

SPORTS & FITNESS

B SECTION

On Post

Soccer league

The 6-man fall soccer league sign up ends today. Registration is at the Fort Stewart Sports Office, building 471 or at Hunter, building 925. Active duty, National Guard, and Reserves are eligible to sign up. For more information, call 767-8326/8238 or 352-6749.

Newman consultations

The Newman Physical Fitness Center now offers free personal training consultations. Consultations consist of health screenings, exercise prescription and nutritional counseling. For more information, call 767-2771.

Tae Kwon Do Classes

Tae Kwon Do will be offered at the Hunter ACS building Tuesdays and Thursdays from 6 p.m. to 7 p.m.

Sports USA Events

Battle of the DJs, Sat. 9 p.m., \$3 cover charge. Help choose a new Sports USA DJ.

Weekly events — Mon., Monday Night Football, 4 p.m., Thurs., Thirsty Thursdays drink specials, 4 p.m. to 12 a.m. Fri., Top 40/R&B DJ, 9 p.m. to 3 a.m. Sat. College football/NASCAR, open to 4 a.m. Sun., Sunday Ticket Football, NASCAR.

Club Stewart

'Get Organized' seminar by Deniece Schofield, America's leading home management expert. Tickets are available for no charge at the MWR Leisure Activities Center. The first session is today, 7 p.m. to 9 p.m. The second session is Friday, 9:30 to 11:30 a.m. Both sessions will be held in the Palmetto room.

Top of the Rock Run

A 5 and 10k run is scheduled to take place Oct. 2. The run begins at 9 a.m. at the end of West 6th St., adjacent to Newman Fitness Center.

For details and registration form go to www.stewartmwr.com/2004rockrun.pdf.

Punt, Pass and Kick Competition

Competition will be held at the Steart Youth Services football field on Green St. at 10 a.m., Oct. 2.

Open to all children in the community ages 8 to 15.

Waiver and release forms can be picked up at Corkan gym, Child Youth Services and Bryan Village Youth Center.

Off Post

Health and Fitness Expo

The Woodlands Health & Rehabilitation Center, along with the Liberty County Chamber of Commerce will be hosting a Health and Fitness Expo Saturday at the Woodlands Health & Rehabilitation Center.

The expo will offer free carnival rides, a bicycle safety rodeo, face painting and cholesterol and blood pressure screening. Live music and entertainment, along with local vendors and food providers, will be on hand to offer up their goods and services. For more information call the health center at 884-3361.

If you're interested in having your sports articles, commentaries or pieces posted in *The Frontline*, call 767-3440, or fax at 767-4951. Deadline is noon on Fridays.

No holds barred at Sports USA

Pvt. Dan Balda

Staff Writer

When I was but a bright-eyed, bushy-tailed youngster I used to look forward to Saturday mornings for two reasons, cartoons and wrestling. Now I don't mean the kind of wrestling that was recently showcased in Athens as part of the Olympics. I mean slam 'em on the head with a folding chair, fly off the top rope, Hulk Hogan versus Andre the Giant circa Wrestlemania 3, 'wrasslin.

I was unable to see any of this wrestling live because my parents thought it was a bad influence on me. I was only able to watch wrestling when no parental figures were in the room. I thought I had my system all figured out until I wanted to practice the moves I had seen on T.V. The only willing participant within arm's reach usually ended up being my little sister. Needless to say, my parents usually found out about my transgressions when my sister ran from the room crying after I had pile-driven her into our not-so-soft carpet.

Fast-forward to present day...

I found my fire for wrestling rekindled when I attended North American Championship Wrestling, Sept. 16 at Sports USA on Fort Stewart. The employees handed out free t-shirts and hats and served free beer to the rabid wrestling fans in attendance.

All kinds of wrestling stereotypes were in full-force from the blond pretty boy ('White Lightning' Tim Horner) to the big, mean guy (Big Wood), to Ranger Ross (USA!, USA!, USA!) to the athletic female (Bambi).

"It's an awesome show, everybody who missed it is wrong!" said Darnell Christian. "It's been a great show, especially with the ranger guy representing Soldiers."

Christian has been an avid wrestling fan since he was 'knee-high'. He cannot recall how many times he has attended a live wrestling show, but swears that being there is the only way to get the total experience.

"I get to heckle the wrestlers while they are doing their thing," Christian said. "Blood is thicker than water, and wrestling is in my blood."

Among the myriad of matches seen throughout the night, one of the most scintillating was Bambi's match where she reversed her opponents move and managed to flip her over and win the Women's Championship Belt.

Bambi has been wrestling professionally for 18 years after attending wrestling school for six months to learn her art.

"Even though the crowd was small, they were great tonight," Bambi said. "They were so into the matches I thought it was a full house out there. They really helped me win



Pvt. Dan Balda

"White Lightning" Tim Horner puts Big Tree in a painful arm bend during live wrestling held at Sports USA, Sept. 16. Horner won the match to retain his championship belt.

my match."

"Wrestling is great because it gives the fans a chance to holler and fuss at people and not get in trouble," Bambi said.

"Having wrestling at Sports USA was great," Christian said. "It has a great setup and more importantly it gives Soldiers time away from the Marne Express."

ESPN broadcasts SportsCenter live from Kuwait

Spc. Curt Cashour

Army News Service

CAMP ARIFJAN, Kuwait — ESPN brought SportsCenter to Camp Arifjan, Kuwait, for a week of live broadcasts beginning Sept. 11 to chronicle the lives of deployed American troops.

A flurry of last-minute activity was needed to prepare the set, in a warehouse at Camp Arifjan, for the live broadcasts.

Soldiers hurriedly added sandbags to a bunker, while several others made last-minute adjustments to the camouflage netting covering a tent. As the project neared completion, a sergeant major and a few officers stood in the middle of it all plotting the next move.

A week earlier, the building housing the tent and bunker was a half-empty warehouse containing nothing but a few hundred vacant bunk beds. Now it's the provisional home to one of cable television's most popular shows.

The announcement in late August by ESPN officials to bring SportsCenter to Kuwait put network employees in a crunch for time, shortening a shipping process that usually takes a couple months into only two-and-a-half weeks, Mike Armatta, ESPN technical Manager, said.

The first pieces of equipment began arriving at the show's temporary studio at Camp Arifjan's Building 511 Sept. 4, with the set-up process scheduled to begin the following day. The arrivals, however, merely marked the start of a days-long waiting game with Kuwaiti customs.

The network had to clear through customs a collection of cameras, monitors, lights and other equipment brought in from several countries in more than 800 boxes with a combined weight of nearly 22 tons.

Little by little, equipment trickled in, but construction on the set could not begin until



Spc. Curt Cashour

Ross Baker, Blitz Lighting, Sound and Video employee, rigs cables for a projector ESPN is using this week for its live SportsCenter broadcasts from Camp Arifjan, Kuwait.

an instrumental piece—the truss system—arrived. The system is basically the infrastructure of the set. It hangs from the ceiling and holds the combination of lights, cables and projectors needed to put on a live show. Without it, the set would have to wait.

As crew members waited, service members and civilians from various units and organizations sprung into action, helping transform the sprawling warehouse into something a little more broadcast friendly. Troops and civilians used a mix of elbow grease and creativity to meet ESPN's needs and solve problems on the spot.

"To save money, we tried to utilize as many military resources and supplies as we had," Army Maj. Larry Cowl, operations and plans officer for the Coalition Forces Land Component Command Public Affairs Office, said.

The work varied in scale and scope and included everything from arranging for high-speed internet and phone service, to making sure ESPN would have enough electricity to power its army of equipment.

Using items from closed-down camps and

See ESPN, Page 2B

ESPN

from page 1B

patriot missile sites around Kuwait, workers with Arifjan's Directorate of Public Works outfitted the building with a completely new electrical system, said Al Cottone, DPW's electrical engineering technician.

"It's basically like building a power cell to run the equivalent of a city block in a week's time," said Army Sgt. Stephen Miller, DPW's lead electrician.

In case of a power outage, Cottone and Miller have two massive 400 kilowatt generators on standby. According to Miller's estimates, the two generators are capable of providing enough electricity to power approximately 26 large Army tents.

Meanwhile, members of the Army's 854th Engineer Detachment

worked to customize four modified shipping containers into rooms for tasks such as editing and applying graphics. The Soldiers even outfitted the containers with air conditioners to cool those working in them and their equipment.

At about 9 p.m. Sept. 7, the truss system finally arrived. Crew members from ESPN and three companies the network hired to assist with technical operations, Vertigo Rigging, Charter Broadcast and Blitz Lighting, Sound and Video, worked until about 2 a.m. the next morning mounting the system and rigging it with the four projectors and 140 different lights to be used during the broadcasts.

By the time network satellites beamed the first live images of Camp

Arifjan back to the United States Sept. 11, more than 250 service members and civilian employees from various units and organizations had assisted ESPN and its crew with nearly every aspect of the visit.

The cooperation of the troops seemed to impress many among the ESPN crew, including Mike McQuade, SportsCenter's senior coordinating producer.

"In many instances we pay to broadcast from places and don't get the kind of cooperation we've gotten here," he said.

Crowl cited a simple reason for all the activity and support.

"Why are we putting in all this work? Because we're not only Soldiers, we're sports fans," he said.

Marne Scoreboard



Football

2004 Fort Stewart Intramural Flag Football

- Sept. 14** A Co., 1/133 MP (24) HHOC, STB (38) 15 ASOS (21) C Co., 3/7 Inf. (0) B Co., 4/64 Armor (14) Det. 3, 3rd Sig. (18) C Co., 5/7 Cav. (7) FSC 4/64 Armor (25) Det. 1, 3rd Sig. (Forfeit) B Co., 3/7 Inf. Det. (7)
- Sept. 15** HHS, 1/39 FA (20) A Co., 4/64 Armor (7) 632 Maint. Co. (6) HHOC, STB (7) Det. 3, 3rd Sig. (Forfeit) A Co., 1/133 MP (7) 226 QM (20) ACOUS AG (6) B Co., 92 Eng. (32) 3/7 Inf. (6)
- Sept. 16** HHS, 1/39 FA (32) C Co., 3/7 Inf. (7) 632 Maint. (12) Det. 3, 3rd Sig. (7) A Co., 1/133 MP (Forfeit) Det. 3, 3rd Sig. (7) B Co., 3/7 Inf. (20) 226 QM (46) Det. 1, 3rd Sig. (Forfeit) 226 QM (7) C Co., 5/7 Cav. (6) F Co., 1/41 FA (47)

Standings

Marne Conference				
Team	Won	Lost	Pct	
E Co., 26th FSB	2	1	0.750	
15 ASOS	3	0	1.000	
HHOC, STB	3	1	0.750	
A Co., 4/64 Armor	0	1	0.000	
A Co., 1/133 MP Co.	1	2	0.333	
B Co., 4/64 Armor	0	1	0.000	
C Co., 3/7 Inf.	0	2	0.000	
HHS, 1/39 FA	2	0	1.000	
632 Maint. Co.	1	1	0.500	
B Trp., 5/7 Cav.	0	0	0.000	
Det. 3, 3rd Sig. Co.	2	3	0.400	
C Co., 1/64 Armor	1	2	0.333	

Southern Conference				
Team	Won	Lost	Pct	
B Co., 1/41 FA	5	0	1.000	
D Co., 1/64 Amorr	3	2	0.600	
HHB, 1/41 FA	3	2	0.600	
C Co., 5/7 Cav.	0	2	0.000	
FSC 4/64 Armor	0	0	0.000	
B Co., 3/7 Inf.	0	1	0.000	
C Co., 3/69 Armor	0	0	0.000	
226 QM Co.	5	0	1.000	
HHC, DSB	1	1	0.000	
F Co., 1/41 FA	1	0	1.000	
A Co., USAG	1	4	0.200	
Det. 1, 3rd Sig.	0	5	0.000	

Liberty Conference				
Team	Won	Lost	Pct	
3rd SSB	0	0	0.000	
B Co., 26 FSB	0	0	0.000	
B Co., 92 Eng.	1	0	1.000	
HHT, 5/7 Cav.	0	1	0.000	
A Co., 1/9 FA	0	0	0.000	
92nd Chem. Co.	0	0	0.000	
HHC, 1/64 Armor	0	0	0.000	
HHC, 4/3 BTB	0	0	0.000	

Newman Physical Fitness Center Aerobic Schedule

Mondays

Latino Rhythm with Carmen
(weights and tubing)
7:30 to 8:30 a.m.

Busy Feet Workout with Irma
(cross training)
9 to 10 a.m.
4:30 to 5:30 p.m.

Tuesdays

Butts and Guts with Carmen
(weights and bars)
7:30 to 8:30 a.m.

Basic Training Workout with Irma
(steps, body bars, weights, abdominal work, etc.)
9 to 10 a.m.

Cardio-Stepping
4:30 to 5:30 p.m.

Wednesdays

Caliente with Carmen
(kick-boxing)
7:30 to 8:30 a.m.

Cardio Kick-boxing with Irma
9 to 10 a.m.

Step-Kicking with Irma
(cardio kick-boxing/steps)
4:30 to 5:30 p.m.

Thursdays

Basic Training Workout with Irma
(Tubes, body bars, hoola-hoops, exercise balls)
9 to 10 a.m.
4:30 to 5:30 p.m.

Fridays

"Master C" Workout with Carmen
(Buns & thighs workout/cardio kick-boxing)
7:30 to 8:30 a.m.

Killer Friday with Irma
(kicking, stepping, hooping and weights, etc.)
9 to 10 a.m.
4:30 to 5:30 p.m.

Saturdays

Pick Your Poison with Asha
9 to 10 a.m.

Look Before You Leap...

Observe swimming safety, year-round!



Got Scores?
Contact the Frontline at
767-3440.