

Stewart/Hunter Lifestyle



Photos by Lina Satele

An exhibition of Mustangs at the RPM Car Show, Sept. 20.

Local car show helps children

Lina Satele
Public Affairs Specialist

The sun glistened off the many red, green, and white painted vehicles, which were showcased at the Racing Performance Mustang Car Show, Sept. 20 at the Sgt. 1st Class Paul R. Smith Education Center.

The cars represented a wide variety of custom and stock cars and motorcycles put on display to raise funds for children in the Liberty County Department of Family and Child Services.

More than 75 cars and motorcycles ranging from the classic to modern had their hoods up and their parking gear engaged for all to see.

"The kids are going to choose first, second, and third place winners for the kid's choice award, for the cars out here that they think are the best cars. They're excited; they're out here looking at colors, engines. My oldest son is out here looking at rims, of course, and some of the electronics inside," said Serena Duvall, Liberty County Adoptive and Foster Care Association President.

The participants were made up of mostly Soldiers but included local community members too. They each had a chance to win a 50/50 drawing raffle, and trophies for the best car shown.

Among the attractions was a device that measured the horse-power of any car.

All the proceeds from the car show will be donated this Friday to the Liberty County Department Family and Child Services.

"There's no one making us do this. There are children out there that need help and we want to step up and help and give back to the community. We spent over \$1,000 making this car show happen, and we are not keeping not one bit of money. All of it is going to the children," said Staff Sgt. Louis Puricelli, Headquarters and Headquarters Operation Company, 3rd Infantry Division, Special Troops Battalion.

"Our club president will be doing the official hand over to DFCS. The car show has been a huge success and I hope more people in the community will see that Soldiers of Fort Stewart really do care about the community," said Puricelli.

The car show raised a total of \$1,500 that will be donated to DFCS. Puricelli said that the RPM car club will be holding more car shows in the future to help support Fort Stewart's surrounding communities.

There will be another car show at the Sgt. 1st Class Paul R. Smith Education Center parking lot, Oct. 4 as part of Soldier Appreciation Day.

Puricelli said as far as RPM car club was concerned, they would be doing similar events throughout the year.

"As long as the club is here, we will be doing stuff for the community," Puricelli said.



Willie Connor and son Cato check out the classic cars at the exhibit.



A tricked-out Dodge Magnum exhibit showcased during the RPM Car Show, Sept. 20.



Above: Julian Bailey, 3, showed off his mustang during the RPM car show, Sept. 20

Left: Spc. Christian Shuman, 92nd Engineers Battalion looks over an exhibit during the RPM Car show, Sept. 20.



AAFES PRESENTS

TODAY THROUGH SEPT. 28

Pineapple Express

Today — 7 p.m.

(Seth Rogan, James Franco)

Lazy stoner Dale Denton has only one reason to visit his equally lazy dealer Saul Silver: to purchase weed, specifically, a rare new strain called Pineapple Express. But when Dale becomes the only witness to a murder by a crooked cop (Rosie Perez) and the city's most dangerous drug lord, he panics and dumps his roach of Pineapple Express at the scene. Dale now has another reason to visit Saul: to find out if the weed is so rare that it can be traced back to him. And it is. As Dale and Saul run for their lives, they quickly discover that they're not suffering from weed-fueled paranoia; incredibly, the bad guys really are hot on their trail and trying to figure out the fastest way to kill them both. All aboard the Pineapple Express. *Rated R (pervasive language, drug use, sexual references, violence) 112 min*

Death Race

Friday, Saturday — 7 p.m.

(Jason Statham, Tyrese Gibson)

Terminal Island, New York: 2020. Overcrowding in the U.S. penal system has reached a breaking point. Prisons have been turned over to a monolithic Weyland Corporation, which sees jails full of thugs as an opportunity for televised sport. Adrenalized inmates, a global audience hungry for violence and a spectacular, enclosed arena come together to form the 'Death Race', the world's biggest, most brutal sporting event.

Five-time NASCAR champion Jensen Ames is a man who has become an expert at survival. Driving a monster car outfitted with machine guns, flamethrowers and grenade launchers, Ames must now kill

or be killed to win the most treacherous spectator sport on Earth: 'Death Race'. *Rated R (strong violence/ language) 92 min*

Tropic Thunder

Sunday — 7 p.m.

(Jack Black, Robert Downey Jr.)

An action comedy about a group of self-absorbed actors who set out to make the most expensive war film. After ballooning costs force the studio to cancel the movie, the frustrated director refuses to stop shooting, leading his cast into the jungles of Southeast Asia, where they encounter real bad guys. *Rated R (pervasive language/ sexual references/ violent content/ drug material) 107 min*



Films are subject to availability. AAFES strives to show films according to the published schedule but reserves the right to reschedule, cancel, or substitute showings as needed. For more information, call 767-3069.

MWR Briefs

Enjoy 'Teen Nite'

Corkan Family Fun Center, building 449 is offering "Teen Nite" (for youth 13 to 18 years of age), 8 to 11 p.m. each Friday.

The \$25 per person cost will include roller skating and laser tag. Sorry, the climbing room is not included because we would have to invite parents too. But, don't forget to ask your parents' permission to attend "Teen Nite."

New youth program offered

Youth sponsorship tours are held the first Saturday of each month. This is a new program for Fort Stewart and Hunter Army Airfield youth in grades 4-12. Upcoming trips include pumpkin pickin' at Bamboo Farms, Oct. 4; a ghost tour through historic Savannah, Nov. 1; and ice skating, Dec. 6. Tours are open to registered youth at the Stewart and Hunter youth centers. Register before the Thursday prior to each trip. For more information, call 767-6533 or Hunter at 315-6586.

'Extreme Corkan' returns

"Extreme Corkan" returns to Corkan Family Fun Center, building 449 each Saturday from 9 p.m. to midnight beginning Saturday.

The event is open to adults only (18 years of age and over), who will be admitted to Corkan Family Fun Center

for roller skating, laser tag, and the climbing room.

There is a \$25 flat fee. Some form of identification is required to verify age for admission. For more information, call 767-9884.

Golf Club hours change

Golfers soon will want to make plans to tee it up earlier at Taylors Creek Golf Course or the Hunter Golf Course. Beginning Oct. 2, clubhouse operations close at 6:30 p.m. and all rental equipment must be in by that time during the Fall operating hours.

At Taylors Creek Golf Course at Fort Stewart, the clubhouse is in building 2150. At Hunter Golf Club, the clubhouse is building 8205. For more information, call 767-2370 at Stewart or 315-9115 Hunter.

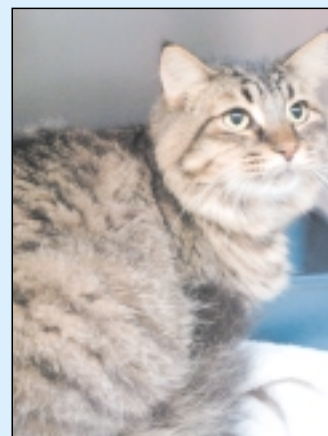
CYSS YAC meeting slated

Youth in grades fourth through twelfth have an opportunity to get involved in Youth Action Council and improve the quality of life for youth on Fort Stewart. Attend the Child and Youth Services Youth Action Council meeting at 5 p.m. Oct. 2 in the Stewart Youth Center, building 7338.

Training opportunities for potential youth sponsors and youth sponsorship topics will be discussed.

For more information, contact the school liaison office at 767-6533.

Pets of the Week



Yami the cat and Mindy the pup are some of the many homeless pets at the Fort Stewart animal shelter.

The shelter has pets of all kinds, sizes, and breeds in their care.

If you are interested in adopting, call the Fort Stewart Veterinary Clinic at 767-2842.



CHAPLAIN'S CORNER

Chapel Schedule

Fort Stewart

	Location	Time
Catholic		
Saturday Vigil Mass	Main Post Chapel	5 p.m.
Sunday Mass	Main Post Chapel	9 a.m.
<u>Protestant</u>		
Contemporary Worship	Marne	11 a.m.
Gospel Worship	Main Post	11 a.m.
Traditional Worship	Marne	9 a.m.
Liturgical Worship	Heritage	11 a.m.
Kids' Church	Diamond Elementary	11 a.m.
PWOC (Wednesday)	Marne	9:30 a.m.
<u>Islamic</u>		
Friday Jum'ah	Marne	1:30 p.m.
Contact Yahya Hassan at 876-5546.		
<u>Jewish</u>		
Contact Sgt. 1st Class. Crowther at 980-9295.		
Friday	Marne	11:30 a.m.
Hunter Army Airfield		
<u>Catholic</u>		
Sunday Mass	Chapel	11 a.m.
<u>Protestant</u>		
Sunday Service	Chapel	9 a.m.

Kids Church

Where God rocks

10:45 a.m. to noon, Sunday
at Stewart School Age Services, across from
Diamond Elementary; or at Hunter Chapel
Fellowship Hall, Sunday at 9:15 a.m.

For all kids Grade K-5

Fort Stewart bus pick-up

10:15 a.m. - Liberty and Hendrich, Liberty and Sicily, Liberty
and Anzio, Liberty and Rome

10:20 a.m. - Jasmine and Skyland Spruce, Jasmine and Liberty
Wood, Wild Fern and Golden Birch

10:30 a.m. - Schofield and Sansidro, Schofield and Hollandia,
Rogers and Argyle

10:40 a.m. - Naktong and New Guinea, Ormoc and New Guinea

10:50 a.m. - Marne Chapel

10:55 a.m. - Main Post Chapel

For more information, email
fortstewartkidschurch@yahoo.com

Fort Stewart Chapel Youth Ministry

**Junior and Senior
High School Students!**

Join us for
free games and pizza

Sunday • 6 to 8 p.m.

**at the Stewart Youth Activity
Center, building 7338.**

For more information,
contact jerry.e.thompson@comcast.net

or
call 877-7207

Find a deal at the Shop of the Marne

Stop by Shop of the Marne Tuesday or Thursday
from 10 a.m. to 1 p.m. or the first Saturday of the
month. The Shop is located in building 25 off
McNeely Road behind the PX. Come park in our
newly created parking lot right in front of the Shop!

HEALTH MATTERS

Winn Army Community Hospital

Top military health official promotes prostate cancer awareness

John J. Kruzel

American Forces Press Service

As a man afflicted with prostate cancer, the Defense Department's top military health official has a unique perspective on the importance of promoting awareness about the disease.

Now in his eighth year living with an aggressive form of cancer, Ward Casscells, M.D., the assistant secretary of defense for health affairs, understands the importance of early detection. But he realizes the stigma that members of the military culture often attach to certain screening methods.

"It's hard enough to get them to wear a motorcycle helmet," he said.

September is National Prostate Health Month.

The doctor sought treatment in his forties when he began feeling vague discomfort in his pelvic region. After undergoing a colonoscopy, his doctor told him his Prostate-Specific Antigen readout, or PSA -- which measures the protein produced by the cells of the prostate gland, and can indicate the presence of cancer -- was at a normal level.

But by age 49, further testing showed that

Casscells in fact had prostate cancer with a PSA level around 94, well above the healthy average readout of 4. In addition, he learned that the cancer had spread to other parts of his body.

Casscells believes that his early tests, a blood test and CAT scan, had been misdiagnosed. He says problems of misinterpretation can be mitigated by patients being prepared to inquire about their health.

"I always have a list of questions, and I don't leave until I get an answer," he said of his regular doctor's visits.

Casscells also urged current and retired military members age 40 to 50 to get a screening, and to consult multiple medical sources. For patients who are deemed "at risk," or who are on "watchful waiting," the doctor recommends changing their diets, becoming more active, increasing their intake of vitamin D. He also emphasized the importance of upping one's exposure to sunlight. "I bought myself a convertible and threw away the sunscreen," he said.

Cancer targeting the prostate is the most common form of cancer developed in men.

Accordingly, he said, the onus is on servicemembers to encourage their buddies to seek treatment as their forties approach.

Casscells' story is one of unique intrepidity. After being diagnosed with his potentially terminal cancer, he experienced a common reaction: physical and emotional hardships, some depression, even grief. His response afterwards, however, was anything but ordinary.

The doctor, who had served as the Distinguished Professor of Medicine (Cardiology) and Public Health at the University of Texas Health Science Center in Houston, never missed a day of work. Later, after deploying to Iraq as a doctor in the Army Reserve, he underwent chemotherapy in Baghdad.

After learning that his improved health required a radical change in behavior, Dr. Casscells, who described himself as not very athletic earlier in life, adopted a regimen of running and a diet absent meats, despite his appetite for char-grilled burgers. He advocates similar modifications for afflicted, or at-risk, men.

"If I can do it," he said humbly, "anybody can."

BIRTH

ANNOUNCEMENTS

Provided by Winn Army Community Hospital

September 9

• **Isabelle Lynn Levingston**, a girl, 6 pounds, 15 ounces, born to Spc. Jamie Anne Levingston.

September 10

• **Camden Michael Heath**, a boy, 7 pounds, 7 ounces, born to Pvt. Brandon Michael Heath and Tiffany Linn Heath.

September 11

• **Ryder Joshua Makela**, a boy, 7 pounds, 10 ounces, born to Joshua Makela and Katie Makela.

September 12

• **Gracie June Stott**, a girl, 7 pounds, 9 ounces, born to Pfc. Shawn Michael Stott and Jeanna Marie Carlile.

• **Calvin Najjar Wells, Jr.**, a boy, 7 pounds, 14 ounces, born to Sgt. Calvin N. Wells and Spc. Kathryn Wells.

Winn Briefs

Get ready for your flu vaccine

With the upcoming influenza season, stay posted for times and locations to receive your flu vaccine.

WRES accepting patients

The Warfighter Refractive Eye Surgery Program is now open at Winn Army Community Hospital. This laser eye surgery is available to active-duty Soldiers who have 18 months remaining on active-duty at time of surgery. Family Members and retirees are not authorized treatment under the WRESP program. Please go to the WRESP Center at Winn to pick up a packet or visit www.winn.amedd.army.mil or call 435-6633.

Breast Cancer awareness

October is Breast Cancer Awareness Month. Winn Army Community Hospital's Public Health Nursing and Mammography Section will host educational

booths throughout the month at various location, including Tuttle Army Health Clinic from 9 to 11:30 a.m., Oct. 8; and Fort Stewart's post exchange from 9 a.m. to 2:30 p.m., Oct. 29. Stop by and pick up breast cancer information booklets as well as ask questions to the staff.

Winn/Tuttle observe holiday

Monday, Oct. 13 is Columbus Day, a Federal holiday. On Oct. 13, services at Winn Army Community Hospital will be limited to inpatient care and emergencies. The pharmacy will be closed Oct. 13. Full operations resume Oct. 14.

All services, to include the pharmacy at Tuttle Army Health Clinic and the Hawks Troop Medical Clinic will be closed Oct. 13. Full operations resume Oct. 14.

MEDDAC Organization Day

Winn Army Community Hospital will have limited services after 10:30 a.m., Oct. 17 due to the U.S. Army

Medical Department Activity Organization Day. Full operations will resume Oct. 20.

Tuttle Army Health Clinic will also have limited services Oct. 17. Full operations will resume Oct. 20. For information, call 435-6965.

Construction at Winn's lobby

The main entrance and lobby at Winn Army Community Hospital is currently under construction for remodeling. You can still enter through the main entrance, but be advised construction will be going on. We also remind patients and staff to use caution during this time.

Behavioral Health services

Behavioral Health services for Family Members are available at either Value-Options TRICARE at 1-877-298-3514 or Military OneSource at 1-800-342-9647. Retirees requesting service may call Value-Options TRICARE at 1-800-700-8646.

CMS, AFAP partnering to improve our community

Special to the Frontline

Two programs are partnering to improve our community at Fort Stewart-Hunter Army Airfield.

Customer Management Services is a new program being implemented by Information Command to capture the "voice of the customer" and is partnering with the well established Army Family Action Plan.

AFAP has been around for many years and has done many great things Army wide to improve the lives of the Soldiers, their Family Members, veterans, retirees, the civilian workforce and everyone living, working or playing on the installation. Together, these two programs will address the demands of Army life and the adjustments that must be made to ensure work-life satisfaction. Community FIRST (Feedback, Issues, Resolutions, Solutions, Today) is the program under CMS that works closely with AFAP to handle issue resolution. ICE, the Interactive Customer Evaluation sys-

tem, will continue to be the tool used for immediate resolution of garrison issues. ICE allows customers to quickly and easily provide feedback to service provider managers and gives leadership timely data on service quality. Submit your ICE comments by filling out a comment card and dropping it in any of the black customer feedback boxes located throughout the installation, online at <https://ice.disa.mil>, or by using a kiosk. Kiosks are located all over post in high-traffic areas, such as education center, commissary at Stewart and Hunter, Club Stewart, Hunter Club, Rocky's and the Soldier Service Center, to name a few. Community FIRST works with AFAP to resolve installation specific issues, while AFAP focuses also on Army wide concerns. Community FIRST focuses on garrison issues that cannot be handled through ICE. A good example of the difference between an ICE issue and a Community FIRST issue: If the air pump is broken at the shoppette, submit an ICE comment to immediate-

ly address the issue to the shoppette manager. If you think there should be more gas pumps at the shoppette, submit that issue through Community FIRST. The broken air pump can be easily fixed by the shoppette manager, but that manager cannot decide to install additional gas pumps, as that must be handled by AAFES administration. The difference is a quick fix versus something that may take a few weeks or months to resolve.

AFAP works with Community FIRST to have a vision of the installation specific issues and will forward to higher headquarters the issues that could impact other installations as well. The structure of AFAP has not changed but will be complemented by CMS. The CMS/AFAP partnership will continue the dedication to the customers that AFAP has done so well for many years. If you have questions about CMS, contact the customer service officer at 767-8781 or alana.olson@us.army.mil.

Coastal Happenings

Courtesy of the Coastal Courier

Human Resource meeting held

Coastal Society of Human Resource Management meets on the fourth Thursday of every month. If you are a human resource professional and would like to attend a meeting or receive more information, contact Holly Stevens-Brown, chapter president at 876-3564.

DAU offers learning opportunities

The Defense Acquisition University Continuous Learning Center offers continuous learning opportunities designed to maintain currency and help AT&L employees meet the Department of Defense requirement to complete 80 points of continuous learning every two years.

The center includes nearly 200 self-paced continuous learning modules that address topics important to the community. DAU would like to introduce Continuous Learning Modules online classes. Learn more at clc.dau.mil.

Take time to relax, go fishing

The Liberty County Bass Club is looking for community members who enjoy fishing. The club is a diverse group of anglers who know where the good fishing spots are, or they want to know.

The LCBC meets at Hinesville City Hall the first Thursday of the month. For more information, call 320-2315.

Join Arts on the Coast

Arts on the Coast Arts Association will not have a meeting in September. We will be celebrating our third year of supporting the Arts in coastal Georgia 7 p.m., Oct. 3 in the Family Center at Fort McAllister.

Families and members are welcome to attend. There will be barbecue and tea. Members are asked to bring a side dish or dessert to share.

Please reserve your table by calling Tina Eberlein at 884-3726. Arts on the Coast is looking for talented members with the need to grow the arts in our community

Live Oak Public Libraries' programs

Preschool Story time: Children ages 3 to 4 are invited to come for stories, songs, crafts, and more. Join us every Monday, 10:30 a.m. in September. For more information, call the Liberty Branch Library at 368-4003.

Tree Tots Storytime: Join us for stories, songs, and more, 10:30 a.m. each Tuesday at the Liberty Branch Library. The event is for ages, one to two years old.

Introduction to Windows

Learn more about Windows, 10:30 a.m., Friday at the Liberty Branch Library in Hinesville. The course offers a beginners course on how to use the library's computers and will be offered at the Liberty Branch Library. To register, call the library at 368-4003.

Advanced Internet

Learn more about the Internet, 7 p.m., today at the Liberty Branch Library in Hinesville. An advanced course on using the Internet, the course will focus on learning to search the Internet effectively and evaluating what you find. Prerequisite: Introduction to the Internet or similar skills. To register, call 368-4003.

Equipment Checkout Center moves

Due to ongoing construction at the Outdoor Recreation Equipment Checkout Center, building 8325 at Holbrook Pond Area, the center's office has moved to a trailer adjacent to the facility.

The office is open and operating at their normal hours of operation. The phone lines have not be transferred to the temporary offices.

Please call 767-8609 for rental, RV storage and campground needs, until the phone lines get transferred.

Enhance your leadership skills

First Battle Command Training Group Army Reserve in Birmingham, Ala. offers the opportunity for promotion while simultaneously enhancing your professional management, training, and leadership skills.

We have immediate openings for sergeant first class through lieutenant colonel (military occupational skill and branch is immaterial) who want to transfer and make a significant contribution to the readiness of our Army.

For more information, contact 1st Sgt. Larry King, larry.kingsr@usar.army.mil, (205) 987-8443, ext. 4410; or Capt. John Walker, (205) 444-5208.

Support fight against Alzheimer's

Community members are encouraged to join the Memory Walk in the fight against Alzheimers, 11 a.m., Saturday at historic downtown's Johnson Square in Savannah.

The event is a noncompetitive walk and a festive event for Families, coworkers, and friends of all ages. Memory Walk is the Alzheimer's Association's signature event for awareness and fund raising.

To learn more about the Alzheimers Association or the Memory Walk, visit www.alz.org or contact Nova Jones at nova.jones@us.army.mil.

Fall bazaar slated

Mark your calendar for the First United Methodist Church Bazaar, 100 Memorial Drive, Hinesville to be held 9:30 a.m., Oct. 4.

This annual event will have a BBQ dinner and sell Boston butts.

The dinner is \$6, and the Boston butts are \$20. There will be fun, games, and activities for adults and children. The fun continues 11 a.m., Nov. 2 with a home coming.

Come to Ogeechee Seafood Festival

The 10th Annual Great Ogeechee Seafood Festival will be celebrated Oct. 17-19 at J.F. Gregory Park in Richmond Hill, Ga.

There will be great Southern seafood, arts and crafts, carnival rides, car show and live music with a fireworks display Saturday evening.

Parking is free. Adult tickets on Friday and Saturday until 4 p.m. are \$5, after 4 p.m. \$15, Sunday \$3. Children 4-12, \$2 all weekend.

Please contact the Richmond Hill-Bryan County Chamber of Commerce at 756-3444 for more information.

Business expo slated in Savannah

The Savannah Area Chamber of Commerce presents the 15th Annual Business Expo and Car Show, which continues tonight at the Savannah Civic Center.

A standard booth is \$545, corner booths are \$645, and the non-member price is \$845. For more information, visit www.SavannahChamber.com.

Remember the Geechee Culture

Come celebrate the Geechee culture during Ricefest 2008 at the Riceboro City Hall, Nov. 8 from 10 a.m. to 3 p.m. .

There will be a rice cook off, historical exhibits and demonstrations, local entertainment, children's activities and hourly prize giveaways. Admission and parking are free. For more information, call 912-884-2986 or 695-0481.

Nominate your Military Spouse of the Year

Military Spouse Magazine is still accepting nominations for the 2009 Military Spouse of the Year Award but the deadline is fast approaching. The nomination period runs through Oct. 8.

The honoree will represent the millions of military spouses who are the unsung heroes maintaining the home front, giving back selflessly to their communities, and providing support to our nation's troops. Individuals can submit a nomination for either themselves or an eligible nominee of their choice.

To submit a nomination, individuals must complete the nomination form at www.msoy.milspouse.com.

HSC golf classic scheduled

Don't miss the Oct. 17 golf tournament, sponsored by the Hunter Spouses' Club. The 8 a.m. shotgun start is followed by an all-American cookout and awards ceremony. Proceeds will benefit the club's scholarship fund.

For additional information, contact Erin Wallace at 308-0105 or EEK316@nc.rr.com.

Enjoy Oktoberfest

Celebrate Oktoberfest with a German Sunday Brunch, 10:30 a.m. to 1:30 p.m., Oct. 5 at Club Stewart and 10:30 a.m. to 1:30 p.m., Oct. 12 at Hunter Club. The cost is \$11.95 per person half price for children 5 to 10, free for children under 5. For more information, call 368-2212 for Club Stewart or 459-7923 for Hunter Club.

Race for the Chase in Atlanta

Watch NASCAR's best compete in the 3rd Race for the Chase at Atlanta Motor Speedway. The green flag drops at 2:15 p.m. on Oct. 26.

The fee (\$140 for the lower grandstand seats or \$150 for the upper grandstand seats in the Earnhardt and Petty Sections) includes bus transportation and entrance to the race.

The bus is scheduled to leave Hunter Army Airfield at 7 a.m. and Fort Stewart at 8 a.m. from the Leisure Activities Center. Registration is open until Oct. 17 or until tickets run out.

Call 767-2841/767-8609 at Stewart or 315-3674 at Hunter.

Explore the wonders of Oatland Wildlife Center

Special to the Frontline

Oatland Island Wildlife Center, a unit of the Savannah-Chatham County Public Schools, serves primarily as a field trip site for students throughout the coastal region but is also open to the public for self-guided trail walks.

Oatland is open seven days a week from 10 a.m. to 4 p.m. but is closed Thanksgiving

Day, Christmas Day and New Years Day.

The facility has 175 acres of salt marsh, freshwater wetlands and maritime forest that is home to a variety of native animals that are on exhibit. Oatland depends on its visitors income to provide funds for animal care and trail improvements.

Some upcoming activities include a medieval festival 10 a.m. to 5 p.m., Sept. 27 where

re-enactors of the medieval days will demonstrate music, games and combat of days gone by.

Oatland sponsors Walk on the Wild Side to raise funds in the fight against Diabetes. The event includes a walk that starts 10 a.m., Oct. 11.

Take a Halloween Hike, Oct. 24 and 25 as Oatland hosts it a fun and exciting Family event, 4-9 p.m.

On Nov. 8, from 10 a.m. to 4

p.m. the the center will have a cane grinding and harvest festival.

Guests who bring a cell phone to recycle will get \$1 off admission on Cell Phone Saturday, Dec. 27.

The fun continues in 2009 with a beastly feast and silent auction fund raiser. The date is to be determined.

Feb. 15 will be Super Museum Sunday from noon to 4 p.m. with free admission.

Learn about sheep sheering, March 28 at the Sheep to Shawl Festival 10 a.m. to 4 p.m., March 28.

April 25 is Astronomy Day and Star Party, 2 p.m. to 10 p.m.

In addition, Oatland Island hosts summer camps, June 22 to Aug. 21.

Visitors are encouraged to learn more by going to www.oatlandisland.org or by calling 898-3980.

SJA changes services, goes appointment base

Special to the Frontline

Fort Stewart - Hunter Army Airfield Staff Judge Advocates Office is changing its customer assistance policy. To better serve customers, the SJA will operate on an appointment basis and will accept walk-ins on an emergency basis only starting Oct. 1. For more information, call 767-8809.

However, an additional source of legal assistance is made available by Military OneSource.

If you are struggling financially, you are not alone. You can get help.

Recently the economic news across the country has not been good. Consumer prices are rising. Real estate prices are falling.

Foreclosures are up. Often this impacts renters too, who are forced to relocate when their landlords are forced into foreclosure. Military members face many of these same challenges. A new law allows the government to pay for some local moves when military members or their depend-

ents are forced to move because their landlord is facing foreclosure.

There are also a number of laws specifically designed to help military members when they face economic or legal difficulties.

Legal proceedings can be delayed. Military members generally cannot be evicted unless a court orders it. Mortgages can be renegotiated. Grants or low cost loans may be available.

If you are having problems making ends meet or are being forced to move from your rented home, you can get free, confidential help from a number of sources:

- Your Installation Family Readiness/Support Center can provide financial counselors.
- Your military legal assistance office can provide a licensed attorney.

This Web site will identify the military legal assistance office closest to you. Military OneSource can provide financial counselors 24-hours a day, seven days a week by calling, toll-free, 1-800-342-9647.

Meet Dr. Aris Calhoun



Family Practitioner
Specialty: Family Practice

Medical Degree:
University of Arkansas College of Medicine

Board Certified:
Family Practice

Tuttle Army Health Clinic
230 Duncan Drive
Hunter Army Airfield, Ga.
(912) 435-6965
www.winn.amedd.army.mil

Remember - only you can prevent fires
Fire Prevention Week - Oct. 4 - 9



Army Community Service

Welcome to the Army Community Service Family Page. Our mission is to provide services to support readiness of Soldiers, their Families, and communities to promote self-reliance, resiliency, and stability. We offer training classes, support groups, and Family advocacy programs. Services are offered to active, retired, Reserve, and National Guard Soldiers and their Family Members, regardless of branch of service. Department of Defense Civilian Employees (non-appropriated and appropriated funds) are also eligible for most services, as are their Family Members. ACS is a member of the Morale, Welfare and Recreation Family, proudly serving America's Military. For information or to register for programs at Fort Stewart, please call 767-5058/5059. For information and registration at Hunter Army Airfield, please call 315-6816.

Balance your checkbook

Space is still available for tomorrow's Checkbook Management class at Fort Stewart from 9 a.m. to noon. Please call 767-5058 or 767-5059 to reserve your seat at this three-hour session that teaches the basics of banking, how to avoid overdrafts, and how to get better control of your money.

Hunter offers the same checkbook management class on Oct. 1. Please call 315-6816 to register.

Participate in FRG training

Treasurer training is designed for commanders, FRG leaders, and treasurers within the FRG, Sept. 30. Topics include the rules and regulations that govern the FRG to include available financial resources, fundraising rules and responsibilities, and more.

Please call 767-5058 or 5059 to register for these FRG Training sessions at Stewart.

Take volunteer management training

Everyone who has a volunteer working in their area is encouraged to attend Effective Volunteer Performance Assessments training at Fort Stewart, Sept. 30. Learn techniques for conducting effective volunteer performance assessments, how to set goals toward the outcome of the appraisal, and how to handle poor performance as it occurs. Please call 767-5058/5059 to register for the one-hour training at Stewart.

Come to Hearts Apart

Hearts Apart is a support group for any spouse whose loved one is away. Come chat with others who are also experiencing their Soldier's absence. At Stewart, Hearts Apart meets at the Relocation Office located in building 443 at 11 a.m., Oct. 1. At Hunter, the group meets Oct. 14 at 1 p.m. For information on spouse groups, call 315-6816 at Hunter or 767-5058/5059 at Stewart.

Get parenting tips

A new class for blended Families with stepchildren begins Oct. 1 at Hunter with a "lunch and learn" series. Active Parenting for Step Families will be held every Wednesday at ACS-Hunter from 11:30 a.m. to 1 p.m. Bring your lunch, please. Call 315-6816 for information and to register.

At Stewart, parents with children ages 5 to 12 are invited to Active Parenting, beginning Oct. 2. Class runs for three consecutive weeks from 4:30 to 6:30 p.m. Topics include discipline techniques, communication strategies, and tips for dealing with problems. Please call 767-5058/5059 to register.

Your Soldier is home...now what?

Come to a free discussion presented by the Military

and Family Life Consultants. Learn how to best prepare for and deal with the changes for you, your children, and your Soldier upon redeployment and develop tools to make the transition a smooth one. Soldiers and spouses are invited to meet at 10:30 a.m. at ACS-Stewart, Oct. 1. The session is also offered at ACS-Hunter beginning at 12:30 p.m., Oct. 6. For directions or information, please call 767-5058/5059 at Stewart or 315-6816 at Hunter. Also ask about child care.

Join Grupo Hispano

Fort Stewart's Hispanic Coffee Group for spouses who are new to the area offers the opportunity to meet friends, enjoy refreshments, and swap experiences with other Hispanic women, Oct. 2. Children are welcome, too. The group meets in the Leisure Activities building 443 on Gulick Ave. beginning at 1 p.m. For directions or information, call the Relocation Readiness office at 767-5058.

Teach your children well

Baby Talk, for parents with a newborn or those who are expecting, focuses on the basics of newborn care, Shaken Baby Syndrome, and methods for comforting your crying infant. Baby Talk is offered at Stewart from 3 to 5 p.m., Oct. 6. Grandparents and caregivers are also invited to attend.

Mirror Image, for parents with children ages 1-5, teaches the physical, emotional, and social needs of children and how you can help them reach their full potential. You are your child's first and most important teacher, so what are you teaching your child? Mirror Image is offered at Stewart from 3 to 5 p.m., Oct. 8.

To register, please call 767-5058/5059 at Stewart.

EFMP bowling

Come to a fun night of bowling for Family members enrolled in the Exceptional Family Member Program at Marne Lanes beginning at 6 p.m., Oct. 6. This is a great opportunity to socialize with other Army Families and enjoy an evening of active bowling with your Family and the EFMP staff.

Challenge the stereotype

Baby Bootcamp for Dads, a special class just for men, teaches skills to build confidence in parenting your newborn baby. Network with other fathers and learn to enhance your nurturing side. Call 315-6816 to register for the Oct. 16 class at Hunter, or 767-5058/5059 to sign up for the Oct. 23 session at Stewart.

Sign up for anger management class

Do you have difficulty maintaining your cool? What triggers your stress? How do you react to an angry person? How does anger affect you?

Take control of these emotions and learn coping techniques and healthy outlets, along with community resources at the upcoming stress and anger management workshop. Call 767-5058 to register for the Oct. 7 session at Fort Stewart, or 315-6816 to register for the Oct. 20 workshop at Hunter.

Get job hunting assistance

Employment and Career Orientation provides resources for newly-arriving military spouses and Family Members seeking employment on the installation and/or in the local surrounding communities. The orientation also explains how the Army Spouse Employment Partnership helps you secure employment and achieve career goals in the midst of frequent relocations due to the mobile military lifestyle. Call 767-5058/5059 to register for the Oct. 8 orientation at Stewart, or 315-6816 to register for the orientation at Hunter on Oct. 9.

Mark your calendar for the upcoming ASEP Job Fair, Oct. 14. This event will showcase the partner corporations who recruit, hire, and retain Army spouses in the midst of the mobile military lifestyle.

Learn leadership skills with AFTB

Family Members are encouraged to register for free training offered by Army Family Team Building. AFTB Level III teaches leadership skills, managing conflict, problem solving, delegation, meeting management, coaching and mentoring, FRG leadership, communication styles and techniques, and much more. Call 767-5058/5059 to reserve your seat for the three-day workshop at Stewart, Oct. 8-10.

Join grandparents, caregivers for support

Grandparents or caregivers who are taking care of children while their parent is deployed are invited to join the Grandparent and Caregiver Support Group. Held every Monday beginning at 11:30 a.m., the group meets the post exchange food court to discuss ways to successfully care for Soldiers' children during the deployment. For information, call 767-5058.

Visit the Red Cross Café at Hunter

Stop by ACS-Hunter to visit and enjoy the mini donut and coffee café sponsored by volunteers from the American Red Cross. Learn about the many services ACS offers and meet the ACS-Hunter team. The Red Cross Café will be open every Thursday from 9 a.m. to noon. For more information, please call 315-6816.

Be a volunteer

Volunteering offers an opportunity to learn new skills, gain resume experience, get involved in children's activities, meet new friends, keep busy, and help make our community an even better place to live. The Army Volunteer Corps unites volunteers and organizations.

To find out more about volunteer opportunities on the installation, please contact the Volunteer Coordinator at ACS by calling 767-5058/5059.

Music, toys, fun provided for little ones

Parents are invited with their children (ages 0 to 5) to the Bryan Village Youth Center 10 - 11:30 a.m. each Tuesday and Thursday to spend time playing together. Led by an energetic and playful adult from our New Parent Support Program, the Play Morning program is designed for meeting, sharing, and playing with other military Families in a fun, upbeat atmosphere. Come on down and see what all the fun is about! Call 767-5058 for more information.

Need to Talk?

When you have a lot on your mind, talking it over with a caring knowledgeable person can really make a difference. The Military and Family Life Consultants are available to provide free and confidential support when you are having difficulty coping with issues related to daily life. The consultants are available at both Fort Stewart and Hunter Monday through Friday from 8 a.m. to 8 p.m., and they also offer off-post appointments in the local communities. Call 704-9505, 492-6367, or 492-6428 to request an appointment.

Victim Advocate Program can help

The Victim Advocate Program provides services to victims of domestic violence and sexual assault. Receive information about victim rights and available resources, safety planning, protective orders, safe lodging, support during investigative, medical, and legal proceedings, Command liaison services, and more. Call 767-3032 for more information.

Family Readiness Groups

Randy Berube
PAO Specialist

Strong Family Readiness Groups do not always happen by themselves, sometimes they need assistance, and Army Community Service is there to help.

The basic training courses like the one held Sept. 16 at the Family Readiness Center, building 87 are necessary for strong Families and ready Soldiers through effective Family Readiness Group leadership.

"The basic training course is designed for FRG leaders, commanders, FRG advisors and volunteers to explain the basics of managing an effective and successful FRG, in addition to discussing the rules and regulations that govern FRGs," said Bess Stone, Army Community Services' Mobilization and Deployment Specialist.

The important work of FRGs is carried out through all cycles of deployment due to the Army's needs, Stone said.

The benefits of effectively trained FRGs include the connection of the unit and unit Families, connection to community resources, and ability to cope with deployments.

For Soldiers, the goal is peace of mind/reduced stress and the ability to focus on the mission.

For commanders, the benefits of well-trained FRGs are the ability to be more responsive to Family issues, reduced time spent handling individual Soldier/Family issues, increased Family readiness and deployment preparedness.

For the community, effective FRGs reduce the occurrence of crisis situations and increase ability to support Soldiers and Families where they live.

FRG leaders' responsibilities include supporting commanders' Family readiness goals, to maintain open communication and relationships with unit leadership and plan, run and supervise FRG activities (i.e., meetings, committees, newsletters, phone tree, etc.). It develops partnerships between members, leaders and the informal fund custodian (treasurer).

To be effective, units need resources, such as materials and supplies (paper and postage for newsletter), equipment (e.g., computers, telephones, printers, copier), and a locations for FRG meetings to be held.

Every month, FRG training sessions are available and unit can call the FRC to make appointments for training at 767-

Army Community Service New Parent Support Program

Play Group Playmates

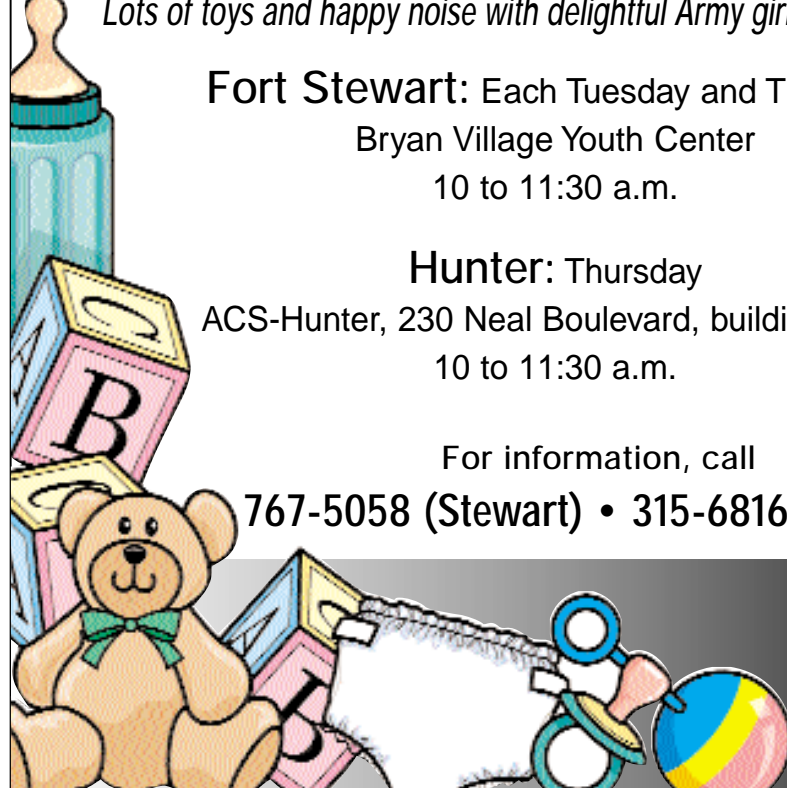
For children ages 0-5 and their parents

Lots of toys and happy noise with delightful Army girls and boys!

Fort Stewart: Each Tuesday and Thursday
Bryan Village Youth Center
10 to 11:30 a.m.

Hunter: Thursday
ACS-Hunter, 230 Neal Boulevard, building 1279
10 to 11:30 a.m.

For information, call
767-5058 (Stewart) • 315-6816 (Hunter)



Hunter PWOC kicks off new Bible study

Spc. Monica K. Smith
CAB Public Affairs Office

The sound of women chatting and babies squealing filled the fellowship room of the chapel as the Protestant Women of the Chapel held their Fall Kick-Off, Sept. 18 on Hunter Army Airfield.

“We hoped to expose women who have never been to PWOC to what we do and what we’re about,” said Sara Fisher, president of the PWOC and wife to Chap. (Capt.) Jonathan Fisher, 603rd Aviation Support Battalion.

The PWOC is a group that exists in many military chapels. At Hunter, the group of women, many of them military wives, meet each week to socialize and take part in a Bible study.

“For the ladies who come, building relationships is very important. It’s what draws them in,” said Fisher. “Our belief in Christ is the common denominator and the friendships are what keep people coming back.”

The kick-off began at 9:45 with

refreshments and included testimonies from two PWOC members, a vocal performance and a speaker from the Fort Stewart PWOC, Misty Raybon, wife of Chap. (Capt.) Phillip Raybon, the 92nd Engineer Battalion.

“We all want to be a woman of excellence, but sometimes you need help and that’s what this group is for,” said Raybon. “That’s why I think the PWOC is so great – to know that you can come here and someone will be here to greet you and help you along your road to growth.”

The group meets each Thursday morning at 9:30 -11:30 a.m., at the Hunter Chapel. The kick-off began the group’s study on marriage. Fisher said the first few weeks will cover an overview of the Bible and be an opportunity for women to ask questions on the Bible and Christianity.

“You don’t have to come to the chapel to be involved with PWOC,” said Fisher. “Any woman involved with the military in any way is welcome.”



Spc. Monica K. Smith

Ladies gather for lunch during a Protestant Women of the Chapel Fall Kick-Off, Sept. 18 at Hunter Army Airfield.

Blues bands, barbeque provides soulful bonanza

Pat Young
Managing Editor

Food for the soul and body were both served up in heaps at the Blues and Barbeque concert at Bradwell Park, Sept. 20 with about 1,000 community members taking advantage of the feast.

The event, sponsored by the Hinesville Area Arts Council with assistance from the Fort Stewart Directorate of Morale, Welfare, and Recreation, provided quality entertainment to Soldiers, Family members and local community members alike.

Opening the night's musical features was Fatback and the Grove Band out of Columbia, S.C.

A fitting venue for the band, lead singer Fatback, known formally as Barry A. Walker, Sr. is both musician and chef at his own restaurant "Mac's on Main" which serves a variety of Southern "soul food."

Although Fatback grew up in Connecticut, earning a bachelors of science in mathematics from the University of Connecticut along the way, he grew tired of working as a computer programmer, which he did for 25 years.

In 1999, he opted to follow his dreams and pursue his interest, which are drinking beer; eating food, and playing music - in that order, according to the artist.

Passionate about cooking, which he learned from his mother, Viola, and the "Viola school of cooking," he made room for his music too. At his restaurant Fatback held an "open mic night," where he met one of his band members, 16-year-old Zee Slaughter.

A regular at Mac's on Main, Slaughter started performing there when he was 11, and plays both tenor and alto saxophone, guitar and sings lead and back-up vocal for Fatback.

Joining drummers John Knight and Wes Howard, with Greg Johnson on bass guitar, the band belted out hit after hit at the Sept. 20 performance, including a wailing rendition of "Mustang Sally," which had people thumping their feet to the music.

Warmed up by the incredible performances laid



Photos by Pat Young

Eric Culberson of the The Eric Culberson Band plays before about 1,000 people Sept. 20 in Bradwell Park during the Blues and Barbeque event.

down by Fatback, The Eric Culberson Band took over as the main headliner and turned out ballads reminiscent of legendary blues performers BB King and Muddy Waters.

Graduating with the Class of 1983 from Bradwell Institute, Culberson interacted with the audience members and showed he was right at home in Hinesville.

His electric performance continued until the event ended near 10 p.m. and left audience members calling for more.

Tom Hickey, chairman of the Hinesville Area Arts Council said the

event was a huge success, with more than 1,000 people visiting the event throughout the day.

"We owe a debt of gratitude to our partners with MWR, the Hinesville Downtown Development Authority, The Heritage Bank and The Liberty County Visitor Bureau and other supporters."

Aside from the music, participants had the opportunity to select from a variety of barbeque samples provided by local businesses that competed for best BBQ, and people choice awards.

Among the judges was Fort Stewart's own, Cornelius Williams, installation food advisor who shared the opportunity to taste each of the entrees with Hinesville councilman, Bobby Ryon; Liberty County Assistant Administrator Bob Sprinkel; John Thrift, owner of Thrift Auto Repair and Hickey.

The winners were J.C.'s BBQ for best pork dish and overall winner; Tina's Deli for people's choice; Smokin' Pig for best chicken and beef dishes; and Vann's restaurant for their BBQ shrimp.



Barry Walker, Sr., known as Fatback, performed with Fatback and the Grove Band, Sept. 20 at the Blues and BBQ event in Bradwell Park.



Joy Patterson of the Hearts for Art Foundation painted a mural on site at the Blues and BBQ, Sept. 20., which will be auctioned off at a later date.

FOB Kalsu Soldiers celebrate Hispanic Heritage Month

Spc. Justin Snyder
4th BCT, 3rd Inf. Div. PAO

FORWARD OPERATING BASE KALSU, Iraq- Soldiers of the 4th Brigade Combat Team, 3rd Infantry Division celebrated Hispanic American Heritage Month with a dance/music performance at the Forward Operating Base Kalsu entertainment stage, Sept. 19.

The Soldier Hispanic Heritage Dancers performed meringue, bachata and salsa dances while they educated the crowd on the history of the dances and the Hispanic heritage.

A separate Soldier, Spc. Luis Ochoa, Headquarters and Headquarters Company, 2nd Battalion, 502nd Infantry Division, provided music for the event.

National Hispanic Heritage Month is celebrated from Sept. 15 until Oct. 15 and was first celebrated in 1968 as Hispanic Heritage Week. It was expanded to the current month long celebration in 1988 by then President Ronald Reagan.

The date Sept. 15 is significant to Hispanic heritage because it is the anniversary of independence for Latin American countries Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua. Mexico and Chile also celebrate their independence days on Sept. 16 and 18.

This year's theme for the month is "Getting Involved: Our Families, Our Community, Our Nation."

Following the dancing, Maj. Mario Caycedo, 703rd Brigade Support Battalion surgeon, spoke to the crowd as a guest speaker. He came to the United States at the

age of six from Colombia.

He spoke about his life in the Army as a Hispanic and of the many other heroes who have served in the military. He said that many heroes in Iraq have been Hispanic, but that we all work together as one unit.

"It will not matter where you have come from once you are in the Army," said Caycedo, speaking to the crowd. "All we will know is who you are and that is an American."

Ochoa, a native of Laredo, Texas, said he was glad to participate in the event. He believes that it is important to celebrate Hispanic Heritage Month.

"It's definitely important because it gives us the chance to educate other people on our background," said Ochoa, whose Family is from Mexico. "It's also important to remind ourselves where we came from as individuals."

Overall, Caycedo is very proud of his heritage and even more proud to be an American Soldier.

"People ask me all the time what I want to be called. Do I want Latino, Hispanic, etc.," said Caycedo. "My response is, 'Call me an American, better yet, call me an American Soldier.'"

The events concluded with the playing of the Army



Spc. Justin Snyder

4th BCT, 3rd Inf. Div. Soldiers who participated in the presentation celebrating National Hispanic Heritage Month pose on the FOB Kalsu entertainment stage, Sept. 19.

Song, the 3rd Inf. Div. song—The Dogface Soldier—and the participants receiving a certificate in recognition for their hard work.

Additional Hispanic Heritage Month events planned at FOB Kalsu include a Hispanic Heritage Month Movie Night, featuring My Family, at the Kalsu Stage, Sept. 26 beginning at 8 p.m. and a Hispanic Heritage Display and cake at the Kalsu dining facility, Oct. 3 from 11:30 a.m. to 2 p.m.



Fiesta comes to Stewart

Pat Young
Managing Editor

Hundreds of community members gathered next to the Army Community Service Center Sept. 20 to help celebrate Hispanic Heritage Month.

Sponsored by the Hinesville Hispanic Club, the event was filled with bright colors, vibrant sounds, and appetizing aromas.

Playing a variety of music ranging from salsa to meringue, people danced to the beat of several drums. Mixed with

maracas, trumpet, guitar, saxophone, the tunes appeared to make people come alive with laughter, as they sang along.

Jerome Smalls, husband of Hispanic Club president Mayra Smalls helped cook for the occasion. He said the event was held to welcome home returning Soldiers and help celebrate Hispanic Heritage – a part of the nation's diversity, which makes it so great.

Smalls said anyone interested in learning more about the club can call 271-2989.