

Sports

Troops make ten-mile team



Photos by Sgt. Tanya Polk

And they're off! Nine Soldiers take off at the start of the Fort Stewart/Hunter Army Airfield's Army 10-miler tryouts, held at Diamond Track, Saturday. The troops competed to represent the Stewart/Hunter team at Washington D.C.'s Army 10-miler this October.



Capt. Michael Trust, MEDDAC, refreshes himself during his ten laps around Stewart's one-mile track.



Time check! Sgt. 1st Class Couretta Sirmans paces herself as she is closely trailed by Trust, Sgt. 1st Class Kent Smith, Capt. Richard Stackpole, and 1st Lt. Alexis Davis.



Above: Nine down, one to go! Spc. Eric Hawes, 549th MPs confirms his last lap at the Army 10-miler tryouts. Hawes went on to take first place with a time of 1:07:44, earning himself a slot on the Stewart/Hunter 10-miler team.

Left: Second Lt. Michael Kendrick, 1/64 Armor, listens to motivational tunes as he rounds the track at the 10-miler tryouts.

Sgt. Tanya Polk
Editor

Nine Soldiers competed for their chance to run in the largest 10-mile race in America, Saturday. Running 10 laps around Fort Stewart's one-mile Diamond Track, these Soldiers hoped to earn a spot on the Fort Stewart/Hunter Army Airfield Team and attend this year's Army 10-miler.

The Army 10-miler is an annual tradition in support of Soldiers who run 10 miles through our nation's capital, starting and finishing at the Pentagon. This year's competition, slated for October, marks the Army 10-miler's 23rd year.

Maintaining the lead throughout the run, Spc. Eric Hawes, 549th Military Police Company, finished first with a time of 1:07:44.

As the head coach for the Fort Stewart Rocket's distance team, Hawes is no rookie as he gets his share of practice daily. "As soon as practice was over, I'd go run five to six miles," he

said.

"I've always wanted to do this," continued Hawes, "but in '05 we got deployed. I knew my time was coming."

For some, the 10-miler was a new experience.

"This is the first time I've done it," said Capt. Richard Stackpole, 1st Battalion 3rd Infantry Regiment, Brigade Troops Battalion. "My goal is to make Top 6, without killing myself."

Stackpole achieved his goal finishing fifth for the males with a time of 1:19:43.

For others, like Sgt. 1st Class Couretta Sirmans, battalion non-commissioned officer in charge with the 224th Military Intelligence Battalion, the 10-miler is a routine-run.

"I train for longer runs," said Sirmans. "I do it every day-every week."

Sirmans finished the run in second place- first for the females- with a time of 1:10:00, and earned her slot at the Army 10-miler for her ninth year.

All the runners who tried out made the team; however, 2nd Lt. Michael Kendrick, 1st Battalion, 64th Armor Regiment, will

be deployed and unable to attend. Kendrick, finished his 10 miles in 1:12:22.

Other winners included 1st Lt. Alexis Davis, 703rd Brigade Support Battalion, who finished second for the females with a time of 1:17:37, and Lt. Col. Kim A. Burdeshaw, Division Special Troops Battalion, finishing third for the females with a time of 2:06:37. In the male competition, Sgt. 1st Class Kent A. Smith, 188th Infantry Regiment, finished second with a time of 1:11:33, Capt. Michael Trust, MEDDAC, finished fourth with a time of 1:14:43, and Spc. Christopher Molina, Medical Support Company, finished sixth with a time of 1:31:22.

The troops will compete against 600-plus military and civilian teams for titles including the Commander's Cup, International Army Competition, and the USCAA Ten-Mile Championship in October.

For more information on registration, and the Army 10-miler, visit their Web site at www.armytenmiler.com. (Information on the Army 10-miler was compiled from the official Web site.)

Rockets race to success at State track meet

Child Youth Services
Special to the Frontline

Fort Stewart Youth Sports Rockets Track Club competed in the Georgia Recreation Parks Association State Meet held in Carrollton, Ga., May 11 - 12. The rockets landed with a total of 60 Medals. Ten-year-old Adonus Lee broke the 9 - 10 high jump record that had been set in 1999 by a former Rocket, Monture Campbell. Lee jumped 4-05.00, crashing the Campbell's State record of 4-04.00. The Rockets next competition is at the Georgia Games, Savannah State University, May 26. Winners are as follows.

- Jurnee Lee - 50M Dash (5th) 9.00sec, 4x100M Relay (5th) 1:16.90
- Nicole Wemyss - 400M Dash (3rd) 1:25.68, 800M Run (1st) 3:15.44, 4x400M Relay (2nd) 6:20.06
- Caitlyn Keaton - 800M (4th) 3:25.93, 4x100M Relay (5th) 1:16.90, 4x400M Relay (2nd) 6:20.06
- Abigail Everson - Standing Long Jump (3rd) 5-06.00, 4x100M Relay (5th) 1:16.90
- Samantha Stewart - 4x100M Relay (5th)

- 1:16.90, 4x400M Relay (2nd) 6:20.06
- Janae Spence - 4x400M Relay (2nd) 6:20.06
- Jazmene Jones - 4x400M Relay (3rd) 5:54.30
- Jordyn Lee - 4x400M Relay (3rd) 5:54.30
- Natalya Coleman - 400M Dash (2nd) 1:13.40, 800M (1st) 2:58.30, 4x400M Relay (3rd) 5:54.30
- Son'Taja Gordon - 1600M Run (3rd) 6:57.54, 4x400M Relay (3rd) 5:54.30, High Jump (1st) 3-07.00
- Knillah Waters - Shot Put (3rd) 17-08.00
- Ajah Lewis - 400M Run (4th) 1:08.53
- Asia Rankin - High Jump (1st) 3-09.00
- Courtney Bennett - Shot Put (1st) 26-07.00
- Kiera Miles - 1600M Run (6th) 7:32.00
- Deion Stewart - High Jump (4th) 3:08.00
- DeAnthony Wike - 4x100M Relay (2nd) 1:07.90
- Dillon Gooding - 4x100M Relay (2nd) 1:07.90
- Xavier Jones - 100M Dash (2nd) 15.44, 400M Dash (3rd) 1:22.30, 4x100M Relay (1:07.90 (2nd)
- Jameel Hodges - 200M Dash (3rd) 35.96,

- 4x100M Relay (2nd) 1:07.90
- Montaye Frazier - 800M Run (3rd) 3:12.43
- Isaac Coleman - 800M Run (6th) 3:28.95
- Carion Eaton - 50M Dash (6th) 7.45, 200M Dash (2nd) 29.81
- Adonus Lee - 400M Dash (2nd) 1:07.26, 800M Run (1st) 2:48.10, High Jump (1st) 4-05.00
- Christopher Guilfo - 800M Relay (1st) 2:33.80, 1600M Relay (1st) 5:33.34, 4x400M Relay (1st) 4:46.06, Long Jump (6th) 12-11.25
- Jamoris Hill - 800M Relay (2nd) 2:42.42, 1600M Relay (2nd) 5:46.12, 4x400M Relay (1st) 4:46.06
- Shadeed Reed - High Jump (1st) 4-01.00, 4x400M Relay (1st) 4:46.06
- Joshua Jackson - 4x400M Relay (1st)

- 4:46.06
- Jordan Waters - Standing Long Jump (1st) 7:01.50
- Anthony Holsendolph - 400M Run (3rd) 1:00.17, High Jump 4-10.00 (4th)
- Marsalis Jackson - 800M Run (1st) 2:20.13, Long Jump (1st) 17-11.75,
- Jamaal Anderson - 800M Run (3rd) 2:25.83, 1600M Run (2nd) 5:44.00
- Jamaal Gilbert - Shot Put (5th) 38-03.00.



Fort Stewart Rockets' state winners.

Sgt. Tanya Polk

Aerobic-thon packed with fitness, health programs

Pat Young
Frontline Staff

Newman Fitness Center was filled with the sounds of music, cheers, and rhythmic instructions as people stepped-up their fitness routines at the Fort Stewart and Hunter Airfield bi-annual Aerobic-thon 2007.

The event held by the Directorate of Morale, Welfare and Recreation was designed to pump up fitness, while providing additional activities for community members during a time of deployment.

Aerobic-thon 2007 provided ten power-packed cardio workouts that started at 9 a.m. and continued into the afternoon.

"Aerobics help people by increasing their overall endurance and muscular strength, while reducing stress," said Jake Battle, MWR Fitness Director.

LaShay Hamlin, whose husband is deployed with the 5th Squadron, 7th Cavalry Regiment agreed, "This event definitely encourages health and well being. It offers a lot of resources besides exercise."

Information booths were set up for attendees and a nurse

from Winn Army Community Hospital was on-hand to conduct blood pressure screening and provide health guidance.

"The only down fall is I didn't come to exercise because I had my daughter with me, and she won't let me get out there," said Hamlin who had her 15-month-old baby, Derrice.

Aerobic classes included the morning stretch, Pilates pump; caffeine-kick kickboxing; kicking-butts; hi-class kicking; in-the mix; Salsa Re-mix; stepping-up, ya'll; Man-up Stepping and Yoga for dummies.

Participants who enjoyed the event have the opportunity to continue the programs with DMWR's aerobics and pilates programs.

Two regular classes are held at 9 a.m. and 4:30 p.m., Monday through Friday and one at 9 a.m. on Saturday. The classes consist of steps, cardio, kick-boxing, body sculpting, and abs-training.

Instructor Bennie White leads a class in Pilates 6-7 p.m., Monday, Wednesday and Friday at Club Stewart.



Pat Young

Al Harris from Army Public Health Nursing and Preventive Medicine at Winn Army Community Hospital helps LaShay Hamlin at a health screening booth at the bi-annual Aerobic-thon 2007, May 19 at Newman Fitness Center.

2007 INTRAMURAL SPORTS

Marne SCHEDULE

135th QM Co. vs USAG MP Co. (B)	6:30 p.m.	May 29	MSC, STB vs USAG MP Co. (A)	6:30 p.m.	June 11
632nd Maint. Co. vs USAG MP Co. (A)	7:30 p.m.	May 29	USAG MP Co. (B) vs 632nd Maint. Co.	7:30 p.m.	June 11
549th MP Co. vs MSC, STB	8:30 p.m.	May 29	549th MP Co. vs 135th QM Co.	8:30 p.m.	June 11
USAG MP Co. (B) vs MSC, STB	6:30 p.m.	May 30	USAG MP Co. (B) vs 549th MP Co.	6:30 p.m.	June 13
549th MP Co. vs USAG MP Co. (A)	7:30 p.m.	May 30	USAG MP Co. vs 632nd Maint. Co.	7:30 p.m.	June 13
632nd Maint. Co. vs USAG MP Co. (B)	8:30 p.m.	May 30	MSC, STB vs 632nd Maint. Co.	8:30 p.m.	June 13
USAG MP Co. (B) vs USAG MP Co. (A)	6:30 p.m.	June 4	USAG MP Co. (B) vs MSC, STB	6:30 p.m.	June 18
549th MP Co. vs 632nd Maint. Co.	7:30 p.m.	June 4	USAG MP Co. (A) vs 549th MP Co.	7:30 p.m.	June 18
MSC, STB vs 135th QM Co.	8:30 p.m.	June 4	135th QM Co. vs 632nd Maint. Co.	8:30 p.m.	June 18
USAG MP Co. (A) vs 632nd Maint. Co.	6:30 p.m.	June 6	USAG MP Co. (B) vs USAG MP Co. (A)	6:30 p.m.	June 20
135th QM Co. vs USAG MP Co. (B)	7:30 p.m.	June 6	135th QM Co. vs MSC, STB	7:30 p.m.	June 20
MSC, STB vs 549th MP Co.	8:30 p.m.	June 6	632nd Maint. Co vs 549th MP Co.	8:30 p.m.	June 20

Rocky's SCHEDULE

HHC 4/64AR (A) vs E 4/64AR	6:30 p.m.	May 29	Aco 4/64AR (B) vs HHC 4/64AR(B)	6:30 p.m.	June 11
D 4/64AR vs HHC 4/64AR(B)	7:30 p.m.	May 29	E 703RD (A) vs E 703RD (B)	7:30 p.m.	June 11
Bco 4/64AR vs E 703RD (B)	8:30 p.m.	May 29	E 703RD (B) vs Aco 4/64AR(A)	6:30 p.m.	June 13
C co 4/64AR vs E 703RD (A)	6:30 p.m.	May 29	HHC 4/64AR(B) vs Aco 4/64AR(A)	7:30 p.m.	June 13
A co 4/64AR(A) vs Aco 4/64AR (B)	7:30 p.m.	May 29	E 4/64AR vs C co 4/64AR	8:30 p.m.	June 13
Aco 4/64AR (B) vs C co 4/64AR	6:30 p.m.	May 30	D 3/7Inf vs Bco 4/64AR	6:30 p.m.	June 13
E 703RD (A) vs Bco 4/64AR	7:30 p.m.	May 30	HHC 4/64AR (A) vs D 4/64AR.	7:30 p.m.	June 13
E 703RD (B) vs D 4/64AR	8:30 p.m.	May 30	C co 4/64AR vs D 4/64AR	6:30 p.m.	June 18
HHC 4/64AR(B) vs HHC 4/64AR (A)	6:30 p.m.	May 30	Aco 4/64AR(A) vs HHC 4/64AR (A)	7:30 p.m.	June 18
E 4/64AR vs D 3/7Inf	7:30 p.m.	May 30	Aco 4/64AR (B) vs D 3/7Inf	8:30 p.m.	June 18
D 4/64AR vs D 3/7Inf	6:30 p.m.	June 4	E 703RD (A) vs E 4/64AR	6:30 p.m.	June 18
Bco 4/64AR vs E 4/64AR	7:30 p.m.	June 4	E 703RD (B) vs HHC 4/64AR(B)	7:30 p.m.	June 18
C co 4/64AR vs HHC 4/64AR(B)	8:30 p.m.	June 4	HHC 4/64AR(B) vs E 703RD (A)	6:30 p.m.	June 20
Aco 4/64AR(A) vs E 703RD (B)	6:30 p.m.	June 4	E 4/64AR vs Aco 4/64AR (B)	7:30 p.m.	June 20
Aco 4/64AR (B) vs E 703RD (A)	7:30 p.m.	June 4	D 3/7Inf vs Aco 4/64AR(A)	8:30 p.m.	June 20
E 703RD (A) vs Aco 4/64AR(A)	6:30 p.m.	June 6	HHC 4/64AR (A) vs C co 4/64AR	6:30 p.m.	June 20
E 703RD (B) vs C co 4/64AR	7:30 p.m.	June 6	D 4/64AR vs Bco 4/64AR	7:30 p.m.	June 20
E 703RD (A) vs Aco 4/64AR(A)	6:30 p.m.	June 6	E 4/64AR vs E 703RD (B)	6:30 p.m.	June 21
E 4/64AR vs D 4/64AR	7:30 p.m.	June 6	D 3/7Inf vs E 703RD (A)	7:30 p.m.	June 21
D 3/7Inf vs HHC 4/64AR (A)	8:30 p.m.	June 6	HHC 4/64AR (A) vs Aco 4/64AR (B)	8:30 p.m.	June 21
Bco 4/64AR vs HHC 4/64AR (A)	6:30 p.m.	June 11	D 4/64AR vs Aco 4/64AR(A)	6:30 p.m.	June 21
C co 4/64AR vs HHC 4/64AR (A)	7:30 p.m.	June 11	Bco 4/64AR vs C co 4/64AR	7:30 p.m.	June 21
Aco 4/64AR(A) vs E 4/64AR	8:30 p.m.	June 11			

Softball Standings

Marne Conference

	Won	Lost	PCT
MSC, STB	6	0	1.000
632th Maint. Co.	5	1	0.833
549th MP Co.	3	3	0.500
USAG MPs (B)	2	4	0.333
USAG MPs (A)	1	3	0.250
135th QM Co.	0	4	0.000



Rocky's Conference

	Won	Lost	PCT
D 3/7Inf	1	0	1.000
HHC 4/64AR (A)	1	0	1.000
B co 4/64AR	1	0	1.000
C co 4/64AR	1	0	1.000
E 703RD (A)	1	0	1.000
A co 3/7Inf	1	0	1.000
D 4/64AR	0	1	0.000
A co 4/64AR(A)	0	1	0.000
A co 4/64AR (B)	0	1	0.000
E 703RD (B)	0	1	0.000
HHC 4/64AR (B)	0	1	0.000
E 4/64AR	0	1	0.000

Taylor's Creek adds spice to golf scramble

Patrick Young
Frontline Staff

Smoke from southeast Georgia cleared to make a beautiful day for golfing Friday, but the Garrison Commander's Golf Scramble had more than 85 people burning up the greens with competitive spirits at Taylor's Creek.

Providing a bit of its own smoke screen, the tournament added a couple extra challenges to this month's contest.



Photos by Pat Young

Capt. Alicia Daniels, A Co., USAG just misses a put as the ball, slips off the lip of the hole during the Garrison Commander's Golf Scramble, Friday.

Betsy Ott, the golf assistant at Taylor's Creek explained a couple of the new twists to the scramble. She said teams would play best ball, but the person who made that shot, would be out for the rest of the round. Best ball play would continue with the player who made the best shot being removed until the last man sank the ball. Then it would start again at the next hole.

Ott said the idea was to provide some variation to the golf scramble and spice up the tournament - providing a different format every once in a while.

This particular format also had all 18 holes as par-threes with a closest to pin award for each. In addition, hole-17 had two holes, with the teams going for the cup of their choice. One was regulation size, the other was the size of a small coffee can lid.

Some of the players remarked the changes limited their hitting time, but others said it added flavor to the game.

"I'm having a great time," said Randy Dutkiewicz, an employee at the Directorate of Emergency Services.

"It's nice to get out and enjoy the nice day with friends and co-workers," he said, but added with a grin, "But I would like to play the whole course though."

Twenty-three teams competed in the tournament with first place going to the 3rd Sustainment Brigade team with a score of 45. The winning team consisted of Staff Sgt. Terry Middleton, Staff Sgt. Len Carrette and Jay Blocker.

Taking a close second with a score of 46, the 549th Military Police team was represented by Sgt. 1st Class Greg Kleinholz, Sgt. 1st Class Bart Knoch, 1st Sgt. Willie Massey and Sgt. Curtis Jones.

Taking third place the Garrison team scored 47. The team members consisted of Paul Andreshak, deputy garrison commander for Fort Stewart and Hunter, Staff Sgt. John Johnston, Sgt. Dave Griffen and Travis Mobley.

The closest to pin winners for the first nine holes were 2nd Lt. Adam Kirschling, 6th Battalion, 8th Cavalry Regiment; Staff Sgt. Terry Middleton, Medical Hold Battalion; Travis Mobley from the Department of Human Resources; Sgt. 1st Class Greg Kleinholz, 549th MP Co.; Sgt. Casey Goff, Headquarters and Headquarters Company, 3rd Special Troops Battalion; Charles Sapp; Chief Warrant Officer Kelton Maynard 3rd Battalion, 3rd Aviation; Sgt. 1st Class Bart Knoch, 549th MP Co. and Mike

Passmore from the Directorate of Logistics.

The closest to pin winners from the back nine holes were Sgt. 1st Class Craig Webber, Mates; Dave Wyrick from the Directorate of Plans, Training, Mobilization and Security; Capt. Chris Field, 188th Infantry Brigade; Bert Abbot; Jay Blocker; Staff Sgt. Len Carrette, 3rd Sustainment Bde.; Sgt. Curtis Jones, 549th MP Co.; Staff Sgt. John Folker from Mates at hole-17 and Jesse Cons from DOL at the other cut at hole-17; and Wayne Lee, DES at hole-18.

Taylor's Creek also featured a side competition with a closest to pin on the putting green, where players were invited to chip over the sand trap. Capt. Greg Curry from 6/8 Cav. won that event, earning himself an ADU-Ping Golf bag.



Spc. Patrick Cross, HHC, 1/64 Armor chips a ball over a sand trap at Taylor's Creek Golf Course Friday.



CAB contributes to Military Appreciation Sand Gnats game

Nancy Gould

More than 50 Combat Aviation Brigade Family Members and veterans carried flags from their respective states onto the field of Grayson Stadium as part of the Military Appreciation Night Saturday.

The event featured a message on the center field scoreboard from Maj. Gen. Rick Lynch, 3rd Infantry Division's commanding general. Lynch thanked the packed stadium for the special night of honor and for the love and support given to Families of Soldiers while the 3rd Inf. Div. is in Iraq and Afghanistan fighting the Global War on Terror.

The stadium was filled with Soldiers, Family Members and civilians who watched the Savannah Sand Gnats play the Columbus Catfish. The Catfish beat the Sand Gnats 11 to 10.

Stewart rodeo rounds up bikes for safety

Pat Young
Frontline Staff

Children from around the Fort Stewart community corralled their bicycles at Brittin Elementary Saturday for a bicycle rodeo sponsored by the Directorate of Emergency Services, and Fort Stewart Housing Mayors.

The children were given an opportunity to learn bicycle safety and provided a chance to win one of two bicycles, bicycle helmets or other acces-

sories.

"These classes are important," said Becky Ponton, mayor of Southern Oaks. "This program is designed to teach children safety procedures like different hand signals. It also explains why it's important to wear a helmet."

Safety experts were on-hand to help register bicycles and provide quality training to children in a safe environment.

"They not only learn safety but enhance their skills of actually riding a bicycle," said detective Randal

Thompson, DES event coordinator.

The event started with bicycle registration. Thompson said registering bicycles was important because if the child's bike was lost or stolen, its status could be tracked better.

"I'm glad we're registering the bicycles," said Anstachius Howell who brought her two children Bryan, 8, and Marian, 6. "I was afraid their bicycles might one day be stolen."

After registration the children were given a class on bicycle safety, rules and regulations, and given a written test. Safety inspections were then done on each test, prior to giving the children hands-on experience with a riding course - a favorite at the event.

The course had several stages where children demonstrated use of hand signals, weaving in and out of cones, applying brakes, and maintaining balance.

McGruff the crime dog visited with the children. In addition, the facilitators gave away stickers, safety locks, bicycle helmets and even two bicycles donated by the AAFES.

The event provided a chance for the whole family to get out, enjoy some on-site refreshments, and share in an educational experience.

"Its kinda cool," said Kelly McKinnon, 16, who helped out at the event. "It encourages the children to ride safely, and brings the community together in a fun way."



Marian, 6, and Bryan Howell, 8, inspect their bicycles at the Fort Stewart Bicycle Rodeo Saturday at Brittin Elementary.



Photos by Pat Young

Master Sgt. Theodore Burnside, United States Army Garrison Fort Stewart, and his daughter Taylor, 8, inspect her bicycle's identification number for registration.

Hunter community walks to Iraq and back



Amy Lambert

Soldiers, Family, and community members helped kick off the "Walk to Iraq and Back" campaign May 19, at Hunter's Army Community Services. The walk will be an ongoing event to show support to deployed Soldiers. Community members are encouraged to participate. They can walk with a pet, Family or friends. Although the event has started, its not to late to sign up. For more information, call ACS at 655-7004.

Army beats Navy 16-6



Spc. Emily Wilsoncroft

Spc. Sarah Halik, STB, 3rd Inf. Div., smacks an inside-the-park homerun during an Army-Navy softball game in early May at Camp Victory. The Army team won the game, 16-6.