

Stewart/Hunter Lifestyle



Spc. Ricardo Branch

Five Star Iris, an Atlanta rock and roll band, entertains the crowd gathered at the MWR facility July 11 at Camp Ramadi, Iraq.

Five Star Iris entertains troops in Ramadi

Spc. Ricardo Branch
1st BCT Public Affairs

CAMP RAMADI, Iraq – Troops and civilians alike gathered in the Morale, Welfare and Recreation facility for a special concert July 11 at Camp Ramadi.

Five Star Iris, an Atlanta, Ga., rock and roll music band, made a special trip to Iraq as part of a four-day MWR concert for military servicemembers operating in the Middle East.

“This was our chance to show our support the best way we could,” said Alex Winfield, Five Star Iris lead singer. “This is our third military tour, and it’s our first time in Iraq. It’s been

an unforgettable experience.”

The band was approached by MWR officials during one of their performances in Texas.

“A few months ago, we were approached by an MWR promoter and asked if we’d go to Southwest Asia and of course we said yes,” Winfield said. “Then they asked if we’d be willing to go to Iraq. We said definitely.”

The current tour was something the members really wanted to do for the troops and themselves as Americans.

“Not many bands can say they’ve been in Iraq,” Winfield said. “The people here have been really welcoming and appreciative of us traveling here for them.”

Although it’s only three shows in Iraq, the band enjoys the time to travel across the country and see what the troops endure and what life’s like for the men and women of the armed forces.

“We all have a different takes about our experiences here,” said Dan Fishman, Five Star Iris drummer.

He said that everyone has a responsibility to each other as human beings to do what we can to help in any way they can.

“It’s a huge sacrifice,” Fishman said. “It’s not easy to come and serve here, so if we can do something to help out and break the monotony ... this was something we needed to do.”

Before traveling to entertain the troops, the band received e-mails about the trip.

“We’d have fans telling us that coming here was something we needed to do,” Winfield said. “They were telling us to make this concert a memorable one. We didn’t know what to expect coming here, so we were a bit nervous. This was one of our only concerts where you saw weapons in the crowd.”

The troops attending the show loved the chance to break away from their daily routines and enjoy a concert in a combat zone.

Pfc. Gary Murdock, Headquarters and Headquarters Company, 1st

Brigade Combat Team paralegal expressed his appreciation.

“This concert helped relieve some stress,” Murdock said. “It was a good concert. The band was enthusiastic about being here and created a very fun and uplifting environment for us. Iraq is a very stressful place and having events like this is a great way for servicemembers to have an outlet and escape the reality of what’s going on around them.”

When asked what they all thought of their time at Camp Ramadi, the band had one reply, “Awesome. The crowd was really enthusiastic, and appreciative of us. It’s always great to make new fans wherever we go.”

Chaplain Corps overcomes barriers, turn 232

Pat Young
Frontline Staff

Although the Chaplain Corps’ official birthday is July 27, the installation unit ministry team celebrated the Chaplain’s 232 years of service July 12 with a birthday party at Marne Lanes.



The Fort Stewart-Hunter Army Airfield installation unit ministry team celebrated the Chaplain Corps’ 232 Birthday July 12 at Marne Lanes.

Those in attendance had the opportunity to enjoy an afternoon of free food, drink, bowling and fellowship, and hear the legacy of one of the Army’s first chaplain’s assistants, Specialist Calvin Titus, 14th Infantry Regiment.

Specialist Thomas Miller, Installation Chaplain assistant, shared research regarding Titus, and told how the hero won the Medal of Honor during the

Aug. 14, 1904 Boxer Rebellion in China.

According to Miller and The United States Army Chaplain and School Web site at www.usachcs.army.mil, Titus, a young musician who played music for the Soldiers, and assisted the chaplain of the 14th Infantry’s regiment, stepped up to a difficult challenge during the Chinese Boxer Rebellion of 1900.

Insurgents had taken over the capital city, Peking, and laid siege to the western embassies.

Titus’s unit, E Co., 14th Infantry responded, but became pinned down against the wall by heavy rifle-fire.

“The only entrance through the wall was the Tung Pien Gate,” according to William J. Hourihan, Ph.D., and author of ‘Before the Chaplain Assistant’, who wrote about Titus. “The company commander called for a volunteer to scale the fortress wall with a rope. Titus stepped forward saying, ‘I’ll try, Sir.’ With the rope slung over his shoulder, Titus began climbing the wall under fire. Reaching the top he secured the rope and was followed up by men of Company E. After a brief skirmish they took the gate, opened it, and the allied infantry moved into the city.”

He helped bring order to the city, saving many lives. For his actions, Titus was recommended to receive the Congressional Medal of Honor.

Many years since Titus braved the wall, the roles of chaplains and chaplain’s assistants have grown and formalized.

“Chaplains provide genuine support,” said Spc. Adam Messenger, United States Army Garrison Hunter Army Airfield chaplain assistant. “Caring for

people isn’t just a job; it’s their way of life.”

The modern chaplain helps Soldiers, Family members, retirees and community members by nurturing the living, administering to the wounded and sick, and honoring the dead.

“We belong to an outstanding and unique institution with a long history of uncommon and remarkable support to Soldiers and Families, for well over 200 years. Many of our civilian counterparts do not understand or appreciate the unique nature of our callings, but bottom line, we are offering our collective special gifts of service during a critical time in history.”

In taking care of people, they encourage spiritual growth and fitness.

Hill said, spiritual fitness, a term often used here at Stewart-Hunter, was made more popular by the 3rd Infantry Division commander, Maj. Gen. Rick Lynch, and his quarterly Spiritual Fitness Luncheons. The concept of being spiritually fit can be strengthening with action.

Realizing the necessity for people to stay fit, Chaplain Hill encourages community members to find the service they need.

“Attending worship is an ideal way to maintain ones spiritual fitness,” said Col. Ronald Hill. Hill said with the great variety of worship services on and off the installation people could find that fellowship and extended a warm invitation to community members to find the worshiping service that meets their spiritual needs.”

For chaplains, if there is a barrier preventing Soldiers or Family members from reaching their goal, they will grab their spiritual rope, and help

scale the wall, or bowl it over.

To learn more about chaplains or service they provide, contact your unit ministry or the installation chapel at 767-8801.



Photos by Pat Young

Pfc. Nicholas Breeding, 224th MI, helped celebrate the Chaplain Corps’ birthday while working on his 190 bowling average, July 12 at Marne Lanes.

Hunter Chapel gets a youth ministry coordinator

Nancy Gould
Hunter Public Affairs

Charles Archer is new in youth ministry at Hunter Chapel, but his history of working with children is a long one. His ministry started as a senior at Windsor Forrester High School when he and a group of peers participated in a program visiting community schools and talking with young students about the dangers of drugs and alcohol and the risks of getting sexually transmitted diseases.

Archer continued to lead and encourage youth as a senior chaplain’s assistant during his 22 years in the Army and throughout the last five of his civilian years of volunteer service. Those five years included time spent with children in Pooler schools at the West Chatham YMCA and recently on its Board of Directors. In June, when Archer became the post’s Youth Ministry coordinator, his outreach shifted from children in the Pooler community where he now lives, to military children at Hunter Army Airfield.

“My goal is to support Families with kids and to reinforce Family values,” he said. His credentials to do that include parenting his own teenage daughter and grown son; a Bachelors of Art degree in psychology; and a master’s degree in School Guidance Counseling at Georgia Southern University that he is now completing. But besides academic training, Archer said his motivation to work with youth comes from his personal faith and from the skills he’s learned through years of experience in the Army chaplaincy.

“As a former chaplain assistant for 22 years, Charles knows what the command and the community expects of him,” said Lt. Col.

Wilbert Harrison, the Fort Stewart - Hunter Army Airfield deputy installation staff chaplain.

And Acher understands his mission — to bring youth of all denominations and faiths into the chapel’s program. He plans to do that with activities that offer fun, fellowship and a supportive peer group built upon ministry principles. He hopes children will form friendships among themselves that will carry to their schools and everyday lives. He encourages them to pursue the faith of their Family denomination, be it protestant, catholic or a faith outside the gates.

“If I can shape one child’s behavior,” he said, “that child can influence another five or six of his peers that I can’t reach.”

Archer hopes to reach them with “a shot of ethics” whenever they gather for activities such as bowling, or a trip to the movies or the beach, and to give them a foundation of morality, ethics and skill they can draw from.

“All children need help with the challenges and negative influences in life that come at them from all angles — be it television, their parents or their teachers,” he said.

He believes that as part of their adult support group, it is his responsibility to help them make the right choices.

Up until now, Pam Perez, Hunter Chapel’s Director of Religious Education has been the sole lead for youth support at Hunter Chapel. Archer plans to supplement her program with events that will bring youth into fellowship at the chapel. He welcomes ideas about new programs or activities that will support Hunter youth. Contact Archer at 315-5934 to discuss those ideas.



Nancy Gould

Charles Archer (back) supervises a game of relay with kindergartners during Vacation Bible School at Hunter Chapel. Besides his duties as the chapel’s new youth ministry coordinator, on occasion Archer works with younger children at programs such as VBS and on Sunday mornings during the protestant church services.

Pets of the Week



Cedric the kitten and Jenny the puppy are some of the many homeless pets at the Fort Stewart animal shelter. The shelter has pets of all kinds, sizes, and breeds in their care. If you are interested in adopting, call the Fort Stewart Veterinary Clinic at 767-2842.



MWR Briefs

Leave No Trace Workshop

Learn about environmental awareness 6 p.m. July 23 at Holbrook Outdoor Center. For more information, call 435-8205.

Before/After School Care Registration

Register your child for after school care. Registration begins July 23, at the Child and Youth Services. The fee is \$18 and monthly, fees are dependant on total income. For more information, call 767-2635.

Waiting Spouses Support Group available

The Waiting Spouses Support Group is for spouses whose Soldiers are deployed, in training or on an unaccompanied tour. Spouses will participate in activities such as arts and crafts and games.

The group meets every Wednesday at 11 a.m. at the Family Readiness Center. Child care is not provided but children are welcome. For more information, call 767-5058.

Join Play Morning

Join other military Families with children ages birth to four for this interactive play group, 10 -11:30 a.m. every Thursday at ACS.

Activities include songs, arts and crafts, free play and field trips throughout the community. For more information, call 315-6816.

Post Windshield Tour offered

ACS hosts a guided two-hour tour of Fort Stewart and Hinesville for those new to the area and interested in learning more about the installation and its surrounding community. The tour includes a short visit to Rocky's, Winn Army Community Hospital, and other on-post areas of interest including Army Community Service, Child and Youth Services, and the new housing complexes. Off - post points of interest include the YMCA, cable and power companies, and the Liberty County Recreation Department. For more information, call 767-5058.

Foreign Born Spouse Support Group

The Foreign Born Spouse Support Group is a great way to meet other foreign born spouses who are familiar with the area and with Army life and have the opportunity to network and participate in activities such as games and coffee club. Contact ACS at 767-5058/5059 for dates and times and to sign up.

Intramural Flag Football League Sign-up

Registration for the intramural flag football league is open, 7:30 am. to 4 p.m. with the sports office until Aug. 1. The event is open to active duty military, Family members who are 18 years and older, retired military and Department of the Army civilians. Games begin on Aug. 6. Companies and/or individuals who are interested in participating should contact Michael Hughes at 315-4160 at Hunter or Randy Walker at Fort Stewart at 767-8238.



AAFES PRESENTS

JULY 19 THROUGH JULY 25



Surf's up

Today — 7 p.m.
(Jeff Bridges, Shia LaBeouf)

Based on the groundbreaking revelation that surfing was actually invented by penguins. In the film, a documentary crew will take audiences behind the scenes and onto the waves during the most competitive, heartbreaking and dangerous display of surfing known to man, the Penguin World Surfing Championship.

Rated PG (language, rude humor) 90 min

Ocean's Thirteen

Friday, Saturday — 7 p.m.
Sunday — 7 p.m. Free Showing
(George Clooney, Al Pacino)

Danny Ocean and the gang would have only one reason to pull off their most ambitious and riskiest casino heist--to defend one of their own. Ruthless casino owner Willy Bank never imagined that the odds were against him when he double-crossed

Danny Ocean's friend and mentor Reuben Tishkoff. Willy may have taken down one of the original Ocean's eleven, but he left the others standing. Danny Ocean tries to take Willy down on the night of what should be his greatest triumph--the grand opening of his new casino.

Rated PG-13 (brief sensuality) 122 min

Knocked Up

July 25 — 7 p.m.
(Seth Rogen, Paul Rudd)

Allison Scott is an up-and-coming entertainment journalist whose 24-year-old life is on the fast track. But it gets seriously derailed when a drunken one-nighter with slacker Ben Stone results in an unwanted pregnancy. Faced with the prospect of doing it alone or getting to know the baby's father, Allison decides to give the lovable doof a chance.

Rated R (sexual content, drug use, language) 129 min



Films are subject to availability. AAFES strives to show films according to the published schedule, but reserves the right to reschedule, cancel, or substitute showings as needed. For more information, call 767-3069.

BIRTH ANNOUNCEMENTS

Provided by Winn Army Community Hospital

June 13

• **Orion Richard Monday**, a boy, 8 pounds, 13 ounces, born to Staff Sgt. Bennett Monday and Amanda Monday.

June 20

• **Dylan Elisha Rowell**, a boy, 6 pounds, 15 ounces, born to Spc. Rocky Rowell and Kisha Rowell.

June 23

• **Colleen Fae Bateman**, a girl, 8 pounds, 3 ounces, born to Sgt. Chet A. Bateman and Lyanna F. Bateman.

• **NyAsia Marie Speller**, a girl, 7 pounds, 8 ounces, born to Pfc. Rhonda Marie Speller.

June 26

• **Ryder Allen Delaney**, a boy, 8 pounds, 2 ounces, born to Spc. Nigel Allen Delaney and Heather Ann Delaney.

• **Bethany Joella Mitchell**, a girl, 7 pounds, 10 ounces, born to Staff Sgt. Jason Mitchell and Jewell Mitchell.

• **James Russell Schley, Jr.**, a boy, 5 pounds, 15 ounces, born to 1st Sgt. James Russell Schley, Jr. and Alvita Schley.

June 27

• **Analiz Rae Arenas Martinez**, a girl, 7 pounds, 13 ounces, born to Cpl. Noe Arenas Martinez and Melissa Arenas Martinez.

• **Kennedy Laurel Reynolds**, a girl, 7 pounds, 6 ounces, born to Sgt. Christopher L. Reynolds and Tonya Reynolds.

June 29

• **Hunter James-Riley Kimmel**, a boy, 8 pounds, 11 ounces, born to Jennifer N. Kimmel.

• **Cameron August Studer**, a boy, 7 pounds, 14 ounces, born to Sgt. Nathan August Studer and Jill Kirsten Studer.

June 30

• **William Paedrick Moore**, a boy, 7 pounds, 3 ounces, born to Pvt. John C. Moore and Brianne Moore.

• **Aisha Elizabeth Cossiett-Stover**, a girl, 7 pounds, 12 ounces, born to Sgt. Kenneth N. Stover and Francesca B. Cossiett-Stover.

• **Ava Reiley Lawson**, a girl, 5 pounds, 12 ounces, born to Spc. James Michael Lawson and Krystle Lawson.

• **Ariana Alexis Noel**, a girl, 7 pounds, 8 ounces, born to Sgt. Alexander Noel and Shanta Noel.

• **Conner Jaiden Wadzeck**, a boy, 5 pounds, 2 ounces, born to Pfc. Joseph Wadzeck and Crystal Maxine Wadzeck.

• **Carter Jones Webb**, a boy, 5 pounds, 15 ounces, born to Staff Sgt. Jay Branch Webb and Kimberly Marie Webb.

• **Elijah David Wheeler**, a boy, 7 pounds, 10 ounces, born to Staff Sgt. Timothy Wayne Wheeler and Jodi Marie Wheeler.

July 1

• **Skyilar Colleen Calhoun**, a girl, 7 pounds, 1 ounce, born to Pfc. Kirby Calhoun and Tara J. Calhoun.

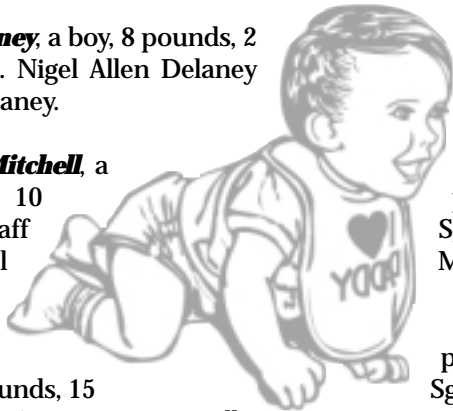
July 2

• **James Edward Bost**, a boy, 7 pounds, 12 ounces, born to Spc. Terio F. Bost and Stephanie R. Bost.

• **Walden Asher Joy**, a boy, 6 pounds, 14 ounces, born to Staff Sgt. William Adam Joy and Stacy Joy.

July 3

• **Benjamin Ceron Mays**, a boy, 7 pounds, 6 ounces, born to Sgt. Benjamin Mays and Jessica Marie Mays.



Winn Briefs

Mass School Health Screenings

Children ages four and older entering Georgia's School system for the first time must have the Georgia Certificate of Eye, Ear and Dental Screening form and the Georgia Certificate of Immunization completed. Winn Army Community Hospital and Tuttle Army Health Clinic want to help you get a head start on preparing for the upcoming school year.

Winn's mass school health screening will be on a walk-in basis Thursday July 26, from 9 a.m. to 2 p.m. and will include hearing tests, vision tests, dental exams and immunizations administration. Sports physicals will also be offered.

Tuttle's mass school health screening will be by appointment only Saturday July 28, from 8 a.m. to noon and will include hearing tests, vision tests, dental exams and immunizations administration. Sports physicals are available by appointment only at Tuttle. To schedule an appointment at Tuttle call, 435-6633 or 1-800-652-9221.

Parents need to bring the child's immunization/medical records and military identification card. The screening could take up to two hours depending on your child's needs.

Children may be seen at either screening location regardless of where they are assigned.

Canceling your appointment

If you need to cancel your scheduled appointment, please contact your provider within the appropriate timeframe. Usually, provider's offices require notice 24 to 48 hours prior. In many specialties, such as pediatrics, appointments are in high demand—your early cancellation will give another patient the opportunity to have access to timely medical care. Please call at least one day in advance to cancel your appointment to allow someone else to receive medical treatment.

Call 435-6633 or 1-800-652-9221 to cancel. Help us help you!

Immunization Clinic hours

Due to the Mass School Health Screening being conducted on July 26, Winn Army Community Hospital's Immunization Clinic will not be available for routine walk-ins or allergy injections. Normal hours will resume July 27. For more information, call 435-6633.

Child Find, Public Awareness event

Education and Developmental Intervention Services presents the Child Find

and Public Awareness event from 10 a.m. to noon, August 8 at Club Stewart, Palmetto Room. The event is free and open to the public. For more information, call 435-6370/6349.

Heat Index phone number

The Department of Preventive Medicine monitors current WBGT/Heat Index to keep our Soldiers and civilian employees safe from heat injuries.

The previous WBGT/Heat Index number, 767-HEAT (767-4328) is not in use until further notice. The current WBGT/Heat Index can be obtained by calling the DPM front desk at 435-5071/5101, Monday thru Friday 7:30 a.m. to 4:30 p.m.

New student in Georgia?

Children ages four and older entering Georgia's School system for the first time must have the Georgia Certificate of Eye, Ear and Dental Screening form and the Georgia Certificate of Immunization completed. All services except eye and ear screenings are available on a walk-in basis for school health screenings.

Dental screenings are available Monday to Thursday from 3 to 4 p.m. and Friday from 2 to 3 p.m. on a walk-in basis at Dental Clinic 1. For more information, call 767-8513.

Immunization screenings are available on a walk-in basis Monday, Tuesday, Wednesday and Friday from 8 to 11 a.m. and 1 to 3 p.m. Thursday from 1- 3 p.m. For more information, call the Allergy Immunization Clinic at 435-6633.

Eye and ear services are available by appointment only. To schedule an eye or ear screening, call the appointment line, 435-6633.

Warriors in Transition

Brandon Yarber, Ombudsman, is here at Fort Stewart to assist Warriors in Transition and their Families with issues and concerns regarding medical care. Please contact Yaber at 435-6143/6225 or visit his office in the Patient Service Center at Winn Army Community Hospital, Suite CH32.

Chiropractic Clinic moving

Effective July 9, the Chiropractic Clinic at Winn Army Community Hospital will be located at the Lloyd C. Hawks Troop Medical Clinic. The Clinic is located at 192 Lindquist Road, Bldg. 412.. To make an appointment please call 435-6633.

Check out the **Quality Time**

a leisure guide prepared with military Families in mind
visit us online at www.stewart.army.mil



CHAPLAIN'S CORNER

Lead by example

Chap. (Capt.) Pratima Dharm
3rd Sustainment Bde.

The book of **Judges, Chapter 21, verse 24**, says, "In those days there was no king in Israel; everyone did what was right in their own eyes."

I find these words to be very apt in describing what is happening in our society today. Most people have begun to develop and to shape their own standards of behavior that may not necessarily be the best option for the society at large.

The reason why the people of Israel were given the Ten Commandments was to help them to lead a life that was not only pure and holy, but also successful in the sight of God.

God gave the Israelites the Tablets containing the commandments through Moses, in order for them to be a people that would be separate and distinct not only in thought but also in deed.

Somehow over time, the Israelites in their walk with God lost their ability to stay faithful to the word of God and also to the very God who had called them to be in a covenantal relationship with Him.

All this happened because their leadership failed to live up to the very standards that they were supposed to uphold others to, who were not in a position of authority. One after the other, all the leaders in the nation of Israel began to falter from keeping the commands of

their Lord, God.

The very land that had been given to them from God Himself could not be safeguarded by the Israelites because of poor leadership.

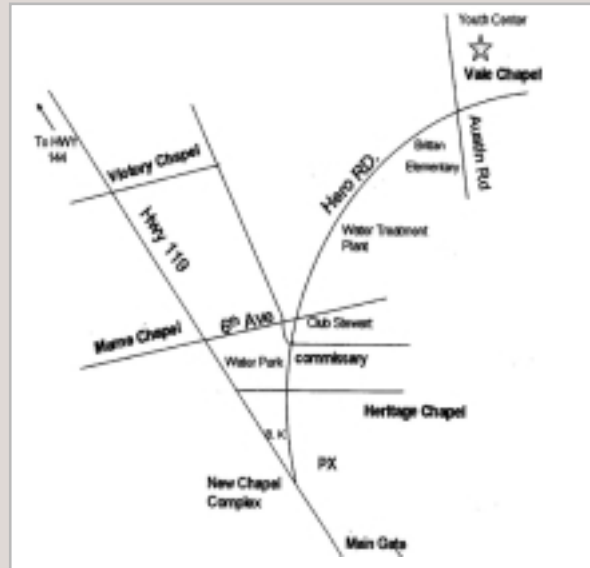
Their leadership had failed to lead by example. The very same syndrome of poor and misguided leadership is very evident in today's scenario of a world that believes in living a life very geared towards self service rather than selfless service to God, Family, country and work.

The lack of proper leadership is amply seen in the carelessness and utter contempt and disregard for authority among the youth today. If our leaders knew how to follow the commands of God and of those who have authority over them on earth, they would have had a better chance of leading those around and under them through their own examples. Today many people behave in a way that reflects the very verse from scriptures: "Everyone did what was right in their own eyes".

Most people are resistant to authority figures whether it is school going children, husbands and wives, or bosses and co-workers. This is certainly due to the fact that we as a generation are soon forgetting what it means to mentor and to lead others in the ways that are not only pleasing to God, but also that which helps shape this society to a higher standard of conduct and selfless service.

Fort Stewart Chapel Youth Ministry Junior and Senior High Students!

Join us for free games and pizza
6:30 - 8 p.m. Sunday,
at Vale Chapel in Bryan Village.
For more information,
call 877-7207.



Kids Church

Exciting Bible Lessons
with music, puppets, videos, crafts, games

11 a.m. to Noon, Sunday
at School Age Services
(across from Diamond Elementary)

For all kids Grade K-6

Scheduled Bus Pick-up

- 10:15 a.m. - Liberty and Hendrich, Liberty and Sicily, Liberty and Anzio, Liberty and Rome
- 10:20 a.m. - Jasmine and Skyland Spruce, Jasmine and Liberty Wood, Wild Fern and Golden Birch
- 10:30 a.m. - Schofield and Sansidro, Schofield and Hollandia, Rogers and Argyle
- 10:40 a.m. - Naktong and New Guinea, Ormoc and New Guinea
- 10:50 a.m. - Marne Chapel
- 10:55 a.m. - Victory Chapel

Chapel Schedule

Fort Stewart

| Catholic | Location |
|-------------------------------|--------------------------------|
| Time | |
| Sunday Mass | Heritage 9 a.m. |
| Saturday Mass | Heritage 5 p.m. |
| Protestant | |
| Contemporary Worship | Marne 11 a.m. |
| Gospel Worship | Victory 11 a.m. |
| Traditional Worship | Marne 9 a.m. |
| American Samoan | Vale 11 a.m. |
| Liturgical Worship | Heritage 11 a.m. |
| Kids' Church (K to 6th grade) | Across from Dia. Elem. 11 a.m. |
| PWOC (Tuesday) | Marne 9:30 a.m. |

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|---|------------------|
| Islamic | |
| Friday Jum'ah | Marne 1:30 p.m. |
| Contact Staff Sgt. Aiken at 877-4053. | |
| Jewish | |
| Contact Sgt. 1st Class. Crowther at 332-2084. | |
| Friday | Marne 11:30 a.m. |

Hunter Army Airfield

| | |
|-------------------|----------------|
| Catholic | |
| Sunday Mass | Chapel 11 a.m. |
| Protestant | |
| Sunday Service | Chapel 9 a.m. |

Coastal Happenings

Courtesy of the Coastal Courier

Savannah Cultural Events

Activities sponsored by the Savannah Department of Cultural Affairs include these ongoing events:

Every first Friday of the month

Folk Music by Savannah Folk Music Society, 7:30 p.m., free at Wesley Monumental United Methodist Church.

The Arts at City Market Center, upstairs, Jefferson and West St. Julian Streets, free 6:30- 8:30 p.m. Call 232-7731.

Every first Saturday of the month

Adult and youth basic ballroom dance classes, by Moon River Dancers: 1-3 p.m. at the West Broad Street YMCA, 1110 May Street. Admission is \$3 per person. Call 925-7416 or visit www.savannahusabda.org

Every third Wednesday of the month

Open Mic Poetry Night - sign up at 7:45 p.m., Gallery Espresso, 6 East Liberty St. Call 233-5348 for more information.

Saturdays and Sundays

Flannery O'Connor Childhood Home Foundation tours 1-5 p.m. every Saturday and 1-4 p.m. on Sundays. Located at 207 E. Charlton St. on Lafayette Square.

Born in Savannah in 1925, writer, Mary Flannery O'Connor, lived in a Charlton Street house until 1938.

Today, it is maintained partly as a memorial to her and partly as a literary center for Savannah. Call 233-6014.

Every Sunday

Oldie Goldies Sunday at the American Legion Post 500, 1716 Montgomery St., 4-8 p.m. Call 925-7116. The Reel Savannah Film Group presentations, 7 p.m., Sunday evenings at the Lucas Theatre. Tickets cost \$6 and are available an hour before showtime.

Basketball Camp by AASU coach

Armstrong Atlantic State University head coach Jeff Burkhamer conducts clinics that emphasize basic basketball fundamentals that will help make players successful at the high school level and beyond. The camp is held at AASU, Aug. 6 - 9 for boys and girls ages 6 - 14. For more information, call 927-5336.

Visit AASU Arboretum

Armstrong Atlantic State University has an arboretum, which encompasses the 250 acre campus and displays more than 100 species of trees and 200 species of shrubs and other woody plants. The Fern Collection, featuring 23 varieties of native and non-native ferns, is on the west side of Jenkins Hall.

Plants with white flowers or white variegated foliage make up The White Garden behind the administration building. The Ginger Collection focuses on seven groups of ginger plants and is at the south end of Hawes Hall. For more information or to schedule an educational tour, call AASU's plant operations at 921-5472.

All-Sports Academy offered

Combines summer fun and recreation with athletic and educational experiences at a two-week programs for ages 6 - 12 at Armstrong Atlantic State University. Call 927-5336, for more information.

Frisbee golf offered at Richard B. Russell

Disc golf may not get much coverage by sports writers, but it has a loyal following of fans who enjoy exercising outdoors while testing their throwing skills. The game is played much like regular golf, only the players throw special discs into baskets rather than hitting balls into holes. The typical course features 18 "holes" with challenges of trees, streams and other natural obstacles.

One of the most scenic and well kept disc golf courses in Georgia is at Richard B. Russell State Park in Elberton. While hiking between tee pads, players enjoy the rolling green scenery of this pastoral park. The cost is only \$2 for parking and \$1 per person to play. After a fun game in the field, visitors can enjoy watersports on Lake Richard B. Russell, exploring hiking and biking trails, or relaxing at numerous picnic spots throughout the park. Overnight accommodations include lakeside cottages and shaded campsites. Richard B. Russell State Park is located eight miles northeast of Elberton off Hwy. 77.

For more information, call 706-213-2045 or visit www.gastateparks.org.

Join ballroom dancing

Here are your opportunities to join together with Seaside Dance Association on Jekyll Island: The association has weekly dance classes Thursdays: 7 p.m., welcome and registration; 7:15 p.m., basic syllabus I dance class and advanced syllabus II dance practice; 8:15 p.m., advanced syllabus II dance class and basic syllabus I dance practice.

Cost is \$4 per class for members and \$7 for non-members. Membership costs \$25 annually. For information, call 634-9527.

Telfair open six days a week

The Telfair Museum of Art is on Telfair Square at 121 Barnard St. in Savannah. Admission is \$10. The museum is open 1-5 p.m. Sunday, noon-5 p.m. Monday, and 10 a.m.-5 p.m. Tuesday-Saturday. For more information, call 232-1177.

Visit Georgia's natural springs

Georgia's state parks and historic sites host three natural springs that have helped shape the state and our culture.

The best known is *Warm Springs*. Emerging at 900 gallons per-minute and 88 degrees year-round, one of Georgia's several warm springs transformed a west Georgia town into a well known stagecoach stop.

The town of Warm Springs was host to Georgia's high society during the early 1900s, and it became the vacation home of Franklin D. Roosevelt after he sought relief from polio in the warm, therapeutic water.

Just off I-75 in middle Georgia is *Indian Springs State Park*, thought to be the oldest state park in the nation. The Creek Indians believed the springs had healing and invigorating qualities, and the town of Indian Springs became a bustling resort town from the 1820s until the Great Depression.

The Civilian Conservation Corp built many of the park's facilities, including the spring house where people still gather today to fill jugs with the mineral water. The rotten egg smell and odd taste are caused by sulfur dioxide, but these properties fade away after the water sits for a day or two.

The springs stay at 78 degrees year-round and flow at a little more than one gallon every four minutes. In addition to the springs and rich history, visitors will enjoy the park's campground, cottages, museum, lakeside swimming beach and picnic areas.

In the east central town of Millen is *Magnolia Springs State Park*, known for crystal clear springs flowing 7 million gallons per day. The cool springs are spanned by a bridge and boardwalk where visitors can watch fish and turtles swimming above the sandy bottom. The 67-degree water flows into Little Buckhead Creek, eventually reaching the Ogeechee River. This pretty park features a freshwater aquarium with native species of fish, reptiles and amphibians, as well as picnic areas, cottages, a campground, small boating lake, and trails for hiking and biking.

For more information contact visit the FDR's Little White House Historic Site, online at www.FDR-LittleWhiteHouse.com.

Advances in orthodontics leave patients smiling

Kevin Eatmon, DDS

South Georgia Orthodontics

When her three children, ages 8 to 17, all had braces at the same time several years ago, Michelle Watkins always knew what she'd be doing on her days off work.

"I knew it was Wednesday because we were at the orthodontist," she said with a laugh. Today her children smile at the results of all those appointments: The two oldest have straight, near-perfect teeth, while the youngest has had some treatment but still awaits full braces.

"I really wanted braces," says daughter Allie, 16. "I'm glad I got them because I feel a whole lot better about myself. I'm always smiling now."

Years ago, few teens had such a positive attitude about braces. Orthodontic appliances triggered taunts like "metal mouth" and "brace face." But today, braces are almost a status symbol among middle-class American teenagers.

About 4 million teenagers in the United States and Canada have braces, an increase of at least 30 percent in the last 10 years, according to the American Association of Orthodontists.

Teeth aren't any more crooked than in the past. It's just that more teenagers want the perfect smiles that braces can give them, and more parents are willing to foot the bills. Today there are more devices than ever before, allow-

ing more choices in how braces look and how long the patient must wear them. Some of these include ceramic (clear) braces and "invisible" braces called Invisalign. No longer is it necessary for teenagers to wear uncool headgear to correct their bites.

Bite problems stem from a number of problems. Most are inherited, but others are behavioral. Habits such as tongue thrust, or sucking the thumb, fingers or the lower lip can apply pressure to teeth. Over time, teeth spread. These habits must be addressed before and during treatment in order to help prevent the teeth from spreading after braces are removed. Retainer wear helps keep teeth straight after treatment is completed.

Baby teeth can greatly affect the look and health of permanent. If a baby tooth falls out too early or decays, the other teeth may move to fill in the space, blocking permanent teeth from coming in when they are ready. Similarly, if a baby tooth does not fall out soon enough, the bigger tooth behind it may come in crooked. And if a permanent tooth is lost to decay or trauma and is not replaced, the other teeth will drift to fill up the space, sending them out of alignment.

The best way to know if you or your child needs braces is to contact an orthodontic specialist who is a recognized member of the American Association of Orthodontists. Most orthodontists offer a complimentary initial consultation and some even offer flexible payment options including no down payments.

Fun at the GMH Family Festival



Courtesy Photo

Jayne Humpries, 2, and aunt Amber Humphries meet McGruff the Crime Dog dog, at Fort Stewart's GMH Family Fun Festival, June 9. The festival, which featured Polynesian dances, pie-eating contests and more, was held to show appreciation to Stewart's Soldiers and Families.

AE Transformers Reviewed

Commentary by:

Sasha McBrayer

Fort Stewart Museum

I still have the little yellow toy made of bits of metal and plastic. It looks like a classic Volkswagen Beetle, complete with rubberized tires, but with a few unfolding movements can stand on its own in the form of a yellow-breasted, humanoid robot. I called him Bumblebee as a child, and he was easily one of my favorite toys. That Christmas my cousins, all boys, had gotten Transformers to unwrap from under the tree. I got a Barbie and cried like there was no tomorrow because I wanted a Transformer, too. If I recall the story correctly, in must have been fate that Bumblebee and I were ever united at all, because it was Christmas Eve when they were out in an attempt to pacify me, and the

Transformers were nearly sold out.

That was 20 years ago. Fast forward to July 4. I may be an adult now, but my anticipation to enter the theatre and view the live action presentation of a well-loved, classic cartoon, could easily be compared to the feeling of finally receiving Bumblebee into my little hands that Christmas.

For me, Christmas came in July this year because the film was exactly what I hoped it would be. Being hailed as Michael Bay's finest product (Pearl Harbor wasn't bad either), and featuring the charisma of rising star Shia LeBeouf, the



movie is as titanic as its computer animated stars are. The story is smart and the script is funny, despite some awkward parts featuring Hollywood talent John Turturro as a weird secret agent. Bumblebee is not a Volkswagen anymore. He's actually a really cool Chevrolet Camaro, referred to once as "Satan's Camaro" in a hilarious scene. Seeing Optimus Prime for the first time in years gave me chills.

Because the Pentagon worked with filmmakers, Transformers is a modern, realistic, thrill ride featuring some of

today's real-life monstrous vehicles. The film-making also makes each human character seem important, giving each a chance in the limelight. It even has moment of heart. You know if the life or death of an imaginary, computer animated alien robot can inspire viewers to tear up the movie has done its job.

While you're watching make sure to spot the My Little Pony cameo. You can't miss this action blockbuster. Not since Terminator 2 has something so cool found its way to the silver screen.

It seems audiences won't have to wait much longer for similar visual treats with production begun on a live action version of Speed Racer, directed by J.J. Abrams and set to star Christina Ricci as Trixie. There are also plans in development for another, grittier He-Man movie, as well as a Thunder Cats film.