

On Post

Volunteers needed

The ACS volunteer coordinator and the installation volunteer coordinator have information about a wide variety of volunteer opportunities in the ACS center and at other agencies on Fort Stewart and Hunter Army Airfield.

Volunteer orientation at Hunter ACS is the first Thursday of every month, 11:30 a.m. to 1 p.m. Volunteers are always welcome and needed at ACS.

For more information, call 352-6816.

Child and Youth Services

The Central Registration office located at Bldg. 443 has changed operational hours. The new hours will be 8 a.m. to 5 p.m. Monday, Tuesday, Thursday and Friday and 9 a.m. to 6 p.m. Wednesday.

For more information call 767-2312.

Join Toastmasters!

Whether you're a professional, student, stay-at-home-parent, or retiree, Toastmasters is the best way to improve your leadership and communication skills. The dogfaced Soldiers Toastmasters International Club meets at 12 p.m. every second and fourth Friday of the month at Club Stewart. Open to everyone. For more information, contact Chief Warrant Officer Jay Bowen at 767-0383, or email at bowen-ja@stewart.army.mil, or call Brigitte Roberts at 370-6903.

Active parenting

Each Wednesday at 9:30 to 11:30 a.m., starting Jan. 14 through Feb. 18, parents of children ages 5 - 12 can learn styles of parenting, winning cooperation, responsibility and effective discipline techniques, communication skills and building courage, character and self-esteem in their children.

Childcare may be provided, but parents must sign up in advance.

For more information contact Becky Sellers at 767-5058 (Stewart), or Regina Mims at 352-6816 (Hunter).

Couple communication

Couples learn communication skills to enhance and strengthen their relationship, such as talking, listening and resolution practices. Participants will receive a certificate at completion of this four week course.

These sessions will be held at 1:30 to 3:30 p.m., each Wednesday from Jan. 21 to Feb. 11.

For more information, call 767-5058.

Hunter library

The grand opening is projected early this month. The new facility will include DVD's, talking books, dial-a-story, several interesting websites, lots of books for all ages, and more.

Off Post

MILES Program

Don't buy a vehicle until you are armed with knowledge. This program is designed exclusively for active duty members who cannot obtain bank or credit financing when purchasing a vehicle.

For information visit or qualify online at usmiles.com or call the MILES (Military Installment Loan and Education Services) Assistance Center toll free at 866-466-4537

To publish a brief in The Frontline, call 767-3440 or fax us at 767-5979. Deadline for briefs is Friday at noon.

AOS helps Soldiers down stress

Spc. Robert Adams

Staff writer

For many, the holidays offer an opportunity to celebrate with family and friends. But during the holidays many people experience conflicting emotions, take on additional tasks, and try to squeeze a number of events into tight schedules.

Active duty, demobilized National Guard and Reserve Soldiers, deployed civilians and families of Soldiers with personal or family stress issues or in need of information can get consultation by contacting Army One Source 24 hours a day, seven days a week by making a call or going online.

"There is no cost to callers, going online, ordering educational materials, or the six counseling sessions," according to

www.armyonesource.com.

AOS provides information ranging from every day concerns to deployment reintegration issues. Trained counselors with master's degrees in a variety of fields listen to issues whether personal or family and offer advice and support and make professional decisions and referrals.

Soldiers can receive information on AOS at the Army Community Center, at Winn Army Community hospital and clinics, said Johnny Cusimano, family advocacy program manager at ACS.

Soldiers and family members can get referred for up to six counseling sessions in the United States even if it is away from Fort Stewart and Hunter Army Airfield while on leave. The six sessions are at no cost, without having to go

through TRICARE or primary provider.

"Soldiers as well as the family can utilize the program and six counseling sessions whereas TRICARE is strictly for the family," Cusimano said.

"The advantage of AOS is that Soldiers and family members can reach the service after duty hours and on weekends which could be the best time for someone to intervene with a counselor in a constructive manner," Cusimano said.

"This program is basically an extension of the services that ACS provides so that when we're closed, AOS is still available," Cusimano said.

They will take calls for any problems including parenting and childcare, education, relocation, financial issues, health and wellness, addiction and recovery, dis-

abilities, military life, work concerns, crisis support, anger and depression and family arguments. They also offer advice on many different areas including preparing for and returning from a deployment, saving and investing and college and career planning.

AOS counselors explain to each caller before services are initiated that AOS services are confidential within certain limits and that privacy does not extend to issues of harm to oneself or another, child abuse, elder abuse or domestic violence, according to the AOS Web site.

To speak to an AOS counselor call 1-800-655-4545 or go online at www.armyonesource.com (user ID: military, password: onesource) to receive tips on managing stress, take online assessments and gain information about the service.

Hunter Soldiers featured on 'Good Morning America'

Pfc. Emily J. Danial

Staff Writer, Hunter Public Affairs

Not too long ago, Spc. Tara McKain, Spc. Raquib Jamal and Spc. Yvonne Bowman were just three regular female Soldiers, doing their respective jobs in their respective units, either in the Middle Eastern desert or back at Hunter Army Airfield.

On Dec. 15, these Soldiers were given the chance to be more than that by representing their units, Hunter and the Army as a whole on national television on ABC's "Good Morning America" in New York City.

The women were invited to talk about the free makeovers they received from by Glamour magazine in September and some aspects of what it's like to be females in the Army.

"My family was thrilled," said Jamal, a K Co., 159th Aviation Regiment, automated logistics specialist. "My unit started treating me like a star."

The three women, who were also featured in the makeover section of Glamour's January issue, were selected from about 20 Hunter Soldiers who were originally chosen for makeovers.

"When I found out that I was going to New York, I was ecstatic, because I had never thought that I really had a chance to go," said McKain, an A Co., 2nd Battalion, 3rd Aviation Regiment, Blackhawk crew chief. "My parents just went nuts when they heard the news. My dad was telling everyone in my hometown, which is about 20,000 people, and my mother called the mayor's wife and told her."

"My family thought it was the greatest thing ever," said Bowman, a B Co., 159th Avn., Chinook fuel specialist. "They were calling everybody they knew to tell them about the magazine and the show."

The three Soldiers were flown into New York for the weekend before their Monday morning interview, and had the chance to do some shopping and sightseeing before the big event.

"Times Square was so awesome," Bowman said. "My main highlight was the snow; coming from Los Angeles I do not see snow at all, so that was a nice surprise."

"Everything about the trip was a highlight," McKain said. "We stayed at the Millennium on Broadway, which is a pretty high scale hotel ... and we had the opportunity to visit Rockefeller Center, Radio City Music Hall, and of course MTV studios."

In the morning, McKain, Jamal and Bowman were interviewed by GMA's Charles Gibson about their new looks and their lives in the Army.

Re-made over by Glamour just for the occasion, the

See GMA, Page 3C



Laurie Kemp

Fort Stewart's 2004 New Year's Baby is 7 pound Emma Grace Armes. Emma, the daughter of Kristin Armes, was born at 6:11 p.m. Jan. 1 at Winn Army Community Hospital. Kristin wasn't expecting Emma until mid-January, but said her daughter is a most welcome addition to kicking-off the New Year.



Courtesy photo

Sandra Diaz-Twine, who was named the sole survivor on the 7th season of the CBS reality show "Survivor," leads the cast of "Survivor: Pearl Islands."

AAFES employee 'survives'

Steven Field

Special to The Frontline

FORT LEWIS, Wash. — A Fort Lewis, Wash. woman was awarded a \$1 million prize and the title of 'sole survivor' after outplaying, outwitting and outlasting her competitors on the reality TV show Survivor.

Sandra Diaz-Twine, a Fort Lewis Army and Air Force Exchange Service employee and former Soldier, just took home the top award from the blockbuster CBS show.

"I thought, 'I'm going all the way,'" Diaz-Twine said. "I was always a Survivor fan, but it is always easier watching from your living room."

"I believe Sandra has the true gift that is expected of a Soldier and Soldier's wife; to do what it takes to get the job done," said Julie Cosby, Diaz-Twine's boss. "Her spontaneity is refreshing and sometimes shocking, but she is such a value that all of us (at AAFES) wanted her to win as much

as if it had been ourselves."

Diaz-Twine was one of 16 people who were stranded in a remote location for this season's show. The contestants were also under constant watch from camera crews and had to build shelter, find food, battle the elements and win the support of their fellow castaways as one by one they are voted off. The last two on the island, Diaz-Twine and a middle-aged Scoutmaster, Lillian 'Lill' Morris, faced a jury of their former island mates to determine the winner.

In a six to one decision, Diaz-Twine was named champion.

"It was wild. I didn't see it coming," said Staff Sgt. Marcus Twine, 1st Corps Material Evaluation Team. He said because Lill was one of the most popular castaways, he and his wife were resigned to taking second place before the winner was announced live on TV Dec. 14.

See SURVIVOR, Page 3C

Beat the winter heat and take...

A walk in the woods



Photos by Pfc. Benjamin T. Brody

A young alligator drifts through aquatic plants in search of a meal at Stewart's Pine View Pond Jan. 3. Temperatures that afternoon soared to nearly 80 degrees.

Local reptiles enjoy respite from winter's chill

Pfc. Benjamin T. Brody

Staff Writer

The weather over the holiday season was warm and sunny, a welcome departure from coastal Georgia's typical cold, rainy winters. People were in T-shirts during the day and riding bikes as though it were June, but they weren't the only ones enjoying the unseasonable weather.

The huge forests on Fort Stewart were buzzing with wildlife activity as animals came out to soak up the sun and enjoy a temporary reprieve from a winter in the swamp.

Reptiles especially responded to the warm weather, as their body temperature is dependent on their surroundings. Alligators, anole lizards and several species of turtles were sunning themselves at Pine View Pond, on the western edge of Stewart.

"Gators, turtles and snakes will take these opportunities to warm up a bit and maybe catch a little bit of food," said Tom Bryce, chief of fisheries at Stewart's Directorate of Public Works. "When it's cold out, our reptiles are dormant and not easy to find."

The endangered Eastern indigo snake, a nonvenomous snake that can reach nine feet, is particularly active during these warm spells in the winter, according to Bryce. Though an indigo snake may look fearsome, it is a shy, unaggressive creature that is protected under

federal law, as are all nonpoisonous snakes, and should be left alone.

While mammals do not change their routine much during brief warm periods in the winter, young wild hogs can be seen playing by the banks of the Canoochee River. The hogs were originally imported from Europe by early settlers, and can grow to 300 pounds.

Bobcat and coyote are definitely at Stewart, as evidenced by numerous tracks in the ever-present mud. Coyotes can often be heard howling in the woods at night. Their eerie, plaintive voices carry for miles, and often sound like the coyotes are much closer than they really are.

"Right now the deer are starting to lose their antlers, so you might find a nice rack on the forest floor," said Emory Moore, a supervisory wildlife biologist at Stewart's DPW. "Pretty soon the deer will be dropping fawns, which spend a lot of time bedded down in tall grass. Sometimes people think they are injured, so they bring them to us, but in actuality, the shock and scent of human contact is usually a death sentence for the fawn."

Stewart is home to a stunning variety of birds, and was recently named in the top 500 birdwatching sites in the country. Egrets and herons continually stalk the wetlands in search of frogs, crayfish and minnows. Deep in the swamp, stately ibises wade silently in the mist, while wild turkeys gobble



Confident at the top of the local food chain, a large alligator soaks up the sun at Pine View Pond. Gators eat just about anything they can catch, including fish, frogs, snakes and birds.

and constantly crash into trees when they fly away.

There is a wealth of nature on Fort Stewart, due to its remote reaches and tireless management, but popular spots are becoming littered, Bryce said. He stressed that visitors should pack out what trash they bring in to keep the woods beautiful.



An anole lizard climbs across the forest floor near Pine View.



Spanish moss catches the morning light near the Canoochee River.



A snowy egret looks to snack on some minnows at Pine View.

GMA

from page 1C

women each had the chance to share their feelings about being a female Soldier.

"I think it was an excellent opportunity to represent my unit because I am (its) only female Blackhawk crew chief," McKain said. "It puts the word out that 'Hey, there are females that go into aviation, and no, they are not manly or trying to prove something.'"

Bowman added, "I think as far as representing the Army we showed that as females, when we come to work, we come with our hair pulled back ... ready to do our jobs, but when we are out of uniform, we do like to let our hair down and show our feminine side."

Although each admitted to being at least a little nervous at the time, that claimed anxiety did not affect their poise and presentation on camera.

"The most challenging part was not being flustered by the hurried pace of everything," Jamal said. "It

was a lot of build up for a minute in the spotlight ... I had a normal little bit of nervousness, I think."

"As far as stage fright, I wouldn't say I had that, because I used to be a drama major, so I've been in front of people on many different occasions," Bowman said. "But I will admit I was a little nervous because I had no idea what Charles Gibson was going to ask me."

Nervousness aside, she said, "It was a great experience and I'm glad I had the opportunity to be a part of it."

All three said the experience was one they were happy to have had.

"It was national TV. It doesn't get any better than that," Jamal said.

McKain added, "It's weird for me to be getting this kind of attention, but I just keep telling myself to enjoy it while I can, and remember that it was something that I can look back on and say, 'I got a chance to do something most people wouldn't dream of, and I'm extremely lucky because of it.'"



Emily Danial

Spc. Tara McKain, Spc. Linnea Malin and Spc. Raquib Jamal show off their makeovers by Glamour, a women's magazine, in September. According to the magazine's staff, the three chosen to appear on "Good Morning, America" were selected based on racial diversity and the amount of difference between their old and new looks.



Ethel Jemison

Martha Postell and Sarita Everett of School Age Services along with Tim McCray (holding food box) show off one of three boxes of food that was donated to Army Community Service. The food was collected by SAS, the "team of givers" and their families and friends, for needy families. Making up the young "team of givers" are Rashawn Norvell, J'Nequa George, Cortez Williams, Leah Eckford, Aaliyah Lynch, Laurasia Sylla, and Anaisia and Tiara Brown.

SURVIVOR

from page 1C

Diaz-Twine was battling nature in Central America for the show's seventh season. The show was filmed on the Pearl Islands, a chain located approximately 40 miles from the Pacific coast of Panama. The islands are lush with vegetation, surrounded by crystal clear ocean water and fixed in a tropical paradise.

Although the contestants were marooned in a beautiful place, they were not immune to plot twists. This season, they were left on the island with only the clothes on their back.

Additionally, two players who had been previously voted out, including Morris, were given the opportunity to re-enter the game, throwing a kink in Diaz-Twine's plans.

On one of the final days on the island, the remaining castaways were given letters from people close to them. Much in the way that a positive letter from home raises the spirits of a deployed Soldier, reading that her children — Tatiana, 8, and Alanna, 6 — and husband were well, allowed Diaz-Twine to focus on the game and emerge as the winner.

"All I had to think about was, 'Are (my children) at the pool today? Are they having fun? What are they doing?' Silly stuff," Diaz-Twine said. "I knew the kids were okay because they were with dad and grandma."

Twine gained an appreciation for spouses who stay at home while their Soldiers are deployed overseas. Having spent a year in Korea away from his wife and children, the tables were now turned on him. He had to wear the dual hat of Soldier and parent for the 39 days his wife was filming the show.

Diaz-Twine admits that some of her experience in the Army came into play while on Survivor. She said the Army helped teach her "the discipline to follow through, attention to detail and spying techniques."

"You don't need to be fit to compete," Diaz-Twine said. "You just need a strong mind and a strong head on your shoulders."

Diaz-Twine said she is pleased with how the show portrayed her — an honest, upfront and call-it-like-it-is person. She said winning \$1 million would not change that.

"They caught her in her rare form, from when she is nice and sweet to when she gets angry," Twine said.

"I am still the same person, still the same Sandra," Diaz-Twine said. "I still go to the AAFES 99 cent shows."

"Hopefully after cashing the Survivor check, Diaz-Twine will continue to dress like a million bucks by shopping at the exchange," Cosby said.

**Stop Overpopulation,
Spay or Neuter Your Pet Today!!**

CHAPLAIN'S CORNER

On being heroes

Chaplain (Maj.) Thomas C. Waynick
 24th CSG Group Chaplain

Every year on Nov. 1 the Christian Church celebrates All Saints' Day. It takes time to remember all the saints and heroes of the church who have gone before us. Heroes are important to the church, as they are to any social organization. Their lives inspire, motivate and encourage us on our journeys through life.

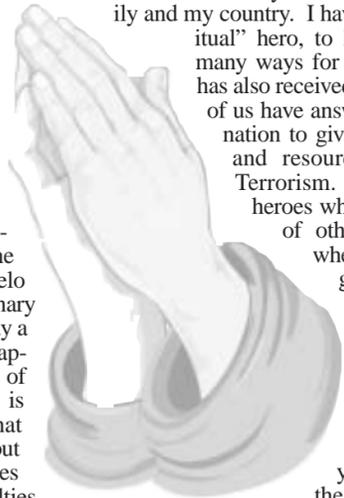
Thomas Carlyle in his book, "On Heroes, Hero-Worship and the Heroic in History," writes, "I should say sincerity, a deep, great sincerity, is the first characteristic of all men in any way heroic." The word "sincere" comes from the Latin, "sin cero," meaning "without wax." Not every stone sculptor was a Buonaroti Michaelangelo creating a Pieta or David. Most ordinary sculptors made mistakes, chipping away a little too much stone. When this happened, they fixed it by applying a dab of wax. Therefore, a "sincere" person is someone without wax, someone that does not cover up his imperfections, but lives in spite of them. We are heroes when we confess our weaknesses, frailties and faults; then live beyond them.

"The hero is distinguished by his achievement; the celebrity by his image." A wise general once told me that the United States military does not hire celebrity superstars. No recruiter is going to offer you the contracts of Shaquille O'Neal or LeBron James. The military doesn't work like that. What the military does is hire ordinary people and then ask them to do extraordinary things. The military provides us the opportunity to be heroes by challenging us to

do things we never dreamed possible. We are heroes when we accept the challenges of life.

In the book, "The Power of Myth, Joseph Campbell speaks of spiritual heroes, he says, "A hero is someone who has given his or her life to someone bigger than oneself." We receive that call many times in life. I have that summons from my Christ, my church, my family and my country. I have a call to be a "spiritual" hero, to lay down my life in many ways for others. Each of you has also received similar callings. All of us have answered a call from our nation to give of our time, talents and resources to the War on Terrorism. We are spiritual heroes when we place the need of others above our own, when we sacrifice for the greater mission, the greater good.

A few years ago the Army abandoned its recruiting slogan "Be all you can be." That slogan worked for many years. People wanted the challenge of those words. I believe God, in His bountiful grace, calls each of us to be all that we can be. I believe that He has created, redeemed and sanctified the world through His Son that we might be empowered for living, not just ordinary lives, but extraordinary heroic lives. I believe God wants us to confess our humanity, accept the challenges of life, and to accomplish the mission before us. May God bless you, the heroes who inspire, motivate and encourage each other in this endeavor and beyond.



Pet of the Week

Shelby, a male black and tan rottweiler, neutered and approximately 4 months old. He is in dire need of a loving home. Shelby is housebroken, playful and very friendly.

If you are interested in adopting a pet like Shelby who needs a good home, call the Fort Stewart Veterinary Clinic at 767-2842. The clinic is located on W. Bultman Ave.

Worship Opportunities

Fort Stewart

<u>Catholic</u>	<u>Location</u>	<u>Time</u>
Sunday Mass	Victory	9 a.m.
Saturday Mass	Victory	5 p.m.
Weekday Mass	Victory	11:45 a.m.
<u>Protestant</u>		
Sunday Protestant Worship	Marne	11 a.m.
Sunday Gospel Service	Victory	11 a.m.
Sunday Family Friendly	Vale	11 a.m.
Tuesday Healing Service	WACH	11:30 a.m.
<u>American Samoan</u>		
Sunday Worship	Vale	1 p.m.
<u>Muslim</u>		
Friday Jum'ah	Building 9182	1:15 p.m.
Masjid (Daily)	Building 9182	5:30 a.m.
<u>Lutheran</u>		
Sunday Worship	Marne	9 a.m.
<u>Contemporary Worship Service</u>		
Sunday Worship	Marne	6 p.m.
<u>Jewish</u>		
Friday Services	Marne	6 p.m.

Hunter Army Airfield

<u>Protestant</u>		
Protestant Sunday School	Religious Education center	9:30 a.m.
Sunday Service	ACS Building, 1286	11 a.m.
<u>Catholic</u>		
Sunday Mass	ACS Building, 1286	9:30 a.m.
CCD	Religious Education center	11 a.m.

Volunteer Spotlight



Jonah R. Flowers-Johnson



Jonah R. Flowers-Johnson, a native of Winnfield, La., is a Red Cross volunteer at Winn Army Community Hospital. She volunteers in the Urgent Care Clinic. "I volunteer to give my time and talents to help others," Flowers-Johnson said. Her interests and hobbies include basketball, dancing, running, rollerblading and the field of healthcare. "I like volunteering because I get the opportunity to meet new people and learn new things," she said. If you would like more information about becoming an American Red Cross volunteer at Winn, call Brigitte Roberts at 370-6903 or send an email to Brigitte.Roberts@se.amedd.army.mil.



WOODRUFF THEATER

Jan 8 — Jan 14

Friday, Saturday and Sunday

General admission is \$3 for adults, \$1.50 for children.

\$1 Showings Monday, Tuesday, Wednesday and Thursday



Missing (R)

Starring: Tommy Lee Jones, Cate Blanchett
Today at 7 p.m.

Maggie struggles to raise her children by herself in 19th century wilderness when one is kidnapped by a psychopathic murderer. She and her ex-husband band together to rescue their daughter.
Run time: 130 minutes

Gothika (R)

Starring: Halle Berry, Robert Downey, Jr.
Friday, Saturday and Sunday at 7 p.m.

A criminal psychologist hears confessions of a satanic patient, has an experience with a mysterious woman, then wakes up in a cell in a sanitarium for a murder she can't remember committing.
Run time: 97 minutes

Tupac: Resurrection (R)

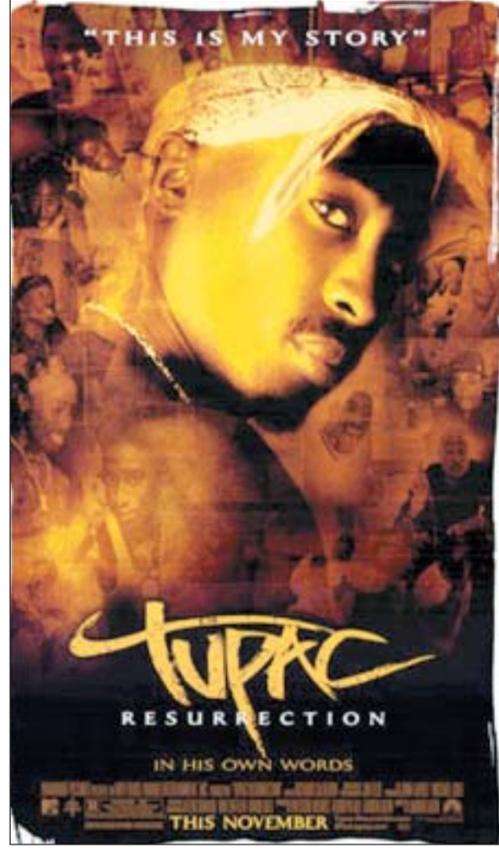
Starring: Tupac Shakur
Monday and Tuesday at 7 p.m.

The first authorized biopic of the late rapper-actor Tupac Shakur. Movie includes poetry readings, musical clips, and video from his life, including various interviews, private home movies, and previously unreleased concert footage.
Run time: 90 minutes

Timeline (PG-13)

Starring: Paul Walker, Frances O'Connor
Wednesday at 7 p.m.

A professor and archeology students working on a 14th century ruin find a bifocal lens which leads to a wormhole. The professor becomes trapped in the history of the 14th century and it is up to the students to find a way to return him to the present.
Run time: 116 minutes



Birth announcements

November 28

Allison Kate McCreary, a girl, 7 pounds, 8 ounces, born to Pfc. Michael A. McCreary and Leslie D. McCreary.

December 9

Kaileigh DiAmari Nelson, a girl, 6 pounds, 7 ounces, born to Cpl. Christian Perez and Maria C. Nelson.

December 11

Natalie Elizabeth Froncak, a

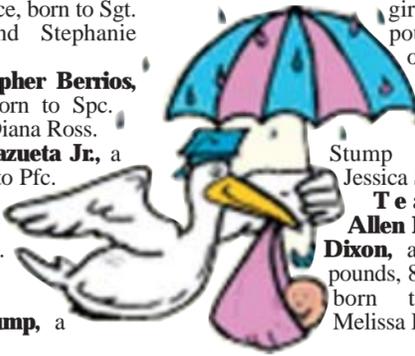
girl, 8 pounds, 1 ounce, born to Sgt. James Froncak and Stephanie Froncak.

Andrew Christopher Berrios, a boy, 5 pounds, born to Spc. Daniel Berrios and Diana Ross.

Jose Antonio Zazueta Jr., a boy, 8 pounds, born to Pfc. Jose Antonio Zazueta Sr. and Jessica Elise Zazueta.

December 12

Lilith Anne Stump, a



girl, 6 pounds, 2 ounces, born to Spc. John R. Stump and Jessica Stump.

Tearron Allen Marquis Dixon, a boy, 7 pounds, 8 ounces, born to Pfc. Melissa Dixon.

December 14

David Joshua Ross, a boy, 7 pounds, 15 ounces, born to Spc. Joshua Ross and Gwendolyn Ross.

December 15

Alejandro Magdaleno Fernandez, a boy, 9 pounds, 5 ounces, born to Spc. Mario Jose Fernandez and Joanna Lynn Fernandez.

December 16

Byron O'Neal Brown Jr., a

boy, 7 pounds, born to Byron O'Neal Brown and Pfc. Tierra Marquita Brown.

December 18

Lucas W. Bower, a boy, 6 pounds, 10 ounces, born to Spc. Jared Bower and Melissa Bower.

December 20

Gavin Joseph Stephenson, a boy, 9 pounds, 7 ounces, born to Spc. David Stephenson and Candace Stephenson.

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