

# Stewart/Hunter Lifestyle



Randy Murray

Michelle Carswell, a health technician at Winn Army Community Hospital demonstrates "praise dancing" during celebrations at Club Stewart, March 26.

## Artistic visions bring Women into focus

Randy Murray  
Public Affairs Specialist

Women's History Month celebrations at Fort Stewart-Hunter Army Airfield culminated this year with an hour-long ceremony called "Women's Art: Women's Vision," held at Club Stewart, March 26. Keynote speaker for the occasion was Liberty County Probate Judge Nancy Aspinwall. A Liberty County native, Aspinwall was elected as probate judge in 1974 and has served on several judicial councils and civic committees but considers the highest title she's ever attained to be that of "Nanny" to her two grandchildren.

Following a taped message from the frontlines by Marne Division commander, Maj. Gen. Rick Lynch, the National Anthem by Rhonda Kearney of Live Oak Church of God and invocation by Chaplain (Lt. Col.) William Ralston, MOsoul singer/composer Terry Newsome entertained guests with several moving spirituals. Afterward, 3rd Infantry Division rear detachment commander, Lt. Col. Brian Gale, introduced the keynote speaker.

Aspinwall began by praising Women's History Month observances as a way of encouraging girls and women to "think larger." She liked this year's theme, noting that art is a form of expressing one's vision, and said that art encompasses more than just painting/sculpture, poem/song and stage/dance. Aspinwall then explained that she believes artistic vision is expressed through the lives of women in six key genres.

The first way in which women are expressing their artistic vision is in the military, she said. Aspinwall talked about the ever-increasing role women Soldiers are taking in today's Army then listed by name the six female Soldiers

now memorialized on Warriors' Walk: 1st Lt. Ashley Huff, Sgt. Regina Reali, Sgt. Julia Atkins, Pfc. Samantha Huff, Spc. Adriana Salem and Spc. Aliena Ramirez-Gonzalez. As she said the name of each Soldier, a picture of her appeared on the large projection screen.

Aspinwall then talked about another way women are expressing themselves artistically, one more traditional – painting. She praised the seascapes and coastal artwork of Savannah, Ga. artist Betty Hale Grugin. Another more traditional way in which women express their artistic vision is poetry, Aspinwall said. At this point, Midway Middle School 8th grader, Lee Alice Alma Brown recited a poem she wrote called, "A Poem to Black Women."

Aspinwall said that a 4th artistic genre through which women express themselves is sports. Yes, sports. Guests then watched a short video about the life and successes of Riceboro, Ga. native DeLisha "Sunshine" Milton, the first woman to coach a men's NBA basketball team. The life of song-writer and director of the Brooklyn Tabernacle Choir, Carol Cymbala, was highlighted next. Aspinwall completed her list of ways women express themselves through art with a discussion of interpretive dance. Michelle Carswell, a health technician at Winn Army Community Hospital, then performed a "praise dance" for the events' guests.

"One thing all these women have in common is a passion for life," Aspinwall said.

"Their achievements paved the way for other women. Their stories, like their art, are part of all women's experiences because they challenge social assumptions and stereotypes about women."



Sgt Tanya Polk

Pre-Kindergarten children with Child and Youth Services join more than 200 youth in the Month of the Military Child parade, held at the Fort Stewart Child Development Center, April 1.

## Installation, community celebrates military children

Sgt. Tanya Polk  
Editor

"The best thing about being in a military community, or any community is our children," said Linda Hiefferon, director of Morale, Welfare and Recreation.

April has been designated nationally as the Month of the Military Child and the military children of Fort Stewart's Child and Youth Services kicked off their month with a parade, music, dancing and a magic show Tuesday.

Wearing T-shirts that read "I'm a military child, and proud of it," over 200 children displayed their pride and patriotism as they marched around the Fort Stewart Child Development Center's parking lot waving American flags and shaking maracas. Even the youngest children, who cannot walk yet, participated in the parade as CYS staff members pushed them along in buggies.

After circling the parking lot twice, the children were greeted and applauded by Fort Stewart-Hunter Army Airfield Garrison Commander, Col. Todd Buchs.

"Amongst all the things that are happening today and throughout the week (on the installation), there is nothing more important than what we're doing this morning – and

that's celebrating our children, especially during this Month of the Military Child" said Buchs.

"Our children are our future, so it's important that we provide for their wellbeing; and we have to do that together as a community."

This year's theme for the Month of the Military Child is 'Bring communities together for our children because our children bring our communities.'

"The meaning behind this theme is simple," Buchs said. "It takes all of us working together to ensure that we raise our children, especially when they are young, in the right way."

Buchs said that early childhood years are critical in molding children into successful citizens. "When we raise our children to be good citizens, we then build strong communities."

He also encouraged Families to recommit themselves to their children.

Buchs and Stewart-Hunter Garrison Command Sgt. Maj. Charles Durr joined the children in a second parade around the parking lot, shaking the little hands of the future.

Five-year-old Jeffrey McGuire, representing all the children enrolled in CYS, thanked Buchs for attending and handed the commander a T-shirt and goodie bag.

But the festivities were just beginning. Magic Mark and his

assistant parakeet, Bingo, previewed a magic show scheduled for later that day. The internationally known magician, who began performing tricks on television by the age of 7, wowed the youth with a disappearing handkerchief trick.

CYS will continue to provide several more activities for children throughout the Month of the Military Child. Tomorrow, the Super Fun Show, which is expecting an audience of more than 600 children, comes to Stewart's CDC with show times at 9 a.m. and 3:30 p.m. A children's music concert is scheduled for 3 p.m., April 7 and a spring dance is scheduled for 4:30 to 6 p.m., April 11. Parents must be present for the dance.

Wheels Day will be from 9 to 11 a.m., April 18 where children can explore and learn about a variety of vehicles, and Earth Day is April 22. Home Depot representatives will accompany children and parents on April 23 to help plant flowers for Garden Day, and the month's events will end with a carnival and picnic from 9 to 11:30 a.m., April 25.

For more information on the Month of the Military Child activities, contact CYS assistant director Becky Pringle at 767-3202.

"Let's all work together to make this a great month," Buchs said.

# Take strength, refuge with God



CHAPLAIN'S  
CORNER

Chaplain (Capt.) Phillip Raybon  
92nd Engineer Battalion

**"God is our refuge and strength  
and ever-present help in trouble"**  
*Psalm 46:1*

I once heard someone say, "Life in the Army has its own unique rewards and challenges." The validity of that statement will forever have a special place in my heart.

The friendships that I have devel-

oped in the Army is a unique reward that I will cherish for as long as I live. The dangers and uncertainties that we face as Army Families is the unique challenge that bonds us together. Yet, at the same time, this unique challenge can be a wedge that drives us apart. Now this begs the question, "How can we prevent the unique challenges of the Army from being the wedge that drives us apart"? The answer can be summed up in one word. Perspective.

**Psalm 46** is special to me. In this passage of scripture, God has taught me that he is my refuge and strength. This is the verse that I turn to when the unique challenges of military life begin to weigh me down. I know I can lean on him and he will help me endure deployments away from my Family, death notifications and helping Soldiers injured in the line of duty. God indeed is my refuge and strength.

The second part of this Psalm

frightens me. Scripture records that God is a very present help in trouble. Why is this so frightening to me? Troubles will come! How can we as an Army Family endure trouble some times?

Again, our perspective will play a large role in how we handle the troubles faced by all Army Families. Rest upon the promise of God as recorded in **Psalm 46:1**. He is indeed our refuge and strength and he is a very present help in trouble.

## Chapel Schedule

### Fort Stewart

Catholic	Location	Time
Sunday Mass	Heritage	9 a.m.
Saturday Mass	Heritage	5 p.m.

Protestant	Location	Time
Contemporary Worship	Marne	11 a.m.
Gospel Worship	Main Post	11 a.m.
Traditional Worship	Marne	9 a.m.
American Samoan	Vale	11 a.m.
Liturgical Worship	Heritage	11 a.m.
Kids' Church (K to 6th grade)	Across from Dia. Elem.	11 a.m.
PWOC (Wednesday)	Marne	9:30 a.m.

Islamic	Location	Time
Friday Jum'ah	Marne	1:30 p.m.

Contact Yahya Hassan at (414) 899-7226.

Jewish	Location	Time
Friday	Marne	11:30 a.m.

### Hunter Army Airfield

Catholic	Location	Time
Sunday Mass	Chapel	11 a.m.

Protestant	Location	Time
Sunday Service	Chapel	9 a.m.

### Religious Education Contacts

Stewart and Hunter, Director of RE, Mike Iliff, call 767-9789.  
Stewart Catholic RE coordinator, Beth Novak, call 767-6825.  
Hunter Catholic RE coordinator, Pamela Perez, call 315-5440.

## Kids Church

### Where God rocks

10:45 a.m. to noon, Sunday

at Stewart School Age Services, across from  
Diamond Elementary; or at Hunter Chapel  
Fellowship Hall, Sunday at 9:15 a.m.

For all kids Grade K-5

Fort Stewart bus pick-up

10:15 a.m. - Liberty and Hendrich, Liberty and Sicily, Liberty  
and Anzio, Liberty and Rome

10:20 a.m. - Jasmine and Skyland Spruce, Jasmine and Liberty  
Wood, Wild Fern and Golden Birch

10:30 a.m. - Schofield and Sansidro, Schofield and Hollandia,  
Rogers and Argyle

10:40 a.m. - Naktong and New Guinea, Ormoc and New Guinea

10:50 a.m. - Marne Chapel

10:55 a.m. - Main Post Chapel

For more information, email  
[fortstewartkidschurch@yahoo.com](mailto:fortstewartkidschurch@yahoo.com)

## Fort Stewart Chapel Youth Ministry

### Junior and Senior High School Students!

Join us for

free games and pizza

6:30 - 8 p.m.

Sunday

at Vale Chapel  
in  
Bryan Village.



For more information,  
call 877-7207

# CAB Soldiers experience sunrise in the land of the Tigris, Euphrates

Sgt. 1st Class Thomas Mills  
3rd CAB Public Affairs

**CAMP STRIKER, Iraq** - Chaplain (Maj.) Samuel Godfrey knows that faith, like the Soldiers he serves, is deployable. Leading an Easter sunrise service, whether at home or abroad, is always a special experience to him.

Godfrey's unit, the 3rd Combat Aviation Brigade, 3rd Infantry Division, held its Easter sunrise service March 23 in Baghdad, and all the biblical history of the place was brought

home as he joined in worship with his fellow Soldiers.

"Iraq has such a blend of Christian, Jewish and Muslim history," Godfrey said. "It's a rare opportunity to lead worship anytime in a place that has such biblical history."

With landmarks like Babe, Nineveh and the Tigris and Euphrates rivers, Iraq's history goes back beyond written history. The service was held on the rooftop of the flight line dining facility, overlooking the airfield.

This was the earliest Easter in years, said

Godfrey, a Greenville, S.C., native. "I imagine there were sunrise services back in the States where they had to wear a heavy overcoat and we didn't here, even as early as it was."

The sun rose in the cloudless sky; helicopters and cargo jets took off and landed - modern machines in an ancient land. Godfrey, for one, said the land of the two rivers mentioned in the Bible and in history, was an inspiring place to hold service.

"I think it would be just as meaningful if it was being done at home," Godfrey said. "But

then I had to take a moment to think, 'Wow, I'm in a place where a lot of (history) occurred.'"

Godfrey's sermon evoked the image of the Tigris and Euphrates, bringing to light the fact that this Sunday these Soldiers were worshipping where many feel it all began.

"I think it makes it more real to be here in a place where we are so close to the two rivers mentioned in the sermon," said Sgt. 1st Class Lui Salt, equal opportunity adviser for 3rd CAB.

# HEALTH MATTERS

## Winn Army Community Hospital

# Stewart-Hunter improves healthcare access

**Col. John P. Collins**  
MEDDAC Commander

Winn Army Community Hospital, Tuttle Army Health Clinic and Hawks Troop Medical Clinic are working diligently to improve access to care and reduce the hassles the community faces while making appointments. We understand the level of frustration when the healthcare you deserve is not readily accessible at a time convenient for you, the patient.

As the commander of the U.S. Army Medical Department Activity, Fort Stewart, I wanted to provide you with the latest information and strategy the hospital is involved with to combat the challenging access to care issues we all face. These strategies include recruiting primary care providers, facilitating timely appointment booking and cancellation, and hiring additional staff to augment the reintegration medical requirements of the great 3rd Infantry Division.

We recently have commitments from two top-notch pediatricians who will begin work this summer. Additionally, we successfully recruited a new emergency medicine physician who starts work this week and comes to us with a wealth of knowledge in military medicine. Our medical chief of staff recently met with two Family practitioners who are interested in long term employment with your hospital. Recruiting healthcare providers is a challenge for all hospitals in rural Georgia but a challenge we must overcome.

Two recent updates for you to be aware of to help optimize the appointments we have available are an improved cancellation line and TRICARE Online

appointment booking. I ask everyone in the community to help us help you by cancelling appointments when no longer needed or your schedule doesn't allow you to make the appointed time. In Family Practice alone we average 300 missed appointments every month. While the front desk staff does a great job facilitating same-day and walk-in appointments to fill these vacant slots, it would help the community much more and improve patient flow when we can offer these appointments with telephone appointing.

We recently installed the technology to our automated phone system that allows you immediate access to directly cancel an appointment or leave a message for the clinic. We understand your time is valuable and can't expect you to wait on the phone to cancel an appointment. There are two ways patients can cancel their medical appointments. Patients can either call the cancellation hotline at 435-6633 or 1-800-652-9221 or cancel their appointment during the automated appointment reminder service. Please help us make the best use of appointment slots by cancelling your appointment if no longer needed.

Registering for TRICARE Online is another avenue you can use to facilitate appointment booking. Routinely appointments are available first thing in the morning when accessing the Web site at [www.tricareonline.com](http://www.tricareonline.com). TRICARE Management Activity is constantly improving this technology to make it user friendly. This is also a key component to the Army Surgeon General's Access To Care Campaign Plan to improve access to healthcare throughout the Army Medical Department. You can get additional information on this program by

contacting our Patient Advocate's Office at 435-6225.

Lastly, I want to inform you up front that in light of these recent initiatives to improve access to care, the hospital has the distinct honor to provide healthcare screening for your beloved Marne Division as they start redeploying this week. We want to ensure their health needs are taken care of and identify any health concerns they may have after serving their country for such a long deployment. The sooner we identify a concern, the better prepared we are to take care of it.

During the 10 day reintegration process you are all familiar with, accessing medical appointments at the hospital will be an additional challenge the hospital needs to overcome. To help with this, we have contracted an additional 15 healthcare providers and support staff to augment the reintegration health screening. This will allow us to retain the access to care family members need at the hospital. As of last week, we have four of these providers on board and have approved eight additional providers that are currently inbound to us. We will keep this mobile healthcare team to perform medical reintegration throughout the summer as the rest of 3rd Inf. Div. returns and then transition them to provide care for the Reserve Component and National Guard Brigade Combat Teams that routinely mobilize from Fort Stewart.

I want to thank all the Family members for their patience and candor in bringing health concerns to the hospital and clinic staff. I, and the entire staff at Winn, Tuttle and Hawks are committed to improving the access to care for the Fort Stewart and Hunter Army Airfield community.

## Winn Briefs

### Behavioral Health clinic walk-in hours change

The Fort Stewart Behavioral Health Clinic for active-duty Soldiers new walk-in hours are 8 to 10:30 a.m., Monday thru Friday. For more information, call 767-1747 or 767-1654. Services for Family members are available at either Value-Options TRICARE at 1-877-298-3514 or Military OneSource at 1-800-342-9647.

### Call to cancel your appointments

If you need to cancel your medical appointment, call the cancellation line at 435-6633 or 1-800-652-9221. Follow the prompts to cancel your appointment. This will create more open appointments and decrease the length of time it takes to get an appointment. Thank you for helping us by helping you with your access to care.

### Join breast cancer support group

The Fort Stewart breast cancer support group is scheduled to meet from noon to 1 p.m., April 15 at Army Community Service, 191 Lindquist Road, building 86. For more information, please call Maj. Frederick Davidson with Army Public Health Nursing at 435-5071.

### Limited services in April

Winn Army Community Hospital will have limited services and appointments now through 17 for re-integration of the 3rd Infantry Division. Emergency Department services will be open. We are sorry for any inconvenience.

### Come to Patient, Family Care meeting

Interested in becoming a patient advisor? Help us help you by joining the Patient and Family Centered Care Advisory Council meeting at Winn Army Community Hospital or Tuttle Army Health Clinic.

Winn's meeting is scheduled for 11 a.m., April 14 at Winn's Patriot Auditorium. Questions call Linda King at 435-6225 or e-mail [Linda.king2@amedd.army.mil](mailto:Linda.king2@amedd.army.mil).

Tuttle's meeting is scheduled for 1 p.m., April 16 at Aviation Brigade classroom, building 1525, next to Garrison Headquarters. Questions call Brandon Yarber at 315-5731 or e-mail [Brandon.yarber@amedd.army.mil](mailto:Brandon.yarber@amedd.army.mil).

Patient and Family Centered Care standards include involving patients and Families in all aspects of the planning and delivery of healthcare services.

### Warriors in Transition to discuss concerns

A Physical Evaluation Board Liaison Officer forum for Warriors in Transition will be held every Wednesday from 2 to 3 p.m. at 852 Harmon Ave., building 202, Fort Stewart (PAD Conference Room).

Warriors in Transition can come to discuss any issues, questions, or concerns with their MEB/PEB. Questions, call Fran Carver at 435-6890.

### Log on to Behavioral Health Web site

The Army has a great Behavioral Health Web site. The link is [www.behavioralhealth.army.mil](http://www.behavioralhealth.army.mil). This link is designed to be a central source of behavioral health information and relevant links for Soldiers, Family members, providers, and the public.

### Call new mental health hotline

Soldiers who have been reluctant to seek help for mental health problems may call a new automated phone-in assess-

ment program.

The hotline is the latest effort to reach out to Soldiers and Family members who might not otherwise seek help for post-traumatic stress or other psychological issues. The calls will be conducted in English and Spanish and will operate 24 hours daily. The toll-free number for the Telephone Self-Assessment is (877) 877-3647.

### PEBLO forum for Warriors in Transition

A Physical Evaluation Board Liaison Officer (PEBLO) forum for Warriors in Transition will be held every Wednesday from 2-

**SEE WINN** \_\_\_\_\_ **Page 8B**

3 p.m. at 852 Harmon Ave., Bldg. 202 Fort Stewart (PAD Conference Room). Warriors in Transition can come to discuss any issues, questions, or concerns with their MEB/PEB. Questions, call Fran Carver at 435-6890.

### Behavioral Health Web site

The Army has a great Behavioral Health Web site. The link is [www.behavioralhealth.army.mil](http://www.behavioralhealth.army.mil). This link is designed to be a central source of behavioral health information and relevant links for Soldiers, family members, providers, and the public.

### Mental Health hotline

Soldiers who have been reluctant to seek help for mental health problems may call a new automated phone-in assessment program. The hotline is the latest effort to reach out to Soldiers and family members who might not otherwise seek help for post-traumatic stress or other psychological issues. The calls will be conducted in English and Spanish and will operate 24 hours daily. The toll-free number for the Telephone Self-Assessment is (877) 877-3647.

# Coastal Happenings

Courtesy of the Coastal Courier

## Live Oak Public Libraries' programs

Live Oak Public Libraries Programs at the Liberty Branch Library and Midway-Riceboro Branch Library:

### Preschool Story time

Join us for stories, songs, and more each Monday, 10:30 a.m. at the Liberty Branch Library. The event is for children three to four years-old.

### Tree Tots Storytime

Join us for stories, songs, and more 10:30 a.m., each Tuesday at the Liberty Branch Library. The event is for ages one to two-years-old.

### Spring Fling

Midway-Riceboro Branch: 5 p.m., April 8

Celebrate Spring with an hour of Family fun at your library! Join us for springtime stories and crafts. For ages 4 and up.

### Spring Fling Craft Day

Liberty Branch: 2 to 4 p.m., April 9

Come to the library and let your imagination run wild during Spring Break. We'll provide the craft materials; you provide the inspiration! For ages 5 and up.

### Spring Fling Game Day

Liberty Branch: 2 to 4 p.m., April 10

Try a puzzle or board game at your library! For ages 5 and up.

*Tea and Tales Book Group at the Midway-Riceboro Branch Library*

Join us for a discussion of Under the Banner of Heaven by Jon Krakauer, 5:30 p.m., April 17. For more information, call the Midway-Riceboro Branch Library at 884-5742.

## The Puppet People Present: International Jukebox

Midway-Riceboro Branch:

Celebrate National Library Week with this special program from the Puppet People at 2 p.m., April 19. A dazzling cast of fanciful characters pop out of the jukebox to perform each song. For ages 3 and up.

### Computer Classes

Intermediate Word (Liberty): 11 a.m., Saturday

An intermediate course using this popular word processing software: learn more about complex formatting such as columns, headers, footnotes and drop caps. Prerequisite: Introduction to Word. To register, call the library at 368-4003.

PowerPoint (Liberty): 7 p.m., April 16

A beginner's course on how to use this presentation software will be offered at the Liberty Branch Library. Learn how to create multi-media presentations for school and business. Prerequisite: Introduction to Windows or comparable experience. To register, call the library at 368-4003.

## Human Resource Management meeting held

Coastal Society of Human Resource Management meets on the fourth Thursday of every month. If you are a human resource professional and would like to attend a meeting or receive more information, contact Holly Stevens-Brown, chapter president, at 876-3564.

## Dublin VAMC holds Thank You for veterans

Community members are invited to attend the first "Thank You" event for Operation Enduring Freedom and Operation Iraqi Freedom veterans. The event is sponsored by the Dublin Veterans Affairs Medical Center, noon to 4 p.m., April 19 at the Carl Vinson VAMC, 1826 Veterans boulevard, Dublin, Ga.

# Moving Wall travels to Richmond Hill through efforts of American Legion

## Special to the Frontline

**RICHMOND HILL** – The American Legion, J.E. Lanier Post 27 and the City of Richmond Hill are pleased to announce the upcoming presentation of The Moving Wall in J.F. Gregory Park. On June 12, the city along with local veteran organizations and local military will welcome the arrival of The Moving Wall. The Moving Wall will be open to the public, 24-hours a day, from June 12 to June 16.

The Moving Wall visit will provide an opportunity for healing to veterans, their families and friends of those who died or are missing in Vietnam, especially those who may not have the opportunity to see the Vietnam Veterans Memorial in Washington D.C. The mobile exhibit will help to educate the community about the war in Vietnam, its impact on our nation and our veterans, and allow others to pay their respects to the brave men and women who made the ultimate sacrifice defending our freedoms and way of life.

## AASU takes Jazz Ensemble 'On The Road'

The Atlantic Armstrong State University Jazz Ensemble performs 7:30 p.m., April 15 at the Jewish Educational Alliance, 5111 Abercorn St. The show is free and open to the public as part of Jazz Appreciation Month.

The program will be a mix of historic and contemporary music for big band, which includes selections from groups such as Count Basie, Duke Ellington and Stan Kenton; 1960s and 70s groups like Thad Jones-Mel Lewis; and modern/contemporary groups such as the big bands of Bob Mintzer and Gordon Goodwin.

The band will also perform big band arrangements of standards and tunes from the small group jazz tradition. For more information, visit online at [www.coastal-jazz.org](http://www.coastal-jazz.org).

## Crime Victim's Rights Week kicks off with film

"Hiding in Plain Sight: Sexual Predators Among Us" will be the topic of the local Crime Victim's Rights Week kick-off at 7 p.m., April 14 at the Jewish Education Alliance center, 5111 Abercorn Street. Featured is an adult survivor who discusses how the molester insinuated himself into the boy's life and manipulated the child and family for his own twisted purposes.

The survivor also shares the emotional anguish, substance abuse and delinquent behavior that resulted from his abuse. Following the film, a panel of local experts will discuss issues related to sexual abuse and child protection.

The event, sponsored by the Savannah-Chatham Family Violence Council, is free and open to the public. Parents are particularly invited to attend. For more information, please call the Coastal Children's Advocacy Center at 236-1401.

## Home buyer education workshop held

Community members are invited to a free home buyer education workshop 3 to 3:30 p.m., May 3 at the Hinesville City Council room on the second floor. Topics include shopping for a home, knowing your credit, correcting credit problems and more. Attendees can register by calling the Community Development Department Next Step Program at 876-6573.

## Civil War Trust Volunteer Day slated

Volunteers will assist the Fort McAllister State Park, 9 a.m. to 3 p.m., Saturday with a spring clean up of the fort and grounds. T-shirts and lunch will be provided for the volunteers. In addition, a historical talk will be given on the fort will be given. The park is located at Georgia Spur 144/Fort McAllister Rd., Richmond Hill, Ga. Directions: I-95, Exit #90, then east on GA Hwy. 144, look for signs. For more information, call 727-2339.

## President's Scholar announced

Savannah Country Day School senior Daniel Gallagher has been named a President's Scholar by the Georgia Institute of Technology. The President's Scholarship is Georgia Tech's premier merit-based award. It is offered to approximately 110 outstanding entering freshmen who have demonstrated superb leadership skills, are among the top few in their class in academic performance, and show promise of continuing such performance in college and beyond.

## Golf tournament announced

Performance Initiatives, Inc. is helping support AWWIN, Inc. in their 3rd annual Golf Tournament at Savannah Harbor, June 13. Sponsors and players are needed. Please call Kerri Goodrich 507-7106 or register at [www.awwin-inc2.org](http://www.awwin-inc2.org).

## Worker's compensation brief scheduled

The Sullivan Group's third quarterly Lecture Series will feature "Worker's Compensation: Everything You Ever Needed to Know." The discussion will take place April 17 at the Coastal Georgia Center on Fahm Street from 9 a.m. until 11 a.m. The event is free and open to the public. HR Tips discussed at each presentation take on timely issues facing the world of employment and employee relations. For more information, or to RSVP for the event, please call Eileen Nuzzo, 961-8882.

## Savannah Business luncheon slated

The 2008 Savannah Business Champions Annual Awards Luncheon is scheduled for noon, April 29 at the Riverfront Marriott. Guest Speaker is SCMPD Chief Michael Berkow presenting "Savannah through the Eyes of the Top Cop."

Awards will be presented for Small Business Champion, New and Emerging Small Business and Small Business of the Year. Tickets, tables and sponsorships are available. RSVP and Award Forms are available on the SBC Web site. [www.smallbusinesschamber.org](http://www.smallbusinesschamber.org).

## Help raise money for Olympians

The Savannah Biathlon begins at 8 a.m., Saturday to raise money for Olympic hopefuls to travel and compete in the Olympic Trials while encouraging everyone to work out and have fun. This swim/run event is for all ages. Contact Kerri Goodrich, Performance Initiatives, Inc. at 507-7106 or register at [www.active.com](http://www.active.com) under Savannah Biathlon.

## Savannah tennis events scheduled

There will be a series of fund raising tennis events held at Chatham County clubs to benefit the Savannah Ronald McDonald House between April and September 2008. For sponsorship or participation information, contact Kathy Feron at 598-5354 or Jeff Chandley at 598-2570.

## Hike the Appalachian

Join MWR for a sight-seeing opportunity that begins in Northern Georgia on April 11-14. The Appalachian trail is a continuous marked footpath that goes from Katahdin, Maine to Springer Mountain, Ga. We will spend the night on the trail. Space is limited, so sign up today! Registration ends April 4. Participants must provide their own equipment and food. For more information, call 767-4316.

## Help raise money for Sheriff's Boy's Ranch

Georgia Sheriff's Boy's Ranch will hold a poker run April 27 with a rain date of May 4 to help raise funds for the ranch. Sign up deadline is 8 a.m., as the first bike run leaves 9 a.m., then continue at 11 a.m. and 2 p.m. T-shirts are available for \$12. There will be door prizes and drawings. Lunch will be provided.

For more information, please call Major John Wilcher at 652-7609; Gretchen Derrberry at 652-7632 or Roger Martin at 652-7799. More information is available online at [www.chathamsheriff.org](http://www.chathamsheriff.org).

"The Moving Wall" is the half-size replica of the Washington, D.C. Vietnam Veterans Memorial and has been touring the country for more than 20 years. When Vietnam veteran John Devitt attended the 1982 dedication in Washington, he felt the positive power of "The Wall." He vowed to share that experience with those who did not have the opportunity to go to Washington. The Moving Wall went on display for the first time in Tyler, Texas in October of 1984. Currently two exhibits of The Moving Wall are now traveling the country from April through November, spending about a week at each site. During The Moving Wall's five-day visit, volunteers and in-kind sponsors will be needed to provide a variety of services and products. Donations are being sought to fund this important endeavor. Additionally, many volunteers will be needed to at The Moving Wall to:

- Help make visits more personal, meaningful, and comfortable
- Provide comfort and emotional support to visitors

- Help visitors find names on The Moving Wall using the directories or computer
- Make name rubbings or help visitors make name rubbings
- Answer questions about The Moving Wall, the Wall in D.C., or other scheduled events
- Help maintain a quiet, solemn, mood near The Moving Wall
- Help keep the area clean

The Moving Wall is being brought to Richmond Hill through the hard work and dedication of American Legion Post 27, the City of Richmond Hill, the Richmond Hill-Bryan County Chamber of Commerce, Richmond Hill Family Counseling Center, and local volunteers serving on The Moving Wall committee. Please join us March 11 in the Richmond Hill City Council Chambers at 2 p.m. for our next meeting. The Moving Wall committee is accepting tax-exempt donations, volunteers, committee members, and sponsorships. For volunteer information please contact Karla Hillen at 756-7505.



# Movie reviewed: No Country for Old Men

Commentary by:

Sasha McBrayer

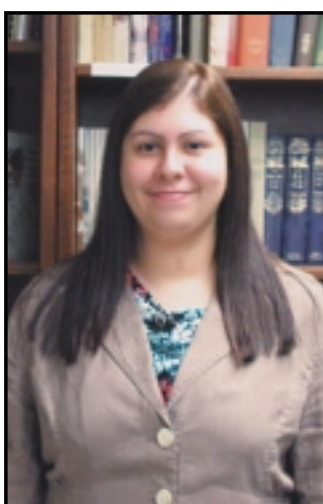
Fort Stewart Museum

The Coen Brothers have become renowned for, "Combining thoughtful eccentricity, wry humor, arch irony, and often brutal violence," states [www.coenbrothers.net](http://www.coenbrothers.net). Furthermore, their films "have become synonymous with a style of film making that pays tribute to classic American movie genres -- especially film noir -- while sustaining a firmly postmodern feel." Among their odd, but resonating masterpieces are: "Blood Simple", "Raising Arizona", "Barton Fink", "Fargo", "The Big Lebowski", "O Brother, Where Art Thou", "The Man Who Wasn't There", and their latest addition, "No Country for Old Men".

"No Country" took away four Academy Awards this year for Best Picture, Best Director, Best Adapted Screenplay, and Best

Supporting Actor for Javier Bardem. The extraordinary film is now available to rent. While the picture does seem to take a while to fully take off after an opening that it is a unique swirl of the calm, drawling narration of Tommy Lee Jones juxtaposed with a stunning act of violence, one doesn't have to watch long before recognizing why "No Country" is the Best Picture of the year.

The modern Western follows three main characters. Javier Bardem is the antagonist to rule all antagonists. He plays Anton Chigurh, a professional hit man, likely Mexican (though Bardem hails from Spain), with no moral compass, but a strange drive to always keep his word. Chigurh, which to me sounds comically like



the word "chigger," and which the protagonist pronounces as "sugar," chases relentlessly after a bag of money from a drug deal gone horribly wrong. His weapon of choice is as unusual and sinister as he is. It's called a Captive Bolt Pistol and it looks a bit like a large steel bicycle air pump. It uses compressed air to kill.

Our protagonist comes in the form of Llewelyn Moss (another funny one to me because it sounds like Lou Ellen, a woman's name).

Moss is played flawlessly by Josh Brolin (son of actor James Brolin, husband of Diane Lane, one time star of "The Goonies" and a noteworthy actor from "American Gangster"). Moss is former mili-

tary and a simple but intelligent country man who stumbles across Chigurh's bag of money before the hit man can get to it. Llewelyn is more of an enigma for me than Chigurh. He has a conscience, as a hero, or even anti-hero needs, but he foolishly believes he can escape Chigurh's terminator like pursuit.

Oddly, there is a second hero in this film. Tommy Lee Jones becomes the film soul as he portrays a Texas sheriff always a couple steps behind the cat and mouse of Anton and Llewelyn. His character is the Westernized, masculine version of Fargo's lady cop Marge Gunderson, but it is also so much more. His every line becomes poetry. He is the old man who can find no country to escape to amidst the modern world of senseless violence.

"No Country for Old Men" is a violent thriller with moments of brilliance and keen cinematography. It is nearly a perfect film and one that needs to be seen, controversial ending and all.

# Army Community Service



**W**elcome to the Army Community Service Family Page. Our mission is to provide services to support readiness of Soldiers, their Families, and communities to promote self-reliance, resiliency, and stability.

We offer training classes, support groups, and Family advocacy programs. Services are offered to Active, Retired, Reserve, and National Guard Soldiers and their Family members, regardless of branch of service.

Department of Defense civilian employees are also eligible for most services, as are their Family members.

ACS is a member of the Morale, Welfare and Recreation Family, proudly serving America's Military. For information or to register for programs, call 767-5058 at Stewart or 315-6816 at Hunter.

## Learn active parenting

Parents of children ages 5-12 can learn new parenting skills to help make their lives a little easier by signing up for the next Active Parenting class. The workshop runs for three consecutive weeks beginning today at Hunter, and April 8 at Fort Stewart. To register or for more information, call 767-5058 (Stewart) or 315-6816 (Hunter).

## Time out is not just for children

Every relationship has conflicts, but you can learn new skills for resolving them at the Couples Communication class offered by experienced educators from the Family Advocacy Program. The workshop runs for four consecutive weeks beginning today at Hunter, and April 7 at Fort Stewart. Call 767-5058 (Stewart) or 315-6816 (Hunter) to register.

## Take a sexual assault awareness class

April is Sexual Assault Awareness Month, and women are invited to take a class in self-defense awareness. The Saturday morning classes will be held at Club Stewart, April 12, and at Hunter Tominac Fitness Center, April 26. To register, call 767-5058 (Stewart) or 315-6816 (Hunter).

## Take back the night

An international event that has inspired marches and rallies by men and women all around the world since 1976, Take Back The Night is a way to speak out against sexual assault and raise community awareness as a preventive measure against future violence. The event kicks off at 5:30 p.m., April 10, at the Southern Oaks Community Center with a 1.5 mile walk, followed by a gathering at the center at the conclusion of the walk. For more information, call 767-5058.

## Celebrate Family Fun Day

April is Child Abuse Prevention Month, and community members are invited to a Family Fun Day to celebrate. At Stewart, the event will be on April 8 at 11 a.m. at the Southern Oaks Community Center. At Hunter, the Family Fun Day will be April 11 at 11 a.m. at the New Gannem Community Center. For more information, call 767-5058 (Stewart) or 315-6816 (Hunter).

## Before you buy

A car buying workshop will be held at ACS-Stewart at 6 p.m., April 15. This class offers a free Car Fax report and teaches you how to pre-qualify for loans, determine how much you can afford and much more. Call 767-5058 to register.

## Learn about autism

In recognition of Autism Awareness Month, representatives from Coastal Harbor Treatment Center in Savannah and Laurel Heights Treatment Center in Atlanta will conduct a workshop on Autism Spectrum Disorder, April 17 at Club Stewart from 10 a.m. to 2 p.m. Free and open to the public, this workshop is presented by the Exceptional Family Member Program. Please call 767-5058 for more information.

## Bowl with EFMP

A fun night of bowling for Family members enrolled in the Exceptional Family Member Program will be April 7 at Marne Lanes beginning at 6 p.m. This is a great opportunity to socialize with other Army Families and enjoy an evening of active bowling

with your Family and the EFMP staff. Please call ACS at 767-5058 to sign-up.

## Debt-free workshop offered

Life Without Debt, an educational workshop offered by your Financial Readiness Program will be held at ACS-Stewart at 3:30 p.m., April 8. Learn how it is possible to be free from debt by taking steps to manage your money more effectively. To register, call 767-5058.

## Support Groups Something for Everyone



Army Community Service offers many opportunities to meet other Army Families for support and friendship. For information, call 767-5058 at Fort Stewart or 315-6816 at Hunter Army Airfield.

### Chill and Chat

To discuss deployment or any other concerns each Monday at 9 a.m. at the PX Food Court, hosted by the Military and Family Life Consultants. Playland is open for the children.

### Grandparents and Caregivers Support Group

For those who are taking care of children while their parent is deployed, each Monday at 9 a.m. at the PX Food Court.

### Boot the Baby Blues

For mothers with new babies to discuss post-partum blues and parenting concerns, each Tuesday at 10 a.m. at the Southern Oaks Community Center. Hosted by the New Parent Support Program.

### Hearts Apart

Support and friendship while your loved one is away, held 11 a.m., Wednesday in the Relocation

Office, building 443 at Leisure Activities and at Hunter, on the second Tuesday of each month at the Army Community Service, building 1279.

### Grupo Hispanico Del Café

Hispanic coffee group for spouses who are new to the area, monthly on the first Thursday at 1 p.m. in building 443, Leisure Activities. Children are welcome.

### Deutscher Kaffee Klatch

German coffee group for spouses who are new to the area, held monthly every second Thursday at 1 p.m. at building 443, Leisure Activities in the relocation office. Children are welcome.

### It's An Exceptional Life

For Families enrolled in the Exceptional Family Member Program, held 6 p.m., monthly on the third Thursday at Southern Oaks Community Center. Various presentation topics offered each month.

# MWR Briefs

## Join toddler time at Cypress Sam's

Come join us at "play day" from 10 a.m. to noon every Wednesday, Thursday, and Friday before the facility opens for regular business. The play day allows our little customers the chance to enjoy Cypress Sam's Treehouse before it gets too crowded. Open to children ages 0 to 5 but remember, a parent must accompany children. Admission is \$1. For more information, call 767-4273.

## Join women's bowling tournament

A women's bowling tournament is scheduled Saturday and Sunday at Marne Lanes. Sign up now and reserve a spot in the tournament. For more information, call 767-4866.

## Fiesta Brunch, kids cooking class slated

Come join us for a delicious Fiesta Brunch from 10:30 a.m. to 1:30 p.m., Sunday at Club Stewart and April 13 at Hunter Club. The menu features a fajita bar with chicken and beef, tomato, lettuce, guacamole, shredded cheese, salsa, sour cream, flour and corn tortillas, chicken enchiladas, Mexican Station, sopapillas, egg flan, breakfast items, and a Margarita and Mexican beer station.

The cost is \$11.95 per person, children 5-10 half price, under 5 eat free. Get \$1 off each meal with a church bulletin. For more information, call 368-2212 at Fort Stewart and 353-7923 at Hunter. A Fiesta Kids cooking class will also be held. Come out and make your favorite fiesta treat and craft. The class will be held at Club Stewart at 3 to 5 p.m., Sunday at Club Stewart and April 13 at Hunter Reservations are required due to limited space. For more information, call 368-2212 at Stewart and 353-7923 at Hunter.

## Super fun show slated

Join School Age Services for a fun-filled show. The show will include music, puppetry, and storytelling performed by a pied piper.

The performance uses a humorous approach to educate children. The show will be held at 9:30 a.m. and 3:30 p.m., Friday at School Age Services auditorium. For more information, call 767-3202.

## Join 3-on-3 tournament at youth gym

Jordan Youth Gym will hold a three-on-three basketball tournament from 10 a.m. to 2 p.m., April 9. The Drug Abuse Resistance Education program will also be held during the tournament in conjunction with ACS for Child Abuse Prevention Month. Awards will be given away to winning teams. Open to ages 11-17. For more information, call 767-1428.

## Get water-aerobics fit

Water aerobics class hours have extended. In addition to classes Tuesday and Thursday mornings at 9:30 to 10:30 a.m., water aerobics is now offered 5:30 to 6:30 p.m., Thursday evenings at Newman Pool.

## Sand Gnats baseball game slated

Come watch our community minor-league team, the Savannah Sand Gnats. The trip will be by charter bus and will depart Fort Stewart at 4 p.m. and Hunter Army Airfield at 5 p.m., April 12. The cost is \$20 per person and includes a park ticket, one hotdog, one coke and your name entered in a drawing to throw the opening pitch. The game will begin at 7 p.m. For more information, call Leisure Activities at 767-2841 at Stewart and 315-3674 at Hunter.

## Free golf clinic at Taylors Creek

Come learn the basics of golf, including the simple rules and course etiquette at no cost. The clinic will be held at 11 a.m. for beginners and at noon for novice golfers, April 5. Call to register by April 4. 767-2370.

## Teens prep for employment

Children in grades 6 and 7 are invited to come learn what the work force is really like. Activities will include grooming, work force prep, career exploration, a wildlife presentation, and a Family lunch. The event will be held at the Hunter Youth Center from 1 to 4 p.m., April 7-10. For more information, call 315-5708.

## Watch UFC at Rocky's

Come watch the Ultimate Fighting Championship fights at Rocky's at 10 p.m., April 19. Franklin vs. Lutter, Bisping vs. McCarthy, and Serra vs. St-Pierre will be showing. Open to

DoD cardholders. For more information, call 767-8715.

## Enjoy spring break at Hunter library

Come join the Hunter Army Airfield Library for spring stories and learn how to make a kite to take home during National Kite Month. Free hotdogs, drinks and snacks will be offered. The event will be held from 4:30 to 6 p.m., April 9. For more information, call 315-2403.

## Take a cruise

The Savannah River Boat is extending a free peanut butter and jelly lunch cruise for children of deployed Soldiers at noon, April 10. The cruise will feature Magic Mark for fun and entertainment. Please call 767-8609 for reservations. Reserve your spot today!

## Join youth racquetball tournament

Children ages 11-17 are invited to come participate in a racquetball tournament at Jordan Youth Gym. The event will be held at noon, April 7. Registration is required. Please call 767-1428 to register or get more information.

## Jump rope, prevent child abuse

Children ages 11-17 are invited to compete in the Jump Rope for Child Abuse competition. The event will be held at 11 a.m. on April 11 at Jordan Youth Gym. Participants will compete in different jump roping activities to win prizes.

There will be educational information on preventing child abuse in the lobby. For more information, or to register, call 767-1428.

## Camp Rockfish comes to Family Night

The Operation Purple Camp Rockfish will be at the Youth Center Family Night Program from 5:30 to 9 p.m., April 10. The program will display program information on their multi-dimensional summer program, which is free to children of deployed Soldiers that are registered through HYPERLINK "<http://www.operationpurple.org>" [www.operationpurple.org](http://www.operationpurple.org). Limited transportation from Stewart-Hunter will be available to Camp Rockfish for the June 1-7 and June 7-13 camp weeks. Come have fun at Family Night and get information about this exciting camp. For more information, call 767-6533.

## Pets of the Week



Tag-a-long the kitten and Easter, the pup are some of the many homeless pets at the Fort Stewart animal shelter. The shelter has pets of all kinds, sizes, and breeds in their care. If you are interested in adopting, call the Fort Stewart Veterinary Clinic at 767-2842.



## AAFES PRESENTS

APRIL 3 THROUGH APRIL 9



### Fools Gold

Today — 7 p.m.

(Kate Hudson, Matthew McConaughey)

Ben Finn Finnegan, a good-natured, surf bum-turned-treasure hunter is obsessed with finding the legendary 18th century Queen's Dowry, 40 chests of exotic treasure that was lost at sea in 1715.

In his quest, Finn has sunk everything he has, including his marriage to Tess Finnegan and his more-rusty-than-trusty salvage boat. Just as Tess has begun to rebuild her life, working aboard a mega-yacht owned by billionaire Nigel Honeycutt, Finn discovers a vital clue to the treasure's whereabouts. Certain that his luck will change with the newfound information, Finn maneuvers himself aboard Nigel's yacht and, using his good-natured charm, convinces the tycoon and his BlackBerry-wielding, celebuntante daughter, Gemma, to join him in the pursuit of the Spanish treasure. *Rated PG-13 (action violence, sexual material, nudity, language) 142 min*

### The Spiderwick Chronicles

Friday, Saturday — 7 p.m.

(Sarah Bolger, Freddie Highmore)

A fantasy adventure for the child in all of us. Peculiar things start to happen the moment the Grace family leave New York and move into the secluded old house owned by their great, great uncle Arthur Spiderwick. Unable to explain the strange disappearances and accidents that seem to be happening on a daily basis, the family blames Jared. When he, Simon and Mallory investigate what's really going on, they uncover the fantastic truth of the Spiderwick estate and of the creatures that inhabit it. *Rated PG (scary creature action, violence, peril, thematic elements) 97 min*

### Vantage Point

Sunday — 7 p.m.

(Dennis Quaid, Matthew Fox)

When the President is shot moments after his arrival in Spain, chaos ensues and disparate lives collide in the hunt for the assassin. In the crowd is Howard Lewis, an American tourist who thinks he's captured the shooter on his camcorder while videotaping the event for his kids back home. Also there is American TV news producer Rex Brooks, relaying the historic event to millions of TV viewers across the globe. As they and others reveal their stories, the pieces of the puzzle will fall into place - and it will become apparent that shocking motivations lurk just beneath the surface. *Rated PG13 (intense violence & action, disturbing images, strong language.) 105 min*



Films are subject to availability. AAFES strives to show films according to the published schedule but reserves the right to reschedule, cancel, or substitute showings as needed. For more information, call 767-3069.

## Community Showcase

April 16, 1 to 6 p.m

Club Stewart

Come fill up your summer calendar, and learn about ways you and your Soldier can spend quality time together enjoying area events and happenings! Still waiting for your Soldier to come home?

This is your opportunity to find out about upcoming community events, cultural activities, arts and entertainment, outdoor recreation trips, and adventures throughout the Summer!

All registered guests are eligible for door prizes.

# Three long-time friends, co-workers retire

**Bruce Muncher**  
Frontline contributor

On March 31, three dedicated employees of Fort Stewart Directorate of Information Management began the next phase of their life, retirement. They have each dedicated numerous years to the Department for Defense and will take with them a total of 107 years of knowledge, expertise



Bruce Muncher

**Three outstanding DOIM employees, Johnny Griner, Donna Dixon and Connie Kidd joined the ranks of the retired March 31.**

and memories.

Connie Kidd retired with 40 years and 11 months of service. She began her lengthy government career in May 1967 as a GS-2 flight records coding clerk with the Army Aviation Flight School. After three days in Flight Records, Kidd volunteered to become secretary to the flight school registrar, where she worked until the aviation school closed in 1972. She was assigned to OSD Test 2 until 1973 when she became secretary for the Hunter Army Airfield Aviation Division Chief. Kidd dedicated many years of her career working for the Aviation Division in various jobs, from secretary to administrative assistant to management assistant. In 2002, she made the transition from Hunter Army Airfield to Fort Stewart as secretary for the DOIM. After a short period of time during which she worked as secretary to the Fort Stewart garrison commander, she retires from the DOIM as a Management Analyst.

Born in Millen, Ga. her family moved to Reidsville, Ga. when she was in grade school. Married to her high school sweetheart for 42 years, they now reside in Offerman, Ga. so they can be closer to their two children and four grand children. When asked why she had worked for so many years, Kidd said she enjoyed supporting the military and having the opportunity to work with and for so many wonderful people. She will greatly miss the wonderful DOIM Family. When asked what her plans were for retirement, Kidd said "My husband and I want to do some traveling and fishing, and I want to catch up on all of the things I have put off for all of these years."

Johnny Griner will retire with 40 years and six months of service. He began his long government career in the fall of 1967 as a WG-5 telephone installer helper on Fort Stewart. With strong work ethic, Griner worked his way up through the ranks and was promoted to a cryptographic equipment operator and then a wire cable splicer. In 1983, he was transferred to Fort Campbell, Ky. to work for the U.S. Army Communications Command as a cable splicer.

This transfer was short in length and in 1984 he transferred back south to Hunter as a communications equipment operator. Then in 1985, he made his final transfer back to Fort Stewart as a communication's specialist, the

position he still works. Even though the locations and commands may have changed, the field of work was always communications. Griner, therefore, states he has always worked for the DOIM. When asked what his most memorable job was, Griner said, "Telephone installer; this is what started my career."

Donna Dixon will retire with 25 years and six months of service. She began her government career in 1975 at Fort Stewart as a summer hire GS-01 Clerk Typist working for the adjutant general office at the Welcome Center. Dixon said 1975 was the year that the 24th Infantry Division was activated at Fort Stewart and the build up on the installation began. She worked in a building with no air conditioning but with large fans and she said kiddingly that they had to anchor all of the paper work down on the desks. Dixon started working for the DOIM in 1998 as a Budget Analyst and retires as a Management Analyst. Prior to coming to work for the DOIM, she had worked for the Directorate of Logistics, Directorate of Public Works and the Resource Management Office but also had a seven year break in service.

When asked what her most memorable government job was, Dixon said it had to be the summer hire job that started the foundation for her long outstanding government career. Born in Ridgeland, S.C. and raised in Ludowici, Ga., she makes her home in Hinesville with her husband.

"I am truly blessed to have a loving husband and family who have supported me unconditionally in my career decisions," Dixon said.

"Despite the long hours away from home and the grumpy state I might be in when I got home, they were always there for me. I would like to express my most sincere gratitude to all of the wonderful people who made my life easier during the years I have been on Fort Stewart. I have enjoyed this journey but look forward to this next stage of my life with excitement and great expectation."

The three employees wished a fond farewell and good luck at a retirement celebration at Club Stewart, March 28.

Numerous DOIM and Fort Stewart employees, family and friends were in attendance to wish the three the very best in the next phase of their life. They will all be greatly missed.

## Teacher recruitment open house announced

Special to the Frontline

Want to be a teacher but not sure how to get certified? If you have a college degree, it is possible that you could be teaching this fall.

To find out how, come to the Fort Stewart Army Education Center's Military Teacher Recruitment night 6 p.m., April 21. All military, family members and retirees who are interested in becoming public school teachers are invited to attend the event.

Studies have proven that military veterans make great teachers. They bring a wealth of life experience to the classroom that adds a great deal to the learning experience. More importantly they are truly making a difference in lives of children. Since the program began in 1994, over 655 veter-

ans in the state have used the Georgia Troops to Teachers program to assist them in becoming public school teachers. Over 50 Troops to Teachers, teacher candidates have been hired in the school systems in the immediate Stewart area.

The Sgt. 1st Class Paul R. Smith Education Center, The Georgia Troops to Teachers Program ([www.tttga.net](http://www.tttga.net)), The Georgia Spouse to Teachers Program ([www.sttga.net](http://www.sttga.net)), the Savannah / Chatham Board of Education and the Liberty County Board of Education have combined efforts to sponsor the open house. It is designed to help qualified active duty, National Guard and reserve military members and their family's transition to new careers as teachers in Georgia's public schools.

Georgia employs over 110,000 public

school teachers and hires more than 10,000 new teachers each year. There are critical shortages for teachers who teach special education, math, science and foreign languages. As a result the Georgia Professional Standards Commission has developed a unique alternative certification programs to help attract and train qualified individuals that want to become public school teachers.

The Georgia Teacher Alternative Preparation Program is the state's alternative teacher certification program. It allows eligible individuals to teach and earn a paycheck while completing requirements for full teacher certification. Ramon Ray from the Savannah / Chatham School System will attend the Military Teachers Recruitment Night and explain this program to those seeking employment via the GaTAPP

Program.

Bill Kirkland, program manager for the Georgia Troops to Teachers Program and the Georgia Spouse to Teachers Program will explain how these programs can help eligible active duty, Guard and Reserve military members and their spouse's become teachers. Eligible Troops to Teachers candidates may receive bonuses as much as \$10,000 for teaching in Stewart area schools.

The meeting will be held 6 p.m., April 21 in the auditorium, located at the Sgt. 1st Class Paul R. Smith Army Education Center, 100 Knowledge Drive.

Bring a resume and copies of your college transcripts.

For additional information contact Bill Kirkland, 1-800-745-0709 or 404-232-2608/2622.

**WINN** from Page 3B

### Come to Patient, Family Care meeting

Interested in becoming a patient advisor? Help us help you by joining the Patient and Family Centered Care Advisory Council meeting at Winn Army Community Hospital or Tuttle Army Health Clinic. Winn's meeting is scheduled for 11 a.m., April 14 at Winn's Patriot Auditorium.

For more information, call 435-6225 or e-mail [Linda.king2@amedd.army.mil](mailto:Linda.king2@amedd.army.mil).

Tuttle's meeting is scheduled for 1 p.m., April 16 at Aviation Brigade classroom, building 1525. Questions call 315-5731 or e-mail [Brandon.yarber@amedd.army.mil](mailto:Brandon.yarber@amedd.army.mil). PFCC standards include patients and Families in all aspects of the planning and delivery of healthcare services.

### Warriors in Transition to discuss concerns

A Physical Evaluation Board Liaison Officer forum for Warriors in Transition will be held every Wednesday from 2 to 3 p.m. at 852 Harmon Ave., building 202, Fort Stewart (PAD Conference Room). Warriors in Transition can come to discuss any issues, questions, or concerns with their MEB/PEB.

Questions, call Fran Carver at 435-6890.

### Log on to Behavioral Health Web site

The Army has a great Behavioral Health Web site. The link is [www.behavioralhealth.army.mil](http://www.behavioralhealth.army.mil).

This link is designed to be a central source of behavioral health information and relevant links for Soldiers, Family members, providers, and the public.

### Call new mental health hotline

Soldiers who have been reluctant to seek help for mental health problems may call a new automated phone-in assessment program. The hotline is the latest effort to reach out to Soldiers and Family members who might not otherwise seek help for post-traumatic stress or other psychological issues. The toll-free number for the Telephone Self-Assessment is (877) 877-3647.

### ASAP sees retirees, Family

The Army Substance Abuse Program Counseling Center is offering prevention, education and treatment opportunities for military retirees and Family members (18 years and older).

Walk-in hours are 7:30 to 9:30 a.m., each Monday, Tuesday, Wednesday and Friday; 12:30 to 3 p.m., each Thursday. The center is located at 944 William H. Wilson Ave., building 620, Fort Stewart.

For more information, call 767-5265.

### I'm pregnant. Now what?

Prenatal care is available at both Winn Army Community Hospital at Fort Stewart and Tuttle Army Health Clinic at Hunter Army Airfield. Active duty Soldiers need a documented pregnancy from the laboratory. Civilian spouses may confirm pregnancy with a home test or by a hospital urine test.

Call 435-6633 to schedule an OB physical appointment at Winn or Tuttle. You can also make appointments in person.

### Get your prescriptions in the mail

The TRICARE mail-order pharmacy offers beneficiaries up to a 90-day supply of medication through the mail, for a co-pay of \$3 for generic and \$9 for name brand drugs on the formulary; non formulary drugs are \$22. You may order online at [www.express-scripts.com](http://www.express-scripts.com), by phone at 1-866-363-8667 or by fax at 1-877-895-1900.

## Youth Olympians enjoy special day at Fort Stewart

**Sgt. Tanya Polk**  
Editor

"I wanted to give back my support for the support that they gave to my daughter," said Private Erin Page, 110th Quartermaster Company, speaking of the efforts special education has provided her child.

Page, along with 20 of her comrades from the 110th QM, teamed up with more than 150 volunteers from Fort Stewart-Hunter Army Airfield to help make a memorable day for several disabled youth of Liberty and Long County.

It was a day of smiles, hugs and high fives as this year's Special Olympics was held at Fort Stewart's Quick Track, March 27. The athletes, ranged from ages six through 20, with participants from Diamond, Liberty, Taylors Creek, Waldo Pafford, Joseph Martin, Frank Long and Jordye Bacon elementary schools; Snelson Golden and Midway middle schools; Bradwell Institute, Coastal Academy, Liberty County High School and Long County schools.

Sixteen-year-old Vanessa Hamilton from Liberty County High School, 14-year-old Malik Ricks from Snelson

Golden Middle School, 15-year-old Chris Lewis from Midway Middle School, and 14-year-old Ryan Gordon from Lewis Frazier Middle School kicked off the games with a Flame Presentation. Hamilton, Ricks, and Lewis passed the torch as they each ran 100 meters around the track. Gordon, demonstrating equal opportunity, finished the last 100 meters proudly in his wheel chair as volunteers cheered him on.

Chap. (Col.) Ron Hill, installation chaplain, then accompanied Special Olympian Zachary Dykes as they recited the Special Olympic Oath which reads 'Let me win. But if I cannot win, let me be brave in the attempt.'

The athletes braved the track and field based events, to include an elementary and high school-level 50 meter run, 25-meter walk assisted walk, 25-meter wheel chair race, 10-meter assisted walk, tennis ball throw, softball throw and shot put.

First through fifth place ribbons were awarded to the winners.

Winter games are slated for December. To find out how you can help support, contact Mavis Crowell at 767-5058.



Sgt. Tanya Polk

**Above:** Sgt. 1st Class Silvester Bradford, Company A, Warrior's in Transition Battalion, assists Brock Bell, 13, from Midway Middle School, in the 25-meter wheelchair race at Fort Stewart's Spring Special Olympics, March 28.



**Right:** Eighteen-year-old Jeffrey Schend of Bradwell Institute hurls the shot put during the 2008 Spring Special Olympics at Fort Stewart's Quick Track, March 27.



Randy Murray

**Athletes from Liberty and Long County schools participate in the 50-meter run at the 2008 Spring Special Olympics as volunteers from Stewart-Hunter cheer them on, March 27.**

# Ohio Wesleyan finishes first in GEICO Collegiate

**Molly O'Hearon**  
MWR Publicity Specialist

Host team Ohio Wesleyan University finished first place with a final score of 899 in the GEICO-Ohio Wesleyan Collegiate Golf Tournament held March 14 and 15 at Hunter Golf Club.

The host team shot a final round of 302, giving the team a six stroke lead over second place team Creighton University.

Ferris State University, Saginaw Valley State, and Warner Southern College tied for third place with a score of 915.

Competitors in the tournament played a total of 54 holes, playing 36 holes the first day and 18 the second.

"The (Hunter Golf Club's) course is a great test for us, the layout and style of the golf course really challenged the players," said Jon Whithaus, coach and assistant athletic director for Ohio Wesleyan.

"The players (of Ohio Wesleyan) did a very good job of not being swayed after being behind for a couple of rounds. We just played our own way and

it ended up paying off in the end."

Eric Lilliboe of Ferris State University placed first by shooting par with a total score of 216. Eric Atsma and Jason Thrasher both fell close behind shooting two above par.

A College Amateur (College-Am) was held, March 13 with teams of four each paired with a number one player from one of the competing colleges.

The collegiate player played his ball separately and his score was added to the four-man team's total at the end of play.

John Stuko, the number one player from Creighton University and his four-man team finished first in the College-Am. The team consisted of Mike Hayes, Carlos Cueto, Hector Alejandro, and Anthony Greene. The team finished with a total score of 134.

Warner Southern University's number one player Micheal Kartrude and his team finished second with a score of 140.

The Hunter Golf Club is located on Hunter Army Airfield and is open every day from 7:30 a.m. to 7:30 p.m.



Molly O'Hearon

**Jason Thrasher takes a putt on the Hunter Golf Club golf course during the GEICO-Ohio Wesleyan University Collegiate Golf Tournament. Thrasher, the number one player for Bryant University, tied for second place.**

## Sign up for CYS sports

**Registration for youth T-ball, baseball, and girls' softball is currently underway and will end May 5 or when all slots are filled.**

**Sports programs are open to all Child and Youth Service members, both boys and girls for children meeting the age requirements.**

**The categories are T-ball for 4 to 6 year olds as of May 1; Baseball for 7 to 14 year olds as of Aug 1; and girls' softball, for ages 7 to 12, as of Jan 1. For more information, call 767-4371.**

**Register for the above sports at Fort Stewart CYS, building 443, Gulick Ave. next to Corkan Pool. Hours of operation are 8 a.m. to 5 p.m., Monday through Friday; 9 a.m. to 6 p.m., Wednesday.**

**For more information, call 767-2312. Sports registration is free to children of any parent currently deployed.**

**Volunteers are needed to coach teams. If interested, please contact CYS at 767-2312 or Youth Sports Office at 767-4371.**

## Bowlers help fight cancer



Courtesy photo

**Under the direction of Wanda Julien, Chemtall Relay for Life team hosted a successful fundraiser bowling tournament at Fort Stewart's Marne Lanes, March 22. The team and participants raised \$1,292 for American Cancer Society's fight against cancer.**

## Golf hours extended

Taylor's Creek Golf Course and Hunter Golf Club have extended the hours of operation. Both now close at 7:30 p.m. due to the daylight-saving time change, March 9, and in preparation for summer operations. For more information, call 767-2370 at Fort Stewart or 315-9115 at Hunter Army Airfield.

# Jake's Body Shop

## Protecting your baby while working out

**Jake Battle**  
DMWR Fitness Director

Even if you're pregnant, you can learn to exercise safely and feel great about being fit. Staying active during a pregnancy can give your body a boost and make it easier for you to get back in shape after your baby is born.

But exercising during a pregnancy does require extra caution and knowledge of what you can and can't do. Keep the following tips in mind as you exercise while pregnant, and enjoy a safe, pain-free workout.

### Coordination and balance

You will discover that while pregnant, you lose some of your sense of coordination and balance. Suddenly your center of gravity changes, and this can greatly affect your workout.

Avoid activities such as ice skating, tennis and some types of aerobics, which require a great deal of coordination. Try to modify all of your intense activities during the second and third trimesters.

### Eating for two

The number of calories you take in during your pregnancy must increase greatly. If you exercise, your body will

require even more calories.

Nutritional supplements can help you receive the nutrients your body needs. An important nutrient called folate can reduce the risk of neural tube defects in the fetus, especially if started before you get pregnant.

### What to avoid

Certain activities can be potentially harmful for the fetus. Sports such as basketball, soccer or karate, will put your pregnancy at risk.

A woman who is more than 20 weeks pregnant should be most concerned about trauma to the uterus. Trauma in this area can cause premature labor or even preterm delivery.

### Your position

It is best to avoid exercises which require you to lie down, such as sit-ups or lifting weight on a bench press machine.

This position can be potentially harmful to the fetus.

Talk to your healthcare professional. He or she can help you find the exercise program suited to your own needs and interests.

### Fit for you and your baby

1. Choose activities that require little coordination or balance.
2. Take folate in the first trimester to avoid neural tube defects.
3. Avoid exercises which could cause trauma to the uterus, such as basketball or karate.
4. Find activities that don't require you to lie down.



**Jake Battle**

# 2008 INSTALLATION SPORTS

## Hunter Intramural Volleyball Schedule

<b>April 7</b>	Riggers platoon vs. Lang's Smachers 224th MI vs. MEDDAC	6:30 p.m. 7:30 p.m.
<b>April 16</b>	Lang's Smachers vs. 224th MI Riggers platoon vs. MEDDAC	6:30 p.m. 7:30 p.m.
<b>April 17</b>	MEDDAC vs. Lang's Smachers Riggers platoon vs. 224th MI	6:30 p.m. 7:30 p.m.
<b>April 21</b>	Riggers platoon vs. Lang's Smachers 224th MI vs. MEDDAC	6:30 p.m. 7:30 p.m.
<b>April 22</b>	Lang's Smachers vs. 224th MI Riggers platoon vs. MEDDAC	6:30 p.m. 7:30 p.m.
<b>April 23</b>	Riggers platoon vs. 224th MI MEDDAC vs. Lang's Smachers	6:30 p.m. 7:30 p.m.
<b>April 24</b>	Riggers platoon vs. Lang's Smachers 224th MI vs. MEDDAC	6:30 p.m. 7:30 p.m.
<b>April 28</b>	Riggers platoon vs. MEDDAC Lang's Smachers vs. 224th MI	6:30 p.m. 7:30 p.m.
<b>April 29</b>	MEDDAC vs. Lang's Smachers Riggers platoon vs. 224th MI	6:30 p.m. 7:30 p.m.
<b>April 30</b>	224th MI vs. MEDDAC Riggers platoon vs. Lang's Smachers	6:30 p.m. 7:30 p.m.
<b>April 30</b>	224th MI vs. MEDDAC Riggers platoon vs. Lang's Smachers	6:30 p.m. 7:30 p.m.

**Schedule to update. For more information, contact Michael Hughes at 315-4160.**