

SPORTS & FITNESS

B SECTION

On Post

Summer Basketball

Entry deadline for the Fort Stewart and Hunter Army Airfield Summer Basketball League is June 14. Entry fee is \$165. The league is 20 teams, 12 players per team including the coach. If 20 teams are entered the top eight teams will compete in the end of season tournament.

Active duty, National Guard and Army Reserve Soldiers are eligible.

For more information call 767-8238 or 767-9795.

Gracie Ju-Jitsu

Ju-Jitsu is held Tuesday and Friday at Caro Fitness Center from 6 to 7:30 p.m. Cost is \$45 per month. Sign up prior to 6 p.m. at Caro.

For more information contact Jake at 767-3033.

Golf Course

Taylor's Creek Golf Course offers Senior Blitz on Thursdays with a 9 a.m. tee off.

Consultations at Newman

The Newman Physical Fitness Center now offers free personal training consultations. Consultations consist of health screenings (body fat assessments), exercise prescription and nutritional counseling.

Consultations will be given on an appointment basis only.

For more information, call 767-2771.

Marne tournaments

A nine-pin, no-tap tournament will be held the first Saturday of every month at Marne Lanes.

Sign up starts at 6:30 p.m. Bowling starts at 7 p.m. Cost is \$15 per person.

Cash prizes will be awarded. The tournament is sponsored by the Fort Stewart Women's Bowling Association.

For more information, call 767-4866.

Hunter Youth Sports

Sign-ups for Tee Ball, ages 5 and 6; coach pitch, ages 7 and 8; and baseball, ages 9 to 14 are going on now. Children must be registered with Child and Youth Services to participate.

Sports fees are \$20 for the first child and \$18 for each additional child in the family. Uniforms are provided.

For additional information, call 352-5708 or 352-6075.

Tae Kwon Do lessons

Tae Kwon Do is available for children and adults.

Classes are held for beginners from 5 to 6 p.m., intermediate 6 to 7 p.m. and teen and adult 7 to 8 p.m., each Tuesday and Thursday at the Fort Stewart Youth Services Center, Bldg. 7338, Austin Road, Bryan Village next to the shoppette. The cost is \$30 per month, \$30 for uniform and \$30 for testing fee; belts are included.

For more information, call Child and Youth Services at 767-2312.

Pilates

Pilates classes will be held Monday, Wednesday and Friday at the Palmetto Room in Club Stewart, from 6 to 7:15 p.m. Cost is \$45 per month. Sign up prior to 6 p.m. For more information call Jake at 767-3033.

If you're interested in having your sports articles, commentaries or briefs posted in The Frontline, call 767-3440, or fax at 767-5979. Deadline is noon on Fridays.

Rugby team competes at Benning

Capt. Kareem Montague

Special to The Frontline

The Fort Stewart rugby team competed in the annual Military Nationals Rugby Tournament in Fort Benning, Ga., Saturday and Sunday.

The team is made up of 13 Soldiers, a retired infantryman and a Department of the Army civilian. They had a mere three weeks of practice under their belts, and seven rookie players who had yet to play their first game. Expectations were not high.

After four tightly contested games, two days of 100-degree temperatures, and various bruises, scrapes, and broken bones, the Stewart rugby players found themselves the proud owners of

the Consolation Championship Trophy.

The Stewart Ruggers began the tournament with the inauspicious task of playing the Europe team, last year's defending champions. To add to Stewart's challenge, the Europe team was hungry after an early morning loss. The boys from Hinesville responded with a hard-fought battle, highlighted by excellent defensive play from Andrew Webster, Barton Spears, and Zac Vann.

Insight into the determination displayed by the Marne Soldiers came early on in the second half. The tournament format required round-robin play on the first day, with three games lasting 50 minutes each.

A normal tournament roster

consists of 25 to 30 players, to fill 15 positions on the field. Traveling with exactly 15, Stewart did not have the luxury of substitutions.

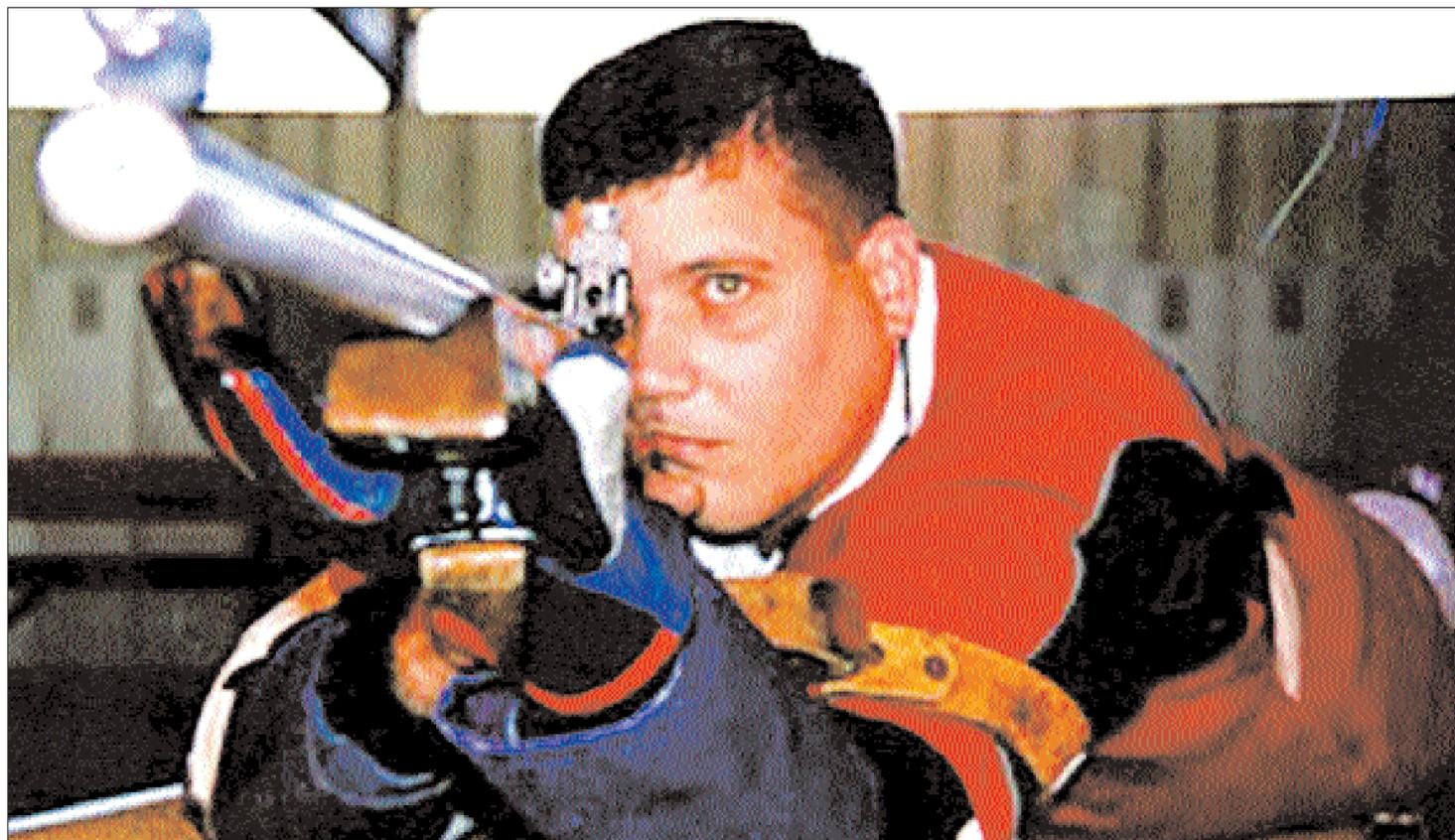
Five minutes into its game with Europe, Matt Herrell went down with an injury after a try-saving tackle against one of the Germany forwards. Danie Yssel, the team's fastest player and medic, declared him unfit to play with a possible clavicle or collarbone break. Despite vigorous protests from Herrell, his teammates took him to the sideline and completed the game down a man, holding Europe scoreless for the final 20 minutes of the game.

Despite this early loss, the team ended the game with a newfound confidence, as its new

players put their first game behind them. Equally important, this novice team earned the respect of its opponent through its physical play and refusal to quit. "I'll tell you those boys have got heart," said Europe Coach and Combined Services Coordinator Dom Budzicz.

The team continued to improve, playing close games with the Benning Club and the Fort Campbell team to complete the first day. James Cole and Hans Dochtermann both had an excellent game, playing out of position to support the undermanned side. Scott Mras and Yssel highlighted the game, setting up the team's first try (score) of the tournament to scrumhalf

See RUGBY, Page 2B



Courtesy photo

Two-time Olympian Sgt. 1st Class Thomas A. Tamas, Army Marksmanship Unit, takes aim. Tamas won the silver medal at the international Shooting Sport Federation World Cup April 26 in Athens, Greece.

Soldier wins World Cup Silver Medal

Paula Randall Pagan

U.S. Army Marksmanship Unit

ATHENS, Greece — A Soldier with the U.S. Army Marksmanship Unit from Fort Benning, Ga., took silver at the International Shooting Sport Federation World Cup April 26.

Sgt. 1st Class Thomas A. Tamas finished second by less than two points to Guy Starik of Israel and in the Men's 50-Meter Prone Rifle competition.

After shooting a 597 points out of a possible 600, Starik shot a 104.7 out of a possible 109 points and won the Gold Medal with the total score of 701.7 out of a possible 709. Tamas shot a 596 and got a 104.1 in the finals for a total of 700.1. Christian

Lusch of Germany took the Bronze Medal after shooting a 596 with a 103.8 in the finals for a 699.8 total.

Raised in Columbus, Ga., Tamas started shooting in 1978 with the Fort Benning Junior Rifle Team and graduated from Kendrick High School in 1983. He joined the Army in 1986 and was assigned to the U.S. Army Marksmanship Unit after he completed basic and infantry training.

Tamas served with the Army Marksmanship Unit for seven years before being assigned to the 1st Battalion, 506th Infantry Regiment, in Korea in 1992. After his overseas tour, Tamas returned to Fort Benning and the Marksmanship Unit in 1993.

Tamas is a two-time Olympian. In 1992 he did not get to compete in the Olympics because he was an alternate, and in 2000 he placed 13th in Prone Rifle at the Olympics in Sydney, Australia. Tamas set the Prone Rifle World Record of a perfect 600 points and was the 1998 Prone Rifle World Champion.

Last year, he won the Gold Medal and an Olympic Quota Slot for the United States at the Pan-American Games. He will be competing for one of two slots on the U.S. Prone Rifle Olympic Team at the Olympic Selection Matches, which will be conducted at Fort Benning May 25 to 27.

Formed in 1956 by President Dwight D. Eisenhower to raise

the standards of marksmanship throughout the U.S. Army, the Army Marksmanship Unit is assigned to the Accessions Support Brigade of Fort Knox, Ky., which is under U.S. Army Accessions Command, of Fort Monroe, Va. Accessions Command is charged with overseeing recruiting and training of the soldiers.

The Marksmanship Unit trains its soldiers to win competitions and enhances combat readiness through train-the-trainer clinics, research and development. The world-class soldier-athletes of the USAMU also promote the Army and assist recruiters in attracting young Americans to enlist in the Army.



Courtesy photo

Army gymnast Brian Lee qualified.

Army gymnast qualifies for U.S. championships

www.goarmysports.com

Special to The Frontline

COLORADO SPRINGS, Colo. — Army junior Brian Lee finds himself among an elite field of the nation's top gymnasts who qualified for the U.S. Men's Senior Championships following a stellar second-place performance on still rings at the Qualifier meet held over the weekend of April 24 and 25 at the U.S. Olympic Training Center in Colorado Springs, Colo.

Lee, who reached the individual finals on still rings at the recent NCAA Championships, scored a 9.5 to trail at the Qualifier by 5/100s of a point.

The winning mark of 9.55

was set by Penn State's Kevin Tan.

The qualifying meet is the only route left for athletes not already a part of the Senior National Team to advance to the next step — the U.S. Championships, June 2-5 in Nashville, Tenn.

From there, the top performers move on to the 2004 Olympic Trials to be held June 24-27 in Anaheim, Calif.

The top three all-around finishers from the 2004 NCAA Championships join the top 13 all-around athletes from the Men's Qualifier along with the current members of the U.S. Senior National Team for the national championships.

The top two individual fin-

ishers in each event at the Qualifier advance along with the top two three-event, four-event and five-event qualifiers who finished among the top 13 all-around athletes.

"It is a honor for Brian and the U.S. Military Academy to be represented at such a high level of competition," commented head coach Doug Van Everen, who led his team to the NCAA's this past spring.

"The talent of the field he beat shows that he is of the same caliber as the members of the National Team," he said.

"This is the first of four steps towards making the Olympic team. The exposure at this level of competition will produce dividends for years to come."

Army sweeps arch-rival Navy to earn star

Goarmysports.com

Special to The Frontline

ANNAPOLIS, Md. — Army raked five Navy pitchers for 15 runs and 18 hits in the opener, then rallied from a four-run deficit to win in 11 innings in the nightcap as the Black Knights swept the Midshipmen 15-2 and 5-4, Sunday afternoon at Max Bishop Stadium.

With the victories, Army tied the Patriot League record for conference wins and knocked its arch-rival from postseason contention.

Army (32-11 overall, 17-3 Patriot League) made short work of Navy starter Daniel Kovalcik (1-4) in the opener, chasing the freshman left-hander in the second inning. The Black Knights plated three runs in both the first and second innings and went on to score at least one run in every inning but the seventh. By that time, the Black Knights had sprinted to a 15-2 lead, piling up 18 base hits along the way.

Pitcher Justin Kashner was the beneficiary of the offensive explosion, increasing his record to 6-2 on the season with his third complete game of the year. The junior right-hander allowed eight hits, while striking out 11 and walking two.

Every starter in Army's lineup registered at least one hit with seven of the Black Knights' nine starters recording multiple-hit showings. Junior first baseman Walker Gorham led the onslaught with three hits, three runs scored and four runs batted in. Jeremy Stache added three hits and two RBI, while Wes Bumgardner, Milan Dinga, Schuyler Williamson, Nolan Cork and Kyle Scogin banged out two hits apiece. Bumgardner, Stone and Cork chipped in with two runs batted in each as Army registered its highest run total against Navy

since 1982.

The Black Knights trailed 4-0 in the second game after Navy scored four runs on four hits against Army starter Dan Cappello. Run-scoring singles by Chris Ashinhurst and Matt Lukevics and a two-run double by Dominic Lopez accounted for Navy's scoring.

Army patiently chipped away at the deficit, scoring one run in the fifth on an RBI groundout by Stache and two in the fifth on a Navy throwing error and a sacrifice fly by Stache. The Black Knights finally tied the score in the eighth when Scogin led off with a single to center field. He moved to second on Bumgardner's bunt single and scored when Navy pitcher Ryan Heffner threw the ball wildly to first. The unearned run knotted the score at 4-4.

After scoring its four runs in the fourth, Navy (13-35 overall, 7-13 Patriot) did not advance another base runner into scoring position until the seventh inning. Pinch-hitter Trevor Thompson singled against Wade Greenlee to lead off the frame and quickly moved to second on a sacrifice by B.J. Bickel. But Greenlee retired Craig Candeto on a flyout and struck out J.P. Temperilli to end the threat.

The Midshipmen would place their leadoff runner on base in the ninth, 10th and 11th innings, but were unable to advance any runner into scoring position the rest of the way as Greenlee (4-0) fired four innings of sterling shutout relief.

Army, which had already clinched the Patriot League's regular-season championship and the right to host next month's conference tournament entering the series, put an exclamation point on their weekend showing by pushing across the go-ahead run against Navy reliever Joe



Courtesy Photo

Army's Milan Dinga waits on deck.

Koessler (2-4) in the 11th inning.

Dinga led off with a sharp single to right field and moved to third on a two-out single to center by Stone, his fourth hit of the game. With runners on first and third and two outs, Stache attempted to bunt for a base hit. Navy catcher Doug Silverman fielded the ball in front of the plate, but rather than throwing to first base for the final out of the inning, he attempted to tag Dinga at home. Dinga beat Silverman to the plate, crossing with what proved to be the game-winning run.

Dinga relieved Greenlee in the bottom of the frame and registered his third save of the season as he retired the Mids in order

after yielding a leadoff single to Ashinhurst.

In addition to Stone's 4-for-5 effort at the plate, Bumgardner and Williamson recorded two base hits each and Stache registered three runs batted in for the Black Knights.

With Sunday's doubleheader sweep, Army's players garnered the "star" that is presented to the winner of the annual Army-Navy series. It marked the Black Knights' first series win in Annapolis since Army defeated Navy on its home field in the 2000 Patriot League Tournament. It also marked the first time Army has won three of four games from the Mids in Annapolis since the teams began playing four-game series in 1996 and the first time Army has registered a four game series victory against Navy since 1997.

In addition to equaling the Patriot League record for conference victories in a season they had originally set in 1994, the Black Knights eliminated Navy from Patriot League Tournament contention for the first time in conference history. The Midshipmen entered the day clinging to slim hopes of qualifying for postseason play, but those wishes were dashed with Sunday's sweep.

Army, ranked 10th in the latest Collegebaseballinsider.com Northeast Region poll, has won 25 of its last 28 games overall. The Black Knights have received votes in the National Collegiate Baseball Writers national poll each of the last two weeks.

Army returns to non-league action this week, hosting Temple on Tuesday before traveling to Sacred Heart on Thursday. The Black Knights will host the Patriot League Tournament for the second time on May 8-9 at Doubleday Field.

RUGBY

from page 1B

Danny Jones, who subsequently streaked down the field for the 60-yard score. Although nearly exhausted after the long first day, the team held it together for its final contest against the Air Assault Soldiers. Larry Massey, James Snodgrass, and Jim Byrd anchored the backs in this open contest. Sean Leathart scored the team's first try and Jon

Godwin earned the heart award, finishing the game with a grade 1 concussion. "I didn't feel a thing," he told his teammates.

The Stewart team's hard-fought play earned it a place in the Consolation Final, where it soundly defeated the over-matched Eglin Air Force Base Team 15-0. The game was marked by excellent perfor-

mances from the entire team, as they seamlessly ran around the Eglin team as if they weren't there. The team watched the Club Final, won by the Karma Team from the Washington, D.C. area, and then collected its trophy, well earned after a truly draining weekend. The team's newest players were very excited by their efforts and said they will

definitely continue to be a part of the military's rugby traditions. "This is the best game I've ever played," said Andy Webster, "I get to hit people for 50 straight minutes." His sentiments were echoed by others.

The Stewart team intends to build on its tournament success, continuing to practice on Wednesdays at 5:30 p.m. in front

of Newman Gym. The team will attend tournaments throughout the summer and play a moderate fall schedule prior to deployment. All skill levels are welcome. Those interested should come out to the practice fields on Wednesday or contact Dochtermann at 767-1369 or Massey at 440-823-4024 for more information.

Newman Physical Fitness Center Aerobic Schedule

Mondays

Latino Rhythm with Carmen (weights and tubing) 7:30 to 8:30 a.m.
 Busy Feet Workout with Irma (cross training) 9 to 10 a.m.
 4:30 to 5:30 p.m.

Tuesdays

Butts and Guts with Carmen (weights and bars) 7:30 to 8:30 a.m.
 Basic Training Workout with Irma (steps, body bars, weights, abdominal work, etc.) 9 to 10 a.m.
 Cardio-Stepping 4:30 to 5:30 p.m.

Wednesdays

Caliente with Carmen (kick-boxing) 7:30 to 8:30 a.m.
 Cardio kick-boxing with Irma 9 to 10 a.m.
 Step-Kicking with Irma (cardio kick-boxing/steps) 4:30 to 5:30 p.m.

Thursdays

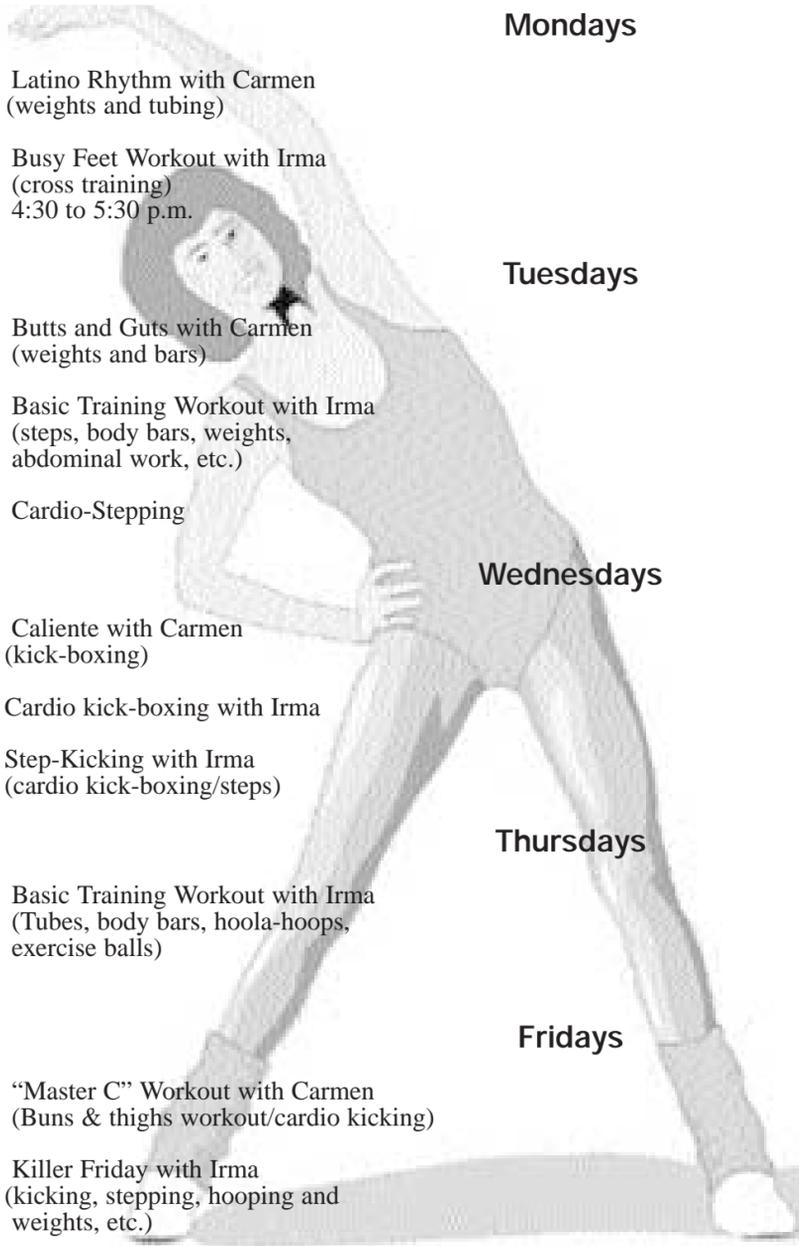
Basic Training Workout with Irma (Tubes, body bars, hoola-hoops, exercise balls) 9 to 10 a.m.
 4:30 to 5:30 p.m.

Fridays

"Master C" Workout with Carmen (Buns & thighs workout/cardio kicking) 7:30 to 8:30 a.m.
 Killer Friday with Irma (kicking, stepping, hooping and weights, etc.) 9 to 10 a.m.
 4:30 to 5:30 p.m.

Saturdays

Pick Your Poison with Asha 9 to 10 a.m.



Marne Scoreboard

Volleyball

Fort Stewart

April 28
 C Co., 703rd MSB 21-13, 92nd Eng. Bn. 21-15, 21-13
 103rd MI 21-0, 21-0, 21-0, A Co., 3/15 Inf. (Forfeit),
 SJA 21-9, 21-15, 1/39 FA 21-14

May 3
 HHB, DIVARTY 21-0, 21-0, 21-0, A Co., 3/15 Inf. (Forfeit),
 SJA 21-16, 21-15, 21-13, MEDDAC 16-21, 15-21, 13-21
 HHB, DIVARTY (Forfeit), 92nd Eng. Bn. 21-0, 21-0, 21-0

Standings

Team	Won	Lost	Pct
SJA	13	2	.867
1/39 FA	9	3	.750
C Co., 703rd MSB	11	6	.647
92nd Eng. Bn.	8	7	.533
103rd MI	9	8	.529
MEDDAC	7	8	.467
HHB, DIVARTY	2	7	.222
HHC, 2/7 Inf.	0	9	.000
A Co., 3/15 Inf.	0	6	.000

Got scores?
 Contact the Frontline staff
 at 767-3440.



Practice Safe
 Biking...
 Always Wear
 a
 Helmet!