the therapy," said Lopez. "I always wanted to give something back, either through research or money."

Motivation through witnessing what the children experience also drives Lopez to run in their names.

"If a 2-year-old can go through chemotherapy...I can run a marathon for him," he said.

"I can raise money for research, so that hopefully we don't have to see them suffer anymore."

The money that is donated to Lopez through the 20-year-old, non-profit organization "Team in Training" that raises funds for the Leukemia and Lymphoma Society, will help support research and projects worldwide. Among other things the money donated provides financial assistance to patients, sponsors conferences, and produces educational materials and videos.

Lopez started running last year on a whim by competing in his first half marathon. He set his goal to complete the 13.1-mile race with a time of two hours; however he came in 10 minutes ahead of time.



**Sgt. Marco Lopez**

"I have never run long distance before, but one day I woke up and decided to do a half marathon," he said. Lopez, a Florida native, joined the Army nine years ago. His parents encouraged him to join the Army to gain discipline, and it's the discipline that drives him to accomplish his goals he said.

According to the Team-in-Training Web site, the company began when Bruce Cleland of Rye, N.Y. formed a team that raised funds and trained to run the New York City Marathon in honor of Cleland's daughter, Georgia, a leukemia survivor.

Lopez encourages others to give back to society by finding a non-profit organization and to volunteer to help. "You never know when you will be affected by something like this (cancer)," he said.

For more information on how to donate to Team-in-Training in Lopez' name, visit their Web site at [www.teamintraining.org](http://www.teamintraining.org) or call 308-8024.

## 2008 Intramural Softball Standings

Co-ed Softball	Won	Lost	PCT
293 MP	2	1	66 percent
MISFITS	2	1	66 percent
3rd STB	2	1	66 percent
385 MP	0	3	0 percent

Marne Conference	Won	Lost	PCT
Co. A, 5/7 CAV	1	1	50 percent
Co. A, 3rd BSB	2	0	100 percent
HQ, 5/7CAV	1	1	50 percent
Co. A, 1/41FA	2	0	100 percent
HHC, 3/69AR (A)	1	1	100 percent
HHC, 3/69AR (B)	0	2	0 percent
Co. C, 3/69AR	0	2	0 percent

Rocky Conference	Won	Lost	PCT
MEDDAC	9	1	90 percent
FIREDAW	7	1	87 percent
526th Eng	6	2	75 percent
293 MP	5	4	55 percent
3rd STB	3	5	37 percent
15 ASOS	2	4	33 percent
139th MP	3	3	50 percent
DES	1	6	14 percent
HHC 1 BCT	3	5	37 percent
385th MP	1	7	12 percent

Hunter Softball Conference	Won	Lost	PCT
514th Eng.	18	0	100 percent
Rigger Platoon	10	2	83 percent
224th MI BN	10	6	62 percent
USMC	6	5	55 percent
E Co., 3/3 Avn	2	8	20 percent
D Co., 3/3 Avn	5	7	42 percent
110th QM	4	11	36 percent
10th Trans	1	14	7 percent

## Fort Stewart CO-ED

Date	Time	Field #	Teams
June 17	6:30 p.m.	1	3rd SB vs. 293rd MP
	7:30 p.m.	1	385th MP vs. Misfits
June 24	6:30 p.m.	1	385th MP vs. 3rd STB
	7:30 p.m.	1	293rd MP vs. Misfits
July 8	6:30 p.m.	1	293 MP vs. 385th MP
	7:30 p.m.	1	Misfits vs. 3rd STB
July 10	6:30 p.m.	1	3rd STB vs. 293rd MP
	7:30 p.m.	1	Misfits vs. 3rd STB
July 15	6:30 p.m.	1	3rd STB vs. 385th MP
	7:30 p.m.	1	293rd MP vs. Misfits

# Jake's Body Shop

## Exercise has the therapeutic ability to bring balance back to your life

**Jake Battle**  
*DMWR Fitness Coordinator*

to stress.

Many people find themselves stressed out because of the pressures of today's society. But there is a way you can relieve stress-exercise.

According to Kansas State University physical education and leisure studies Professor Karla Kubitz, exercises can help people cope better with stress, especially psychological stress. In the study Kubitz conducted, she found that people who exercise regularly recover faster from psychological stress and their bodies are more efficient in responding

### Make the most of weekends

Exercising on a regular basis is the best way to deal with stress, but Kubitz says people who only exercise on the weekends or sporadically can also cope better with stress than people who do not exercise at all.

She says the reason exercise helps us cope better with stress has to do with hormonal changes in our bodies. When under stress, the body produces hormones that cause the heart to beat rapidly. Exercise strengthens the heart, which in turn helps the heart to beat slower and better handle stress.

# Sign up for CYS sports

### Special to the Frontline

Register for youth sports at Child and Youth Services. Sports programs are open to all Child and Youth Service members, both boys and girls for children meeting the age requirements. Categories vary throughout the year.

For more information, call 767-4371. CYS registration is located at building 443, Gulick Ave. next to Corkan Pool. Hours of operation are 8 a.m. to 5 p.m., Monday through Friday; 9 a.m. to 6 p.m., Wednesday. For more information, call 767-2312. Sports registration is free to children of any parent currently deployed.

## Marne Conference

Date	Time	Field#	Teams
June 16	6:30 p.m.	1	A, 5/7 CAV vs HQ, 5/7 CAV
	7:30 p.m.	1	A, 1/41FA VS Co. A, 3rd BSB
	6:30 p.m.	2	HHC, 3/69AR (B) VS C, 3/69AR
	7:30 p.m.	2	HHC, 3/69AR (A) VS A, 3/69AR