

# Going down to the fishing hole

Pat Young  
Frontline Staff

Reeling in fish from the banks of Pond 30 on Fort Stewart, community members took advantage of the special Grandparent's Weekend Fishing Rodeo by spending some quality time with Family and enjoying a relaxing sport.

"We are providing our community with the fishing rodeo in order to promote a lifetime recreation activity to our military children," said Susan Chipple, Outdoor Recreation and Leisure Activities manager. "Holding the rodeo on Grandparent's Weekend will provide an opportunity for Grandparents to share this recreation experience and their knowledge with their grandkids while creating great memories for our kids."

The added benefit of familiarizing community members with Stewart-Hunter's natural resources provided an outstanding opportunity for conservation law enforcement officers to setup an information booth about environmental conservation and protection.

Conservation enforcement officer Carl T. Smith Jr., supported the event's information booth, answered questions and gave away

free shirts, stickers and other goodies.

"It is a great event (the fishing derby)," said Smith. "It provides an opportunity for children and their Families to come out, catch some fish, and have a good time. When a child catches a fish, you can see it gives them a feeling of great accomplishment."

Smith said during these days of deployments, fishing gives Families something to do. It allows the children to enjoy an event they may have enjoyed with their deployed parent. Smith said he hoped people would have fun, remember to enjoy what they have, and take care of the environment so they can continue enjoying it.

Corey and Hazel Flynt thought the rodeo would be a good opportunity to take the Family and their friends fishing. Edward Barth, 8, and Robert Barnes, 7, said they had a great time fishing and exploring, while Kacey Fausone, 13, hung out with her friend Honesty Holmes, 12.

"She's my best friend ever," Fausone said referring to Holmes. "We get to hang out and fish."

Fausone said she has enjoyed the sport since she was little and won second place in a fishing competition soon after she turned four.

And while the children were enjoying the rodeo activities, Cory Flynt expressed his opinion.

"It's good to get the kids out and fish, Flynt said. "It keeps them out of trouble."

As soon as Flynt said those words, Barnes started reeling in a big catfish.

As Barnes brought in his catch, he was joined by Ryan Adamson, Thomas Hamlin, and Tommy Holland Jr., representatives from Fish and Wildlife, who were on-hand to assist Families in bating, hooking and cleaning their day's catch.

"There are a lot of deployed Soldiers," said Hamlin. "It's nice to step in and give a helping hand."

Barnes displayed his freshly caught catfish that measured more than 12 inches.

Adamson said there were a number of large fish in the ponds, and said at the last rodeo there was one that weighed four to five pounds.

The Fish and Wildlife team cleaned more than 600 fish at the previous rodeo and were prepared to do it again judging by the way people kept reeling



Photos by Pat Young

Corey Flynt helps Robert Barnes, 7, with a fish Barnes reeled in at the Grandparent's Weekend Fishing Rodeo, Sept. 8.

in the fish. Fish and Wildlife manages 22 ponds; 19 at Stewart, and three at Hunter.

Adamson said all the ponds have a variety of fish including bass, perch, and catfish. Hamlin added the rodeo was a great way to spend a day.

"There is more to fishing than catching fish," he said. "You can come out here, enjoy the scenery, the trees, the water - everything."

Shirley Hoey echoed Hamlin's sentiments as she fished with her son Michael, 15, daughter Myiesha, 11, and their friend Myrese Cobb, 13.

The Hoey's hadn't been fishing long before they had a number strung together to be brought home for dinner.

"The children love to go fishing; they go as

often as they can," Hoey said.

She said her children particularly enjoys fishing with their father, but couldn't since he is currently deployed to Iraq.

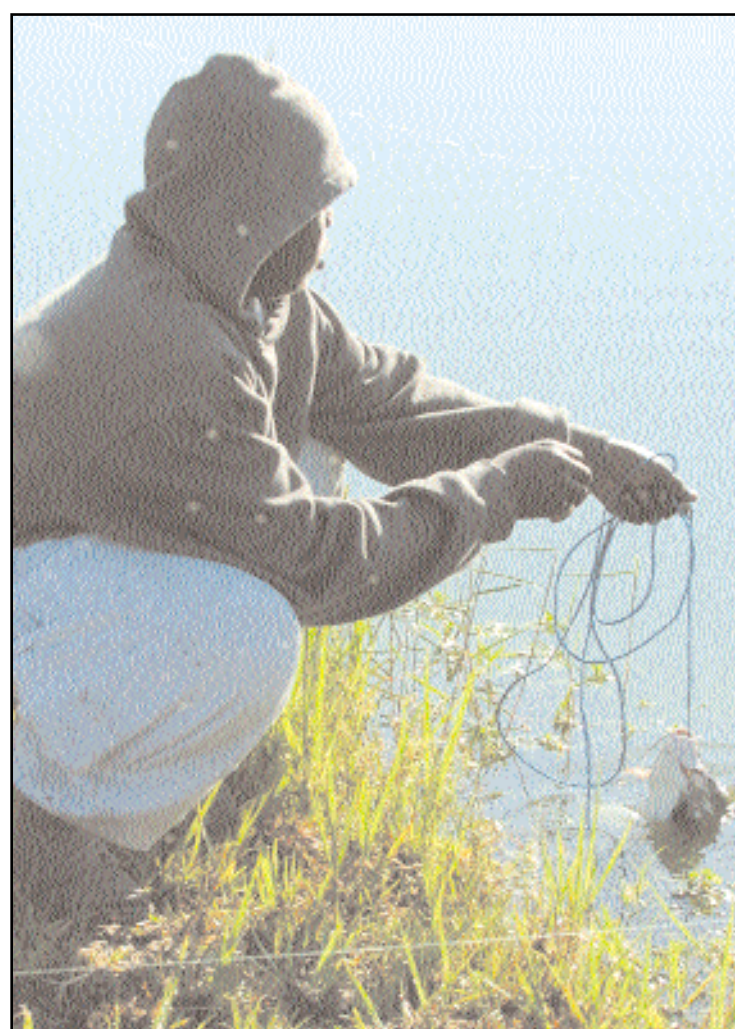
"I told their father I would take them," Hoey said.

The Hoey Family indicated Michael was probably the best fisherman among them.

"I caught a 20-pound catfish once," Michael said speaking of a fishing trip he took with his dad to the Republican River while the Family was stationed at Fort Riley, Kansas.

"I like fishing. I could fish 24-hours-a-day, 7-days-a-week if I could. When my dad gets back, we're going to go fishing."

The next fishing rodeo is scheduled for Sept. 29 at Pond 30.



Michael Hoey attaches another fish to the string of fish he and his Family caught at Saturday's fishing rodeo at Pond 30 on Stewart.

## Vanguard Warriors come out for golf tournament at Taylors Creek

Pfc. Amanda McBride  
4th BCT Public Affairs

With their upcoming deployment just around the corner, 29 teams from the 4th Brigade Combat Team came out Sept. 7 for the Vanguard Golf Tournament held at the Taylor's Creek Golf Course on Fort Stewart.

Soldiers who came out forgot about all the training and work for just a little while and

enjoyed a day of golf.

Soldiers from throughout the brigade, including battalion and brigade leadership, took part in the day-long golf tournament.

Teams, consisting of four players, started play at both the left and right side of the golf course.

"There are 29 teams participating. It's as many as you can possibly have on the course at one time," said Maj. Thomas Hurley, 4th BCT judge advocate. "We have all the carts."

For the first hole, each team went to one of the holes and each player teed off. Team players then used the best shot from each team.

"The format of the tournament is a scramble or a captain's choice," said Hurley. "Everyone tees off, and then they select the best tee shot. Then everyone hits from that best tee shot location and so on until they finish the hole."

Prizes were given to top teams. Winners received merchandise from the golf shop including: hats, shirt, golf balls and free rounds of golf.

The overall winning team for the tournament was from 6th Squadron, 8th Cavalry Regiment and consisted of the squadron commander, Lt. Col. Mark Solomon, Capt. Gregory Curry of Company A, Sgt. 1st Class Wayne Mahnke of Company C and Staff Sgt. Robert Frankforter, also of Co. C.

Though many players who showed up to the tournament were avid golfers, others came out to improve their game or just to have fun.

Spc. Travis Blumer, assigned to Company B, 4th Brigade Special Troops Battalion, said although he wasn't an avid golfer, he enjoyed visiting the golf course every once in awhile.

Although the tournament was a competition, the event also brought together Soldiers from throughout the brigade prior to the deployment.

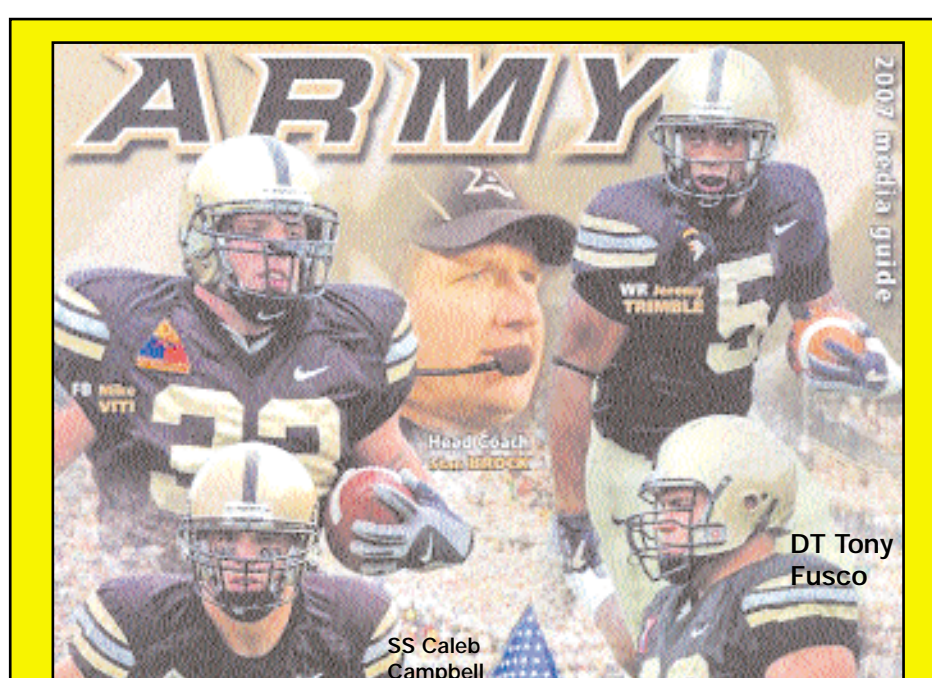
Blumer said golf was a sport where friends could get together, relax and have a good time.

"If you can find a sport that brings people together as much as [golf] does, then you've got a good sport and you should stick with it," he said.



Pfc. Amanda McBride

Lt. Tonia Carter, 6/8 Cav., steps up to the green to putt at the Vanguard Golf tournament Friday at Taylor's Creek Golf Course on Fort Stewart.



## Black Knights football visits GA Tech Oct 20

Special to the Frontline

Army football is underway, and the Black Knights football team will travel to Atlanta, Ga., Oct. 20 to take on the Georgia Institute of Technology.

Lt. Gen. E.L. Hagenbeck, Superintendent for the United States Military Academy invites Soldiers and Family members to come out in support of the Black Knights on their quest for the championship.

There is still time to catch up on the Army's football happenings and news at [www.goarmysports.com](http://www.goarmysports.com). The staff at GoArmy has made the Football media guide available to the gen-

eral public. The guide provides the Best of Army Football; Media Services; Season Outlook and a breakdown on coaches, players, opponents and much more.

The Black Knights' ticket mailing address is Army Athletics Ticket Office, Holleder Center, West Point, New York 10996.

Their phone number is 1-877-TIX-ARMY (1-877-849-2769). Representatives are available 9 a.m. to 9 p.m., Monday - Friday, and 9 a.m. to 6 p.m., Saturday and Sunday.

For more ticket information, call 1-845-938-2526 or fax, 1-845-938-8146. The group sales hotline is 1-845-446-7147.

# Deployed troops take to the hoops



Courtesy Photo

*Soldiers from the 87th Combat Sustainment Support Battalion, 'The Base Warriors,' defeated Soldiers from the 5th Battalion, 82nd Field Artillery, 'The Slice,' in the 35-years-and-older basketball championship tournament, 33 to 25, at Forward Operating Base, Q-West Aug. 26.*

# Jake's Body Shop: Your child's health

**Jake Battle**  
MWR Fitness Director

Do you know whether or not your child is getting the nutrients needed to be healthy? Recent studies indicate that many school-age children are getting less than they should of some very important vitamins.

Children grow at a fairly steady rate between the ages of 4 and 10. It is especially important that during this time they get healthy meals and snacks.

As a parent, you can help to ensure that your child is getting all the vitamins neces-

sary. Take this quiz to test your knowledge.

**1. How often should food be used as a reward for children?**

- a. not very often
- b. occasionally
- c. very often

**2. Which of the following can happen after a person who is lactose intolerant drinks milk?**

- a. cramps and diarrhea
- b. bloating
- c. both of the above

**3. Which child is least likely to be lactose intolerant?**

- a. a Hispanic boy

- b. a Caucasian girl
- c. an Asian girl

**4. How important is it for your child to eat breakfast before heading off to school?**

- a. not too important
- b. somewhat important
- c. very important

**5. Studies have found which of the following nutrients to be deficient in some children's diets?**

- a. iron and vitamin B6
- b. calcium and vitamin C
- c. both of the above

1. a. Reward your child's good behavior with praise or a hug.

2. c. Be sure not to confuse lactose intolerance with milk allergy which is caused by a reaction to the protein in milk.

3. b. The groups most likely to suffer from lactose intolerance are Hispanics, Asians, African-American, Native Americans and people of Jewish or Arabic heritage.

4. c. Children who eat breakfast tend to perform better at school than classmates who skip that important meal.

5. c. Kids need a variety of foods to help their bodies stay strong and healthy.

**Test your knowledge**

## 2007 INTRAMURAL FLAG FOOTBALL

### Marne Conference

	WON	LOST	PCT
F 703rd BSB	4	0	1.000
B Co. 4/64 Armor	3	1	0.750
549th MP Co.	2	1	0.666
A 703rd BSB	2	1	0.666
E Co. 4/64 Armor	1	1	0.500
C Co. 4/64 Armor	1	2	0.333
HHC 4/64 Armor	0	2	0.000
92nd Chem Co.	0	4	0.000

### Rocky's Conference

	WON	LOST	PCT
C Co. 3/7 Inf.	5	1	0.833
632nd Maint. Co	4	1	0.800
E 703rd BSB	4	2	0.666
135th QM Co.	4	2	0.666
A Co. 3/7 Inf.	2	4	0.333
G Co. 703D BSB	2	4	0.333
HHC 4/3 BSTB	1	4	0.200
HHC 4th Bde.	1	5	0.166

### Southeastern Conference

	WON	LOST	PCT
B Co. 1/76 FA	2	0	1.000
D Co. 4/64 Armor	2	1	0.666
15 ASOS	1	1	0.500
HHT 6/8 Cav.	0	3	0.000

## 2007 HIGH SCHOOL FOOTBALL SCHEDULE

### BRADWELL TIGERS

Date	Time	Opponent	Location
Sept. 14	7:30 p.m.	Coffee	Home
Sept. 28	7:30 p.m.	Beach*	Home
Oct. 5	7:30 p.m.	Jenkins*	Away
Oct. 11	5:15 p.m.	Jenkins*	Bradwell
Oct. 12	7:30 p.m.	Windsor Forest*	Home
Oct. 20	7:30 p.m.	Johnson, Savannah*	Away
Oct. 26	7:00 p.m.	Groves*	Home
Nov. 2	7:30 p.m.	Savannah*	Away
Nov. 9	7:30 p.m.	Camden County*	Away

\*=Region Game

### LIBERTY PANTHERS

Date	Time	Opponent	Location
Sept. 14	7:30 p.m.	Brantley County	Away
Sept. 21	7:30 p.m.	Calvary Day	Home
Sept. 29	7 p.m.	Harlem	Home
Oct. 5	7:30 p.m.	Glenn Hills	Home
Oct. 12	7:30 p.m.	Burke County*	Away
Oct. 19	7:30 p.m.	Richmond Hill*	Home
Oct. 26	7:30 p.m.	Hephzibah*	Away
Nov. 3	7:30 p.m.	Benedictine*	Away
Nov. 9	7:30 p.m.	South Effingham*	Home

\*=Region game

For more information on high school football contact LCHS at 876-4316 or Bradwell Institute at 876-6121.



## 2007 INTRAMURAL FLAG FOOTBALL SCHEDULE

### Marne Conference

549th MP Co. vs NCO Academy	Field 3	6:30 p.m.	Sept. 17
92nd Chemical Co. vs E Co. 4/64 Armor	Field 3	7:30 p.m.	Sept. 17
F Co. 703rd BSB vs HHC 4/64 Armor	Field 3	8:30 p.m.	Sept. 17
E Co. 4/64 Armor vs NCO Academy	Field 1	6:30 p.m.	Sept. 19
F Co. 703rd BSB vs 549th MP Co.	Field 1	7:30 p.m.	Sept. 19
B Co. 4/64 Armor vs C Co. 4/64 Armor	Field 1	8:30 p.m.	Sept. 19