

SPORTS & FITNESS

B SECTION

On Post

Labor Day Softball

A tournament will be held Sept. 12-13. Entry fee is \$100 and deadline to register is Sept. 10. Tournament is limited to 20 teams with 15 players per team. For more information, call 767-8328 or 352-6749.

Soccer League

The Fall six-man soccer league registration deadline is Sept. 22. Games will be played on Mondays and Wednesdays. Each company will be allowed one team and should submit entries to Sports Director's office.

For more information call 767-8328 or 352-6749.

Golf Scramble

1/351 Aviation will present the 5th Annual Nighthawk Classic Tournament at Taylor's Creek Golf Course. It will be a four-man team format open to all golfers on Sept. 19. Sign-in is 7:10 a.m. and shotgun start is 8 a.m.

All golfers/teams must pre-register by Sept. 17. For more information call 767-0787/2370 or 844-0577.

Sports Commissioners

The sports office at Fort Stewart and Hunter are looking for volunteer commissioners for flag football, softball, basketball and volleyball. For more information call 767-8238 or 352-6749.

Driving Range

The putting green is being enlarged from 4,800 sq. ft. to 14,000 sq. ft.. The teeing area and short game practice facility is also being enlarged and renovated. The projected opening date is late September.

Operation Star

All ages needed for future stars. If you are a dancer, singer, band member, cheerleader, break dancers, steppers, rappers and other organization are invited and welcome. For more information please call 767-4491/4493.

Lotts Island Marina

Equipment Rental Center is open Mondays, Thursdays and Fridays 11 a.m. to 5 p.m. and Saturdays, Sundays and holidays 7 a.m. to 3 p.m.

For more information call 352-5974.

Hunter Skeet Range

Open Saturdays 9 a.m. until noon, Thursdays 4-9 p.m.. Hunter Education course is required for on-post hunting permit. Please call 352-2734.

Off Post

Hardeeville Speedway

The Hardeeville Motor Speedway is inviting 31D soldiers to celebrate Labor Day weekend at the world's finest short track.

The first 1,000 active duty military will be admitted free. Saturday, Aug. 30, gates open at 5 p.m., qualifying at 6:30 p.m. and National Anthem at 7 p.m.

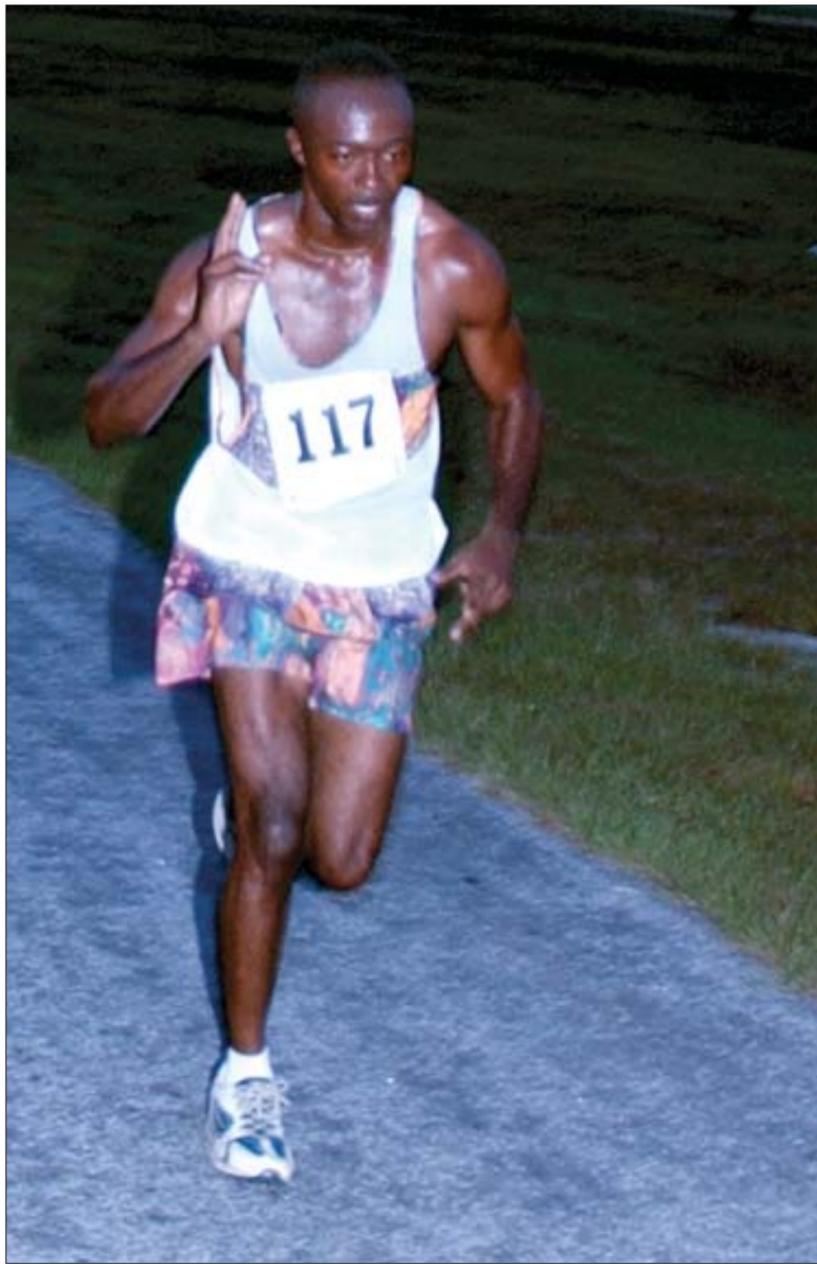
There will be plenty of food, beverages and fun for the whole family. For more information call the Speedway at 843-784-7223 or visit their website at www.hardevillespeedway.com

Liberty County YMCA

Register now for the following sports and programs:

- Adult co-ed basketball tournament, Sept. 6. This will be double elimination, registration deadline is Wednesday, Sept. 3 and the cost is \$150 per team.
 - Youth soccer ages 3-10
 - Adult co-ed flag football league
 - Adult 6v6 soccer tournament
 - Gymnastics and cheernastics.
- For more information call 368-5311.

If you're interested in having your sports articles, commentaries or briefs posted in The Frontline, call 767-3440, or fax at 767-5979. Deadline is noon on Fridays.



Sgt. Raymond Piper

Kenneth Smith, a promotable staff sergeant with Service Btry., 1/9 FA, starts his third lap.

Going the distance ... AUSA 10-Miler team selected

Sgt. Raymond Piper

Editor

The sun hadn't risen as the tryouts for the Army's largest 10-mile race began, but that didn't stop the runners from hitting the pavement.

Ten soldiers tried out for the team, seven for the Men's Open category, two for the Women's Open category and one for the Master's category.

"The Army 10 Miler is a good morale booster," said Kenneth Smith, a promotable staff sergeant with Service Battery, 1st Battalion, 9th Field Artillery.

Smith has run in the race on five different occasions, 1993 and 1994 at Fort Polk, La., 1996 Fort Benning, Ga., and 2000 at Fort Sill.

"I'm 37 ... and just try to stay in shape so I can set the example," Smith said.

This will be Robert Miske's second Army 10 Miler. Miske, a first lieutenant with 1/41 FA, ran last year's race in 55 minutes and finished his try out at 56 minutes.

"I'm training for the Chicago Marathon and once I start putting the mileage in, I should drop two minutes from my (10-mile) time," Miske said.

The soldiers began training for the race Monday and are authorized to train together

during PT hours

The 19th Annual Army 10-Miler is America's largest 10 miler, and the U.S. Army's premier running event. Starting and finishing at the Pentagon, the scenic course takes runners on a grand tour of the nation's capital. Recognized for its organizational excellence and esprit de corps, this nationally acclaimed road race unites the competitive spirit with the spirit of America.

Race weekend is filled with a number of activities including a two-day race expo, pasta dinner and post race party. Kids can find lots of fun activities in the Kids Zone and participate in the Junior 10-Miler fun run.

The mail-in-entry deadline has already passed and the online entry deadline is Sept. 5. Currently there are more than 16,000 entrants for this year's race. The limit for the race is 18,000.

"I was hoping for about 20 to 25 entrants because last year we had 60 to 65 people," said Rand Walker, Intramural Sports director.

He added, "Most of the soldiers just got back so many of the runners may not be ready to compete yet. Plus people are tied down to their families, and you have to take of your family first."

Little league honors fallen 31D soldier

Sgt. 1st Class Doug Sample

American Forces Press Service

WILLIAMSPORT, Pa. — A fallen soldier from 3rd Battalion, 69th Armor and the Marines top officer were inducted into the Little League World Series Hall of Excellence Aug. 23.

Sgt. 1st Class Wilbert Davis and Marine Gen. Peter Pace, vice chairman of the Joint Chiefs of Staff, share an honor bestowed to baseball greats Cal Ripken Jr., Tom Seaver and Nolan Ryan as members.

Pace, who traveled to this mecca of Little League Baseball for induction ceremonies Aug. 23, was joined by the family of slain soldier Davis, killed in action in Iraq. They received honors just before the U.S. finals championship game of Little League Baseball.

Pace received the honor for playing Little League ball for a Teaneck, N.J., team in his childhood more than four decades ago. He said he was on his neighborhood team, which was sponsored by a local pharmacy. He said he never had great skills for the game, but that he just "wanted to play" the game.

The vice chairman said Little League had given him an opportunity to succeed, an opportunity that is being passed on to other players. "Over time I learned if I wanted play, I had to go to practice and practice on my own, and do all the things I needed to be successful," Pace said. "I've got to believe that the young people today are learning that."

But the evening spotlight clearly was on Davis, a member of the 3rd Infantry Division, who died April 3 during Operation Iraqi Freedom. He was driving a Humvee that overturned in a canal in Baghdad, killing him and Washington Post columnist Michael Kelly.

In 1975 Davis had helped lead his Belmont Heights Little League team from Tampa, Fla., to a second-place finish in the World Series title game, losing to a team from Lakewood, N.J., 4-3. According to Little League information, Davis had pitched 13 winning games that year to help his team advance to the title contest.



Sgt. 1st Class Doug Sample

Willie Mae Lane, mother of Sgt. 1st Class Wilbert Davis, and his stepfather Earl, attended the ceremony inducting her son posthumously into the Little League Baseball Hall of Fame.

"This is really a nice honor," Pace said. "First of all, it's really an honor to be (inducted) at the same time as (Sgt.) Davis. And I mean that in all sincerity. ... He's the Little League model of character, courage and loyalty ... So to be honored at the same time as someone like that makes this very special to me."

After pausing briefly to gather his emotions, Pace said earlier that morning he and his wife had walked down to Arlington National Cemetery, a few minutes' stroll from his quarters at Fort Myer, Va. They'd gone to visit Section 60, Headstone 7867, the site Davis was laid to rest.

"It's important to say thanks to folks like that," the vice chairman said. "And it's important to rededicate myself on days like this to try and provide the kind of leadership that young men like that deserve."

Robert Davis, Wilbert's brother, said the two things his brother valued in life were "Little League baseball and the military."

"I can say that today really fulfilled his dreams and his vision about life," Robert said, "he being recognized today as a soldier and a Little League baseball player, two of the most important things in his life."

Willie Mae Lane, Davis' mother,

SOF runs to raise money for Warrior Foundation

Army News Service

TAMPA, Fla. — America's elite Special Operations Forces will run a 335-mile run during their sixth annual Warrior Relay Run Sept. 8-11 to raise money for children who lost their parent in an operational mission or training accident.

The run will start at Fayetteville, N.C., and finish in Washington, D.C.

In 2002, the special operations community lost 39 personnel leaving some 48 children without a parent. Since 1980, America has lost 384 Special Operations personnel in operational missions or training accidents, leaving more than 425 children without a parent.

During the four-day relay, Special Operations personnel will show their courage and dedication in a different way. They will run 335 miles to raise money for the Special Operations Warrior Foundation, a nonprofit organization that provides educational scholarships to the children of fallen special operations troops.

With nicknames like "Commandos," "Nightstalkers" and "Quiet Professionals," SOF is respected around the world for their discipline and training. SOF consists of Army, Navy and Air Force personnel who conduct more missions, in more places, and under a broader range of conditions than ever before. Although SOF voluntarily performs these dangerous missions, it is not without personal sacrifice.

Runners raise money through pledges and corporate sponsorship.

Marne Scoreboard

Aerobics

Newman Fitness Center

Mondays

Latino Rhythm 7:30 to 8:30 a.m.
 Busy Feet Workout 9 to 10 a.m.
 4:30 to 5:30 p.m.

Tuesdays

Butts and Gutts 7:30 to 8:30 a.m.
 Basic Training Workout 9 to 10 a.m.
 Cardio-Stepping 4:30 to 5:30 p.m.

Wednesday

Caliente 7:30 to 8:30 a.m.
 Cardio Kick-boxing 9 to 10 a.m.
 Step-kicking 4:30 to 5:30 p.m.

Thursday

Basic Training Workout 9 to 10 a.m.
 4:30 to 5:30

Fridays

"Master C" Workout 7:30 to 8:30 a.m.
 "Killer Friday" 9 to 10 a.m.
 4:30 to 5:30 p.m.

Saturdays

"Pick Your Poison" 9 to 10 a.m.

Tournaments

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Army 10-Miler Tryouts

Army 10-Miler Tryouts

1st	Robert Miske	56 minutes
2nd	Robert Baier	1:07
3rd	Allen Heins	1:07
4th	Kenneth Smith	1:08
5th	Bernard Baither	1:14
6th	Hernandez Salvador	1:21
7th	Edith Davis	1:33
8th	Dyrrle Osborne	1:36
9th	Maria Ramos	1:42
10th	James McAlister	1:44

Army volleyball hopes to 'spike' championship

Sgt. Joe Nye

Army News Service

FORT DIX, N.J. — This isn't your mother's backyard volleyball game. That's obvious when watching the All-Army Volleyball Teams practice in preparation for this year's Armed Forces Championship.

The male and female teams, the best the Army has to offer, spent three grueling weeks at a training camp at Fort Dix to prepare to take on the top Navy, Air Force and Marine teams Monday to Sunday.

Both Army teams won the silver medal in the 2002 games, with the Navy women and Air Force men bringing home the gold.

The two teams are composed of experienced players who have excelled at the high school or college level and were selected by the Department of Army Sports Office to attend the tryout camp held at Doughboy Gym.

Jerry Weidert, head coach for both the men's and women's teams and a former All-Army player in 1975-76, put the candidates through their paces and cut the teams down to their final 12 players.

"I'm really pleased; the team is very spirited and really wants to go for the Armed Forces Championship," said Weidert, who had previously coached the All-Army women's team in 1986. "This is a dream job. The dedication and commitment of the players is great. There are two motivations in life, one by success and the other by fear; these players are motivated by success."

Weidert brings more than 30 years of volleyball experience to the team. He has coached at two colleges in Washington, St. Martens and Pacific Lutheran, as well as currently coaching his daughter's high school team. As a player, he has been to the Nationals for the past 20 years and recently took second place in the 55-plus age group there.

He is currently the sports, fitness and aquatics director at Fort Lewis, Wash.

This year's women's team is composed of both veterans and first year selections.

"It's an honor to be on the team because I know there are a lot who would want to be here," said Spc. LaToya Portee, Fort Campbell, Ky., who was an all-state player

in South Carolina in 1996. "I'm really excited to be at camp. I wanted to play before but didn't know the pipeline channels, but my re-enlistment NCO told me about the All-Army program, so I submitted by packet."

The team has bonded together quickly, putting rank aside and focusing on the task at hand.

"Everyone here is on a first-name basis. It wasn't until the fourth day here when we introduced ourselves to the installation commander that we realized who were the officers and who were enlisted," said 1st Lt. Lauren Schulz, Space Command, Peterson Air Force Base in Colorado Springs, Colo. "It's a great opportunity to play a sport that you love."

Schultz, who led Davidson College, Davidson, N.C., to the NCAA tournament twice in her college career, is thankful for the chance to play with other top-level players.

"It's hard to train up at the unit level; it's not the same type of volleyball," said Schultz, selected as one of the team captains. "We feel like salivating dogs getting to play together at this level."

The men's team is led by Staff Sgt. Tausala Faamausilli of Fort Lewis, Wash., an outside hitter who has been on the All-Army team since 1997.

"That's my purpose and mission, to bring home the gold medal," said Faamausilli, who was selected for the Armed Forces team at the conclusion of last year's tournament. "It's tough to put a team together in three weeks, but playing these club teams has helped."

The men's and women's teams are playing a series of "tune-up" games nightly in Doughboy Gym against USA Volleyball club teams from the New York and New Jersey area.

For some members of the team, the chance to take a break from their current duty station to focus on a sport they love is a dream come true.

"This is like a vacation from Korea. My goal was to stay here as long as possible and it feels great now that I've made the team," said Staff Sgt. Dorien Ah Sam, Camp Stanley, Korea and a high school teammate of Faamausilli in American Samoa. "I think of volleyball as more of a west coast sport, amazed to see so many good players from the east coast and all over."

"That's my purpose and mission, to bring home the gold medal."

Sgt. Tausala Faamausilli
 All-Army Volleyball Team Member



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 Spay or Neuter Your Pet Today!!**

Cheerleaders get crowd going

Spc. Jonathan M. Stack
Associate Editor

Football season is upon us and what better way to motivate the players and the crowd than cheerleaders on the sideline.

"During the game, the cheerleaders do cheers and chants," said Melissa Kirkendel, assistant cheerleading coach. "When the ball is not in play cheerleaders can perform stunts."

Stunts include lifting, cradling, tosses, tumbling and pyramids.

Cheerleading consists of two seasons, Kirkendel said. In the fall they cheer for the football team and in the winter they compete against other high school cheerleading squads.

Tryouts for cheerleading are held in spring, she said. The cheerleaders have a week of conditioning, a week to learn the cheers and chants and a day of tryouts. They go through a routine they were taught in front of a group of judges in groups of three and do a routine.

She added, "In order not to have to tryout you must be on the varsity squad for two years."

Once on the team the next step is practice.

The team practices a couple of times after the school year ends, she said. They then attend a four-day camp in July. When school starts practice is held Monday through Friday.

"The cheerleaders are required to attend a tumbling class twice a week," Kirkendel said.

She added throughout football season they are preparing for com-

petition.

"We have two squads; a junior varsity and varsity squad," she said. "The JV squad is not eligible to compete in the state competition. The varsity squad has gone to state the last two years."

"The JV squad does compete in various invationals across the state," Kirkendel said.

The state competitions are held in February and all 5A cheerleading squads from Georgia come together to compete.

"A squad of 16 cheerleaders give a two and a half minute routine to a panel of judges," Kerkendel.

Cheerleading began as a pep club at Princeton University in the 1870s. The next decade the organized yell was started. Women became active in cheerleading in the 1920s. Also in the 1920s the University of Minnesota cheerleaders were the first to incorporate gymnastics and tumbling into their cheers.

In the early 1940's, when men went to war, women not only went to work, but also on to the cheerleading squads. Cheerleading then became more of a female sport, according to the American Internet Cheerleading Magazine.

Today, collegiate pom and dance is a fast growing segment of the spirit industry. Partly in response to the "internationalization of basketball and American football, cheerleading is now itself international with Japan, Europe, Australia, Canada, and Mexico involved in the sport, according to the magazine.

Kirkendel added, "Cheerleading is the biggest up and coming sport in the United States."



Photos by Spc. Jonathan M. Stack

(Above) Some of the varsity cheerleading squad go over a couple cheers and chants during practice Monday.
(Right) Becky Dryden executes a heel stretch as fellow cheerleaders support her.

