



Photos by Lance Davis

Soldiers of the 3rd Inf. Div. Band march at the 19th annual Brooklet Peanut Festival, Aug. 16.

Dog Face Soldiers support annual Peanut Festival

Lance Davis
Public Affairs Specialist

There were plenty of peanuts cooking at the 19th Annual Brooklet Peanut Festival, Aug. 16. The 3rd Infantry Division went out to the community of Brooklet to support to the festival's parade.

Participants included the 3rd Infantry Division's color guard, the band and Lt. Col. Johnney K. Matthews, commander of the 3rd Brigade Support Battalion, 1st Brigade Combat Team.

The parade had a total of 154 entries this year occupying almost every street in Brooklet. With approximately 15,000 attendees, the crowd received The 3rd Inf. Div.'s presence well.

"When we see them come out, we can show them our support," said Lisa Sapp. "I really think it is important for young

people to see them too."

Matthews and his two daughters, Jacklyn and Katelyn, rode in the parade, and Matthews felt a sense of duty to come out and participate in this event.

"A lot of great folks are proud that we serve and are thankful for what we do," he said. "They support us and reach out to our Families while we're deployed, and this is a good way to express our thanks to them."

This was the band's debut public performance since it redeployed from Iraq. Randy Newman, chairman of the Peanut Festival Parade, said it was important to have the band here this year.



The 3rd Inf. Div. Color guard, led by Sgt. Jason Cramer, marches in the 19th Annual Brooklet Peanut Festival, Aug. 16.



The "Planters" peanut visits community members handing out treats at the Brooklet Peanut Festival, Aug. 16.

"We love the band and hearing them play makes us proud to be Americans."

The band made itself available after the parade to perform at the festival and was well-received by the audience with applause and smiling faces.

Staff Sgt. Chris Wallace, a French horn player, shared his experience at the Peanut Festival. "This is a lot more comfortable than playing in Iraq," he said. "The people are really nice and are glad we're back." According to Wallace, a local vendor gave him a pair of sunglasses in appreciation for his service to America.

In addition to entertainment from the Division's band, the festival consisted of several vendors, arts and crafts, food and fun. Most of all, it had lots of peanuts, boiled and fried.



Community members lined the streets in Brooklet, Ga in honor of the 19th Annual Peanut Festival, Aug. 16.

Below: Lt. Col. Johnney Matthews, 3rd BSB commander and his Family members wave flags and ride in the 19th Annual Brooklet Peanut Festival, Aug. 16.



First Sergeant Lester McKinney conducts the 3rd Inf. Div. band in a few numbers for the hundreds of Brooklet community members and guests in attendance at the 19th annual Peanut Festival, Aug. 16.

MWR Briefs

Get ready for the Soldier Show

The U.S. Army Soldier Show is coming to Fort Stewart and Hunter Army Airfield. The show will be performed at Tominac Fitness Center at 7 p.m., Sept. 17, with a cast party planned for 8:45 p.m. at the Hunter Club. The show will also be performed at Newman Fitness Center at 7 p.m., Sept. 24 and 25, with a cast party planned for 8:45 p.m., Sept. 25 at Club Stewart.

Come to Marne Call

Friends and co-workers are invited to Marne Call

every Friday afternoon at Fort Stewart and Hunter Army Airfield clubs. Come and enjoy food, karaoke, card games and more in a fun and relaxed environment. Fort Stewart Marne Call is 5 to 10 p.m., at Rocket's Lounge. Hunter's Marne Call is 4 to 7 p.m. at Hunter Club. For more information, call 368-2212.

Walt Disney World promotion

Walt Disney World presents "Welcome Home Marne Division" SPECIAL PACKAGE Aug. 30 - Sept. 4. As a member of the 3rd Infantry Division, Disney is offering you and your dependents a special

"Welcome Home Marne Division" package offer at Disney's Coronado Springs Resort. It's our way of saying thank you for helping spread the dream of freedom across the globe. We invite you to live out your dreams during "The Year of a Million Dreams" and experience all the magic and excitement through this special package offer. Special Package includes: Special rates at Disney's Coronado Springs Resort, Special Park Hopper ticket rate, VIP Welcome Home event (scheduled for Aug. 31) and Epcot Dessert Party just for Marne Division Families. For details & to make reservation, visit www.disneyurl.com/Welcomhome.



AAFES PRESENTS

TODAY THROUGH AUG 24



Hancock

Today — 7 p.m.

(Will Smith, Jason Bateman)

Hancock's well-intentioned heroism gets the job done and saves countless lives, but always seem to leave jaw-dropping damage in the wake. The public has finally had enough, though very grateful for the local hero. Hancock doesn't care what other people think- until the day that he saves the life of PR executive Ray Embrey, which reveals a vulnerable side. Facing that will be Hancock's greatest challenge yet- and the task that may prove impossible as Ray's wife insists that he's a lost cause. *Rated PG-13 (intense sequences of sci-fi action/ violence/ language) 92 min*

HellBoy II: The Golden Army

Friday, Saturday — 7 p.m.

(Ron Perlman, Selma Blair)

After an ancient truce existing between humankind and the invisible realm of the fantastic is broken, hell on Earth is ready to erupt. A ruthless leader who treads the world above and the one below defies his bloodline and awakens an unstoppable army of creatures. Now, it's up to the planet's toughest, roughest superhero to battle the merciless dictator and his marauders. He may be red. He may be horned. He may be misunderstood. But when

you need the job done right, it's time to call in Hellboy. *Rated PG-13 (sci-fi action violence/ frightening images) 120 min*

Journey To the Center of the Earth

Sunday — 7 p.m.

(Brendan Fraser, Josh Hutcherson)

The science professor, Trevor Anderson, unconventional hypotheses have put him on the fringe of the academic community. But during an expedition is Iceland, Trevor and his teenage nephew, Sean, accompanied by their beautiful local guide, Hannah, make a breakthrough discovery that launches them on a thrilling adventure in to the unknown. As their journey takes them deep beneath the Earth's surface they travel through never-before-seen worlds that bring them face-to-face with surreal and unimaginable creatures, stretching the bounds of the visionary scientist's own imagination. *Rated PG (adventure action, scary moments) 92 min*

Films are subject to availability. AAFES strives to show films according to the published schedule but reserves the right to reschedule, cancel, or substitute showings as needed. For more information, call 767-3069.



Pets of the Week



Dieters the cat and Stewart the puppy are some of the many homeless pets at the Fort Stewart animal shelter. The shelter has pets of all kinds, sizes, and breeds in their care. If you are interested in adopting, call the Fort Stewart Veterinary Clinic at 767-2842.



4th Annual College Probe 2008

Interested high school juniors & seniors should contact their respective schools to inquire about how they can attend.

Thursday, October 30
9:00 a.m. - 12:00 p.m.
Education Center

Free and open to the public.

This is a great opportunity for high school students or others looking to further their education!

The annual College Probe will be co-hosted by the Child and Youth Services Program and the Fort Stewart Education Center. Over 70 colleges and technical schools will be represented at the College Probe. This event is open to Soldiers, Family members and the community. For more information, contact the YESS School Liaison Office at 767-6533.

Information on financial assistance and the Hope Scholarship will be available.



Don't Miss Out!!

Local association provides benefits to Army Family

Lance Davis
Public Affairs Specialist

Have you thought about joining the Liberty County-Armed Services YMCA located in Hinesville?

YMCA, which stands for Young Men's Christian Association, also known as the Y, was founded in London, England, June 6, 1844. Since its founding, it has strived to achieve its mission building strong kids, strong Families and strong communities, and reinforce core values of caring, honesty, respect and responsibility.

Whether you've thought about joining or not, consider what the Y has to offer, especially for Army Families.

There are various programs that

include day camp, fitness, youth sports, and aquatics, but the Y also has an Armed Services branch.

"We make sure our military Families are taken care of on and off post to coincide in the collaboration with the community," said Christina Anthony, Military Outreach Family Program director.

According to Anthony, many programs under Armed Services are open to all and do not require membership. These programs include Military Outreach R&R, which seeks to reach spouses and Families of active duty Soldiers by giving them the opportunity to schedule trips, organizational days, pool parties, picnics, and more. Another program is Parents' Night Out. Army couples can RSVP to drop

their children off on the first Friday of a month from 5 to 10 p.m. Fees are determined by rank.

The newest program is Operation Hero. This is an after school program designed to help military children cope with some of the challenges they may face, such as moving or having deployed parents.

"We are here for Army Families and are an extension of the post," said executive director, Lee Boggess. "We offer a Family oriented environment with things to do for the kids, and husbands and wives too."

Judy Hoisington is an Army Spouse who works for the YMCA. Her roles include life guard, swim team coach, and water/aerobics instructor. She and her Family have found many ben-

efits from the Y.

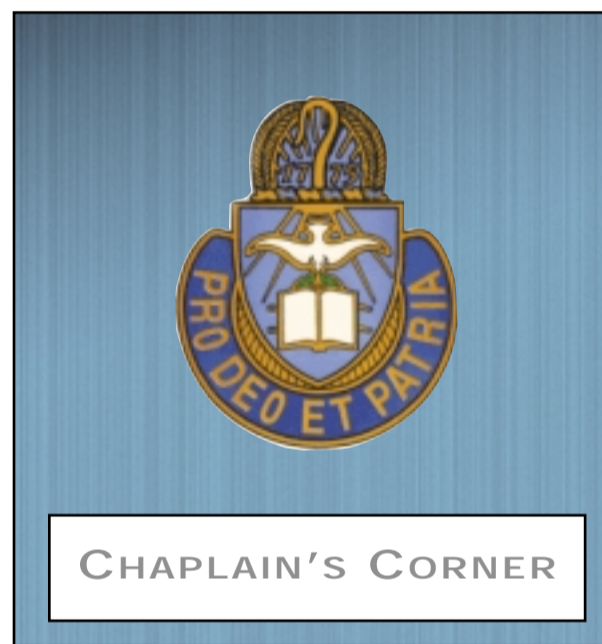
"It has been a blessing for us," she said. "With my husband deployed, we have been spending a great deal of time here and it keeps our minds off what's going on. It's such a positive place, and my kids and I have grown such much from being here."

Although the Y concentrates on Families, Lee Boggess explained that singles are very much welcomed and encouraged to come out as well. The Y also offers scholarships and discounts for membership and meals.

"We want to let people who don't have the financial means get into the Y," said Boggess.

To find out more about YMCA and its programs, contact Christina Anthony at 368-5395 or call 368-9622.

You can't marry Jethro without getting the Clampettes



Chap. (Capt) Phillip Raybon
92nd Engineer Battalion Chaplain

For this reason a man will leave his father and mother and be united with his wife, and they will become one flesh (Genesis 2:24 NIV). I have conducted many marriage counseling sessions. Marriage is a divine institution that was created by God. Sadly, many couples view their marriage as anything but divine and thus trouble seems inevitable. Why do we see so many troubled marriages today? I would like to look at one disturbing trend that complicates marriage and that is the in-laws and in some cases out-laws of the family.

I am amazed to see how many

people marry the person of their dreams but they can't stand their spouse's family. When I conduct a pre-marriage counseling session one of the first questions I ask is how do your parents and your future spouse's parents feel about this blessed union called marriage. I have had some couples who said their parents were against the marriage. Tragically, some couples tell me that they can't stand their in-laws and thus this hatred becomes a point of friction. It's time to reverse this trend.

Now some may ask this question, "Does the Bible provide guidance on how we are to treat our spouse's family?" Obviously, the answer to this question is yes. Genesis 2:24

teaches us that when a man and woman marry they become one flesh. Therefore our spouse's family is an inseparable part of the marriage union and they should be treated with love and respect. In the book of Ruth we can see a beautiful model of how we are to treat our in-laws. Ruth was a widow who forsook her own needs in order to take care of her mother-in-law Naomi who was also a widow. The biblical mandate has not changed, honor your father and mother and that includes the in-laws and out-laws of the family. Remember, whether you are dating, engaged or already married, "You can't marry Jethro without getting the Clampettes".

Chapel Schedule

Fort Stewart

Catholic	Location	Time
Saturday Vigil Mass	Main Post Chapel	5 p.m.
Sunday Mass	Main Post Chapel	9 a.m.
Protestant		
Contemporary Worship	Marne	11 a.m.
Gospel Worship	Main Post	11 a.m.
Traditional Worship	Marne	9 a.m.
Liturgical Worship	Heritage	11 a.m.
Kids' Church	Diamond Elementary	11 a.m.
PWOC (Wednesday)	Marne	9:30 a.m.
Islamic		
Friday Jum'ah	Marne	1:30 p.m.
Contact Yahya Hassan at 876-5546.		
Jewish		
Contact Sgt. 1st Class. Crowther at 980-9295.		
Friday	Marne	11:30 a.m.

Hunter Army Airfield

Catholic	Location	Time
Sunday Mass	Chapel	11 a.m.
Protestant		
Sunday Service	Chapel	9 a.m.

Kids Church Where God rocks

10:45 a.m. to noon, Sunday
at Stewart School Age Services, across from
Diamond Elementary; or at Hunter Chapel
Fellowship Hall, Sunday at 9:15 a.m.

For all kids Grade K-5

Fort Stewart bus pick-up

10:15 a.m. - Liberty and Hendrich, Liberty and Sicily, Liberty and Anzio, Liberty and Rome

10:20 a.m. - Jasmine and Skyland Spruce, Jasmine and Liberty Wood, Wild Fern and Golden Birch

10:30 a.m. - Schofield and Sansidro, Schofield and Hollandia, Rogers and Argyle

10:40 a.m. - Naktong and New Guinea, Ormoc and New Guinea

10:50 a.m. - Marne Chapel

10:55 a.m. - Main Post Chapel

For more information, email
fortstewartkidschurch@yahoo.com

Fort Stewart Chapel Youth Ministry

Junior and Senior
High School Students!

Join us for
free games and pizza

Sunday • 6:30 to 8 p.m.

at the Stewart Youth Activity
Center,
building 7338.

For more information,

call 877-7207

Mass Choir rehearsals announced

The Liberty County Community Mass Choir will be looking for interested participants. If you would like to sing with this choir, please contact Judy Forshee at 977-5918 or email judith.forshee@us.army.mil or Ronald Calhoun at 786-5787 extension 209 or email rcalhoun@schoolofchurchmusic.org. Opportunities are also available for the Community Chorus, soloist, ensemble and quartet. Come and join this great community fellowship. The 2009 Concert Season begins Oct. 1 through Sept. 30, 2009.

Coastal Happenings

Courtesy of the Coastal Courier

Enjoy lunchtime concert

The Heritage Bank, Coastal Courier, and Hinesville Area Arts Council, present Lunchtime Concert in the Park, 11:30 a.m. to 1:30 p.m., Friday at Bradwell Park. Bring your lawn chairs and picnic lunches or purchase from local eateries/vendors. This concert will feature The Courtney Brothers.

Take clay sculpture art classes

Sponsored by the Hinesville Area Arts Council and Hinesville YMCA sponsor a children's Clay Sculpture Art Class at the YMCA in Hinesville, 10 a.m. to noon, Aug. 23. The cost is \$12. An adults class is offered 1 to 4 p.m., Saturday for \$20. For more information, call 408-6381.

Human Resource meeting held

Coastal Society of Human Resource Management meets on the fourth Thursday of every month. If you are a human resource professional and would like to attend a meeting or receive more information, contact Holly Stevens-Brown, chapter president at 876-3564.

DAU offers learning opportunities

The Defense Acquisition University Continuous Learning Center offers continuous learning opportunities designed to maintain currency and help AT&L employees meet the Department of Defense requirement to complete 80 points of continuous learning every two years.

The center includes nearly 200 self-paced continuous learning modules that address topics important to the community. DAU would like to introduce Continuous Learning Modules online classes. Learn more at cl.dau.mil.

Take time to relax, go fishing

The Liberty County Bass Club is looking for community members who enjoy fishing. The club is a diverse group of anglers who know where the good

fishing spots are or want to know.

The LCBC meets at Hinesville City Hall the first Thursday of the month. Activities include participation in the Georgia Top Six Tournament each year, and hosts frequent local tournaments. For more information, call 320-2315.

Enjoy summer activities in Statesboro

Splash in the Boro is now open. The Raptor Center at Georgia Southern has opened their new wetlands wildlife exhibit and the museum has a new adventure maze that will challenge you to explore Georgia's different habitats.

Wind down in the evenings at Meinhardt Vineyards and Winery and get a taste of their new wine, Mill Creek!

Live Oak Public Libraries' programs

Live Oak Public Libraries' Programs at the Liberty Branch Library and Midway-Riceboro Branch Library includes:

Preschool Story time: Join us for stories, songs, and more each Monday, 10:30 a.m. at the Liberty Branch Library. The event is for children three to four years old.

Tree Tots Storytime: Join us for stories, songs, and more, 10:30 a.m., each Tuesday at the Liberty Branch Library. The event is for ages one to two years old.

Notice of Washington Ave road closure

East Washington Avenue will remain closed for utility work between U.S. Highway 84 (Oglethorpe Highway) and Bradwell Street (south) until Sept. 16. This closure is intended to limit future closures and expedite the construction process.

Take a trip to Walt Disney World

Walt Disney World presents "Welcome Home Marne Division" SPECIAL PACKAGE Aug. 30 - Sept. 4. As a member of 3rd Infantry Division, Disney is offering you and your dependents a special "Welcome Home Marne Division" package offer at Disney's Coronado Springs Resort. It's our way of saying 'thank you' for helping

spread the dream of freedom across the globe.

We invite you to live out your dreams during "The Year of a Million Dreams" and experience all the magic and excitement through this special package offer. Special Package includes: Special rates at Disney's Coronado Springs Resort, Special Park Hopper ticket rate, VIP Welcome Home event (scheduled for Sunday, Aug. 31) and Epcot Dessert Party just for Marne Division Families.

For details and to make reservation, visit www.disneyurl.com/Welcomehome.

Boating class offered

The U.S. Coast Guard Auxiliary will be offering a boating course for "The Weekend Navigator" beginning Sept. 16. The classes will meet at the Department of Human Resources, 761 Wheaton Street in Savannah for seven Tuesday nights, followed by an optional, no cost, seven weeks of advanced material. There is a \$50 fee for course materials.

Call Kent Shockey 897-7656 for information or go to www.savannahaux.com to register. This course is ideal for inland and coastal cruisers, sport fishers, and aspiring recreational boaters, this course features an easy-to-use, quick reference format that helps you operate your GPS, depth sounder, and radar and interpret what they tell you. Material includes a MAPTECH Chart Navigator Training CD.

Enjoy Labor Day at Fort Morris

Are you looking for a getaway to closeout your summer with a bang? Then visit Fort Morris this Labor Day, 11 a.m. to 3 p.m., Sept. 1 as we commemorate the holiday with hourly Soldier talks, cannon and musket firings. So, bring the Family and a picnic lunch for a day of recreation and fun.

Fort Morris State Historic Site is located seven miles east of I-95, exit 76. Follow the brown Liberty Trail signs. Site admission is \$3 for adults, \$2.50 for seniors and \$1.75 for children 6-18 year-olds. For more info please call 884-5999 or visit online at fortmorris@coastalnow.net.

Georgia Coast hosts 6th annual birding, nature fest

Special to the Frontline

In the fall the Georgia coast is positively throbbing with thousands of feeding birds, butterflies and other unique coastal wildlife. We invite you to experience this spectacle in the company of other beach-loving outdoor enthusiasts, expected to flock again to Georgia's Colonial Coast Birding and Nature Festival held on Jekyll Island, Oct. 9-13.

The sixth annual festival offers a variety of entertainment and educational activities, including a keynote speech by Pete Dunne, internationally renowned birdwatcher and author of numerous birding guides. On Oct. 9, a free Nature Day event is planned for youngsters and families. Highlighting coastal Georgia's abundant natural beauty and wildlife 19 seminars and 53 field trips will be scheduled.

The Jekyll Island Convention Center will serve as the hub for festival activities, and field trip excursions will include many of the Georgia Department of Natural Resources' Colonial Coast birding trail sites.

"The Birding Trail provides excellent places for birding and cultural exploration," said Jim Ozier, DNR's program manager for the Wildlife Resources Division - Nongame Conservation Section. "This festival will offer first time and repeat visitors to Georgia's coast a myriad of opportunities to see amazing bird life and other natural resources."

Throughout the weekend, festival-goers, young and old, will have the opportunity to enjoy free beginner birding field trips; beach and marsh walks; live reptile displays; and special presentations on topics such as animal tracking.

Seminars will also be offered by some

of the Southeast's foremost naturalists and will include topics ranging from gardening for wildlife to basic nature photography.

Festival participants will be able to learn more about Georgia's magnificent coastline at "The Rookery," an interactive exhibit center located in the Jekyll Island Convention Center's Atlantic Hall. Georgia's coastal environment will be showcased at information stations hosted by authors, artists, and conservation-based organizations. Experts will be on hand to help with the selection of birding binoculars, scopes, high tech birding equipment, birdfeeders, bat and bird houses, as well as guidebooks for wildlife identification.

On Saturday afternoon in The Rookery, master falconer Steve Hein will present two live raptor shows, noon and 5 p.m. starring a collection of hawks, falcons, and owls from Georgia Southern University's Center for Wildlife Education and Lamar Q. Ball Raptor Center. All Rookery activities are free and open to the public.

The festival features trips to outstanding natural areas such as Little St. Simons Island, the Altamaha Waterfowl Management Area, St. Catherine's Island, and four National Wildlife Refuges (Blackbeard Island, Harris Neck, Okefenokee, and Wassaw). A unique four-hour journey through tidal creeks and St. Simons Sound by shrimp boat will conclude with a Wild Georgia Shrimp Boil lunch.

Guided by expert naturalists, field trippers will visit diverse habitats such as longleaf pine forests, barrier island beaches, and tidal freshwater marshes in search of birds ranging from the endangered Red-cockaded Woodpecker to the

elusive Sora. Several kayak trips will offer the chance to spy on secretive rails and the endangered Wood Stork. Beach excursions may provide sightings of flocks of shorebirds and possibly close views of the endangered Piping Plover.

"Sites along Georgia's coast are recognized internationally as important bird areas," said festival director Lydia Thompson. "This festival will give birders of all skill levels a chance to visit unique habitats and observe a wide variety of coastal birds and other wildlife."

The festival's keynote speaker, Pete Dunne is expected to draw the largest crowds to his October 11, 6:45 to 9 p.m. program when he will recount "Twenty-Five Things That Changed Birding."

An authority on the optical needs of birders, Dunne has served as a marketing and product advisor to Nikon, Zeiss, Leica, Swarovski Optik, and Bausch and Lomb. Among the books he has authored are The Wind Masters, Hawks

in Flight, and The Essential Field Guide Companion.

In addition, Dunne contributes to publications such as Birding, Bird Watcher's Digest, Birder's World, American Birds, and Living Bird. The Dunne keynote address will follow a dinner catered at the Jekyll Island Convention Center. Tickets are required.

The 2008 festival organizers include the Coastal Georgia Audubon Society, the Georgia Ornithological Society, Jekyll Island-Georgia's Jewel, Wild Birds Unlimited of Jekyll Island, Ogeechee Audubon Society, Georgia Department of Natural Resources-Wildlife Resources Division, and the U. S. Fish and Wildlife Service.

Registration for the festival begins on Aug. 23 at 9 a.m. and ends on Sept. 22. To register for festival field trips and seminars, or for more detailed information, visit the festival Web site at www.coastal-georgiabirding.org or call 1-877-4JEKYLL



Courtesy photo

Saint Catherine's Island is among the popular sites visited during the annual birding and nature fest.

Civilian Employee Fitness Program

Civilian employees are invited to get into tip-top shape through the Civilian Employee Fitness Program at the Tominac Fitness Center at Hunter or the Newman Fitness Center at Stewart.

The program will be held from 3 to 4 p.m., Mondays, Wednesdays and Thursdays from Sept. 8 through Dec. 11. It is designed to provide a comprehensive, "self-paced" fitness regimen encompassing health, well-being and physical fitness.

There is no charge.

For more information or to sign up, call 315-2019 (Hunter) or 767-3031 (Stewart).



Meet 
Doctor
Vernessa E. Cunningham
Pediatrician

Specialty: Pediatrics
Medical Degree: Meharry Medical College School of Medicine Board Certified: Pediatrics

Winn Army Community Hospital
 1061 Harmon Ave. Fort Stewart, Ga.
 (912) 435-6965

www.winn.amedd.army.mil



Army Community Service

Welcome to the Army Community Service Family Page. Our mission is to provide services to support readiness of Soldiers, their Families, and communities to promote self-reliance, resiliency, and stability. We offer training classes, support groups, and Family advocacy programs. Services are offered to active, retired, Reserve, and National Guard Soldiers and their Family members, regardless of branch of service. Department of Defense civilian employees (NAF and APF) are also eligible for most services, as are their Family members. ACS is a member of the Morale, Welfare and Recreation Family, proudly serving America's military.

For information or to register for programs at Fort Stewart, please call 767-5058/5059. For information and registration at Hunter Army Airfield, please call 315-6816.

Learn how to log volunteer hours

At Hunter, everyone who has a volunteer working in their area is invited to a VMIS Registration Workshop to receive hands-on assistance with the online software program that tracks volunteer hours, Friday. You will also meet the new installation volunteer coordinator and enjoy light refreshments. Please call ACS-Hunter at 315-6816 to let us know you will be coming.

Be a volunteer

Volunteering offers an opportunity to learn new skills, gain resume experience, get involved in children's activities, meet new friends, keep busy, and help make our community an even better place to live. The Army Volunteer Corps unites volunteers and organizations. To find out more about volunteer opportunities on the installation, please contact the volunteer coordinator at ACS by calling 767-5058.

Come to Hunter Newcomers Expo

Mark your calendar for the upcoming Newcomers Expo/Community Fair and Hunter Spouses Club Super Sign-Up at Hunter, Sept. 3 from 4 to 7 p.m. The HSC is partnering with the Newcomers Expo to offer a "super sign-up" to encourage new members to join their group which fosters friendship, goodwill and community spirit among its members. The expo offers the opportunity for newcomers to discover the many services that are available at Hunter and in the Savannah area. Meet other Families who are new to the area and learn more about your community. The HSC super sign-up invites you to be part of a group that promotes worthwhile service and community projects. Everyone is invited to attend to learn, share, and meet new friends. For information, call ACS-Hunter at 315-6816.

Meet other spouses

Stewart offers a coffee group for Hispanic spouses Sept. 4, and a coffee group for German spouses Sept. 11. Both coffee groups meet at the Relocation Office beginning at 1 p.m. A foreign-born spouse support group meets at ACS-Hunter Sept. 15 at 11 a.m.

Hearts Apart, a support group for all spouses whose loved one is away, meets at Stewart beginning at 11 a.m. on September 3 and at Hunter on September 9. For information, call 315-6816 at Hunter or 767-5058/5059 at Stewart.

Family members invited to AFTB

Family members at Fort Stewart are encouraged to register for free training offered by Army Family Team Building. Living within an Army Family culture can be challenging, and AFTB helps by teaching you the knowledge and skills to thrive in the military lifestyle. "Make Army Life Great" focuses on topics such as personal development, emerging leadership, time management skills, adapting to change, and more, Sept. 3 - 5.

Call 767-5058/5059 to register for AFTB classes. Also ask about child care information.

Attend FRG Training

Hunter offers several FRG training beginning with the FRG Basic Course, Aug. 25. New FRG Leaders are encouraged to attend to learn an overview of the FRG, tasks during the deployment cycle, expectations and roles for FRG volunteers, communicating with Families, dealing with the media, resources and funding, and more.

Key Caller Training includes key caller duties, dispelling rumors, handling crisis calls, and how the Key Caller fits into a successful FRG, Aug. 26.

Treasurer Training is designed for commanders, FRG leaders, and treasurers within the FRG, Aug. 28. Topics include the rules and regulations that govern the FRG to include available financial resources, fundraising rules and responsibilities, and more.

Please call 315-6816 to register for these FRG Training sessions at Hunter.

Attend Employment Workshop Series

If you are seeking employment, take advantage of the Employment Workshop Series offered at both Stewart and Hunter locations. Designed to help you succeed in your employment search, employment classes are scheduled back-to-back, giving you the option of attending several sessions in one day, or choosing to register only for those sessions that meet your needs.

The topics for the next session include Employment and Career Orientation, Military Spouse Employment Orientation, and Insider's Tips to Resumix, Aug. 26 at Hunter and Aug. 27 at Stewart, both beginning at 9 a.m.

Please call 767-5058/5059 at Stewart or 315-6816 at Hunter to reserve your spot, as seating is limited.

Moving soon?

Ease the financial burden of your next move by participating in Financial Planning for PCS, offered Thursdays at Stewart and Aug. 26 at Hunter. You'll learn how to plan monthly expenses during a PCS move and how to avoid pitfalls during a move.

For those moving to Korea or Germany, an overseas briefing offers the opportunity to learn about your new duty station. You will receive a packet of information pertinent to your new duty station, as well as learn about services that will help make your move a smooth one. Soldiers and Family members are highly encouraged to attend the Overseas Briefing at Stewart, Sept. 2 or at Hunter, Sept. 3.

Call to 767-5058 to register at Fort Stewart, or call 315-6816 to sign up at Hunter. Also ask about Kids on the Move, a new program to help children learn about their new home.

Learn to understand investments

Investing is easier than you think. Find out more at the finance workshop Basic Investing, a four-session seminar held Tuesday evenings from 6 to 8 p.m. beginning Aug. 26 at Stewart. You'll learn about the different types of investment options, products, and languages. Call ACS at 767-5058/5059 to register.

Learn to manage stress, anger

What triggers your stress? How do you react to an angry person? How does anger affect you? Learn skills to identify stress triggers, methods to manage your emotions, and positive techniques for dealing with anger, either your own or someone else's. Sign up now for the full-day workshop at Hunter, Aug. 27. The workshop repeats at Fort Stewart, Sept. 2. Please call 315-6816 at Hunter or 767-5058 at Stewart to let us know you will be coming as seating is limited.

The Military Family Life Consultants offer an informative discussion on tools to help with Stress and Anger, Aug. 25 at Hunter. No pre-registration is required; simply come to this presentation at ACS-Hunter, Aug. 25 beginning at 12:30 p.m. The session is also offered at ACS-Stewart, Aug. 27 beginning at 10:30 a.m. For directions or information, please call 315-6816 at Hunter or 767-5058/5059 at Stewart. Also

ask about child care.

Learn checkbook management

Your Financial Readiness team teaches you how to manage your checking account, avoid excess fees, and get control of your money. The 2-hour Checkbook Management class will help you properly balance your checkbook and reconcile your bank account. The class is offered at Stewart, Friday and at Hunter, Sept. 3, both starting at 9 a.m.

To register, please call 767-5058/5059 at Stewart or 315-6816 at Hunter.

Take a break with EFMP events

On Aug. 27, Exceptional Family Member Program parents are invited to attend a discussion on the Individualized Education Plan. Held in conjunction with Parents' Night Out, the presentation begins at 6:30 p.m. at the Family Readiness Center, Building 87. Both Fort Stewart and Hunter locations offer supervised activities at the CYS Child Development Center for children enrolled in the EFMP from 6 to 9 p.m. Children must be registered with CYS and also enrolled in EFMP to participate, and advance sign-up is required. To register, call 767-5058 at Stewart or 315-6816 at Hunter.

Respite Care funding is available to pay for up to 40 hours each month for those enrolled in the Exceptional Family Member Program. Why not take a break and let Respite Care make payment to the provider of your choice?

Summer fun for EFMP Families is offered at both The Springs water spray park and Corkan outdoor pool. Early access (before regular hours) at The Springs are 10 to noon every Tuesday, and early-access hours at the pool are 9 to 11 a.m. every Thursday. Advance registration is not necessary; simply sign in when you arrive.

For more information on the Exceptional Family Member Program, please call 767-5058/5059 at Stewart or 315-6816 at Hunter.

Get parenting support

Meet other parents and discuss the joys and concerns of parenting your new baby. A caring, knowledgeable professional from New Parent Support facilitates group discussions on a variety of topics determined by individual and group needs. At Hunter, the group meets twice weekly on Tuesday and Thursday at 2 p.m. at ACS located on Neal Boulevard, building 1279.

If you have parenting questions, concerns, or just want to talk to someone, please contact ACS to request a Home Visit, or stop by your ACS center and ask to speak to a New Parent Support professional. Free educational resources include books, classes and support groups. To contact New Parent Support or to register for classes, call 767-5058/5059 at Stewart or 315-6816 at Hunter.

Need to talk?

When you have a lot on your mind, talking it over with a caring knowledgeable person can really make a difference. The Military and Family Life Consultants are available to provide free and confidential support when you are having difficulty coping with issues related to daily life. The Consultants are available at both Fort Stewart and Hunter Monday through Friday from 8 a.m. to 8 p.m., and they also offer off-post appointments in the local communities. Call 704-9505, 492-6367, or 492-6428 to request an appointment.

Victim Advocate Program can help

The Victim Advocate Program provides services to victims of domestic violence and sexual assault. Receive information about victim rights and available resources, safety planning, protective orders, safe lodging, support during investigative, medical, and legal proceedings, Command liaison services, and more. Call 767-3032 for more information.

Army Community Service New Parent Support Program

Play Group Playmates

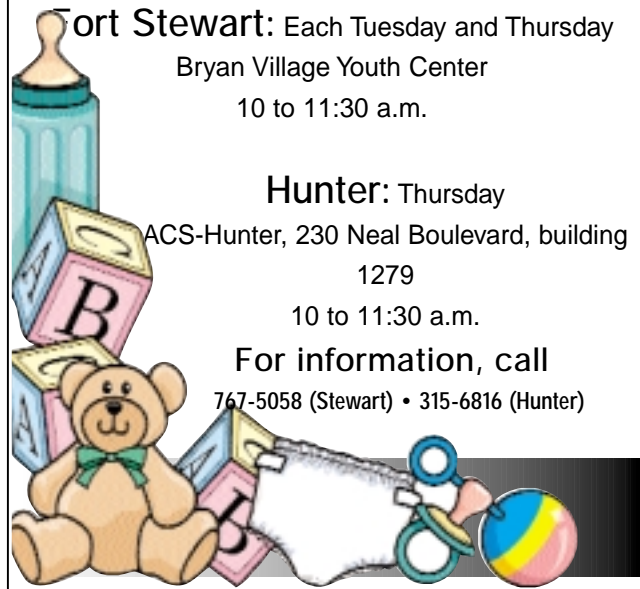
For children ages 0-5 and their parents

Lots of toys and happy noise with delightful Army girls and boys!

Fort Stewart: Each Tuesday and Thursday
Bryan Village Youth Center
10 to 11:30 a.m.

Hunter: Thursday
ACS-Hunter, 230 Neal Boulevard, building
1279
10 to 11:30 a.m.

For information, call
767-5058 (Stewart) • 315-6816 (Hunter)



Support Groups Something for Everyone

Chill and Chat

Hosted by the Military and Family Life Consultants to discuss deployment or any other concerns, Mondays 11:30 a.m. at the PX Food Court at Fort Stewart. At Hunter the group is held at 9 a.m., Mondays at building 1279. Playland is open for the kids.

Grandparents and Caregivers Support Group

For those who are taking care of children while the child's parent is deployed, Mondays 11:30 a.m. at

the PX Food Court.

Parenting Support Group

Hosted by the New Parent Support Program for moms with new babies to discuss the joys and challenges of motherhood, 2 p.m., Tuesdays and Thursdays at ACS-Hunter, 230 Neal Blvd., building 1279. A new group is now forming at Fort Stewart, please call 767-5058 to sign up.

Hearts Apart

Support and friendship while your loved one is away. Fort Stewart meets 1st and 3rd Wednesdays at 11 a.m. at the Relocation Office, building 443, Leisure Activities. The Hunter class meets the second Tuesday of the month at building 1279.

Foreign-Born Spouse Groups

For spouses from other countries to network, share resources, discuss the American way of life, develop friendships, and learn

about the many resources available to help make your new life a positive experience. Children are welcome.

At Hunter, a foreign-born spouse group meets monthly every third Monday at 11 a.m. at ACS-Hunter, building 1279

At Stewart, Grupo Hispano, Hispanic coffee group, held monthly every first Thursday at 1 p.m. and Deutscher Kaffee Klatch, German coffee group, held monthly every second Thursday at 1 p.m.

Both meet at building 443, Leisure Activities in the relocation office.

It's An Exceptional Life

For Families enrolled in the Exceptional Family Member Program, the group meets 6:30 p.m., every last Wednesday of the month at ACS-Stewart, Family Readiness Center, building 87.

HEALTH MATTERS

Winn Army Community Hospital

Winn Briefs

Get new student screenings

Children ages four and older entering Georgia's School system for the first time must have the Georgia Certificate of Eye, Ear and Dental Screening form and the Georgia Certificate of Immunization completed.

Winn's mass school health screening will be by appointment only Aug. 23, from 8 a.m. to 2 p.m. and will include hearing tests, vision tests, dental exams and immunizations administration. Sports physicals are also available by appointment only.

Tuttle's mass school health screening will be by appointment only, Aug. 23, from 8 a.m. to noon and will include hearing tests, vision tests, dental exams and immunizations administration. Sports physicals are also available by appointment only.

The screenings are by appointment only. To schedule an appointment at Winn or Tuttle call, 435-6633 or 1-800-652-9221. Please turn-in all medical records and copy of shot record no later than Aug. 21. This will help expedite the process and reduce your waiting time.

Winn/Tuttle observe holiday

Sept. 1 is Labor Day, a federal holiday. On that day, services at Winn Army Community Hospital will be limited to inpatient care and emergencies. The pharmacy will be closed as well. Full operations will resume Sept. 2.

All services, to include the pharmacy, at Tuttle Army Health Clinic and the Hawks Troop Medical Clinic will be closed Sept. 1. Full operations will resume Sept. 2.

Patient, Family Care meets

Interested in becoming a patient advisor? Help us help you by joining the Patient and Family Centered Care Advisory Council meeting at Winn Army Community Hospital or Tuttle Army Health Clinic.

Winn's meeting is scheduled for 11:30 a.m. Sept. 16 at Winn's Patriot Auditorium. Questions call Linda King at 435-6225 or e-mail Linda.king2@amedd.army.mil.

Tuttle's meeting is scheduled for 1 p.m., Sept. 18 at Aviation Brigade Classroom, Hunter Army Airfield. Questions call Linda King at 435-6225.

Patient and Family Centered Care standards include involving patients and Families in all aspects of the planning and delivery of healthcare services. Bring your rec-

ommendations to improve your healthcare experience.

Call vet appointment line

The Veterinary Clinics at Fort Stewart and Hunter Army Airfield have a new phone for appointments. Treatment at both facilities is by appointment only. To schedule an appointment, call 435-6633 and say Veterinary Clinic. For more information, call 767-4194.

New to Stewart-Hunter

Update DEERS to receive healthcare. Beneficiaries must keep their DEERS information up-to-date, or they may not be able to receive referrals, schedule appointments or access TRICARE Online. Winn Army Community Hospital and Tuttle Army Health Clinics use DEERS information to contact you regarding referrals and appointments. DEERS information can be updated by calling 1-800-538-9552, visiting www.tricare.osd.mil/deers/default.cfm or stopping by building 253 on Fort Stewart.

Wellness Center moves

In preparation to serve you better, Winn Army Community Hospital's Women's Wellness Center and OB/GYN Clinic has relocated to a transition building at 1220 Niles Ave, building CT004, behind Winn's Emergency Department. This new location is for all OB/GYN Clinic appointments and Women's Wellness Center appointments, ultrasound and the Acute Care Clinic. Labor and Delivery and the Mother Baby Unit will still remain on the 4th floor of Winn. This relocation will allow for renovation of the old clinic and center. For more information, please call 435-6633.

Behavioral Health moves

Winn Army Community Hospital's Behavioral Health Clinic is now located at 1083 Worcester Ave., building 9242 Fort Stewart, across the street from Winn. For more information, please call 767-1647.

Behavioral Health available

Behavioral Health services for Family Members are available at either Value-Options TRICARE at 1-877-298-3514 or Military OneSource at 1-800-342-9647.

Retirees requesting service may call Value-Options TRICARE at 1-800-700-8646.

Eye protection not just for work, combat

Special to the Frontline

"I haven't been hurt yet."

"I'm very experienced and I know what I am doing."

These are a small sampling of the excuses optometrist Dr. James W. Stout hears from Soldiers who are not wearing personal eye protective equipment.

Stout, a vision expert in the Army Center for Health Promotion and Preventive Medicine's Tri-Service Vision Conservation and Readiness Program isn't buying them.

The Army has included Military Combat Eye Protection in Soldiers' uniform issue during basic training and in all deployment training. Soldiers are required to maintain the MCEP for readiness checks. And increasingly, commanders have noted MCEP's value and are enforcing its use.

In garrison, about 3 to 4 percent of the workforce (active-duty military and civilian) have reported eye injuries. In 60 to 70 percent of eye injuries, workers were not wearing safety glasses or goggles. In the military, the highest incidence of eye injury is in grades E-1 through E-4. In vehicle maintenance, welding or mechanics, eye injuries may be prevented if the same enforcement for MCEPs is applied to the work environment.

Home activities are just as risky as work for eye injuries according to the U.S. Eye Injury Registry, which tracks eye injuries. Our homes, yards and garages contain many of the same hazards as our work environments. We are at risk for eye injuries when performing vehicle maintenance, using lawnmowers and string weed trimmers, and handling chemicals. Oven and drain cleaners containing alkali, the most dangerous chemical to the eye, require special handling and eye protection. The big difference between work and home is that we "think" home is safer; therefore, we are less likely to wear eye protection.

The same industrial safety glasses and goggles worn at work, or the

MCEP, can provide protection at home. If purchasing non-MCEP safety eyewear for home, check the package for ANSI Z87.1 specifications for adequate safety performance standards.

There is one more important reason to wear eye protection. Sports and recreational activities are responsible for more than 600,000 eye injuries each year, according to an article published in "American Family Physician." Every 13 minutes an emergency room in the United States treats a sports eye injury that could have been prevented. Awareness of eye injuries and proper eye protection are the first steps in changing these statistics.

Here are some guidelines:

- Use the right eye protection for the right activity.

- When you buy protection, make sure the manufacturer's package indicates the device meets the standard for the activity you are performing.

- Different agencies have created standards that govern the safety requirements for specific activities. The American Society of Testing and Materials creates performance standard for safety eyewear, including standards for sports eye protection.

Combat eye protection standards are mandated by the Program Executive Office-Soldier, which maintains the Authorized Protective Eyewear List.

Remember, if an eye injury occurs, consult an eye-care professional right away.

If assisting an injured person, keep him still and calm to avoid worsening the injury. Never rub an eye with a speck or other foreign material in it. If the injury is due to a chemical splash, rinse the eye continuously with water for 15 minutes then transport the injured to a doctor.

Eye injuries are a leading cause of visual impairment and rank second only to eye disease as the most common cause of blindness.

Eye safety looks good these days. So no excuses: WEAR IT!

Exercise your right, remember to vote

Special to the Frontline

Fort Stewart-Hunter Army Airfield encourages community members to vote and learn more about their voting opportunities.

In support of the Services' voting assistance programs, the Secretary of Defense has designated the week of Aug. 31- Sept. 7 as Armed Forces Voters Week.

As part of the continuing efforts to provide voting assistance to our Soldiers and their Families, command emphasis is requested to support this upcoming special week.

Voting is both a privilege and a responsibility of citizens in a democracy. Your personal involvement will ensure the success and effectiveness of this most important program.

Fort Stewart-Hunter Army Airfield voting assistance officers include representatives at 3rd Infantry Division, each brigade combat team; Special Troops Battalion; 385th Military Police, 92nd Engineers; 188th Infantry; 3/160th Special Operations Aviation Regiment; United States Army Medical Activity; United States Dental Activity, and United States Army Garrison Fort Stewart-Hunter Army Airfield.

3rd Inf. Div.	Maj. Richard Saltus	767-9539
3rd Inf. Div.	Capt. Valerie Foddrill	767-9542;
1st BCT	1st Lt. Clinton Roundtree	767-7087
2nd BCT	1st Lt. Andrew Shadley	767-1105
4th BCT	1Lt. Lonnie Williams	767-6149
3rd Sustainment Bde	Sgt. 1st Class Jacinta Berrian	767-8929
3rd Sustainment Bde	2nd Lt. Regina Lewis	767-5089
STB	1st Lt. Korneliva Waters	767-3221
385th MP	Capt. Rebecca Cozad	767-1609
92nd ENG	Maj. Andrew Kelly	767-3045
CAB	Maj. Daniel Rice	315-4925
3BCT	Maj. Ell White	(706) 784-1412
188th Inf.	2nd Lt. DeSue Janette	767-0628
3/160th SOAR	Sgt. 1st Class Bryan Gibson	315-7012
DENTAC	Sgt. 1st Class Crystal Gasper	767-8151
MEDDAC	Capt. Hee Kim	435-5716
HHC USAG	Capt. Jason Hart,	767-4992
USAG	Judy Waynick	767-5630