

LIFE & TIMES

C SECTION

On Post

CYS Central Registration

The CYS Central Registration, Building 443, will be open 8 a.m. to 4:30 p.m., Monday and Friday by appointment only; 8 a.m. to 6:30 p.m., Tuesday and Thursday by appointment only and all day Wednesday for walk-in.

Pick up records from your child's program (SAS, CDC, FCC and YS) prior to update.

For more information, call 767-2312.

Volunteers needed

The ACS volunteer coordinator and the installation volunteer coordinator have information about a wide variety of volunteer opportunities in the ACS center and at other agencies on Fort Stewart and Hunter Army Airfield.

Volunteer orientation at Hunter ACS is the first Thursday of every month from 11:30 a.m. to 1 p.m. Volunteers are always welcome and needed at ACS.

If interested, please call 352-6816.

International Spouses

Support groups are available at Fort Stewart for Hispanic heritage each 3rd Thursday at 10 a.m. and spouses from Germany every 2nd Monday and last Friday from 9:30 to 11 a.m. at ACS.

Children are welcome but must remain under the supervision of the parents.

For more information, please call 767-5058.

Trick or Treat

The library will give away Halloween book bags for children to use to collect candy then use for their books after Halloween.

Pick up your book bag at the library beginning Oct. 27 along with 10 trick-or-treat safety tips.

EFMP Harvest Dance

This event will be held at Club Stewart, 10 a.m. to 2 p.m. Oct. 31. The dance is open to everyone with families of special needs (civilian and military, young and old).

For more information please contact ACS or Laura Arisohn at 767-5058/5059.

Youth Fall Fest

Everyone is invited to join the fun at Bryan Youth Village Center, Bldg. 7338, Austin Road (next to shopette) for Operation youth Fall Fest.

There will be carnival games, face painting, bingo, drawings, prizes, free wood projects/workshops for youth and a how-to workshop on home repairs for adults and older teens.

Festivities will be 3 to 6 p.m. Saturday, Oct. 25. There is a \$2 entrance fee and tickets are 10 for \$2. For more information call 767-4491/4493.

Army One Source

Phone counseling (formerly Military One Source) now available for personal support and referrals to military and community. For help, call 800-655-4545 or visit online www.armyonesource.com

Off Post

Marina Crab Rodeo

Isle of Hope and Boy Scouts Explorer Post 560 will sponsor the seventh annual Isle of Hope Marina Crab Rodeo Saturday.

There will be crab-catching, races, entertainment, contests, food and much more for family enjoyment.

The event starts at 1 p.m. at the Isle of Hope Marina in Savannah. For more information call 354-8187/

To publish a brief in *The Frontline*, call 767-3440 or fax us at 767-5979. Deadline for briefs is Friday at noon.



Spc. Mason T. Lowery

Third Infantry Division (Mechanized) Commanding General Maj. Gen. William G. Webster, Jr. waves to the crowd during the 42nd annual Statesboro Kiwanis Club Parade Sept. 29 in his second public appearance as CG.

Webster kicks off fair

Spc. Mason T. Lowery

Staff Writer

Third Infantry Division (Mechanized) Commanding General Maj. Gen. William G. Webster Jr. served as the grand marshal of the 42nd annual Statesboro Kiwanis Club parade Monday.

The parade symbolized the opening of the Kiwanis Ogeechee Fair, and was Webster's second official public appearance since taking command of the Marne Division Sept. 26.

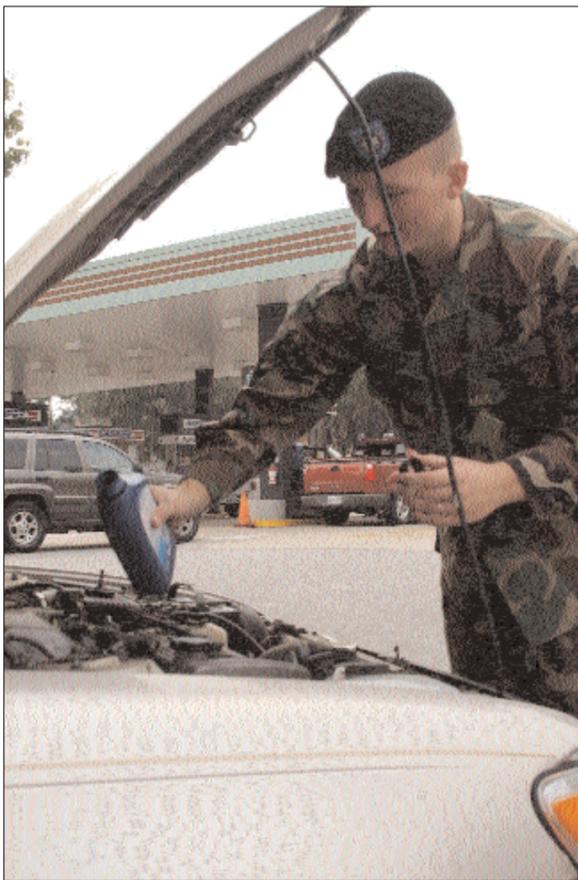
As a tribute to Marne soldiers, the Kiwanis Club waived their entrance fee to the fair.

Webster rode at the front of the parade in a 1962 Cadillac convertible and waived to the crowd. Georgia Southern University and Statesboro High School cheerleaders and band members, as well as numerous civic club floats and displays followed him.

Kiwanis Club member and organizer of the parade Hank Dutton said Webster was asked to be the grand marshal because "This is the best way to show we appreciate the 3rd Infantry Division."

Webster has roots in Statesboro — his two daughters graduated from Georgia Southern University there, and said the relationship between Statesboro, and Fort Stewart and Hunter Army Airfield is longstanding. "The people of Statesboro have always supported our troops. I'm looking to improve the relationship even more in the next two years."

Proceeds of the fair went to charity. According to Mike Bowen, past Kiwanis Club president, "It's a fair to help charitable organizations. That's the main point of it."



Spc. Mason T. Lowery

Sgt. Zachariah Farrell checks his fluids Oct. 6.

Change it or walk

Spc. Mason T. Lowery

Staff Writer

The Marne Division must have just returned from a long deployment. Take a quick cruise around base and you'll see 20, 21, even a few 22-inch rims pimping returning soldiers' rides. Severe rear wings ensure Pvt. Snuffy's Neon's rear end won't get wobbly on him at 150 miles per hour. Is this Fort Stewart, or The Fast and the Furious III — it's hard to tell from some of the paint jobs decorating cars on this base.

What's all this got to do with returning from a long deployment? This stuff costs money. What's the point? "The point is to look extravagant and attractive," according to car aficionado Spc. Daniel Griffin, Headquarters and Headquarters Company, 3rd Infantry Division.

Extravagant and attractive these cars might be, but not if they're broken down by the side of the road. Protect your hard earned money — proper maintenance will help keep your investment running smooth. One of the easiest and most important things you can do for your car is to change its oil. You can do it yourself, or you can have it done for about \$20. If you have all the tools, oil and new oil filter, the job will take less than an hour. Most garages can do the procedure in about 15 minutes, add in driving there and waiting in line, and the do-it-your-selfer and take-it-to-someone-else end up devoting about the same amount of time to the procedure.

How often should oil be changed?

Under ideal conditions, in passenger cars and light trucks, you can change your oil every 7,500 miles. In diesel engines and turbocharged gas engines, you should change your oil every 3,000 miles.

However, no one drives under ideal conditions. Frequent short trips (less than 10 miles), stop-and-go city driving, driving in dusty conditions and driving at sustained highway speeds are the conditions most drivers experience. For this, 3,000 miles is the recommended oil change duration.

What type of oil should I put in my car? Read the manual, it will tell you. Climate, driving conditions, and engine age are variables that affect different types of oil that can be put in the same car.

For example, most new cars today can use 5W-30 oil for all-around driving. It's a light oil that will lubricate the engine quickly, especially on cold starts, where most engine wear occurs. This oil is ideal for cold climates.

Thicker oils — 10W-30 and 10W-40, are designed for older engines driven at constant highway speeds during hot weather. The main thing to remember with oils is — the colder the temperature is outside, the thinner the oil you want to use inside your engine, and vice versa.

Then there's synthetic oil. Synthetic oil is man made, not refined from petroleum. It's better than ordinary oil for high

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Coastal Georgia Combined Federal Campaign kicks off

1st Lt. Amy Phillips

Hunter Deputy PAO

Representatives from many federal agencies, local organizations and military branches were present at the kickoff for the 2003 Combined Federal Campaign for Fort Stewart and Hunter Army Airfield held Friday at the Hunter Army Community Service ballroom. Donations are accepted through Nov. 7.

"This is a great opportunity to have everybody together — the donors, charitable organizations and key organizational people — to work towards a common goal. This hasn't been done in a decade, so I'm very excited," said Karen Blackard, coordinator for the Coastal Georgia

CFC.

Last year, Coastal Georgia donated \$521,406 to charitable organizations — an outstanding amount of \$346,326 of which was from the Fort Stewart/Hunter installation. The success of last year's campaign has raised the stakes to a \$520,000 goal for 2003.

"Like you in attendance in this room, I am proud to serve my country by serving in Federal service. I am equally as proud of the generosity of my peers in the federal family with giving to so many worthwhile charities through CFC ... \$520,000? Bring it on!" said Lt. Col. Jeffrey Goble, Hunter garrison commander, during the opening ceremony.

The mission of the CFC is to "support and to promote philanthro-

py through a program that is employee-focused, cost-efficient and effective in providing all Federal employees the opportunity to improve the quality of life for all."

Last year, more than 90 percent of the national donations were given through payroll deduction. However, CFC also accepts other forms of donations, such as a personal check or money order. Donors may choose the organization their money goes to and undesignated funds will be distributed to the hundreds of organizations listed in the CFC brochure.

Representatives from the better-known national organizations, such as the American Cancer Association, American Red Cross, Habitat for Humanity, Make-A-

Wish Foundation, The Salvation Army, and United Way were all present at the crowded ballroom talking to soldiers and civilian employees about their programs.

Also present were representatives from many lesser-known charitable organizations, such as the Frank Callen Boys & Girls Club, Hope House of Savannah, Royce Learning Center, The Children's Rights Council, The Mediation Center, Inc., The Matthew Reardon Center, The Voice Martyrs, Union Mission, Inc., Wilderness Southeast, and Youth for a Cleaner Environment.

See your chain of command for a CFC brochure and a pledge card or visit the CFC Web Site: www.opm.gov/cfc for more information.

'Glamour-ized'



Photos by Pfc. Emily Danial

Makeup artist Sergio Corvacho works wonders on Spc. Tara McKain's eyebrows during her facial.



Colorist Kathy Galotti puts highlights in Sgt. Amber Sorrell's long locks.

Hunter soldiers get makeovers

Pfc. Emily Danial

Staff writer, Hunter Public Affairs

Every female in the Army knows that, above all else, she is a soldier. However, after several months of nonstop soldiering in such dust and grime as Kuwait, Iraq and Afghanistan have to offer, several of Hunter Army Airfield's women were ready to just sit back and relax.

Glamour magazine agreed that these hardworking women needed a break, so Sept. 30 and Oct. 1 they swept in to help make that break all the more memorable.

On Sept. 29, every female soldier on post who deployed was invited to the Army Community Service building to meet with Glamour representatives and possibly be considered for a free makeover and potential appearance in the magazine's January issue. Three of the women chosen would also be selected to fly to New York to appear on ABC television's morning news program "Good Morning America" in December.

Suze Yalof Schwartz, Glamour's executive fashion editor at large, said the idea for the makeovers came early in the year.

"We sent 10,000 magazines over to Kuwait, but they didn't make it because of (host nation) restrictions there," she said, "so we gave them to soldiers as they were getting on the planes to leave, instead.

"There was a contest in that issue, 'Win a Free Makeover,' and we got so many responses from soldiers that we thought we'd do this as a way of showing our appreciation for them and all they've done."

The magazine chose Hunter because of the large number of females on post who had been in Iraq, said Schwartz.

"We can't believe how excited these women are," she said. "They are so sweet and so beautiful ... it's great to work with women who are so excited."

The makeovers included a hair cut, color and style, makeup and a manicure. For these services, Glamour brought in professionals who usually charge their clients more than the average car payment.

After all this was done, every woman was given a dress or top to wear for her "after" photo at the end of the day.

Spc. Linnea Malin, a B Co., 159th Aviation Regiment Chinook mechanic, was one of the 21 women who were ultimately chosen to get the star treatment.

"I like the idea of being pampered," she said. "I'm not a very glamorous person, and I'm a bit of a skeptic ... I want to see if they can glamorize me! Besides, every girl likes dressing up."

When Malin arrived at ACS Sept. 30, she knew what she was there for — others were a little more in the dark.

"My platoon sergeant pointed at me and a few other females and told us to go over to ACS," said Spc. Chantea Brown, an A Co., 603rd Aviation Support Battalion Apache crew chief. "We thought we were going over there to do a detail.

"I was mad at first," she continued. "I didn't want to get a makeover at the time, and I didn't think I would get picked, anyway. Now I'm just curious to see what they're going to do."

Spc. Raquib Jamal, a K Co., 159th logistics specialist, said she was glad she'd been picked. "It seems like fun. I want them to do something different for me, something I wouldn't think of myself."

According to some of the reactions of the Glamour staff, the results of the makeover were everything they were meant to be.

"I could not be happier," Schwartz said. "The girls are gorgeous ... the clothes look great!"

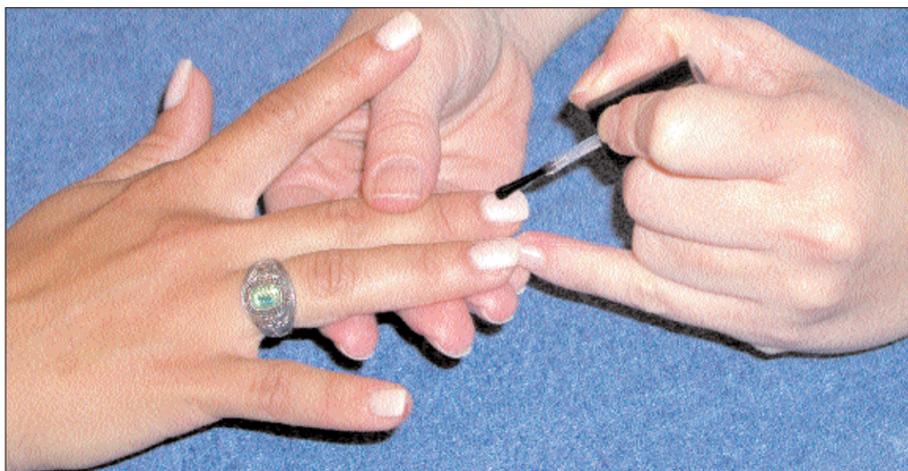
"I'm going clubbing after this," said Brown with a smile.

As the women balanced on their skinny three- to four-inch heels to pose for the cameras, grins filled every face.

Malin voiced their expressions. "Thank you, Glamour!"

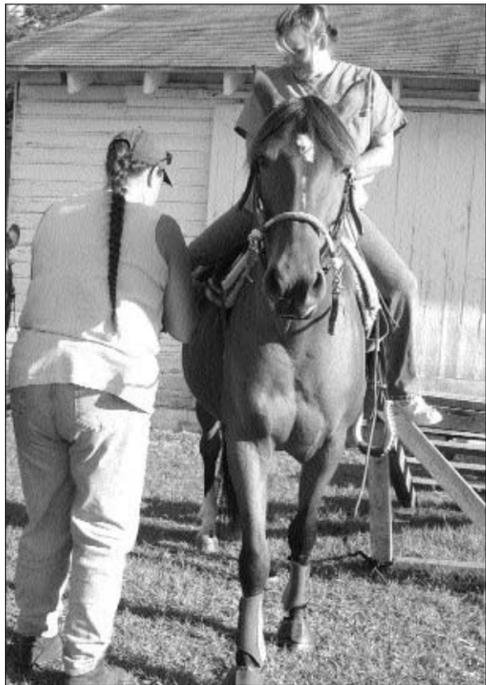


Edward Tricomi, hair stylist from Warrentricomi Salon in New York, discusses different styles with women waiting for their "before" shots



A manicure is a key part of any makeover — Savannah's Greenbrier Salon provided its services to get these soldiers' hands picture-perfect.

Bits & Bridle provides houses for horses



Spc. Katherine Robinson

Bits & Bridle club-member Christina Holmdahl adjusts the stirrups on her horse Belle's saddle for Capt. Patricia Rabiansky, Fort Stewart veterinarian.

Spc. Katherine Robinson

Staff Writer

The days of riding into battle atop a lofty steed are over. Comanche is retired, and the cavalry rides in tanks. But people still need a place to keep their horses.

The Bits & Bridle Equestrian Club is a new organization located just outside Fort Stewart, which provides a place for horse owners to board and ride their horses.

Bits and Bridle is only six months old, filling the void that the Whispering Pines Equestrian Club left, when it broke up. The club currently has six members, but is always looking for more.

"We're a non-profit organization that provides a safe, reasonable place for the military community (to board) horses," said Bill Dillard, the club director. "That includes purple heart recipients, (Department of Defense) civilians and retirees."

Between the club's six members, it currently houses twelve horses, but with 25 stalls, two 11-acre pastures, 12 feeding rooms and several tack rooms, it can accommodate more, Dillard said.

The club can hold about 10 to 15 bales of hay in each feed room, Dillard said, but they are planning to convert an Army-donated connex into a ventilated storage room that can hold approximately

"We love people, we love horses and we enjoy giving something back to the community."

Bill Dillard
Bits and Bridle Equestrian
Club director

200 bales.

The facility is self-care, and owners are responsible for feeding, bedding, exercising and providing medical care for their own horses, but Dillard said the club-members get together and help each other out, if needed.

Club-members also get together regularly to ride and have barbecues. There are several children who ride in shows in surrounding communities as well, according to Dillard.

"We like to consider ourselves a family-oriented facility," he explained. "We love people, we love horses and we enjoy giving something back to the community."

Dillard said his long-term goal is to make the club an Olympic-style facility. This would include a larger barn, indoor wash racks with warm and cold water, concrete floors, a place for hay storage and a meeting room for conferences and clinics.

"(It will be) many years down the road and require lots of planning and support," he said.

Meanwhile, the club pays for everything with boarding fees and fund-raisers. Their upcoming event is a Halloween hayride at the end of the month. The hayride will be free for the public, according to Dillard, but club-members will sell refreshments to raise funds.

The club is also striving to get its members involved in the community, according to Kim Sowers, the club president.

"Our biggest challenge (as a new club) will be positive relations with the community," she said. "If we can do that, I think we'll be in pretty good shape."

In the meantime, the club is looking for new members who love horses and are willing to serve the community, Sowers added.

"If we can benefit Fort Stewart, we are way ahead," she said. "This is an excellent facility. If people don't realize the need for this place, they haven't been in the Hinesville area."

Sowers said the stable serves Fort Stewart and the community economically as well, by offering competitive prices.

The charge for boarding a horse is \$35 per month, as well as a \$35 application fee and a \$35 stall deposit that is returnable at the end of the horse's stay, according to Dillard.

CAR

from page 1C

temperature protection, durability and all-around performance.

Most natural oils break down when the engine temperature reaches 250 to 300 degrees Fahrenheit. This means the oil isn't protecting your engine, which is its job. Synthetics are suited for high-performance engines because they won't break down until about 450 degrees. They also stay fluid at below-freezing temperatures, where normal oil turns to sludge.

Synthetic oil is also slicker than normal oil, easing piston movement and increasing engine performance. Synthetic doesn't break down as fast as normal oil, so it protects the engine longer.

If you are a car person, you already know about synthetic and it's in your car right now. Synthetic oil costs as much as three times as much as normal oil, but again, if you love your car then it's worth it.

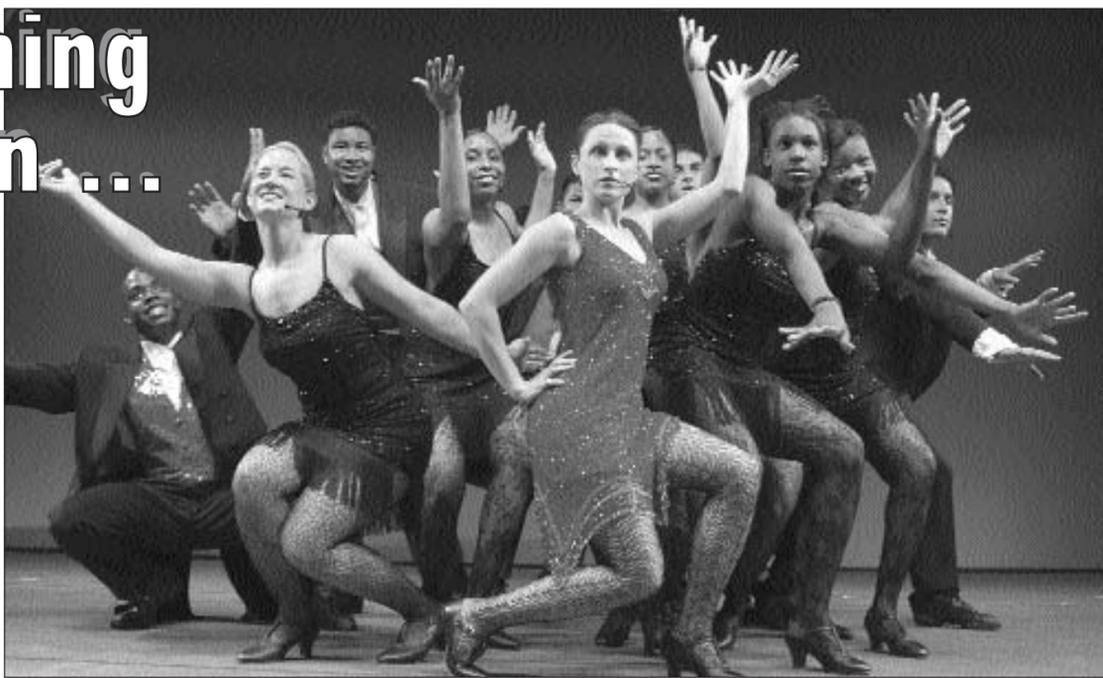
That's just oil. We've still got brakes, batteries, tires, sound systems and a million more car issues to discuss. Stay tuned next week for sound systems.

Editor's Note: Information from this article came from Yahoo Autos.

Coming SOON...

Victoria Palmer

Spc. Devon Lynch leads the cast in "All That Jazz" during the 2003 US Army Soldier Show. The Soldier Show comes to Newman Physical Fitness Center 7 p.m. Oct. 15 and 16.



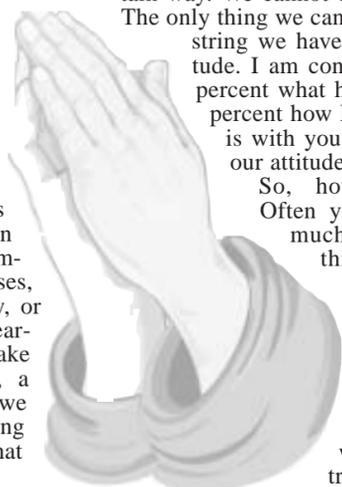
CHAPLAIN'S CORNER

How's your attitude today

Chaplain (Lt. Col.) George Spencer
Protestant Community Chaplain

The Rev. Charles Swindoll pinned some words that we can all live by. You might have heard them before but it won't hurt to hear them again.

"The longer I live, the more I realize the impact of attitude on life," he said. "Attitude, to me, is more important than facts. It is more important than the past, than education, than money, than circumstances, than failures, than successes, than what other people think, say, or do. It is more important than appearance, giftedness, or skill. It will make or break a company, a church, a home. The remarkable thing is we have a choice every day regarding the attitude we will embrace for that day.



"We cannot change our past. We cannot change the fact that people will act in a certain way. We cannot change the inevitable. The only thing we can do is play on the one string we have, and that is our attitude. I am convinced that life is 10 percent what happens to me and 90 percent how I react to it. And so it is with you. We are in charge of our attitudes."

So, how's your attitude? Often you and I don't have much control over the things that affect us. Often we cannot change what goes on around us. But we can always change our attitude and that can make a big difference in the way we feel. Give it a try.

Fresh Start Divorce Recovery Seminar

The trauma of divorce brings hurt and pain — as though our heart is breaking. For a while it seems that we can never put back the pieces. With help and time we begin to see the pieces coming together. This seminar is designed to provide hope and new direction for your life.

The Fresh Start program combines educational lectures with small group interaction. Group meets Friday night first for coffee then to get acquainted, next for scheduled speaker, and finally for small group discussions. On Saturday, there are combined sessions, small group interaction and a variety of elective sessions.

This seminar is being sponsored by Providence Church, 11111 Rio Road, Savannah, Ga., and if you would like more information call 927-1117.



Pet of the Week

Sherrie is a 4-week-old female kitten. She is lovable, very friendly, gets along with dogs and will be ready for adoption at the end of October.

There are many pets just like Sherrie who need a home.

If considering adopting Sherrie or another pet, please contact the Fort Stewart Veterinary Clinic at 767-2842. The clinic is located on W. Bultman Ave.

Worship Opportunities

Fort Stewart

<u>Catholic</u>	<u>Location</u>	<u>Time</u>
Sunday Mass	Victory	9 a.m.
Saturday Mass	Victory	5 p.m.
Weekday Mass	Victory	11:45 a.m.
<u>Protestant</u>		
Sunday "Protestant Worship"	Marne	11 a.m.
Sunday Gospel Service	Victory	11 a.m.
Sunday Family Friendly	Vale	11 a.m.
Tuesday Healing Service	WACH	11:30 a.m.
<u>American Samoan</u>		
Sunday Worship	Vale	1 p.m.
<u>Muslim</u>		
Friday Jum'ah	Building 9182	1:15 p.m.
Masjid (Daily)	Building 9182	5:30 a.m.
<u>Lutheran</u>		
Sunday Worship	Marne	9 a.m.
<u>Contemporary Worship Service</u>		
Sunday Worship	Marne	6 p.m.
<u>Jewish</u>		
Friday Services	Marne	6 p.m.

Hunter Army Airfield

<u>Protestant</u>		
Protestant Sunday School	Religious Education center	9:30 a.m.
Sunday Service	ACS Building	11 a.m.
<u>Catholic</u>		
Sunday Mass	ACS Building	9:30 a.m.
CCD	Religious Education center	11 a.m.

Volunteer Spotlight



Sherry M. Alexander

Sherry M. Alexander is a native of Hendersonville, N.C., and a Red Cross volunteer at Winn Army Hospital.

She volunteers in the Patient Administration Division.

"I volunteer because I enjoy using the skills I have gained through working in military medical facilities for the past 16 years," she said.

Alexander spends her free time reading, camping and spending time with her grandchildren.

If you would like more information about becoming an American Red Cross volunteer at Winn, call Brigitte Roberts at 370-6903 or send an email to Brigitte.Roberts@se.amedd.army.mil



WOODRUFF THEATER

Oct 9 — Oct 15

Friday, Saturday and Sunday

General admission is \$3 for adults, \$1.50 for children.

\$1 Showings Monday, Tuesday, Wednesday and Thursday

Freddy vs. Jason (R)

Starring: Robert Englund, Ken Kirzinger
Tonight at 7 p.m.

Freddy resurrects Jason in hell and manipulates him into journeying to Springwood so they can instill fear on Elm Street and start a whole new reign of terror.
Run time: 98 minutes

Seabiscuit (PG-13)

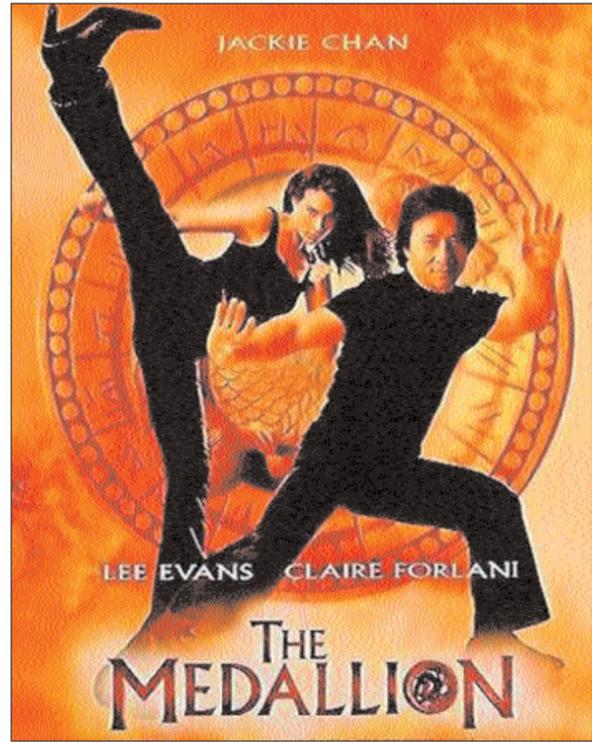
Starring: Toby McGuire, Jeff Bridges
Friday, Saturday and Sunday at 7 p.m.

This is a true story of a former bicycle repairman who made his fortune introducing the automobile to the American West and who owned a small knobby-kneed horse. He teamed up with an ex-boxer and a Wild West performer to bring his horse to victory in 1938.
Run time: 140 minutes

Medallion (PG-13)

Starring: Jackie Chan
Monday, Tuesday and Wednesday at 7 p.m.

A Hong Kong cop suffers a near fatal accident while investigating a case involving a mysterious medallion. He soon discovers he gained incredible speed, strength and skills. He is determined to learn the secret of the medallion and face down the evil Snakehead who wants to use its awesome powers for his own nefarious plans.
Run time: 90 minutes



Birth announcements

September 16

Markayla Anavya Wilcox, a girl, 6 pounds, 10 ounces, born to Marcus Wilcox and Spc. Shalotta Yolanda Jeffies.

September 22

Richard Josiah Kendrick, a boy, 7 pounds, 2 ounces, born to Spc. Richard William Kendrick and Robyn Elizabeth Kendrick.

September 23

Cole Allen McClain, a boy, 6 pounds, 12 ounces, born to Spc. Chester Allen McClain and Joyce Lynn McClain.

Christopher Michael Schultz, a boy, 6 pounds, 7 ounces, born to Staff Sgt. Jeremy Schultz and Angela Schultz.

September 24

Joseph Anthony Bisesto, a boy, 6 pounds, 14 ounces, born to Pvt. Philip J. Bisesto and Sgt. Lee Anne Bisesto.

Gerrick Keshawn Jones, a boy, 6 pounds, 1 ounce, born to Spc. Gerrick Jones and Shequeta Jones.

September 25

Jasmine Monique Peay, a girl, 6 pounds, 5 ounces, born to Sgt. Granville Peay and Latisha Peay.

Jaliya Monae Carter, a girl, 6 pounds, 10 ounces, born to Jerome Carter and Spc. Tanyia Monique Carter.

Roman Charles Smith, a boy, 8 pounds, 6 ounces, born to Capt. Chas Smith and Jennifer Smith.

September 26

Khalif Raje Moore, a boy, 7 pounds, 9 ounces, born to Staff Sgt. Jason A. Moore and Yvette R. Moore.

Kayla Marie

Cordeiro, a girl, 6 pounds, 14 ounces, born to Pvt. 2 Jose Cordeiro and Amanda

Cordeiro.

Ty'anna Alise Sosa, a girl, 6 pounds, 8 ounces, born to Spc. Heather Sosa.

Alfonso JibBrael Martin III, a boy, 9 pounds, 1 ounce, born to Sgt. Alfonso Martin and Mona Martin.

September 27

Amare Daveigh Alford, a girl, 5 pounds, 13 ounces, born to Sgt. David Alford and Sgt. Kristina Tolbert.

September 28

Keondra Ntera Howard, a girl, 7 pounds, 3 ounces, born to Spc. Sonia Hinifa Campbell and Phillip Tyrone Howard.

Jeanne Alizette Lopez, a girl, 7 pounds, born to Sgt. Gil Lopez Jr. and Idalia Lopez.

September 29

Hunter Christopher Norwood, a boy, 7 pounds, 9 ounces, born to Spc. Ryan C. Norwood and Lisa M. Lusk.

