

# SPORTS & FITNESS

B SECTION

## On Post

### Soccer/Track & Field

Sign-ups for Child and Youth Services Spring Soccer are now being accepted. Children between the ages of 4 and 14 can sign up as of April 1. Track & Field sign-ups have also begun for children who turn 6 by May 31 and will not turn 19 before Aug. 10. Coaches are also needed for both sports.

Registration is at Fort Stewart CYS, Bldg. 443, Monday through 8 a.m. to 5 p.m. Friday. For more information, call 767-2312 or 767-2143.

### Tae Kwon Do lessons

Tae Kwon Do is available for children and adults.

Classes are held for beginners from 5 to 6 p.m., intermediate 6 to 7 p.m. and teen and adult 7 to 8 p.m., each Tuesday and Thursday at the Fort Stewart Youth Services Center, Bldg. 7338, Austin Road, Bryan Village next to the shoppette.

The cost is \$30 per month, \$30 for uniform and \$30 for testing fee, belts are included. For more information, call Child and Youth Services at 767-2312.

### Golf Course

Taylor's Creek Golf Course offers Senior Blitz on Thursdays with a 9 a.m. tee off. The course also offers a Dogfight Tournament at 7:30 a.m. and Men's Blitz at 1 p.m. on Saturdays and Sundays.

### Consultations at Newman

The Newman Physical Fitness Center now offers free personal training consultations. Consultations consist of health screenings (body fat assessments), exercise prescription and nutritional counseling.

Consultations will be given on an appointment basis only. For more information, call 767-2771.

### Marne tournaments

A 9-pin, no-tap tournament will be held the first Saturday of every month at Marne Lanes.

Sign up starts at 6:30 p.m. Bowling starts at 7 p.m. Cost is \$15 per person.

Cash prizes will be awarded. The tournament is sponsored by the Fort Stewart Women's Bowling Association. For more information, call 767-4866.

### Hunter Gym floor repair

Hunter Gym is closed for floor repair until further notice. The intramural basketball season will begin when the floor is finished.

### Skeet and trap range

Join in the fun 5 to 8 p.m. each Thursday evening (except holidays) for open shooting. Cost is \$3 per round of either skeet or trap.

Range can be scheduled for special events and parties. For more information, contact Roy Rogers at 767-2771.

### Hunter Bowling

Hunter Lanes fifth annual Sweetheart Tourney is scheduled 1 p.m. Feb. 15 and is open to all. Games include scotch doubles, nine-pin, and no tap alibi. Cost is \$25.

### Golf scramble

Taylor's Creek Valentine's Golf Scramble will be held 12 p.m. Feb. 12. Cost is \$20 for members, \$25 for non-members. Sign up before Feb. 11.

If you're interested in having your sports articles, commentaries or briefs posted in The Frontline, call 767-3440, or fax at 767-5979. Deadline is noon on Fridays.



Sgt. Mason T. Lowery

Hunter Dragons forward, 8-year-old Tyler Pouliot, takes a shot against the Shooting Stars in the 3rd quarter Tuesday night in Savannah.

## Army softball to play U.S. Olympians

Goarmysports.com

Special to The Frontline

WEST POINT, N.Y. - While winter holds a firm grip on the Northeast, head Army softball coach Jim Flowers hardly notices. He has already begun his countdown to the season opener on Feb. 27, when the Black Knights usher in the 2004 season as part of the 24-team field at the ninth annual National Fastpitch Coaches Association Leadoff Classic at South Commons Stadium in Columbus, Ga. The highlight of that trip is an exhibition game against the U.S. Olympic Team.

Army received an invitation to this prestigious event based on its performance at the 2002 NCAA Tournament where the Black Knights defeated Utah, 2-0, along with holding their own against No. 10 Texas, 4-0, and Arkansas, 2-0, at the Region 5 Tournament.

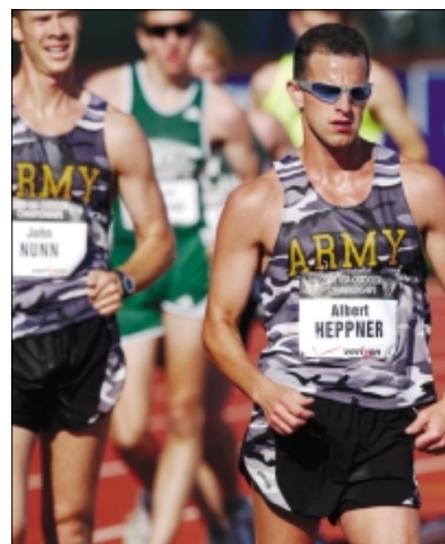
The invitation list reads like a "Who's Who in Softball" as the eight teams that competed at the 2003 World Series were invited along with 12 other schools ranked in the Top 25, followed by four conference team winners who performed well at the nationals.

Fifteen teams in this year's field, which includes No. 3 California, No. 4 Oklahoma, No. 5 Washington, No. 7 Georgia, No. 8 Nebraska, No. 10 Texas and Michigan, are ranked in the pre-season USA Today/NFCA Division I Top 25 poll. Four other teams received votes, including Massachusetts, the 2002 defending Classic champion.

Facing the toughest schedule in school history, the Black Knights' pool consists of No. 5 Washington, No. 10 Texas and No. 19 Florida State. The top team and two at-large teams will advance to the Gold Championship, while the second-place team in each pool along with four at-large teams will be chosen for the Silver Championship with the Bronze Championship comprised of the remaining eight schools.

In addition to playing the top-ranked teams in the country, Army will also face the best softball players in the nation as one of five teams chosen to play an exhibition game against the U.S. Olympic Team Feb. 28, at 6:30 p.m. Also in

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Tim Hipps

Spc. Al Heppner, seen here competing in the 2003 USA Outdoor Track & Field Championships, qualified for the 2004 USA Indoor Track & Field Championships in Boston.

## Little players cover lack of size with tenacity

Sgt. Mason T. Lowery

Staff Writer

A 20-point rally in the 2nd quarter contributed to the Savannah Shooting Stars slaying the Hunter Dragons 36-7 in Jewish Educational Alliance 8-and-under Basketball League action Jan. 27 at the JEA Gymnasium.

The Stars, undefeated this year, have been playing together since many of them were 3 years old, while the Hunter team is mostly new to the game and each other, according to Hunter Army Airfield Sports Director Geno Smalls.

Learning and having fun is more important than scores in this league, according to Dragons Coach Elizabeth

Pouliot.

"There's a big age difference in this league (5 to 8). Some kids are learning the fundamentals, others are here to win," she said. "They learn healthy competition — that it's great to win and OK to lose too."

Stars Coach Don Collins agreed, "Basketball teaches them camaraderie, teamwork, and gives them the drive to want to work and win in life — but the main thing is to have fun. This will carry over throughout their lives."

That being said, the Stars dominated defense in the first quarter. They played zone, forcing multiple Dragons

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## Life on the links...



Sgt. Mason T. Lowery

Hunter Army Airfield Headquarters Company, Headquarters Command 1st Sgt. Phillip L. Dixon takes a chip shot Friday on the Hunter golf course

## Speed walker moves briskly into track and field spotlight

Tim Hipps

Army News Service

ALEXANDRIA, Va. — Spc. Al Heppner has been on quite a Race Walk roll this month.

Heppner, 29, a member of the U.S. Army World Class Athlete Program from Columbia, Md., won a silver medal in the USA Track and Field 30-kilometer Race Walk Championships Jan. 11 at Chula Vista, Calif.

Heppner's personal-best time of 2 hours, 16 minutes, 52 seconds, was his first personal record at any distance since 2001.

Air Force Capt. Kevin Eastler won the race in 2:14:44, the second-fastest time ever walked at the U.S. National 30K behind two-time Olympian Allen James' 2:14:31 in 1993.

Sgt. John Nunn, another Army WCAP member, finished fourth in a personal-best 2:19:39.

One week later, Heppner won the Rose

Bowl 10-Miler with a time of 1:13:42 at Pasadena, Calif.,

He also earned the event's "best style" award.

Heppner continued his pace in winning the Caltech Track 5,000-meter Race Walk Jan. 24 with a 21:40:51 clocking at Pasadena, where he qualified for the USA Indoor Track & Field Championships Feb. 27 through 29 at Boston.

Heppner also plans to compete Feb. 15 in the 50-kilometer U.S. Olympic Race Walk Trials at Chula Vista.

Also in track and field, Capt. Michael Mai won a silver medal Jan. 9 in the 35-pound weight throw with a personal-best heave of 71 feet, 3 inches in the Kent State Black Squirrel Open at Kent, Ohio.

Spc. Lakeisha Backus finished second in the 60-meter dash in the Leonard Milton Memorial Track Meet Jan. 23 at Houston, where she qualified for the indoor nationals.

**Cheering our teams to victory...**

Sgt. Mason T. Lowery

The Hunter Army Airfield Cheerleaders cheer on youth basketball teams at games around the area. Pictured are (front row, from left): Akemil Jackson, Shakiatra Jackson, Jocelyn Smith, (middle row) Kylie Pouliot, Brianna McGee, Dustie Guinn, Tiara Woods, (back row) Paige Boston, Diamond Bell, Imani Anderson, Payton Poston and Javonka Mason. The team is coached by Jenee Potier and Teresa Henning. Not pictured are Starzetta Hailes and Candace Bivins.

**BASKETBALL**

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turnovers, converting layups and jumpshots, and owning the offensive boards. At the end of the first quarter, the Stars held an 8-2 lead.

It was more of the same in the second quarter. The Stars relied for 20 points. The zone defense suffocated the Dragons offense — not allowing any shots or completed passes. The half-time score was 28-2.

The halftime speech by Pouliot must have had an effect, because Dragons Forward Tyler Pouliot scored 4 points. But it wasn't enough to stop the Stars, they scored 6, and the quarter ended with the score of 34-6.

The Dragons inched closer in the 4th; with Pouliot scoring a foul shot, but 36-7 was the end result.

The Dragons enjoyed snacks after the game, undaunted by their defeat and ready for their next game, Friday at 6 p.m. against the Salvation Army Team.

**In simultaneous basketball action on Court 2 in the JEA Gymnasium, the Hunter All-Stars beat the JEA Magic 7-6.**

**SOFTBALL**

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attendance to lead off the pregame ceremony will be the West Point Color Guard, while Army pitcher Leigh Harrell will sing the national anthem.

Army opens the tournament with its highest-ranked opponent in No. 5 Washington Feb. 27, at 2:30 p.m. It will be the second meeting between the two schools, having first met in an opening round game at the NCAA West Regional Tournament in 2000. In its first-ever trip to the nationals, Army drew the top seed and No. 1-ranked Huskies, falling 5-0.

Washington posted a 47-16-1 mark last year, which included an unbeaten 19-0-1 mark at one point. The Huskies, a member of the Pac-10, advanced to the College World Series where they defeated Oklahoma, before dropping one-run losses to Arizona and UCLA to finish the season tied for fifth place.

The Black Knights, a member of the Patriot League, face No. 19 Florida State in the second game that day at 5 p.m. The Seminoles finished 46-11 last year and ranked No. 21 at season's end.



Special to The Frontline

**Army outfielder Lindsey Romack rounds the bases during a game against Texas last year.**

Winners of nine of 13 ACC Championships, including last year, they enter the season as the conference's unanimous choice to repeat.

Texas, one of the four teams in the field with California,

Oklahoma and Washington, who reached last year's Women's College World Series, closes out Army's pool play in the first of two games for the Black Knights Feb. 28, at 12:30 p.m.

Army kept top seed and No. 10 Texas off the scoreboard for three innings before errors proved detrimental in its 4-0 defeat. The Black Knights were held hitless by Cat Osterman, now a member of the Olympic Team. Six members of this year's team played in that game. Lindsey Romack, a pinch hitter, recorded Army's lone hit and team captain Ashlie Christian did not give up a hit, run or walk in the inning she pitched.

Army will play two games Feb. 29, at 9 and 11 a.m. against teams yet to be determined in closing out tournament play.

"We are excited about opening the season at the Leadoff Classic," commented head coach Jim Flowers, who has led Army to a pair of NCAA Tournament berths twice in the past four years. "It is the most competitive weekend in Army softball history, and we want to make the best of it by represent-

ing the Patriot League and Eastern softball well."

"The key for us is make the best of this trip. It is an invitational tournament and we are proud to be invited from both a league and our own program standpoint. We want to put our best foot forward throughout the tournament. It will test our ability and more importantly our maturity and development as a program and team. We will be playing six top ranked teams in the country in addition to the Olympic team, which in itself will be a true test as to how far our program and team has come."

Last year, Army's seniorless squad turned in a strong showing at the Patriot League Tournament. The Black Knights reached the championship finals as the No. 4 seed, just the second time a low seed had accomplished that feat. It was also the seventh time in the tournament's 13-year history that Army advanced to the finals, where it eventually fell to No. 2 Colgate to close out the year 20-27.

The Black Knights, who cele-

brated their 25th season of softball last year, return 15 letterwinners (nine starters) and all six players selected for all-league second team honors in Ashlie Christian (pitcher), Lindsay March (second base), Lisa Huntington (first base), Nikki Posey (OF), Lindsey Romack (OF) and Abbie Gottschall (DP). It was the second straight year that March and Huntington were honored.

Shortstop Lauren Gobar topped the Black Knights in several categories last year along with ranking among the national leaders in triples (No. 7, 0.18) and stolen bases (No. 22/0.53). She was the leader in batting (.310), runs (27), triples (7), total bases (59) and stolen bases (20-21), while Huntington led in RBIs (23) and March in hits (39). Christian was Army's workhorse on the mound (148.2 innings) in posting a 2.07 ERA along with earning 13 of Army's 20 wins.

Two weeks after its trip to Georgia, Army heads south again to participate at the Rebel Spring Games in Orlando, Fla., March 13-19.

# Newman Physical Fitness Center Aerobic Schedule

## Mondays

Latino Rhythm with Carmen (weights and tubing) 7:30 to 8:30 a.m.  
 Busy Feet Workout with Irma (cross training) 9 to 10 a.m.  
 4:30 to 5:30 p.m.

## Tuesdays

Butts and Gutts with Carmen (weights and bars) 7:30 to 8:30 a.m.  
 Basic Training Workout with Irma (steps, body bars, weights, abdominal work, etc.) 9 to 10 a.m.  
 Cardio-Stepping 4:30 to 5:30 p.m.

## Wednesdays

Caliente with Carmen (kick-boxing) 7:30 to 8:30 a.m.  
 Cardio Kick-boxing with Irma 9 to 10 a.m.  
 Step-Kicking with Irma (cardio kick-boxing/steps) 4:30 to 5:30 p.m.

## Thursdays

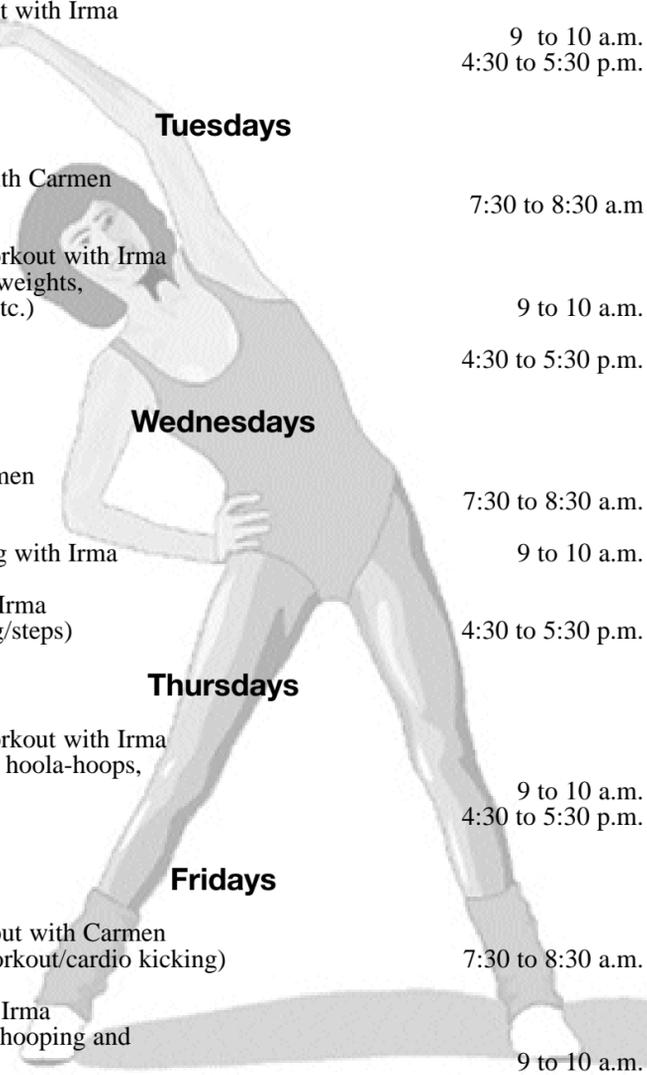
Basic Training Workout with Irma (Tubes, body bars, hoola-hoops, exercise balls) 9 to 10 a.m.  
 4:30 to 5:30 p.m.

## Fridays

“Master C” Workout with Carmen (Buns & thighs workout/cardio kicking) 7:30 to 8:30 a.m.  
 Killer Friday with Irma (kicking, stepping, hooping and weights, etc.) 9 to 10 a.m.  
 4:30 to 5:30 p.m.

## Saturdays

Pick Your Poison with Asha 9 to 10 a.m.



# Marne Scoreboard

## Bowling

### Monday Night Bowling — Marne Lanes December Results

#### Men's High Series

Kevin Brison	715
Chad Knudson	685
Glenn Knudson	666
Jeff McClellan	659
Duane Johnson	646, 617
Steve Murrill	634, 620
Jeff Eastlake	615
Lee Harris	611

#### Men's High Game

Chad Knudson	268
Artie Broadhurst	256
Terry Harvey	254
Cedric Golson	247
Kevin Brison	244, 237, 234
Duane Johnson	241
Glenn Knudson	241
Tim Wingard	233

#### Men's High Average

Steve Murrill	203
Jeffery McClellan	200
Ivey Sarvis	199

#### Women's High Series

Priscilla Agosto	649, 534
Irene Harrison	563
Linda Golson	562
Lourae Kobusch	512, 512
Stine Montgomery	502

#### Women's High Game

Priscilla Agosto	236, 222, 219, 191
Linda Golson	224
Irene Harrison	203
Lourae Kobusch	190, 182
Doreen Antrom-Brown	181

#### Women's High Average

Priscilla Agosto	191
Stine Montgomery	163
Linda Golson	162

## Basketball

### 2003 Stewart Intramural Basketball League

#### Scores

#### Jan. 27

B Co., 3rd FSB **60**, A Trp., 3/7 Cav. **48**  
 A Co., 3rd FSB **39**, B Co., 123rd Sig. **34**  
 HHC, DISCOM **2**, 293rd MP Co. **0** (forfeit)  
 HHB, DIVARTY **52**, MEDDAC **38**  
 C Btry., 1/39 FA **2**, HHC, 3ID **0** (forfeit)  
 HHC, 24th CSG **54**, HHC, 4/64 Armor **51**  
 92nd Eng. **59**, HHC, 10th Eng. **53**  
 B Trp., 3/7 Cav. **40**, HHB, 3/69 Armor **33**

#### Jan. 28

HHC, 3/7 Inf. **59**, SJA **52**  
 C Co., 3/7 Inf. **49**, 15th ASOS **39**  
 HHC, 3/69 Armor **2**, B Co., 2/7 Inf. **0** (forfeit)  
 Svc. Btry., 1/41 FA **56**, B Co., 703rd MSB **31**  
 B Co., 11th Eng. **50**, 24th Fin. Co. **42**

#### Jan. 29

HHC, 24th CSG **74**, B Trp., 3/7 Cav. **60**  
 92nd Eng. **50**, HHB, 3/69 Armor **43**  
 HHB, DIVARTY **2**, HHC, 3ID **0** (forfeit)  
 MEDDAC **48**, HHC, 4/64 Armor **38**  
 HHC, 10th Eng. **54**, C Btry., 1/39 FA **40**

#### Monday

B Co., 3rd SSB **43**, A Co., 3rd FSB **40**  
 B Co., 123rd Sig. **38**, D Btry., 1/3 ADA **27**  
 D Co., 10th Eng. **47**, A Trp., 3/7 Cav. **47**

#### Standings

#### Southeastern Conference

Team	Won	Lost	Pct
Svc. Btry., 1/41 FA	10	0	1.000
A Co., 2/7 Inf.	8	1	.888
HHB, 1/41 FA	7	3	.700
B Co., 11th Eng.	6	3	.667
103rd MI Bn.	6	4	.600
B Co., 3/7 Inf.	3	5	.375
24th Fin. Co.	4	7	.364
C Btry., 1/41 FA	3	6	.333

3rd SSB	3	7	.300
631st Maint. Co.	3	6	.333
B Co., 703rd MSB	2	8	.200
B Btry., 1/9 FA	1	4	.200

#### Freedom Conference

Team	Won	Lost	Pct
HHC, 3/7 Inf.	5	0	1.000
2nd Bde. DFAC	4	0	1.000
A Btry., 1/9 FA	1	0	1.000
HHC 3/69 Armor	3	1	.750
C Co., 3/7 Inf.	4	2	.667
A Btry., 1/41 FA	2	1	.667
226th DS	3	2	.600
223rd/ 87th CSB	3	2	.600
C Co., 123rd Sig.	1	1	.500
15th ASOS	0	3	.000
B Co., 2/7 Inf.	0	4	.000
SJA	0	7	.000

#### Atlantic Conference

Team	Won	Lost	Pct
HHC, 24th CSG	8	0	1.000
B Trp., 3/7 Cav.	3	1	1.000
MEDDAC	4	2	.667
HHB, DIVARTY	3	3	.500
92nd Eng.	3	3	.500
HHC, 10th Eng.	2	2	.500
C Btry., 1/39 FA	3	4	.428
HHC, 3/69 Armor	3	4	.428
HHC, 3ID	1	5	.167
HHC, 4/64 Armor	1	5	.167

#### Gulf Coast Conference

Team	Won	Lost	Pct
A Co., 3/7 Inf.	3	0	1.000
B Co. 3rd FSB	3	0	1.000
293rd MP Co.	1	0	1.000
HHC, DISCOM	1	0	1.000
B Co., 123rd Sig.	2	1	.667
D Co., 10th Eng.	1	1	.500
A Co., 3rd FSB	1	2	.333
D Btry., 1/3 ADA	1	3	.250
C Co., 703rd MSB	0	0	.000
HHC 3rd FSB	0	2	.000
A Trp., 3/7 Cav.	0	4	.000

**Got Scores?**  
**Contact the Frontline staff at 767-3440.**