

Second Beach and Terminal Operations Company takes first at Hunter Golf Scramble

Kaytrina Curtis
Public Affairs Specialist

Stretched out over 95 acres, the Hunter Golf Course is comprised of coffered greens and bountiful oak trees shrouded in Savannah's infamous Spanish moss; it's where golfers come to try their skills.

The time-honored tradition of garrison commander-driven golf scrambles enticed 55 players who made up 15 teams to participate in the scramble Aug. 15 at Hunter Army Airfield. Hunter Army Airfield Garrison Commander Lt. Col. Daniel Whitney said the scrambles are held for the camaraderie of the Soldiers as well as those in the surrounding community.

"It's an opportunity for those who support Hunter in the coastal empire to come out and share their morning with Soldiers, Marines, Airmen and SOCOM (Special Operations Command) Soldiers," said Whitney.

The first nine holes of the golf course have been established since 1960 and the back nine were opened in 1990 said Tommie McArthur, Fort Stewart-Hunter golf director.

Established 30 years after the front nine holes, the back nine can prove to

be more of a challenge because the tree line is narrower; the greens are elevated and are a bit smaller.

Two maintenance workers, as well as a host of retirees and volunteers, help to take care of the acres of greens. As a full-fledged golf course, Hunter offers the use of 60 golf carts, which are maintained by the staff. The Hunter golf course also boasts a pro shop, and offers group and individual instruction. Beginner golfers are encouraged to come out to the driving range and get a few lessons before investing in expensive golf equipment.

"We have the ability to kind of walk them through that," said McArthur. "We give recommendations on what kind of golf clubs to look for, and we encourage them to take little steps, baby steps to really enjoy it."

This month's scramble proved to be fruitful for the Marines of the Second Beach and Terminal Operations Company, who took home first-place bragging rights in the monthly best ball tournament with a score of 55 under par.

For more information about Hunter Army Airfield Golf Course or upcoming scrambles, call 315-9115.

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Novice player, Sgt. Marco Lopez, USAG, takes a swing at his golf ball during the Hunter Army Airfield Garrison Commander Golf Scramble Aug. 15, at Hunter Golf Course.



Hunter hosts basketball tourney

Eli Wilson

The Dawg Pound won Hunter Army Airfield's 5 on 5 basketball tournament, Saturday at Tominac Fitness Center. Pictured left to right are winners Calvin Wilson, Spc. Sean Brown, Tyrone Hall, Sgt. Jay Rainey, Spc. Kelvin Miller, Kevin Parker and Casey Mitchell.

Hinesville Hurricanes make second round of playoffs

Patty Leon
Coastal Courier

The Hinesville Hurricanes got their second and third win of the season the same way they got their first win.

"The other team forfeit," 'Canes quarterback and Bradwell Tiger quarterback coach, Frank Troup, said about last Saturday's game. The 'Canes were scheduled to play their last home game but head coach James Sharp said the game fell through when the South Georgia Stars called and told him they had to forfeit that game as well.

Normally the coach would be upset about cutting short the last two games of the regular season, but Sharp said there is a positive side to their dilemma.

"I'm going to talk to the team on Monday, but as it stands right now we are in the playoffs and earned a first round bye," he said. "It's the first time we go into the second round of the playoffs in our team's history."

The 'Canes get a new chance and a fresh start since the second round of playoffs is not until Sept. 6. They will travel to Thomasville for a 7:30 p.m. game against the South Georgia Warriors.

The coach said he told his team the news and said they were upset

about not being able to finish the rest of the regular season and fight for a playoff spot.

"I told them they needed to see the bigger picture," Sharp said. "Coming off a season like the one we just had and being given an opportunity to go for a championship ring is a gift. It's a blessing in disguise. Don't get me wrong, I would rather play my way there and so does the team, but this gives us time to get ready, study film and heal injuries. We can correct the small things that hurt us and step onto the field like a whole new team. You are looking at a team with a chance for history, the under dog team that started at the bottom and made it all the way to the top."

The coach said once they understood the possibility, the players jumped on board and are working hard to prepare for the challenge and opportunity they were presented with. He said for some of the players this was a chance to fulfill their dreams.

"We have some 3ID Soldiers whose dream is to get their ring before they go back to Iraq, and we got the chance to do it," he said.

"If we beat the Warriors, we go to the semi-finals and one step closer to the championship. You get there by whatever means, and I'm not about to turn this opportunity down."



Patty Leon

Hurricane head coach James Sharp and the Hinesville Hurricanes have a shot at the title as they enter the second round of playoffs. They play in Thomasville against the South Georgia Warriors, at 7:30 p.m., Sept. 6.

Army Marksman takes world title, wins gold

Tim Hipps

FMWRC Public Affairs

BEIJING – U.S. Army Marksmanship Unit Spc. Walton Glenn Eller III set two Olympic records en route to winning a gold medal in double trap at the Beijing Shooting Range Aug. 12. USAMU teammate Spc. Jeffrey Holguin finished fourth in the event.

Eller's score of 145 in the qualification rounds eclipsed the previous Olympic record of 144 set in the 2004 Athens Games by United Arab Emirates' shooter Ahmed Almaktoom, who finished seventh in Beijing.

In double trap, competitors fire their 12-gauge shotguns from five adjacent shooting stations. At each station, two targets are thrown simultaneously from an underground bunker at speeds up to 50 miles per hour at set angles and height. The targets are thrown with a variable delay of up to one second and competitors get one shot per target.

"I realized with my last pair to go, 'Oh, the Olympic record is only 144. If I hit my last pair, I'm going to get the Olympic record.'"

When Eller did that, he sensed that he was on his way to a spectacular day. He missed his first two targets in the final, but settled down and missed only three shots the rest of the way.

"If you shoot the Olympic record (in qualification rounds) and you've got a little bit of a lead, you expect to come out with gold," Eller said. "But after I went out there (in the final) and missed that first pair, it was a little dicey there for a second, but I brought it all back together."

Eller's final score of 190 topped Almaktoom's world record of 189, also set in Athens. Italy's FrancESCO D'Aniello won the silver medal in Beijing with a score of 187, and China's Binyuan Hu took the bronze with a 184 total.

"It's incredible," said Eller, 26, a native of Katy, Texas, who is stationed at Fort Benning, Ga. "I finally made a final in the Olympics. I came in like 12th (in Sydney) and 17th (in Athens), and finally came out and put a good day together. This was the only thing I was worried about for the last two years."

Explaining his key to success, Eller reached into his vest and revealed a handful of baseball cards.

"Hard work," the three-time Olympian said as he shuffled cards featuring Soldiers of the U.S. Army Marksmanship Unit. "That, and I had my teammates with me. The military has been great to me. They've helped me fulfill a dream that, without them, I don't think would've ever happened. I owe everything to them."

"Joining the Army was an incredible gain for me. It gave me a lot of discipline. I was fortunate enough to go into the Army Marksmanship Unit. It's great

having those guys to train with every day. They really pushed me along. Just working with them all day, every day, it keeps you in it.

"Being a Soldier of the U.S. Army, it's expected for me to do what's asked of me. For right now, they asked me to come to the Olympics and win a gold medal for the United States. I don't know how to better represent them than with a gold medal in my hand."

Eller said he could not wait to give his parents a big bear hug.

"I'm going to go find my parents and celebrate," he said. "They've been here all week and to the last two Olympics watching me. To have them here and to finally win a gold medal for them is incredible. The crowd was amazing. The facilities were incredible."

Holguin, 29, of Yorba Linda, Calif., finished fourth with a 182 total.

"I shot really well today, until the final," Holguin said. "This game is all about putting four good rounds together, and honestly, I could only manage two. I had a mediocre round and a bad round. So when you've got two good rounds, they don't offset the mediocre and bad rounds."

"Finishing fourth, that's where you finish when you shoot like I did in the final."

On this day, Holguin tipped his cap to Eller.

"It's all about him now," Holguin said. "Glenn Eller and I started shooting against each other a long, long time ago, and we actually enlisted in the Army together in the fall of 2006. This was half of our goal. We wanted gold and silver at the Olympics. We came really close, but I'm happy for him."

During the competition, Holguin did not pull any punches for his Army teammate.

"When we're out on the shooting line, we take the



Tim Hipps

U.S. Army Marksmanship Unit, Spc. Walton Glenn Eller III set two double trap marksmanship records at the 2008 Olympics, winning Gold.

gloves off and go at it as hard as anybody else," Holguin said. "I don't feel bad when he misses a target. If he would have lost the gold medal, yeah, I would have felt badly for him, but not if I was in the silver medal position. I'd be chasing him the whole way."

Holguin agreed with Eller that joining USAMU was their best move.

"Joining the Army was probably the best thing I could've done for my shooting career, just because of the discipline and structure that comes along with the Army," Holguin said.

"The Army Marksmanship Unit at Fort Benning has world-class shooting facilities. We shoot with and against some of the best in the world," he said. "I've been training with the 2008 Olympic gold medalist for the last two years straight since I joined the Army, so the Army has definitely taken my shooting to the next level."

"My heartfelt thanks go out to everybody who has been behind me this whole time, but it's Glenn's day. He earned it. He deserves it."

Jake's Body Shop: Smoking snuffs out benefits of exercise

Jake Battle
DMWR Fitness Coordinator

Here's something to remember the next time you light-up, physical activity will not overcome the negative effects smoking has on your cholesterol levels.

Studies show that non-smokers who exercised at least four hours a week for nine months of the year experienced a 10 percent increase in high-density lipoprotein cholesterol levels. Smokers showed no significant increase in the protective HDL levels, no matter how much they exercised.

HDL is the good form of cholesterol. HDL choles-



terol protects against heart disease and stroke, while low density lipoprotein is associated with artery diseases.

Recent studies show that smokers have lower HDL levels than non-smokers. Smoking and physical activity act on HDL by the same mechanism, but in opposite directions.

Unlike smoking, physical activity increases HDL levels.

Incidentally, a diet of fish two times per week has also been shown to increase HDL levels.

This article is not intended to provide medical advice which should be obtained directly from your doctor.

Marne Lanes League Bowling

Marne Lanes offers a variety of individual and league play to Soldiers, Family members and civilians. Stop by to register for league bowling with opportunities ranging from open competition, seniors, scratch, church or youth teams.

To join, choose a time or league in which you wish to bowl. Fill out the registration form available at Marne Lanes. Return the registration form to the reception counter. For more information about times or leagues, call the Marne Lanes at 767-4866 or log on to www.fsusbc.org.

Leagues

League	Time	Type	# per team	Date
Monday Night Open	7 p.m.	Open Mixed	4	Sept. 8
Senior Mixed Classic	10 a.m.	Mixed	3	Sept. 8
Tuesday Night Mixed	7 p.m.	Open Mixed	4	Sept. 2
Tuesday Scratch Trio	7 p.m.	Open	3	Sept. 2
Senior Friends Hi/Lo	7 p.m.	Singles/Doubles	1	Sept. 10
Wednesday Night Mixed	7 p.m.	Mixed Doubles	4	Sept. 3
Thurs Morning Coffee	9 a.m.	Ladies	3	Sept. 4
Thursday Night Church	7 p.m.	Open Mixed	3	Sept. 4
Friday Night Open	7 p.m.	Open Mixed	4	Sept. 5
Saturday Morning Youth	9 a.m.	Youth	4	Sept. 6



Live blogs for Army football home games debut this fall

Special to the Frontline

WEST POINT, N.Y. – Continuing to expand on an initiative that began last year, the Army Athletics Communications staff will provide live Web blogs during all home football games this fall. Fans will have the opportunity to follow along with the action by logging onto www.goARMYsports.com and clicking on the top headline. Users may have to refresh their browser to read along and will have the opportunity to provide feedback during the game.

The blogs are an effort to expand the content on the official Army Athletic Association Web site, www.goARMYsports.com. The Army Athletic

Communications staff debuted the popular practice last winter, filing nearly 100 live blogs from events such as men's and women's basketball, hockey, gymnastics, men's and women's track and field, baseball, softball and lacrosse.

Readers are encouraged to write in "real-time" during the course of the event and interact with the Athletic Communications staffer conducting the blog. Write-in details will be provided during each event within the blog itself.

The first live football blog will be conducted when Army opens its 119th season of intercollegiate competition Aug. 29, hosting Temple at Michie Stadium. The game will be televised live by ESPN Classic with kickoff

slated for 7 p.m.

Season ticket packages, mini-plans and individual tickets are on sale now by calling the Army Ticket Office at 1-877-TIX-ARMY. Army "A" Club members, season ticket holders and those purchasing Army football mini-plans will be mailed parking passes, however fans purchasing single-game tickets will be required to pay the \$10 fee for a parking pass. Single-game purchasers are strongly encouraged to order their parking passes in advance.

Fans who have already ordered tickets can purchase a pass by calling the Army Ticket Office. Parking passes are also available with new ticket purchases at the Army Ticket Office.