

Stewart/Hunter Lifestyle

Ops chief knows about unit movements

Jennifer Scales
Public Affairs Specialist

Whether the 3rd Infantry Division is moving out for deployment, training missions at the National Training Center, redeployment, or any other place that requires a



Courtesy photo

Maureen Casey, unit movement coordinator and chief of deployment operations for Stewart-Hunter, takes a moment to pause during recent port operations. Casey embraces working shoulder-to-shoulder with others to ensure a smooth transition as equipment and personnel are moved from one place to another.

large movement of personnel and equipment, Maureen Casey, unit movement coordinator and chief of deployment operations for Stewart-Hunter, can easily be found working side by side with the Soldiers and civilians.

Her job entails working with installation units for Stewart-Hunter, as well as reserve units mobilizing and demobilizing.

"They meet with us here and update and prepare their unit equipment list which is based on their property book," said Casey. "From that they make a deployment equipment list. This is the first step to any movement."

When redeployments begin, the major commands will determine how the units will flow back. Casey mentioned that during such times, she constantly maintains a working relationship with the division transportation office, G-3 and other liaisons for their return.

As a hands-on person, Casey could remain on a port site for a couple of weeks to push out a brigade.

"We receive equipment here and rail some of it up to port. That may be followed on by rolling stock and line haul cargo," said Casey. "Vessel loading operations can be anywhere from 3-4 days."

Various Soldiers and civilians who participate in unit movements range from a team provided by the Directorate of Logistics to Soldiers from the 258th Movement Control Team.

Another part of her operations includes passenger and baggage flow at the Truscott Air Terminal, known as the DAACG, at Hunter.

"Our object is getting the Soldiers and their baggage in and out of there in a timely manner," Casey said.

"In any operation, we want to make things most efficient for the Soldier because they are the ones that are always

coming or going. We try to make their time away from their Families as brief as possible."

The rail yard, just outside of Casey's office on Stewart, can hold one brigade worth of equipment, which is approximately 1200 pieces. "We do inspections on all the cargo to make sure they have the dimensions correct and that the cargo is ready to be loaded on the vessel, truck or train," said Casey.

At the Hunter Wheel Marshaling Area, the staff there handles cargo that needs to go out by air. "Our guys are certified to inspect and certify loads for C-17 and C-5 air craft," continued Casey. "When the division headquarters went out, all of their cargo went out by air. It was in excess of twenty aircraft and a great experience and operation for us."

Casey also mentioned that her working hours are the furthest thing from the normal 8-hour day. "When I am at the port, I may be there from 6:30 a.m. until 8 p.m. Once we start back with full-scale deployments and redeployments, we could have operations occurring 24-hours a day."

This type of work is not unusual for Casey. As a former captain in the U.S. Army, she served in Kuwait and Iraq during her five-year stint in the transportation career field. After her ETS from the Army, she took a two-year hiatus, but then found herself back here at Stewart.

With an ROTC scholarship, Casey graduated from Lehigh University in Bethlehem, Pa. When it comes down to equality for women, Casey feels that if you work hard for something, you can get it.

"A lot of years in the military have made me think this way. It has never been gender based. It's never about what you are; it's about who you are as a person."

Local Bradwell student recognized nationally

Special to the Frontline

ANAHEIM, Calif. - Zachary Yates-Perrin, of Hinesville, recently participated in the Students Taking Action with Recognition events at Family, Career and Community Leaders of America's 2007 National Leadership Meeting.

Yates-Perrin, who is a junior at Bradwell Institute, and son of Dorian and Shannon Perrin, received a gold medal in the occupational job interview category; one of 16 national STAR events available to FCCLA students.

His medal was presented at a recognition session, which honored all participants at the Anaheim Convention Center, July 12. More than 5,000 members, advisers, alumni, and guests from across the nation attended the meeting. He was one of nearly 3,000 students who advanced from the local, regional, and state level STAR events to attend.

Joining Yates-Perrin in California was Debra Stevens, a culinary arts teacher and one of three Bradwell FCCLA advisers.

Yates-Perrin used his Family and consumer sciences professional foods related occupation skills to develop a portfolio for the competition. He communicated a per-

sonal understanding of job requirements and the ability to perform them.

"I decided to research and do my job interview for personal chef's assistant," he said, "because it is a career that possibly could have a personal, professional, and financial impact on me as I have not yet chosen a specific career in Culinary Arts. This project taught me a great deal about organizing and presenting information to others that youth can make a difference. I loved California. I enjoyed meeting and interacting with students from other states and countries. I am thankful for the opportunity that Mrs. Stevens and the Liberty County Board of Education afforded me."

Throughout the year, FCCLA members tackle issues such as teen violence prevention, traffic safety, Family issues, career exploration, and much more. FCCLA programs enrich student learning, improve self-esteem, and serve students with a range of ability levels, economic situations, and cultural influences.

This year's student-devised theme for the annual national meeting was "Leadership Revolution," and throughout the five-day convention, participants examined and discussed several issues including Family,

school and community violence prevention, physical as well as financial fitness, future career exploration and countless community service projects.

A number of youth issues, such as the changing roles of men and women in the home and workplace, traffic safety, and cancer awareness, were also explored at the meeting through presentations, workshops, and their own Relay For Life. FCCLA and the American Cancer Society are pleased to announce the amount raised by FCCLA chapters for the 2007 National Outreach Project is more than \$410,500. After two successful years with the American Cancer Society, FCCLA chapters have raised an overwhelming amount of over \$652,460.

FCCLA is unique among youth organizations because its programs are planned and run by members. Participation in national programs and chapter activities helps members become strong leaders in their Families, careers, and communities.

Yates-Perrin will continue to work with other FCCLA members and advisers in his local chapter to encourage others to discover their strengths, motivate members to target career goals, and initiate a plan to ignite youth leadership in their community.



Zachary Yates-Perrin

Liberty County revises school uniform policy

Special to the Frontline

The Liberty County Board of Education made the following revisions and clarifications for the school dress code at a board meeting Aug. 14. The changes are to be enacted immediately. Items already identified as acceptable in the dress code will remain in place with these changes.

For students in kindergarten through 8th grade, jumpers (sleeveless and of navy or khaki color) worn with a shirt or blouse already specified in the dress code will be acceptable. Skorts and skirts with shorts

attached are also acceptable. The hem length of shorts, skirts, skorts, and jumpers must be no shorter than three inches above the top of the knee cap.

Shorts and pants cannot have pockets on the legs.

Buttons and tabs that are part of the garment when purchased are not considered ornamentation. Student's clothing cannot contain ornamentation such as sequins and chains.

In addition to the navy, black, or brown belts, a belt that is the same solid color as the clothing item

(navy or khaki) and comes as part of the clothing item will be acceptable. Belts that tie or buckle are acceptable. For instance, if a khaki skirt

Students who received letters regarding noncompliance with the dress code during the period of Aug. 6 through Aug. 15 will have those infractions removed.

Liberty County Board of Education

has a matching khaki material belt included in the purchase and designed to be worn with that item,

the belt is acceptable.

Currently, it is difficult to find a navy, black, or brown belt in our geographic area. In an effort to assist the parents in having time to locate this clothing accessory, parents and students will have a waiver on this item until Sept. 20. We ask that parents make every attempt to have their children compliant on this item prior to Sept. 10 if possible. Students who already have belts are expected to continue to wear them.

Administrators of kindergarten through 8th graders have agreed that students who received letters

regarding noncompliance with the dress code during the period of Aug. 6 through Aug. 15 will have those infractions removed as a result of the Aug. 14 board action.

For students in 9th through 12th grade, the length of skorts, skirts, dresses, and jumpers must be no shorter than three inches above the top of the knee cap. If the article of clothing contains a slit, the top of the slit can not be no higher than three inches above the knee cap.

For more information regarding the school uniform policy, contact David Smith, school liaison at 767-6533.

TRICARE reminder, be prepared before diasaster strikes

Winn Public Affairs

Hurricane season got off to a mild start in the Atlantic, but the season isn't over yet and tropical storms and hurricanes are back in the news. In the wake of widespread flooding in the Midwest this summer, and Texas in particular, TRICARE reminds beneficiaries to prepare before a storm, hurricane, or any disaster causes evacuations or limits access to health care.

Preparing for a disaster ahead of time may alleviate some stress they may face during the storm, and ease the burden on Family and loved ones. A few simple steps will help military Families prepare for storm season or any disaster.

TRICARE officials remind their 9.1 million beneficiaries worldwide to make a plan as a Family and keep in mind several simple things. Keep basic items such as water, nonperishable food, a battery-powered radio, flashlights

and first-aid items in an emergency kit.

Because medical help may not be immediately available during a natural disaster, be sure to pack all of your health related items in a waterproof emergency kit. These items include:

- Copies of each Family member's uniformed services ID card (or sponsor's name and Social Security number, Family members' names, addresses, phone numbers, etc.)
- Copies of each Family member's Medicare card or other health insurance card, if applicable.
- Copies of medical records for each Family member.
- List of each Family member's primary care manager or other doctors names and phone numbers.
- Emergency contact names and phone numbers.
- List of other important phone numbers, including your regional contractor, Medicare, and Express Scripts.
- List of each Family member's prescription medica-

tions and their doses, in case they need to be replaced.

- List of each Family member's allergies.
- A properly-stored 30-day supply of all prescription medications for each Family member.
- For those who require Insulin, a 30-day supply as well as proper storage to keep it cool.
- Nonprescription drugs, such as pain relievers, anti-diarrhea medication, antacid, laxatives, bug spray, itch control, etc.
- List of medical devices' style/model and serial numbers, such as pacemakers.
- Extra wheelchair batteries or other special equipment.
- Extra eyeglasses and hearing-aid batteries.

For more information and valuable tips, please visit TRICARE's Disaster Relief Web page at www.tricare.mil/DisasterRelief/index.cfm. (See Page 3A for other Winn related articles.)

Pets of the Week



Zeke the kitten and Vigor the puppy are some of the many homeless pets at the Fort Stewart animal shelter. The shelter has pets of all kinds, sizes, and breeds in their care. If you are interested in adopting, call the Fort Stewart Veterinary Clinic at 767-2842.



MWR Briefs

Pet fostering available

Caring for your pet while your loved one is deployed can be a difficult task and this valuable program can assure that your furry loved one receives the proper care he deserves, in a secure and loving environment.

"Dogs of Deployed Soldiers" will help you find a foster Family for your dog during your Soldiers' deployment. In order to be considered, your dog must be up to date on all of their vaccinations and must be spayed or neutered. Current vet information must also be provided and only Family-friendly breeds will be considered for the program. The program has been successful thus far placing at least 10 dogs into foster care.

Those who are interested in having their dog fostered or who are interested in becoming a foster Family should contact Nancy Hanson at 598-4134.

Benefits for 15:12 Initiative Families

The following MWR facilities are offering discounts to Families of deployed Soldiers who fall under the 15:12 Initiative:

Taylor's Creek and Hunter Golf: Receive \$10 off on the greens fee all day Monday - Thursday, receive \$10 off on the greens fee after 1 p.m. Friday - Sunday, and \$10 off lessons. Call Stewart, 767-2370 or Hunter, 315-9115.

Stewart Lanes: \$1 game and shoe rental 50 cents on Monday nights. Participants must sign-in with their last name, last four digits of their social security, and provide deployed Soldiers unit name. Call 767-4273, for more information.

Hunter Lanes: \$1 game and shoe rental 50 cents, every

Saturday. For more information call 315-5695/6279.

Tumbling classes at CDC

Tumbling classes for children ages 2 and older are available at the Child Development Center, building. 403 every Tuesday from 9 - 9:45 a.m. Children must be registered through Child Youth Services.

Mommy, Me Tumbling classes available

Tumbling classes are offered every Wednesday at Jordan Gym from 9:30 - 10:15 a.m. for ages 12 months - 2 years, and from 10:30 - 11:15 a.m. for ages 2 - 4. Sports physicals are required for all participants. Register by calling 767-6071.

Dance classes offered

Youth enjoy dance classes every Friday at Hunter Army Airfield School Age Services. Classes include creative movement from 5 - 6 p.m. for ages 3-5, ballet/tap/jazz from 6 - 7 p.m. for ages 6-9, and from 7 - 8 p.m. for ages 10-18. Interested participants should sign up at central registration, building 1286.

For more information, call 767-6071.

After school transportation available

Child and Youth Services offers free after school transportation to Fort Stewart Youth Center for 6th grade students at Diamond Elementary School.

Transportation is open to registered CYS members. For more information, call 767-4491.



AAFES PRESENTS

AUG. 23 THROUGH 29



Harry Potter and the Order of the Phoenix

Today — 7 p.m.

(Daniel Radcliffe, Emma Watson)

As his fifth year at Hogwarts School of Witchcraft and Wizardry approaches, 15-year-old Harry Potter is in full-blown adolescence, complete with regular outbursts of rage, a nearly debilitating crush, and the blooming of a powerful sense of rebellion. It's been yet another infuriating and boring summer with the despicable Dursleys, this time with minimal contact from our hero's non-Muggle friends from school. Harry is feeling especially edgy at the lack of news from the magic world, wondering when the freshly revived evil Lord Voldemort will strike. Returning to Hogwarts will be a relief--or will it?

Rated PG-13 (fantasy violence, frightening images) 138 min

Transformers

Friday, Saturday — 7 p.m.

(Shia LaBeouf, Josh Duhamel)

The earth is caught in the middle of an intergalactic war between two races of robots, the heroic Autobots and the evil Deceptions, which are able to change into a variety of objects, including cars, planes and other technological creations. The interstellar battle, between the

Autobots and Deceptions, rains destruction down on planet Earth - enormous aliens have chosen the third rock from the sun as their ultimate battleground, and as the villainous Deceptions struggle to obtain the key to unlimited power, a young Earthling named Sam Witwicky may stand as mankind's last hope for survival.

Rated PG-13 (sci-fi action violence, sexual humor, language) 135 min

I Now Pronounce You Chuck and Larry

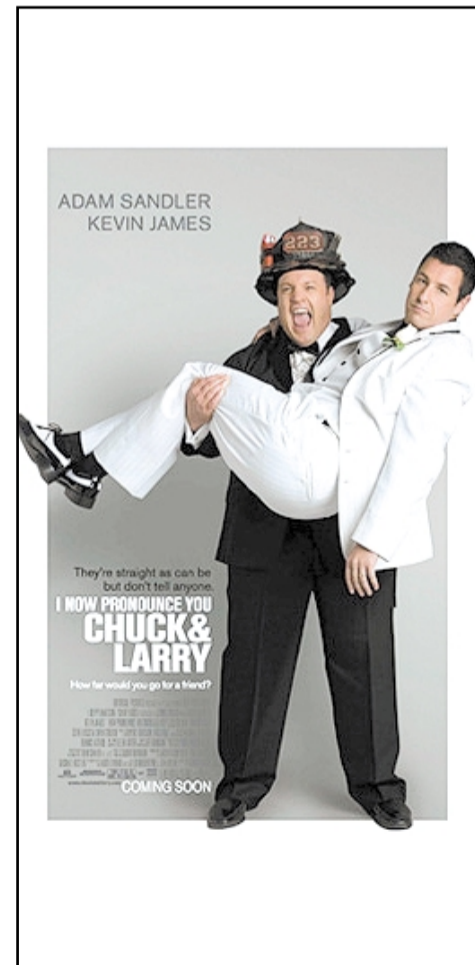
Sunday — 7 p.m.

Aug. 29 — 7 p.m.

(Adam Sandler, Kevin James)

Chuck Levine and Larry Valentine are the pride of their fire station: two guy's guys always side-by-side and willing to do anything for each other. Grateful Chuck owes Larry for saving his life in a fire, and Larry calls in that favor big time when civic red tape prevents him from naming his own two kids as his life insurance beneficiaries. But when an overzealous, spot-checking bureaucrat becomes suspicious, the new couple's arrangement becomes a citywide issue and goes from confidential to front-page news.

Rated PG-13 (crude sexual content, nudity, language, drug references) 110 min



Films are subject to availability. AAFES strives to show films according to the published schedule, but reserves the right to reschedule, cancel, or substitute showings as needed. For more information, call 767-3069.

TSGLI; helping Soldiers, dispelling myths

Special to the Frontline

Washington, D.C. — The U.S. Army along with the U.S. Department of Veterans Affairs has completed their first review of Traumatic Servicemembers' Group Life Insurance since its start in 2005. The Congressionally-mandated insurance program has provided about \$250 million to traumatically-injured members of the Armed Services. Of that, about \$136 million was paid to Soldiers in the U.S. Army — more than twice the next highest service.

While those figures definitely represent success in working towards the program's mission to provide financial help for traumatically injured Soldiers, TSGLI still faces challenges with educating servicemembers about the program and dispelling some myths that have grown around TSGLI during its short existence.

TSGLI was created to help servicemembers and their Families get through tough financial times that often happen when a servicemember is severely injured.

Approved TSGLI claimants receive a one-time payment of up to \$100,000, based on the type and severity of the injury. That money might be the difference that allows a Soldier's Family to stay with him or her during recovery, help with unforeseen expenses or give them a financial head start on life after recovery.

From the Army's point of view, the program faces some interrelated challenges: ensuring that all Soldiers are aware of TSGLI, understand its purpose, and know how to file a correctly prepared claim; and decreasing the claim processing time.

According to Col. John F. Sackett, who leads the TSGLI Division under the U.S. Army Physical Disability Agency, the average time to process a claim from receipt at Army through payment by Office of Service Members Group Life Insurance is 30 days.

Sackett believes both situations can be improved through outreach educating Soldiers, healthcare providers, counselors, and advocates.

"Our main focus is on determining

which Soldiers are eligible to receive this payment, based on the claim they file, and then making sure eligible Soldiers receive payment as quickly as possible, so this money is available while they recover from their injury," he said.

"One of our biggest barriers," according to Sackett, "is the lack of knowledge and general misconceptions that are out there regarding TSGLI.

These barriers create situations where Soldiers who are not eligible file claims; or Soldiers who are eligible file claims without supplying the required documentation allowing us to adjudicate their claim quickly."

To reduce these barriers, the Army uses a robust outreach program including messaging, educational materials, media outreach, and a constantly updated dynamic Web site, along with numerous in-person appearances and briefings at significant military events (i.e. Army Medical Holdover Conference, AMSUS, AUSA, etc.) and repeated visits to military treatment facilities such as Walter Reed Army Medical Center in Washington, D.C. and Brooke Army Medical Center in San Antonio, Texas.

But more is needed, so Army TSGLI is working hard to place "boots on the ground" at major military treatment facilities starting late this summer through this fall.

TSGLI counselors will provide a full stance of claims assistance, medical staff and caseworker education, and extensive Soldier records procurement on behalf of the Soldier working through the Warrior Transition Units and Soldier and Family Assistance Centers.

While the overall focus of the outreach program is on educating claimants and the people who care for them, specific messages have been created to help dispel five myths that have grown up around the program:

Myth #1: TSGLI is just for combat injuries.

False. Any qualifying injury incurred after December 1, 2005, is eligible for TSGLI coverage — regardless of whether it was in combat or not.

The only exception is the retroactive program, which covers Soldiers injured beginning Oct. 7, 2001, through Nov. 30, 2005, but only if they were injured in a Combat Zone Tax Exclusion area supporting Operation Enduring Freedom or Operation Iraqi Freedom.

Myth #2: A healthcare provider's statement is all that is needed to verify a TSGLI claim.

False. While TSGLI claims won't be approved without a certification from a healthcare provider, additional documentation must be provided to substantiate the certification.

The documentation may include medical reports and tests that establish the type of injury and the time that the Soldier was incapacitated as a result. Specific information is available on the TSGLI website.

Myth #3: TSGLI replaces a traumatically injured Soldier's income.

False. TSGLI provides one-time, tax-free payment that can help a Soldier and Family member get through short-term difficulties related to his or her injury and has no affect on regular pay.

Myth #4: TSGLI is an entitlement to Soldiers incurring any traumatic injuries.

False. TSGLI provides an insurance benefit for one or more of a total of 44 scheduled physical losses due to external force or violence.

These covered losses include amputation, burns, paralysis, brain injury or coma, loss of senses (e.g. blindness), or temporary losses of two of six activities of daily living (ADLs) such as eating, bathing, dressing, continence, transferring, and toileting.

It does not cover post-traumatic stress disorder (PTSD).

Myth #5: TSGLI denies the first claim attempt automatically.

False. Good documentation is the key to a quick award of TSGLI. Loss schedule one through 43 covers losses that have a defined and measurable loss. Loss No. 44, the activities of daily living does not, and further requires the medical provider documentation to substantiate the duration (e.g. 30, 60, 90, or 120 days) of two or more ADLs in which the Soldier was completely dependent (defined as 75-100 percent care by another person).

By dispelling these five myths, TSGLI will be better positioned to help the Soldiers who are truly eligible for this benefit, and do so in an even more timely manner.

"As claimants become better educated about TSGLI, it can't help but speed up our processes, which allows us to better accomplish our objective of helping heroes in times of need," according to Col. Sackett.

Col. Sackett and the outreach team rely heavily on the Web site and Web-based outreach e-tools to help in dispelling these myths and more.

"With a majority of the key information online, Soldiers or Family members trying to access the TSGLI programs benefits will better understand the eligibility and claims process. In addition, people who care for Soldiers, such as Family members, counselors and healthcare providers, will have information tailored specifically to their particular roles in the process," he said.

The TSGLI Web site has an array of features including user-friendly graphics, detailed program information, outreach materials, program statistics that detail claims and dollars paid to date; and an online discussion forum, where users can log in, post questions or comments and interact with others to share best practices and answer common questions.

For more information about TSGLI, contact the U.S. Army TSGLI service center at 1-800-237-1336 or TSGLI@conus.army.mil. Information also is available on the World Wide Web at www.tsqli.army.mil.

USCIS launches toll-free military help line

Special to the Frontline

WASHINGTON — Members of the U.S. military and their Families stationed around the world are now able to call U.S. Citizenship and Immigration Services for help with immigration services and benefits using a dedicated, toll-free telephone help line, 1-877-CIS-4MIL (1-877-247-4645).

"Thousands of immigrant Soldiers, Sailors, Airmen and Marines have made extraordinary sacrifices for America," said USCIS Director Emilio Gonzalez. "As such, at USCIS, we are committed to exhausting every effort

to ensure that the application process for immigrant service members is convenient, quick and secure. These brave men and women, and their Families, deserve this service, and we are proud to assist."

"This hotline honors the more than 40,000 non-U.S. citizens serving in the military today. If you are willing to fight and die for America, you should be able to become an American," said Senator Barbara Mikulski. "I will continue to work to improve this process, because servicemembers and their Families have enough to worry about."

USCIS customer service cen-

ter specialists are available to assist callers Monday through Friday from 8 a.m. until 4:30 p.m. (CST). Callers who receive assistance will:

- Track their application for naturalization (Form N-400);
- Notify USCIS of a new mailing address or duty station;
- Check the status of an application or petition;
- Bring a spouse, fiancé(e) or adopted child to the United States;
- Obtain posthumous citizenship for a deceased member of the Armed Services
- Submit an application

for expedited processing.

Servicemembers and their Families stationed in the United States or overseas may access the help line using the toll-free number, through their base telephone operator or using the Defense Switched Network (DSN).

After hours callers will receive an e-mail address that they can use to contact USCIS for assistance. Operators will ask members of the general public to call our main customer service line: 1-800-375-5283.

USCIS is working with the Department of Defense to

ensure the military community has accurate and up-to-date information about immigration services and benefits.

USCIS offices and the designated point-of-contact at each military installation will receive information about the Military Help Line and other immigration-related information and resources geared specifically for the military and their Families.

In addition to the help line, USCIS has developed a Web page, <http://www.uscis.gov/military> that contains information and links to services specifically for the military and their Families.

Religious leadership leads to victory



CHAPLAIN'S CORNER

Chap. (Capt.) Shannon K. Philio
703D BSB, 4/3 HBCT

Chief of Chaplains of the Army, Chap. (Maj. Gen.) David Hicks, defines religious leadership as “an intentional process by which personal example extends from the individual to positively influence a community for real change.”

Probably one of the most rewarding jobs I have ever had was being a camp counselor. One summer an eight-year-old-boy named Michael entered my cabin. His answer to everything was to fight.

For the whole week, whatever we were doing, whether walking around the lake or camping under the stars, I encouraged him not to fight but to love others as the Lord would have him do.

He went home at the end of the week. The neighborhood bully came

up to Michael and said, “Let’s fight!” Michael replied, “I don’t want to fight you. My camp counselor said I should try to love others.”

And would you believe that the bully, with both fists clenched, went up to Michael and then said, “Well, do you want to be my friend?” Michael’s mother wanted to get her son back into camp the next week.

Proverbs 22:6 says, “*Train a child in the way he should go, and when he is old, he will not turn from it.*” It’s Joshua, that great military commander who fought the battle of Jericho, saying, “*As for me and my household, we will serve the Lord*” (**Joshua 24:15**).

When we provide spiritual leadership, real change for the positive can occur.

What type of leader are you in the workplace, in the home, in your school, or in the community?

Do your thoughts, words, and actions show yourself to be a person who takes to heart our national motto, “In God We Trust?”

You do not have to be a chaplain to be a religious leader. Religious leadership as a military Soldier, spouse, or child is important because it creates an environment of calmness, strength, discipline, perseverance, and positive influence which leads to victory in times of difficulty.

Your chaplains, religious writings, prayer, worship, Bible study, or faith group activities are great resources for developing these religious leadership muscles.

Make a commitment today to be an agent of salt and light and positive change!

Make a commitment today to be a religious leader in your thoughts, words, and actions, and watch what God will do!

Attend Marriage 101

The unit ministry team conducts a marriage 101 seminar the fourth Tuesday of every month from 9 a.m. to 3 p.m. at Victory Chapel.

The session is for singles, engaged couples, newlyweds, and seasoned partners. The materials are provided as well as lunch.

For more information or to make reservations, call the Family Life Chaplain, at 767-7028.

Liberty County Mass Choir

Rehearsals are 7 p.m. every Tuesday at First Presbyterian Church, Hinesville.

Contact Cathy Goolsby to get your book and rehearsal CD at machllube@coastal.net or 369-4818 and Ronald Calhoun at rcalhoun@schoolofchurchmusic.org or 247-3424.

Chapel Schedule

Fort Stewart

Catholic	Location	Time
Sunday Mass	Heritage	.9 a.m.
Saturday Mass	Heritage	.5 p.m.
Protestant		
Contemporary Worship	Marne	.11 a.m.
Gospel Worship	Victory	.11 a.m.
Traditional Worship	Marne	.9 a.m.
American Samoan	Vale	.11 a.m.
Liturgical Worship	Heritage	.11 a.m.
Kids' Church(K to 6th grade)	Across from Dia. Elem.	.11 a.m.
PWOC (Tuesday)	Marne	.9:30 a.m.

Islamic
Friday Jum'ahMarne1:30 p.m.
Contact Staff Sgt. Aiken at 877-4053.

Jewish
Contact Sgt. 1st Class. Crowther at 332-2084.
FridayMarne11:30 a.m.

Hunter Army Airfield

Catholic		
Sunday Mass	Chapel	.11 a.m.
Protestant		
Sunday Service	Chapel	.9 a.m.

Religious Education Contacts

Stewart and Hunter, Director of RE, Mike Iliff, call 767-9789.
Stewart Catholic RE coordinator, Beth Novak, call 767-6825.
Hunter Catholic RE coordinator, Pamela Perez, call 315-5440.

Fort Stewart Chapel Youth Ministry Junior and Senior High Students!

Join us for free games and pizza
6:30 - 8 p.m. Sunday,
at Vale Chapel in Bryan Village.
For more information,
call 877-7207.



Kids Church

Exciting Bible Lessons

with music, puppets, videos, crafts, games

11 a.m. to Noon, Sunday

at School Age Services
(across from Diamond Elementary)

For all kids Grade K-6

Scheduled Bus Pick-up

10:15 a.m. - Liberty and Hendrich, Liberty and Sicily, Liberty and Anzio, Liberty and Rome

10:20 a.m. - Jasmine and Skyland Spruce, Jasmine and Liberty Wood, Wild Fern and Golden Birch

10:30 a.m. - Schofield and Sansidro, Schofield and Hollandia, Rogers and Argyle

10:40 a.m. - Naktong and New Guinea, Ormoc and New Guinea

10:50 a.m. - Marne Chapel

10:55 a.m. - Victory Chapel

Questions?

Contact Sara Fisher at (606) 204-6519

Coastal Happenings

Courtesy of the Coastal Courier

Savannah Cultural Events

Activities sponsored by the Savannah Department of Cultural Affairs include these ongoing events:

Every first Friday of the month

Folk Music by Savannah Folk Music Society, 7:30 p.m., free, at Wesley Monumental United Methodist Church.

The Arts at City Market Center, upstairs, Jefferson and West St. Julian Streets, free, 6:30- 8:30 p.m. Call 232-7731.

Every first Saturday of the month

Adult and youth basic ballroom dance classes, by Moon River Dancers: 1-3 p.m. at the West Broad Street YMCA, 1110 May Street. Admission is \$3 per person. Call 925-7416 or visit www.savannahusabda.org.

Every third Wednesday of the month

Open Mic Poetry Night - sign up at 7:45 p.m., Gallery Espresso, 6 East Liberty St. Call 233-5348 for more information.

Saturdays and Sundays

Flannery O'Connor Childhood Home Foundation tours 1-5 p.m. every Saturday and 1-4 p.m. on Sundays. Located at 207 E. Charlton St. on Lafayette Square.

Born in Savannah in 1925, writer, Mary Flannery O'Connor, lived in a Charlton Street house until 1938.

Today, it is maintained partly as a memorial to her and partly as a literary center for Savannah. Call 233-6014.

Every Sunday

Oldie Goldies Sunday at the American Legion Post 500, 1716 Montgomery St., 4-8 p.m. Call 925-7116.

The Reel Savannah Film Group presentations, 7 p.m., Sunday evenings at the Lucas Theatre. Tickets cost \$6 and are available an hour before showtime.

Visit AASU Arboretum

Armstrong Atlantic State University has an arboretum, which encompasses the 250 acre campus displaying more than 100 species of trees and 200 species of shrubs and other woody plants. The Fern Collection, featuring 23 varieties of native and non-native ferns, is on the west side of Jenkins Hall. Plants with white flowers or white variegated foliage make up The White Garden behind the administration building. The Ginger Collection focuses on seven groups of ginger plants and is at the south end of Hawes Hall. For more information or to schedule an educational tour, call AASU's plant operations at 921-5472.

Frisbee golf offered at Richard B. Russell

Disc golf may not get much coverage by sports writers, but it has a loyal following of fans who enjoy exercising outdoors while testing their throwing skills. The game is played much like regular golf, only the players throw special discs into baskets rather than hitting balls into holes. The typical course features 18 "holes" with challenges of trees, streams and other natural obstacles.

One of the most scenic and well kept disc golf courses in Georgia is at Richard B. Russell State Park in Elberton. While

hiking between tee pads, players enjoy the rolling green scenery of this pastoral park. The cost is only \$2 for parking and \$1 per person to play. After a fun game in the field, visitors can enjoy watersports on Lake Richard B. Russell, exploring hiking and biking trails, or relaxing at numerous picnic spots throughout the park. Overnight accommodations include lakeside cottages and shaded campsites. Richard B. Russell State Park is located eight miles northeast of Elberton off Hwy. 77.

For more information, call 706-213-2045 or visit www.gastateparks.org.

Join ballroom dancing

Here are your opportunities to join together with Seaside Dance Association on Jekyll Island: The association has weekly dance classes Thursdays: 7 p.m., welcome and registration; 7:15 p.m., basic syllabus I dance class and advanced syllabus II dance practice; at 8:15 p.m., advanced syllabus II dance class and basic syllabus I dance practice.

Cost is \$4 per class for members and \$7 for non-members. Membership costs \$25 annually. For information, call 634-9527.

Telfair open six days a week

The Telfair Museum of Art is on Telfair Square at 121 Barnard St. in Savannah. Admission is \$10. The museum is open 1-5 p.m., Sunday; noon-5 p.m., Monday; and 10 a.m.-5 p.m., Tuesday-Saturday. For more information, call 232-1177.

GA Historical Society offers free presentation

Special to the Frontline

Georgia Historical Society presents Equiano, the African, Biography of a Self-Made Man.

The occasion will be presented by Vincent Carreta, University of Maryland 7 p.m. Aug. 29 at the Coastal Georgia Center, 305 Fahm Street in Savannah.

In his day, Equiano was the English-speaking world's most renowned person of African descent.

Equiano's greatest legacy is his classic 1789 autobiography, The Interesting Narrative of the Life of Olaudah Equiano, or Gustavus Vassa the African.

He was a sailor, adventurer, entrepreneur, and jack-of-all-trades. The event is free and open to the public. For more information, call 651-2125.

AFRC Sweepstakes: chance to win \$100, more

Special to the Frontline

ALEXANDRIA, Va. - Winners of the Armed Forces Recreation Center Great Getaways Sweepstakes were awarded \$100 gift cards during the second of three monthly drawings. A total of 20 individuals have won \$100 gift cards since the sweepstakes began June 1. Ten more gift cards will be awarded in a final drawing when the promotion ends Aug. 31.

All participants who log on www.afrcresorts.com/sweepstakes between now and Aug. 31 have a chance to win a grand-prize vacation. The grand prize consists of an all-inclusive vacation package for two, including a seven-night stay at the resort of the winner's choice, round-trip airfare for two, use of a rental car for seven days, and a set of luggage.

Entrants can also win great prizes like Sony digital cameras, Sony Playstation

Portables and a set of golf clubs.

The summer-long sweepstakes is designed to raise awareness within the Department of Defense community about the Armed Forces recreation centers, which provide servicemembers, retirees, DoD civilians and their Families a "Great Getaway" at four world-class resorts: Dragon Hill Lodge in Korea, Edelweiss Lodge and Resort in Germany, Hale Koa Hotel in Hawaii and Shades of Green on Walt Disney World in Florida.

AFRCs set the standard with resort hotel accommodations, restaurants and entertaining attractions designed for servicemembers and their Families to create world-class vacation opportunities in unique resort locations throughout the world.

AFRCs are run by the Family and Morale, Welfare and Recreation Command based in Alexandria, Va. FMWRC's mission is to provide Soldiers and their Families with the same quality of life they're sworn to protect.

For more information about the resorts and to register for the sweepstakes, visit www.afrcresorts.com.

The AFRCs are one of hundreds of services and activities the Family and Morale, Welfare and Recreation Command oversees to support the quality of life for Soldiers and their Families. For more information on FMWRC, visit www.ArmyMWR.com.



Bill Bradner

The Edelweiss Lodge and Resort, nestled in the Bavarian Alps in the town of Garmisch, Germany, is one of four Armed Forces Recreation Centers run by the FMWRC.



Book review: Back from War by 1st Lt Lee Alley

Commentary by:
Sasha McBrayer

Fort Stewart Museum

Back from War, at a little over 240 pages, is a concise and attention-holding aid for "finding hope and understanding in life after combat for the American Soldier and their loved ones." Former Recon Platoon Leader of the 60th Infantry in Vietnam, author Lee Alley uses his non-fiction book, not just to tell his own story, but also to spotlight the tales of other veterans from WWII, Vietnam, Korea, Kosovo, Iraq and Afghanistan, as well as their Family members and even psychologists, to incite public awareness of the heavy toll of combat and the cavalcade of emotions, including Post Traumatic Stress Disorder, and general difficulty coping that comes afterward, as Soldiers put away their uniforms and try to re-enter civilian life.

Alley discusses America's often negative

attitudes and receptions toward surviving veterans. He focuses upon a misunderstanding public and their effects upon former service men and women. He makes a clear call for honoring veterans, whether we agree with war, especially the war on terror, or not. With his vibrant, personal memoir coupled with the real letters from others, readers find themselves in the shoes of veterans, able to more vividly understand their collective plight. 1st Lt. Alley also encourages Soldiers to open up about their experiences, not just to educate others, but put themselves on the road of healing.

Alley's easy to read style is fluid and poetic, without being flowery or longwinded. The result is a good read for any American from any walk of life. It is easy to identify with the



war hero and the other contributors. I recommend this book, a portion of the sales proceeds of which are donated to the National Military Family Association's Operation Purple Summer Camps, a free program supporting military children of deployed servicemembers.

My favorite contributor was Edmund Christian Scarborough,

Kosovo and OIF veteran, who describes an eerie, somehow beautiful "feeling of past connection" he noticed in theatre due to unbelievably coincidental similarities in his name and his uncle's (killed in action in Vietnam) as well as in his commanding general (the same

man who was headquarters commander during Vietnam). Scarborough relates a "deep personal awareness" and trusts his feelings of brotherhood to get himself and others through the sometime lack of support born from fighting in an unpopular war, no matter the decade. He says, "...I also realize and am proud and happy that the people of our United States still care about and pray for every one of its soldiers, sailors, airmen and marines... They... let us know we are not lost and forgotten in a cause...I believe our nation... realizes, as do we who have been in combat, that war in any measure is always a terrible thing to endure—for any generation, for any era."

Stories like these only further tout Alley's overall message, "...As a nation, we fail miserably when it comes to the care of our veterans." His chronicle is a must for any Soldier or veteran and anyone can appreciate its openness and timeliness.

Fort McAllister State Historic Park Labor Day Weekend Program

Come enjoy blacksmithing, woodworking and black powder cannon firings. Take part in Civil War old fashion games and have a cool slice of melon.

Bring the kids, pack a lunch, wear your plain clothes and take part in the games from 10 a.m. - 4 p.m., Sept. 1 at Fort McAllister Historic Park.

The park is located on Georgia spur 144/ Fort McAllister Road in Richmond Hill.

The price is \$4 for adults, and \$2.50 for children. For more information, call (912) 727-2339.

Volunteer Spotlight



Tatiana Araujo of Brazil, is an American Red Cross volunteer working in the Surgery Clinic at Winn Army Community Hospital.

Araujo is volunteering because she feels it is a great idea and she wants to be a good example for her daughter. Her interests and hobbies include helping people, learning English and meeting people.

If you'd like more information about becoming a Red Cross volunteer at Winn, call Brigitte Roberts at 435-6903.



HEALTH MATTERS

Winn Army Community Hospital

What is the Army Medical Action Plan?

Winn Public Affairs

The Army Medical Action Plan is the U.S. Army's initiative to develop a sustainable system wherein wounded, injured and ill Soldiers are medically treated and vocationally rehabilitated to prepare them for successful return to duty or transition to active citizenship.

This plan will ensure that the needs of operational units, the Soldier and their Families are jointly met. Its mission is to support the Army's Warrior Ethos of "I will never leave a fallen comrade" by identifying and implementing improvements in the Army's system of caring for warriors in transition, and to establish long-term solutions that provide a lifetime of care.

Where things stand today

The Army has made significant improvements in areas of infrastructure, leadership and process as it works toward a Soldier-centric healthcare system wherein each Soldier is supported by the triad of a caring and energetic chain of command; a primary care physician; squad leader; and a registered nurse case manager.

Implication; Soldier and Army

The Army is committed to continuous infrastructure maintenance and improvements at all of the medical centers and medical treatment facilities. Here is some of the recent progress the Army has made:

Warrior Transition Units

Regarding leadership issues, the Army believes it has the right people and the right mechanisms in place to make sure that all Soldiers in a transitional status are managed with care and compassion, and that they and their Families are satisfied.

The Warrior Transition Unit at Fort Stewart-Hunter Army Airfield was activated July 6.

At the heart of this unit are its commander, Lt. Col. Leonard Porter and command sergeant major, Sgt. Maj. Robert McRae. They lead numerous

Primary Care Management Teams, each comprising of a nurse case manager, a primary care manager and a squad leader.

Taking care of Wounded Soldiers and Families

Among the changes and or improvements implemented by the Army's senior leadership to help Soldiers and Families in transition are:

- Bringing more case managers on board at Winn Army Community Hospital to reduce the case manager-to-patient ratio.

- Selecting and training an ombudsman to serve at Winn.

- Planning a centrally located one-stop Soldier and Family Assistance Center at Fort Stewart. All the necessary services for Family assistance, finance and personnel actions will be available in this organization.

- Instituting a notification system that allows leaders to greet family members at the airport and escort them to the hospital.

- Surveying all of its facilities and will prioritize renovation/repair projects to improve accessibility for Soldiers in transition.

- Working to employ an information system that will provide to leaders both management data and the Physical Disability Evaluation System progress of Soldiers in transition.

- Training all social work personnel, nurse case managers and psychiatric nurse practitioners on Post-Traumatic Stress Disorder and distributing Traumatic Brain Injury and PTSD awareness training packages to all commanders and Soldiers.

Army leadership understands recent failures and is committed to identifying necessary changes in an accelerated manner. Much of this recent effort focuses on improvements to streamline a patient-review process that does not always reflect today's skillful achievements in battlefield medicine. Army medical personnel are providing the most advanced medical care for deployed Soldiers, resulting in more lives saved than ever before.

Winn Briefs

Winn/Tuttle observing Fed holiday

Sept. 3 is Labor Day, a Federal holiday. On Sept. 3, services at Winn Army Community Hospital will be limited to inpatient care and emergencies. Full operations will resume Sept. 4.

All services at Tuttle Army Health Clinic and the Lloyd C. Hawks Troop Medical Clinic will be closed Sept. 3. Full operations will resume Sept. 4.

New diabetic clinic at Tuttle

Tuttle Army Health Clinic has started a diabetic clinic for patients that have been diagnosed with diabetes.

The clinic is a disease management clinic for the treatment of diabetes only. Diabetic patients will continue to see their primary care provider for other healthcare concerns. Patients will be seen by an internist and a clinical pharmacist. For an appointment please call 435-6633 or 1-800-652-9221.

Volunteers welcome at Winn

Winn Army Community Hospital is seeking adult volunteers who are interested in performing administrative, clerical or clinical duties throughout the hospital.

The next hospital volunteer orientation is scheduled for at 9 a.m., Aug. 28. For more information, call Brigitte Roberts, 435-6903, or e-mail brigitte.roberts@se.amedd.army.mil.

Warriors in Transition

Brandon Yarber, ombudsman, is here at Fort Stewart to assist Warriors in Transition and their Families with issues and concerns regarding medical care. Please contact Yaber at 435-6143/6225, e-mail: brandon.yarber@us.army.mil or visit his office in the Patient Service Center at Winn Army Community Hospital, Suite CH32.

Canceling your appointment

If you need to cancel your scheduled appointment, please contact your provider within the appropriate time frame. In many specialties, such as pediatrics and Family practice, appointments are in high demand — your early cancellation will give another patient the opportunity to have access to timely medical care. Please call at least one day in advance to cancel your appointment to allow someone else to receive medical treatment.

Call 435-6633 or 1-800-652-9221 to cancel. Help us help you!

Tuttle Army Health Clinic hours

Tuttle Army Health Clinic is open Monday-Friday, 8 a.m. to 5 p.m. The pharmacy, laboratory, radiology and medical records are also open Monday-Friday 8 a.m. to 5 p.m.

The clinic is closed the fourth Thursday of every month from 8 a.m. to 1 p.m. for training. For more information, call 315-6500/6811.

Five steps to safer health care

1. Speak up if you have questions or concerns.
2. Keep a list of ALL the medicines you take.
3. Make sure you get the results of any test/procedure.
4. Talk with your doctor and health care team about your options if you need hospital care.
5. Make sure that you understand what will happen if you need surgery.



Army suicides up, prevention efforts strengthened

Steve Harding
Army News Service

An Army study released August 16 indicates that during calendar year 2006 Soldier suicides reached their highest level since 1980.

Produced by the Suicide Risk Management and Surveillance Office at Madigan Army Medical Center, Fort Lewis, Wash., the 165-page 2006 Army Suicide Event Report lists 99 deaths by suicide, with 27 of the deaths occurring in Iraq and three in Afghanistan. There were also 948 of what the report terms "serious attempts at suicide."

While the vast majority of the "completed suicides" in 2006 involved males, 10 of the victims were females, the report said. Seventy percent of the Soldiers were under 25, 98 percent were enlisted, and 91 percent were from the regular Army. And while the suicide methods included drug overdoses, strangulation and poisoning, the vast majority - 71 percent - involved firearms.

The report was compiled from data submitted by units throughout the Army. Submission of such data is required for all suicide-related behaviors that result in death, hospitalization or evacuation, said Col. Dennis W. Dingle, the Army's director of human resources policy.

The information contained in the report is important, Dingle said during a news conference following the report's release, "because the loss of any member of the Army Family is a tragedy, and the Army has made the prevention of suicide a top priority." By analyzing the causes and outcomes of each attempted or completed suicide, he said the Army is better able to tailor its suicide-prevention programs and provide at-risk individuals with greater access to the service's considerable behavioral- and mental-health resources.

While the Army has looked very closely at the effect deployment and sustained combat operations may have on the number of attempted and successful suicides among Soldiers, no direct relationship among deployment, combat and suicide has yet been found, said Col. Elspeth C. Ritchie, behavioral health psychiatry consultant to the Army's Surgeon General, who spoke at the same news conference.

Ritchie pointed out that while the report lists a number of reasons for the completed suicide attempts - ranging from financial problems to previous mental illnesses to having seen direct combat - failed marital relationships account for 55 percent of what the study terms "completed suicides" and 40 percent of the attempted suicides.

"We know that repeated deployments put a real strain on relationships, so we believe that part of the (2006 increase in suicides) is related to the increased stress on relationships," Ritchie said. "That's part of the reason why such Army programs as 'Strong Bonds' are intended to reinforce and strengthen marriages and other intimate relationships."

The Army's suicide-prevention program has been in place since 1986, Dingle said, but in 2006 the Army formed an additional team comprised of functional experts from the Office of the Surgeon General, the Office of the Chief of Chaplains, the National Guard, the Army Reserve and other organizations to help fully integrate the Army's suicide-prevention efforts.

By continuously gathering and analyzing data such as those contained in the report, he said the Army is able to continuously improve and adapt its training, intervention and support programs.

Among those programs are mental-health assessments conducted for Soldiers before, during and after deployments, as well as continuous reports provided by deployed mental-health assessment teams, Ritchie said.

"We are now collecting data not only on every completed suicide, but also on every serious suicide attempt," she said. "We're looking at a number of factors, (such as) the stressors on the Soldier, the motives, and the methods by which the Soldier either attempted suicide or succeeded. We looking at age and gender, and we're taking the results of this information and putting it back in our training and education programs."

The Army is also committed to increasing access to care for both Soldiers and their Families, Ritchie said.

"Not only are we working to reduce the stigma that is often attached to seeking mental-health care, we're working very hard to increase the number of people who provide that care." She pointed out that the Army is currently seeking to recruit at least 250 additional mental-health professionals, though she acknowledged that in that effort the Army is competing directly with both the Department of Veterans Affairs and civilian health-care organizations.

Despite the many challenges associated with assessing and monitoring Soldiers' mental health both in garrison and while deployed, and the continual need to adapt education and care initiatives to fit ever-changing needs, Dingle emphasized that the Army is committed to providing its Soldiers the best possible mental-health assessment and care.

"Soldiers and their Families are our first priority," he said. "The Army recognizes the importance of this issue, and is taking deliberate steps to mitigate those risks that may contribute to suicidal behaviors. Our prevention efforts help our Soldiers and their families deal with the challenges they face every day. Our Soldiers and Families are resilient ... and the Army is committed to enhancing that resilience."

Additional information on Army mental health and well-being programs is available at www.behavioralhealth.army.mil.

Army's medical hotline continues to help Soldiers, Families

Gerry J. Gilmore
American Forces Press Service

The Army's four-month-old Wounded Soldier and Family Hotline continues to find answers to Soldiers' and Families' medical questions, a senior U.S. military officer said.

The hotline provides a more direct way for wounded Soldiers and their Families to obtain information for medical issues that couldn't be resolved through local channels, Col. Edward Mason, the hotline's director, told online journalists and "bloggers."

"The intent of the Wounded Soldier and

Family Hotline is to ensure that Soldiers and their Families have access to every resource the Army has to offer," Mason explained.

Senior Army leaders established the hotline March 19 in the wake of a series of news reports in February that spotlighted shortcomings in patient care at Walter Reed Army Medical Center here.

Top Army leaders receive regular reports and briefings on hotline operations, the colonel pointed out.

The hotline wasn't created to bypass the chain of command, Mason emphasized, noting that it was established to address and

resolve Soldier and Family medical issues as expeditiously as possible.

The hotline is managed and operated by U.S. Army Human Resources Command, in Alexandria, Va. Since inception, the hotline has fielded more than 5,000 calls, involving more than 1,300 issues.

Callers' issues are staffed to subject-matter experts for resolution. The hotline staff later contacts callers to ensure they've been helped.

"Most of the time callers are very happy someone listened to them and that we were able to provide the information that they needed," Mason said.

Military veterans have raised about 28 percent of hotline issues. Veterans have been gratified to receive replies from U.S. Department of Veterans Affairs officials, Mason said.

The hotline operates 24-hours-a-day, seven-days-a-week. It is staffed by 50 Soldiers and 50 Contractors.

The Contractors are former Soldiers or Family members.

"They believe in the mission and have a passion for helping Soldiers and Families," Col. Mason said of the hotline's staff.

The Army's Wounded Soldier and Family Hotline can be accessed at 1-800-984-8523.

DeCA invites all to gather around the dinner table

Caroline Williams
DeCA Media Relations

FORT LEE, Va. – Commissary officials urge military families to enjoy a meal together often, but especially Sept. 24, to support Family Day, a national movement that encourages parental involvement in the lives of America's children as a way of decreasing the odds of substance abuse.

"Sharing a meal with someone is an age-old way of communicating cultural values and norms," said Patrick Nixon, director and chief executive officer of the Defense Commissary Agency. "Eating together feeds the soul as well as the stomach. It's the perfect opportunity for parents to transmit their beliefs and expectations about life choices to their children, and commissaries certainly support military moms and dads as they rise to the daily challenge of bringing up healthy, well-adjusted young adults."

The Family Day initiative was founded by CASA, The National Center on Addiction and Substance Abuse at Columbia University. According to Joseph A. Califano, Jr., CASA chairman and president, "Parents are the most potent and underused tool in preventing substance abuse."

The center's 2006 report found that compared to kids who

have fewer than three Family dinners per week, children and teens who have frequent Family dinners together are at 70 percent lower risk for substance abuse, are one third less likely to try alcohol, half as likely to try cigarettes or marijuana and half as likely to get drunk monthly.

DeCA plans to encourage commissary customers to participate in Family Day with a gift certificate sweepstakes, underwritten by Family Day national sponsor The Coca-Cola Company.

"During the month of September at commissaries around the world, customers can enter to win a commissary gift certificate to help defray the cost of groceries for Family meals," said Phil Richardson, director of corporate customer development for Coca-Cola. "Each store will have a ballot box and entry forms near the Coke display."

DeCA and Coca-Cola are also collaborating on the production of special Family Day recipe cards to inspire moms and dads to make dinner from scratch, a healthier option than restaurant take-out and fast-food, drive-through meals.

"Commissaries place special emphasis on health and wellness," explained DeCA dietitian, Maj. Karen Fauber, "and Family Day presents a unique opportunity to extend that message. Eat a homemade dinner with the Family to gain a

lasting rapport with your children and enjoy the physical and mental benefits you're sure to get from eating a healthier meal made from scratch."

To create Family Day excitement among commissary customers last year, Coca-Cola sponsored a worldwide sweepstakes for an all-expenses-paid, three-day trip to New York, featuring a special dinner prepared by Sandra Lee, host of the popular Food Network show "Semi-Homemade Cooking."

Donna Shelton of Yorktown, Va., wife of Air Force retiree Scott Shelton, won the Family Day dinner sweepstakes and recently flew with her husband, daughter, Brittany, and her daughter's friend, Annalisa, to New York to meet Sandra Lee and enjoy one of her specially prepared meals.

"We had a great time," Shelton said. "Sandra Lee is vivacious and personable. She told us some great stories about her rise to success, and we were very impressed by her business sense."

"We were so well-taken-care-of ... from the flight to New York, to hotel accommodations and a limo ride to and from the dinner with Sandra Lee, it was completely a class act. It was all about good food, good fun and good company!"

For more information on Family Day, visit the official Web site at <http://www.casafamilyday.org/index.html>.



Local AAFES holds sportsman's contest

Special to the Frontline

Soldiers hunting for bargains at the Fort Stewart and Hunter Army Airfield post exchange can bag their share of more than \$20,000 worth of outdoor adventure prizes including elk, deer and duck hunts, as well as a new all-terrain vehicle.

Through a partnership with Maurice Simmons, Tru-glo, GSM, Rocky Boots and Hunting Apparel, ARG, Arctic Shield, Whitewater Hunting Apparel and Simmons Optics, authorized Army Air Force Exchange Service shoppers

can register to win one of the following nine prizes from Aug. 24 through Sept. 6.

"It's open season on outdoor adventure at AAFES," said the Fort Stewart PX manager, Robert Pickering. "Hunters who stop by can not only track down a great deal on the latest outdoor gear, but maybe even win a prize that will make the upcoming season one they won't soon forget."

Drawing for the AAFES "Hunting Sweepstakes" will be held on or about Oct. 12.

No purchase is necessary to enter and winners do not need to be present to win.

Prizes

Grand Prize - \$10,000 Arctic CAT ATV

1st prize - \$5,000 elk hunt for one

2nd prize - \$4,000 Southern Sportsman Lodge deer hunt for one

3rd prize - \$2,000 Arkansas duck hunt for one (two to be awarded)

4th prize - \$150 Simmons telescope (two to be awarded)

5th prize - \$150 GSM wildlife viewing camera (two to be awarded)



Nancy Gould

Hunter shop sews up loose ends

Nancy Gould
Hunter Public Affairs

Gloria Gordon, Hunter Sew Shop manager, replaces velcrow on ACUs for Sgt. James Campbell, Company A, 1st Battalion, 75th Ranger Regiment. Alteration and repairs are free for all enlisted Soldiers at Hunter and work is usually completed the day it's

brought in. Gordon said she spends most of her time sewing insignia onto uniforms, hats and gear, and replacing velcrow.

The Sew Shop is co-located with the Transportation Motor Pool shop in building 612 on Cook Blvd., and is open Monday through Friday, 7:30 a.m. - 12:30 p.m. and 1 - 4 p.m. For more information, call 315-8802.

Public Notices

DPW Environmental Branch gives notices of sewage spill

Directorate of Public Works

In accordance with Georgia's Water Quality Control Regulation and the Fort Stewart Sewage Spill Contingency Plan, notification is hereby made to the

public of a release, which occurred on Aug. 20 from a sewage force main located at a bridge near 6th Street on Fort Stewart. The force main was accidentally broken by a contractor while working in the area which caused wastewater to flow into Mill Creek. Upon discovery,

installation personnel responded immediately, containing the sewage from further release. Once contained, a vacuum truck was used to remove the sewage from the creek. Lime was used to neutralize any remaining residuals. For more information, call 767-2010.

Notice of public meeting

Directorate of Public Works

The Department of the Army hereby gives notice of a public meeting to be held from 6-9 p.m., Aug. 30, at the Mighty Eighth Air Force Museum, 175 Bourne Avenue, Pooler.

The subject of the meeting is the archeological excavation of a circa 1900 cemetery recently discovered at Billy Mitchell Boulevard, Hunter Army Airfield, and the respectful reinterment of said remains at an existing cemetery, Belmont Cemetery, also located on Hunter.

The meeting will also discuss the discovery of a second cemetery at Hunter on Neal Boulevard, and the public is invited to share what information they may have concerning both.

The meeting will be conducted by Stewart-Hunter in accordance with provisions of the National Environmental Policy Act,

the National Historic Preservation Act, and the Georgia Abandoned Cemeteries Act. Any interested party or citizen may utilize this opportunity to provide input in regards to this project.

The meeting will provide a description of the undertaking, a description of the existing Belmont Cemetery, information on future actions to mitigate effects at the Billy Mitchell Boulevard Cemetery; information regarding ongoing coordination, via Memorandum of Agreement, between Stewart-Hunter and the Georgia State Historic Preservation Office; and information concerning the Neal Boulevard cemetery at Hunter.

The environmental assessment for this proposed action will also be available for review at the public meeting.

For more information, call 767-0992.

Notice of Availability Environmental Assessment and Draft Finding of No Significant Impact for Belmont cemetery enhancements and re-interments, Hunter Army Airfield, Ga.

Directorate of Public Works

The Department of the Army hereby gives notice of availability of an EA and draft FONSI for the enhancements to and re-interments in the existing Belmont Cemetery on Hunter Army Airfield.

The purpose of this proposed action is two-fold: first, the respectful exhumation, relocation, and reinterment of both previously discovered and inadvertently discovered human remains at three separate locations on Hunter away from an area of ongoing and future development to an already-established cemetery on Hunter; and secondly, the enhancement of the existing Belmont Cemetery, Hunter, to prepare it to accept these remains.

This will ensure that the remains will, to the best of the installation's ability, remain under the protection offered by its status as federal lands.

It will also ensure that these human remains will be treated with appropriate sensitivity while still meeting the installation's needs for future development and compliance with all applicable federal, state, and local laws and regulations.

The EA addresses the potential impacts to the human environment to include wetlands, cultural resources, threatened and endangered species, and all other components of the surrounding environment. The EA, resulting in a draft FONSI, indicates that no significant adverse impacts would result from the pro-

posed action. A copy of the EA and draft FONSI will be available for public review from Aug. 27 to Sept. 25, at the following public libraries. All public review comments must be received no later than Sept. 25.

Fort Stewart main post library, open, 10:30 a.m. to 9 p.m., Monday - Thursday; 11:30 a.m. to 6 p.m. Saturday and Sunday; closed Friday. The address is building 411, 316 Lindquist Rd., Fort Stewart, Ga.

Hunter Army Airfield post library, building 1290, 165 Markwell Street. The hours of operation are 9 a.m. to 4:30 p.m., Monday - Thursday. The building is closed Friday and Sunday.

Liberty County Public Library, 236 Memorial Drive, Hinesville. The hours of operation are 9 a.m. to 9 p.m. Monday - Thursday; 9 a.m. to 6 p.m. Friday and Saturday; and 2-6 p.m. Sunday.

Mall Branch Library, 7 Mall Annex, Savannah. The hours of operation are 9 a.m. to 9 p.m. Monday - Thursday; 9 a.m. to 6 p.m. Friday and Saturday; and 2-6 p.m. Sunday.

Request all comments be mailed to the following address:

Chief, Environmental Division,
Attention: Thomas C. Fry
Directorate of Public Works
Headquarters, Fort Stewart
1550 Frank Cochran Drive, building 1137
Fort Stewart, Ga. 31314-4927