

Serving the 3rd Infantry Division (Mechanized), the Fort Stewart and Hunter Army Airfield communities

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3rd MPS round 'em up

Marne police train to tackle EPW issues

Spc. Katherine Robinson
50th PAD

CAMP NEW YORK, Kuwait — On a cloudy Kuwaiti afternoon, a line of dirty, dejected looking prisoners wait on their knees, hands behind their heads, to be herded into trucks for transportation.

The guards keep a close eye and a rifle constantly trained on the prisoners as they load them in the truck and cart them off to be searched and searched again before finally receiving food, blankets, medical care and a place to sleep.

The 3rd Military Police Battalion conducted internment and resettlement training Feb. 17 and 18 in preparation for possible future operations.

According to Master Sgt. Tony McGee, 3rd Infantry Division (Mech.) Provost Marshal operations sergeant, handling of enemy prisoners of war is one of the MPs main missions. "It consumes most of what we do," he explained.

The battalion set up a central collection point on Camp New York. The area was divided into several sections, exactly as they would be in a real-world situation, except on a significantly smaller scale, said McGee, a Florence, S.C., native. The MPs learned to transfer, maintain security, and account for prisoners, their belongings and their weapons.

If a war occurs, a large number of EPWs are expected, McGee said. "These guys' ability to handle that number and do it proficiently is extremely important. We've got to get (the prisoners) off the battlefield and protect them."

After a walk-through of the area and several briefings on the first day, the real training began on the 18th. When the MPs received a report of EPWs and a grid coordinate, they moved out to pick up the "prisoners", played by other MPs. At the forward collection points, the soldiers corralled the prisoners, searched them for weapons and took them to the central collection point in troop carriers.

The EPWs were met at the gate by an initial reception security team, a squad of MPs who searched them again, and moved them into either the consolidated holding area or, if they needed medical attention, an aid station.

See EPW, Page 14A

Army limits re-up options

Staff Sgt. Marcia Triggs
Army News Service

WASHINGTON — With the buildup of forces overseas, the Army is projected to exceed its end strength authorized by Congress this year and re-enlistment options are being adjusted to keep the service within required limits.

The Army is authorized 480,000 troops, and Congress has mandated that the Army stay within 1 percent of that number, Sgt. Maj. James Vales, the G1 retention sergeant major said. Projections show that for fiscal year 2003, personnel strength may exceed that ceiling. By reducing options, no one will be prevented from re-enlisting, but the numbers will be moderated, he added.

Korea is the only option mid-term soldiers serving on a second or subsequent enlistment period will have if they want to re-enlist for an overseas assignment. Overseas and stateside assignments are the most popular options soldiers inquire about, said Sgt. 1st Class Michael Moss, a career counselor for the Office of the Administrative Assistant to the Secretary of the Army.

"Some soldiers are disappointed that they have to re-enlist for the needs of the Army, but we don't re-enlist soldiers for options, but for service to this nation," Moss added.

Another incentive that has been cut is the Selective Reenlistment Bonuses — monetary incentives given to soldiers in jobs that are short and have inadequate retention levels.

"Bonuses have been limited considerably compared to the last fiscal year," said Sgt. 1st Class David Gross, career counselor, Combined Joint Task Force-180, XVIII Airborne Corps, Fort Bragg, N.C., who was

See RE-UP, Page 15A



Spc. Katherine Robinson

Spc. Robert Bedford (right), a 3rd MP Bn. soldier from Winters, Texas, searches the bag of an "enemy prisoner of war," played by Spc. Dustin Davis, a fellow MP, from Wichita, Kan., during the battalion's internment and resettlement training Feb. 18 at Camp New York.

Construction begins on new SSC

Sgt. Sam Hoffman
Staff Writer

"Leaving behind the World War II and fifties era installation," said Col. Gerald Poltorak, installation commander, about what the new Soldier Service Center will mean to Fort Stewart.

The groundbreaking ceremony for the SSC was held Feb. 20, at the construction site, next to the Marne Welcome Center.

It featured an invocation by Chaplain (Col.) Neil Dennington, who warmed the crowd with an enthusiastic "hooah!"

"We ask for good foundation," he said to the audience.

The idea for the SSC was initiated in 1994 on a visit to Fort Jackson, Umholtz

said. There he saw a consolidated in-processing center and wanted one for Fort Stewart, he added.

This won't come without a price, he said. Many of the World War II era buildings, such as the Marne Welcome Center, will have to be demolished to make room for the new projects.

Col. Poltorak made remarks to the audience about the SSC and the larger construction program at Fort Stewart that will include a new larger education center and chapel.

"What a great day for Fort Stewart!" he remarked.

The SSC is going to emphasize comfort,

See SSC, Page 15A

Army announces new active component unit stop loss policy

Army press release

In coordination with the Department of Defense, the Army Leadership has formulated an Active Component unit stop loss program for certain units deployed or alerted for deployment in support of operations in the U.S. Central Command Area of Responsibility. On Feb. 14, Assistant Secretary of the Army (Manpower and Reserve Affairs) Reginald J. Brown approved the new AC unit stop loss policy. This new policy does not affect Ready Reserve soldiers.

This new policy supports the stability, strengthens unit cohesiveness and teamwork of deploying AC forces, and will bol-

ster the trust and confidence of our soldiers as they prepare to deploy. Unit stop loss for identified AC forces deploying to CENTCOM AOR will be implemented as follows:

- Soldiers will be subject to stop loss when their unit is alerted for deployment by their higher headquarters.
- Soldiers in certain AC units already deployed to CENTCOM AOR will be included under this policy.
- The current 12-month, skill-based and Reserve Component unit stop loss policies remain in effect and unchanged.
- AC soldiers presently affected by the

See POLICY, Page 15A

Weather Forecast

FRI
High 67° Low 46°

SAT
High 65° Low 53°

SUN
High 74° Low 51°

Divarty brings Marne Thunder



Photos by Spc. Katherine Robinson

An M270 Multiple Launch Rocket System shoots a rocket downrange during the Division Artillery live-fire exercise Feb. 13 at Udairi Range Complex.

Training marks largest artillery live fire since Gulf War

Spc. Katherine Robinson

50th PAD

CAMP NEW YORK, Kuwait — The ground at Udairi Range Complex shook, and thunder echoed through the sky as Division Artillery rained steel in the largest artillery live fire since the Gulf War.

Division Artillery launched a massive training exercise using more than 50 M109A6 Paladins and more than a dozen Multiple Launch Rocket Systems Feb. 11 - 14.

The live fire was a time-on-target exercise where all the howitzers and launchers fired in a sequence to have their munitions hit the target at the same time.

According to the artillerymen, TOT training is important because it increases readiness, accuracy and effectiveness of their fires.

"It gives everybody a chance to shoot together to see if we are really on time together. All the rounds should impact together," said Staff Sgt. Antonio Hunt, section chief for A Btry., 1st Battalion, 10th Field Artillery, and native of Washington, Ga. "Everybody gets coordinated."

Capt. Richard Dunbar, commander of B Battery, 1st Battalion, 39th Field Artillery (MLRS), from Leland, Miss., added, "I think it's paramount. The entire Division Artillery has to be synchronized to provide mass fires. A critical aspect of it is timeliness," he said. "The main thing is the importance of readiness."

The live-fire exercise was a four-phase process that included movements, communication and battalion exercises

that led to the entire DIVARTY exercise that tested both the guns and electronic systems that are used in artillery.

"The exercise did several things," said Maj. Bobbie Williams, Deputy Fire Support Coordinator for the Marne Division. "It was the first time in recent history where we were able to mass direct fires. That was a major accomplishment for the division."

"It gave us a chance to exercise our command, control, communication, computer and intelligence systems throughout the entire Division Artillery," Williams said. "Our ability to validate our systems could communicate is monumental."

The new field artillery software was a Department of Defense upgrade for all artillery systems, according to Williams. By all the systems being on the same software, they can fire more accurately and communicate better.

Before the DIVARTY TOT, the units went through fire support rehearsals and technical rehearsals. The fire support rehearsal tested communications, observers and reviewed target orders. The technical rehearsal gave the crews a dry run where they tested commands, fire orders and targeting.

Should the division be called on for military action toward Iraq, mass fires may will be essential.

"You can kill more if you can mass artillery," Williams said. "Your ability to mass artillery demonstrates your ability for violent fires on one area. The 3rd ID DIVARTY is prepared to execute the full spectrum of our missions, and DIVARTY will prosecute violently all missions requiring fire support."



Pfc. Sean Miller, FAASV driver for A Btry., 1/10 FA, returns an unused round to the FAASV.



(Above) Illumination rounds lay in their cradles inside the M109A6 Paladin.

(Left) Soldiers from B Btry., 1-10 FA, wash down an M109A6 Paladin 155mm self-propelled howitzer during a hasty decontamination during the Division Artillery live-fire exercise.

Blessed are the peacemakers ...

Papal Nuncio visits soldiers at Camp New York



Spc. Jacob Boyer

Archbishop Giuseppe de Andrea, apostolic delegate for the Arabian Peninsula, prays during a Mass held for soldiers at Camp New York.

Spc. Jacob Boyer

Staff Writer, Frontline Forward

CAMP NEW YORK, Kuwait — The Vatican representative to the Arabian Peninsula emphasized selfless service during Mass at Camp New York Feb. 16.

Archbishop Giuseppe De Andrea, apostolic nuncio to Kuwait, Yemen, Qatar and Bahrain, and apostolic delegate for the Arabian Peninsula, told the assembled soldiers that they were called to do the things they do without conditions or preconceptions.

"I think (the visit) is a reminder to us all that our universal faith means we're home anywhere," said Chaplain (Capt.) Michael Heninger, 203rd Forward Support Battalion chaplain. "Even in the middle of the desert, we are at home as community of the faithful. He reminds us of the importance of God's love in the midst of our presence."

De Andrea, who represents more than 1.5 million Catholics in the region, drew his homily from Isaiah 6:8, a verse used by 2nd Brigade, which reads "Here am I Lord, send me." He said just as he gave himself to the church without reservation, soldiers volunteer their service to their country in the same manner.

"Use this place as a call to make peace," he said. "I accept Your plan of salvation and am willing to place myself in your hands. It is up to

us to tell the good news."

De Andrea emphasized the impact the soldiers' presence has had on keeping the peace.

"Every minute the military has been here has been another minute of peace," he said.

"The message was very good, especially for his audience," said Capt. Jason Ferrill, 1st Battalion, 64th Armor Regiment security officer. "A lot of people are dealing with the possibility that we could go north, and he said it's okay to do what we're doing. He really emphasized the military as keepers of the peace."

During the Mass, De Andrea confirmed 16 servicemembers as Catholics. Although confirmation is typically a one-year process, it was sped up for the soldiers deployed to Kuwait, said Marine Col. Rick Hunt, liaison to V Corps from the 1st Marine Expeditionary Force.

De Andrea said Confirmation was a promise to step forward for the new Catholics.

"We are more than just labels," De Andrea said. "The Sacrament of Confirmation means they are ready to assume the call in a more direct way."

"It was a very special experience," said Ferrill, a Biloxi, Miss., native. "Other than getting married, it was the most special religious experience I've ever been through."

Originally, the plan was for soldiers deployed here as part of 2nd Brigade's rotation to have the opportunity to go to Kuwait City for one of De

Andrea's Masses, said Chap. (Maj.) Patrick Ratigan, 2nd Brigade chaplain and the 3rd Infantry Division (Mechanized)'s senior Catholic chaplain.

"When we got here, I wanted to take everyone into the city, but with the threat level, it didn't work out," said Ratigan, a native of upstate New York. "So I asked the archbishop to come over here. We were tickled he accepted the invitation."

De Andrea said he enjoyed the visit, especially because of the special ties he has to the United States in general and particularly the 3rd Inf. Div. (Mech.). De Andrea spent 41 years of his life as a priest in the United States. He also grew up near Anzio, a place of significance to the division.

"I am very happy to be here," said De Andrea, who was named the titular archbishop of Anzio when he entered the Episcopacy.

"My ties are somewhat emotional since I spent so long in the U.S., and I can remember the soldiers coming to Italy when I was a boy," he added.

Ratigan said the archbishops visit was "a wonderful expression of our unity and universality. We are one family."

"The Church is bigger than the camps," Ratigan said. "To have the archbishop here is a symbol of our communion with the larger church."

2,000+ soldiers stabilize their high school seniors

Jim Caldwell

Army News Service

FORT MONROE, Va. — Almost 2,200 military families have joined the stabilization program for soldiers with high school senior students.

Officially called "Stabilization for Soldiers — High School Seniors," the program began in April 2001. It allows those soldiers to extend their tour of duty at their current duty station for an additional year so a family member can graduate from their school.

As of Feb. 6, 2003, the Army's Personnel Command had approved stabilization requests for 1,826 enlisted soldiers, disapproved four and had 20 requests pending. On the officer side, 353 were approved, six disapproved and two requests were pending. For enlisted soldiers that's a 99.8 percent approval rate and 98.3 percent for officers.

"In my book, that is a success," said Col. Julie Manta, Training and Doctrine Command adjutant general. "This is a

super initiative by the Army leadership to stabilize families.

That's a key component of Army Well Being, to provide some stability and predictability for family members."

Soldiers who have children in high school must request stabilization from PERSCOM before their children begin their high school junior year. The request is made on a DA Form 4187. A soldier must list known scheduled temporary duty for a training course and other purposes.

"Officers need to contact their branch assignment officers if they are scheduled for training at the end of their current tours," Manta said. "That will tell the branch that the training requirement may have to be deferred."

Soldiers overseas must indicate they will extend their tours there if the request is approved. A letter from the high school, stating when the student is expected to graduate from the school, must be attached to the DA Form 4187.

The program is spelled out in Military Personnel Message Number 01-135. It is located in the AG section, on the PERSCOM web site at www.perscom.army.mil.

"When soldiers requests are approved, that does not preclude them from being deployed or being alerted for deployment," Manta said. "But at least families members do not have to suffer the additional disruption of having to move while the soldier mothers or fathers are deployed."

She said PERSCOM does not track approval rates by major command.

"That's because assignments are made as individual replacements."

PERSCOM has said that 48 percent of enlisted soldiers who have received approval are sergeants first class.

"That sounds right," Manta said. "Many soldiers in that rank are old enough to have children in high school. I suspect that on the officer side, mostly field grade officers request stabilization for a family member of high school age."

The stabilization program was one of the 10 top recommendations from a July 2000 Army Education Summit. Gen. Eric K. Shinseki, Army chief of staff, approved it in time for it to take effect the following April.

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Spc. Katherine Robinson

Capt. Zachary Vann, 3rd Inf. Div. (Mech.) assistant G-3 plans officer, lends a hand carrying sandbags during the set up of the Division Main headquarters at Camp New York Feb. 22. The DMAIN soldiers tore down the complex, loaded the equipment in vehicles and practiced convoy operations the night of Feb. 21. They then set up again the following day. The purpose of training was to ensure the DMAIN could be moved quickly and efficiently.

Move out!

203rd FSB aims for efficient jumps

Spc. Jacob Boyer

Staff Writer, Frontline Forward

CAMP NEW YORK, Kuwait — As task forces move forward on the battlefield, there are many things they need to keep their soldiers fighting. Medical aid, vehicle maintenance and a multitude of supplies are necessities if warfighters are going to accomplish their mission. If a taskforce moves quickly, its support needs to be able to keep up with its needs in a war zone.

The 203rd Forward Support Battalion ensures the 3rd Brigade Combat Team gets all the support it needs when it is time to move out. The battalion held a field exercise Feb. 9-13 to make sure its soldiers were prepared to move the brigade support area rapidly if the brigade needs to move forward.

“Setting up and tearing down the BSA quickly is critical,” said Maj. Jim Stanford, operations officer, 203rd FSB. “The brigade moves fast, and this is the most lethal division in the world. If we can’t keep up, then they come to a halt. They can’t continue to fight.”

The battalion consists of four companies. In addition to a headquarters element, there are three companies with specific missions. A Company is responsible for making sure the brigade gets the supplies it needs. B Company takes care of the brigade’s maintenance needs on everything ranging from night vision goggles to tracked vehicles. C Company provides medical support for the brigade.

The battalion, which includes more than 300 vehicles, conducted two daytime jumps and one at night during the exercise, said Stanford, a Bellevue, Neb., native. When n-hour, the time to get moving, came, tents went down, equipment was loaded and convoys were lined up before the battalion moved to its new location.

“Everybody has a list of the n-hour sequence,” said 1st Lt. Ericka Williams, security officer, 203rd FSB. “We cut the signal lines, break down the wires, sterilize the fighting positions and pack all of the equipment.”

Several reports, including one on non-capable vehicles and one on



Spc. Jacob Boyer

Spc. David Brooks, a land combat missile systems repair specialist with B Co., 203rd FSB, digs a hasty fighting position as the battalion settles in at a new BSA.

sensitive items, have to be made before the battalion can move out, said Williams, a Jacksonville, Ark., native. The convoy, arranged into serials, moves out in whatever formation suits the mission.

“Sometimes we have two serials that are four abreast, sometimes we have something different,” she said. “We’ve tried a lot of different formations trying to find the best way to maneuver the BSA. It’s mostly terrain dependent.”

When the convoy reaches its location, the soldiers go about the business of setting everything back up, said Sgt. Shelton Johnson, B Co., 203rd FSB radio repair specialist. The soldiers go about their priorities of work, setting up security around the perimeter and getting the tents back up.

“We have to be up on our soldier skills,” said Johnson, a Brooklyn, N.Y., native. “We need to do our job plus what it takes to survive out here. We’re digging fighting positions, establishing communications with the BSA, keeping a good work/sleep schedule and handling whatever other tasks come our way. Things have to keep going. We can’t stop.”

In addition to the jumps, the companies trained intensively during the exercise, said 1st Sgt. Michael Tyree, C Co., 203rd FSB first sergeant.

“We’ve been getting the guys up

to speed,” said Tyree, a Charleston, S.C., native. “For C Company, that means doing a lot of situational medical training: what to do for different injuries and what to do when you have to move casualties 50 kilometers from the ambulance exchange point.”

Although the battalion was in Kuwait in November, many new faces came in before they returned, said Sgt. Thompson Quinton, A Co., 203rd FSB motor transportation operator. So many were learning how things worked for the first time.

“I’ve got a whole new crew, but they’re great,” the Warner Robbins, Ga., native said. “We’ve got a lot of motivated people who want to work ahead.”

The soldiers understand the importance of repeated training.

“As much as some of us have been out here, it may seem redundant,” Johnson said. “But all this repetition can make it just like a routine drill. A championship boxer still has to train even though he knows how to box. He has to keep his skills sharp.”

The soldiers and their leadership understand the most critical part of their mission.

“Our biggest challenge is to keep up with the BCT,” Stanford said. “They move fast, and we’ve got to pick up this monster and stay with them.”

Using medicines safely

Special to The Frontline

While medicines are necessary for many conditions, rest and plenty of fluids are your best line of defense against common colds and the flu.

Do you know the characteristics and side effects of the medicines you take? Some of them may affect work performance. Others may be dangerous when taken in combination.

Here are some tips for using medicines safely:

Know the side effects

Over-the-counter drugs can have noticeable side effects:

- Expect antihistamines and cough syrups to make you drowsy. Sleeping aids can have residual effects the next day.
- Caffeine, stimulants, asthma preparations and diet aids may cause restlessness, anxiety and jitters.
- Decongestants, the most common drugs in cold remedies, cause drowsiness in some people and tension and nervousness in others. Many over-the-counter antihistamines also contain a decongestant, so the user may experience drowsiness and feel jittery at the same time.
- Be cautious about nasal sprays. They can actually cause nasal stuffiness if used for more than a day or two.

Your pharmacist is a good source of information on the side effects of prescription and over-the-counter drugs and how they can affect you.

Deadly combinations

Ask your doctor or pharmacist before combining any drugs, whether prescription or over-the-counter. Certain drugs are toxic in combination or cause a dangerous double-dose effect.

Read the label

Know what you're getting when you purchase over-the-counter drugs.

Learn chemical names of common remedies. You may be surprised to find that most cold remedies are virtually identical in composition. The only thing that varies is the price.

Some remedies may have unwanted ingredients such as alcohol, aspirin or caffeine.

Do you have special needs?

Some drugs are harmful to people with high blood pressure, kidney or heart disease, or diabetes. If you are pregnant, always check with your doctor or pharmacist before taking any drug. Use cold-remedy medications only if they make you more comfortable. Avoid preparations that make you drowsy if you operate machinery. Use the recommended dosage. When it comes to medicine, more is not better.

A medicine and drug-safety checklist

- Always tell your doctor what medicines you are taking when a new one is prescribed. If you're pregnant or have diabetes, check with your doctor before taking any medication or consuming anything with caffeine.
- If you need to take medicine at night, turn the light on to avoid taking the wrong medicine.
- Store medications together in a location separate from chemicals and foods. The best location is a locked cabinet in your bedroom rather than in the bathroom, where humidity can dilute the potency of drugs.
- Always keep medicines out of the reach of children, including those who may be visiting. Children can be amazing climbers.
- Store medicines in their original, labeled containers with childproof caps.
- All medicines have an expiration date. Outdated medicines may be harmful or no longer effective. Discard outdated medicines by flushing them down the toilet.
- If a label comes off a medicine container and there's any doubt about what it is, discard it.

Editor's Note: *This article was submitted through Winn Army Community Hospital by Bayne-Jones Army Community Hospital, Fort Polk, La.*

Recognizing different kinds of stress

Sharon Ayala
Deputy Public Affairs Officer, Madigan Army Medical Center, Wash.

Editor's note: *Lt. Col. Bruce Crow, chief of the Department of Psychology at Madigan Army Medical Center, contributed his expertise to this article.*

My son volunteered in my office during the entire summer. His job was to help with the general office work. One day, he asked me a question about a project I had assigned to him. Without realizing it, I 'barked' out the answer and went back to work.

Within seconds of the words leaving my mouth, my son had walked around to where I was seated behind my desk, put one hand on my shoulder and said, "Mom, take three deep breaths ... one, two, three."

It was at that point, I realized I was stressed.

Workplace stressors

After a little research I discovered that anyone who lives on planet Earth has, at one time or another, experienced stress.

Stress is present in all our lives. It becomes a problem when it's overwhelming stress or a person has difficulty coping with the stress, say psychology experts.

Almost everything in today's workplace environment can be a potential stressor. For example, new advances in technology that are supposed to make life easier can actually make life more uncomfortable.

There is a faster pace to life. We get inundated with e-mail messages in a way that didn't happen with the telephone.

Limited resources can also contribute to job stress. All across the country, employees are finding themselves doing more with less. The number of responsibilities that people have tends to change.

People are now expected to do many more things than they would have previously.

Recognizing when you are stressed

We may have a tendency to try to do everything all the time. Consequently, we can end up not getting much accomplished or it doesn't get done very well. The ability to prioritize can actually help a person cope with the day-to-day stressors on the job.

It's very important to have a firm sense of what is the most important thing that needs to be done today and to put most of your energy and effort into it. You also have to recognize that the lowest-priority items may not get done today, or next week...or ever.

On the other hand, the more confident a person is in his or her job, the less stressful it will be. Clear expectations, clearly defined duties and clearly defined supervisory relationships can alleviate much of the stress encountered in the workplace.

When things are ambiguous and employees are not sure what they're supposed to do or which supervisor they're supposed to report to, that can really add to the stress level.

Ignoring the signs

Sometimes no matter how much stress a person is experiencing, slowing down work performance is not an option. But dealing with stress by simply working harder may not work as a long-term solution, either.

There have been good scientific studies on stress and performance. A person will get an increase in performance to a degree and then a decline in performance as the level of stress and anxiety continues to increase.

It's important to recognize when we have exceeded that point where the stress is motivating us to

Signs that you may need stress-management assistance:

- | | |
|-------------------------|-----------------------|
| • Difficulty sleeping | • concentrating |
| • Easily frustrated | • Short temper |
| • Poor work performance | • Depression, sadness |
| • Headaches | • Upset stomach |
| • Difficulty | • Job dissatisfaction |
| | • Low morale |

concentrate and perform well and are crossing that point where it is now interfering with our ability to perform.

When to seek outside help

Left unchecked, stress will eventually take a toll on a person's personal life, moods and health.

In more severe forms, there can be problems like headaches, muscle pain and difficulty sleeping. It is an art to not only recognize that you are having a higher level of stress than is healthy but also to be willing to say that you have to do something to be more in control of it.

Because no one is immune to stress, there are techniques that can help a person better cope with a stressful environment.

Going out for lunch instead of eating in the office, practicing muscle relaxation and breathing techniques are just a few.

Don't try to eat and do e-mail at the same time. A more comfortable way of getting through the day, and perhaps more productive, is to take a little bit of time to get out of the office to get some fresh air.

If someone is in a prolonged period of stress and it is affecting them physically, it may be time to seek outside assistance. An ongoing pattern of feeling overwhelmed, not having enough energy, or not maintaining a sense of stability, indicates it may be time to get someone from the outside and ask for help in managing stress.

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Training to love

Conference aids Rangers, spouses in finding marital bliss

Pvt. 2 Emily Danial

Staff Writer, Hunter Public Affairs Office

Sixty Rangers and their spouses/fiancés were given the opportunity to attend a marriage conference Friday and Saturday at the Westin Savannah Golf Resort and Spa.

The conference's purpose was to encourage and develop strength and oneness in marriage, according to Chaplain (Capt.) David Bowlus, the 1st Ranger Battalion chaplain. He said couples came to the seminar "looking to invest in their relationship."

Speakers at the conference were Steve Myer and Bob and Doreen "Sam" Uber of Campus Crusade's Military Ministry. Using the workbook "Biblical Blueprints for a Lasting Marriage," they addressed several topics, including:

- Receiving one's mate as a gift
- Clarifying the roles of a husband or wife
- Resolving conflict in the relationship
- Maintaining a vital sexual relationship
- Expressing forgiveness to one another
- Responding to each other in love instead of anger
- Increasing commitment and creating a deeper level of intimacy
- Learning practical principles to help others in their marriages

Myer put a great deal of emphasis on God's purposes for marriage and the importance of working toward more oneness in the relationship, said Bowlus. "He used the illustration of a hardware shop, and the observation that electrical tools always say 'batteries not included.' (Myer) made the comparison that he and the other conference speakers could provide the 'hardware,' but only God could provide the 'batteries,' the 'power,' through a relationship with Jesus Christ."

Sgt. Derek Tassin, one Ranger who has been married eight months, said he attended the seminar "to spend quality time with my wife and get tips on how to strengthen my marriage."

Tassin said one aspect of the conference that made an impression on him had to do with the other attendees.

"It was really encouraging to see other couples who had been married longer (than us) willing to take time out of their weekend to work on their marriage," he said.

Tassin said his wife also had high hopes for the weekend. "She was excited," he said. "We thought it would give us a good foundation for our marriage."

Bowlus said most were satisfied with their experience in the conference.

"Several people came up to me and told me ... they'd had the opportunity to really talk about some difficult issues," he said.

Looking over the weekend, Tassin said, "I got more out of it than I thought I would. I especially liked how (the speakers dealt with) the husband's role in the marriage ... (they) gave the husband his responsibility."

Childcare for the event was provided by Honey and Chris Newcomer of Savannah Christian Church, to whom Bowlus expressed great appreciation.

"I also want to give a hug thanks to the congregations of the post chapel," he said. "They contributed about \$5,000 to make this a success."

Attendees from Hunter were also joined by 10 couples from the 75th Ranger Regiment from Fort Benning, Ga., said Bowlus.

"The response was amazing," he said. "We had planned to do this in May 2002, but we had to postpone it due to a deployment to Afghanistan."

However, Bowlus said, "Timing was God-given ... God-directed. One of the command's priorities is to take care of families, and they were very supportive."

Tassin said the seminar was helpful in light of the Rangers' tendency to deploy frequently and unexpectedly.

"To have structure and framework in place before deploying allows for stability and peace during absence," he said.

Tassin added, "We ought to do this a lot more often ... it would do wonders. You do feel a lot closer to your wife when you leave this kind of thing."

PX — greater selection, less time

Sgt. Craig Zentkovich

Associate Editor, Frontline Forward

CAMP NEW YORK, Kuwait — We've all been there.

Standing for two hours in a line that seems to make little, if any, progress.

The end result — five minutes walking through two trailers, hoping the items you need are still on the shelves.

On Feb. 11, soldiers on Camp New York, Camp New Jersey and Camp Udairi had their prayers answered with the opening of a new and improved Post Exchange.

The new structures, erected within the past month, offer three times the floor space of the original end-to-end trailer setup, according to Sgt. Lillian D. Jackson, Headquarters and Headquarters Detachment, 703rd Main Support Battalion, Camp New York PX store manager and supervisor.

"We now have the capabilities to handle much more merchandise," she said. "In turn, that results in a better selection and ultimately a happier soldier."

With a larger store and an additional cash register, comes the ability to handle more soldiers in less time.

"Before (the new PX) opened, we were only able to take on 3 to 5 soldiers," Jackson, the Brooklyn, N.Y., native, said. "Now we can take upwards of 20 soldiers at a time."

The increase of space and influx of patrons have resulted in a greater need for a work force and security. Unfortunately, those haven't always been readily available, according to Jackson.

"It's been a little bit of a battle," Jackson said. "With the units to cooperation, it becomes much easier for us to accomplish our mission — transporting goods from (storage), stocking individual items, checking customers at the register and, most importantly, security."

"On any given day, we may have two soldiers walking up and down aisles looking for would-be shoplifters. It's a shame we have to take those measures."

Jackson added, "Any soldier caught shoplifting will have their name and

rank sent to Command Sgt. Maj. Kellman (3rd Infantry Division [Mech.] command sergeant major), immediately."

One particular issue yet to be remedied from the PX's trailer days, is the shortage of stock for many important and useful products.

The deciding factor of what camp gets what is determined by which manager draws stock from the warehouse at Camp Doha first.

"It's a first-come, first-served basis," Jackson said. "Unfortunately, the warehouse doesn't separate stock for each camp. It's a 'grab what you need and go' system. In turn, one camp may have particular types of razor blades and cigarettes, another may have none."

Apart from product shortages, soldiers have welcomed the new store with open arms.

"This is so much better (than the trailer)," said Staff Sgt. Derek Cooke, Engineer Brigade chaplain's assistant. "More selection, more room and less time in line. It's great."



Sgt. Craig Zentkovich

Soldiers stand in line at the checkout in the new post exchange on Camp New York, which opened Feb. 11.

POLICE REPORTS

• **Subject:** Civilian, 30-year-old male
 • **Charges:** Illegal possession of pornography, possession of child pornography, wrongful use of government property
 • **Location:** Fort Stewart

• **Subject:** Private First Class, 20-year-old male, 24th Corps Support Group
 • **Charges:** Failure to obey lawful order, underage drinking
 • **Location:** Fort Stewart

• **Subject:** Private First Class, 19-year-old male, 24th Corps Support Group
 • **Charges:** Wrongful use of cocaine
 • **Location:** Fort Stewart

• **Subject:** Private, 23-year-old male, 24th Corps Support Group
 • **Charges:** Wrongful use of cocaine, wrongful use of marijuana
 • **Location:** Fort Stewart

• **Subject:** Private, 24-year-old male, 24th Corps Support Group
 • **Charges:** Wrongful use of cocaine, wrongful use of marijuana, wrongful possession of cocaine
 • **Location:** Fort Stewart

• **Subject:** Private, 20-year-old male, Division Support Command
 • **Charges:** Wrongful use of marijuana
 • **Location:** Fort Stewart

• **Subject:** Specialist, 25-year-old male, Division Support Command
 • **Charges:** Disrespect to an NCO, disrespect to an officer

• **Location:** Fort Stewart

• **Subject:** Private 2, 22-year-old male, Headquarters Command
 • **Charges:** Driving while license suspended, failure to obey a lawful order, driving on post revocation
 • **Location:** Fort Stewart

• **Subject:** Private 2, 19-year-old male, separate battalion
 • **Charges:** Criminal trespass, possession of alcohol by a minor, interference with government property
 • **Location:** Savannah

• **Subject:** Civilian, 55-year-old male
 • **Charges:** Driving under the influence
 • **Location:** Fort Stewart

• **Subject:** Civilian, 19-year-old male
 • **Charges:** Damage to government property, communicating a threat
 • **Location:** Fort Stewart

• **Subject:** Sergeant, 35-year-old male, 2nd Brigade
 • **Charges:** Following too closely
 • **Location:** Fort Stewart

• **Subject:** Staff Sergeant, 37-year-old male, Headquarters Command
 • **Charges:** Driving under the influence, speeding
 • **Location:** Savannah

• **Subject:** Private First Class, 21-year-old male, separate battalion
 • **Charges:** Wrongful possession of marijuana, failure to obey a lawful order or reg-

ulation, failure to register weapon
 • **Location:** Fort Stewart

• **Subject:** Private First Class, 20-year-old male, 1st Brigade
 • **Charges:** Damage to government property
 • **Location:** Fort Stewart

• **Subject:** Specialist, 20-year-old male, Division Support Command
 • **Charges:** Improper backing
 • **Location:** Fort Stewart

• **Subject:** Family member, 37-year-old female
 • **Charges:** Failure to exercise due care
 • **Location:** Fort Stewart

• **Subject:** Sergeant, 26-year-old male, separate battalion
 • **Charges:** Driving while license revoked, speeding 74/55
 • **Location:** Fort Stewart

• **Subject:** Private, 2, 18-year-old male, Division Artillery
 • **Charges:** Underage drinking
 • **Location:** Richmond Hill

• **Subject:** Private First Class, 22-year-old male, Headquarters Command
 • **Charges:** Wrongful appropriation of a private motor vehicle

• **Location:** Fort Stewart

• **Subject:** Specialist, 20-year-old male, separate battalion
 • **Charges:** Improper backing
 • **Location:** Fort Stewart

• **Subject:** Specialist, 26-year-old male, Engineer Brigade
 • **Charges:** Driving under the influence, failure to maintain lane
 • **Location:** Hinesville

• **Subject:** Sergeant, 22-year-old male, Division Artillery
 • **Charges:** Failure to appear
 • **Location:** Hinesville

• **Subject:** Specialist, 21-year-old male
 • **Charges:** Failure to appear
 • **Location:** Hinesville

• **Subject:** Civilian, 45-year-old female
 • **Charges:** Improper left turn
 • **Location:** Hunter Army Airfield

• **Subject:** Private 2, 20-year-old male, 24th Corps Support Group
 • **Charges:** No proof of insurance, driving while license suspended or revoked
 • **Location:** Hunter Army Airfield

• **Subject:** Specialist, 21-year-old male, 24th Corps Support Group
 • **Charges:** Criminal trespass
 • **Location:** Hunter Army Airfield

• **Subject:** Private First Class, 23-year-old male, 24th Corps Support Group
 • **Charges:** Drunk and disorderly, damage

to government property
 • **Location:** Fort Stewart

• **Subject:** Master Sergeant, 48-year-old male, Headquarters Command
 • **Charges:** Failure to secure load
 • **Location:** Fort Stewart

• **Subject:** Specialist, 25-year-old male, separate battalion
 • **Charges:** Improper backing
 • **Location:** Fort Stewart

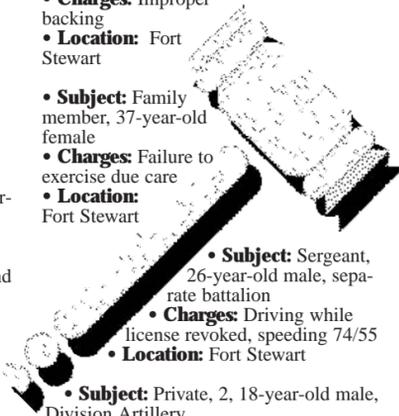
• **Subject:** Civilian, 51-year-old male
 • **Charges:** Wrongful possession of marijuana
 • **Location:** Fort Stewart

• **Subject:** Specialist, 27-year-old male, separate battalion
 • **Charges:** Simple assault
 • **Location:** Fort Stewart

• **Subject:** Civilian, 42-year-old male
 • **Charges:** Improper backing
 • **Location:** Fort Stewart

• **Subject:** Specialist, 23-year-old male, separate battalion
 • **Charges:** Driving while license suspended or revoked
 • **Location:** Hunter Army Airfield

• **Subject:** Private First Class, 19-year-old male, Aviation Brigade
 • **Charges:** Wrongful possession of marijuana, wrongful possession of cocaine, wrongful use of marijuana, wrongful use of cocaine
 • **Location:** Orlando, Fl.



3ID IN BRIEF

Stewart

(OCS) SELECTION BOARD

HQDA has announced that the Officer Candidate School Selection Board for March 31 through April 1st has been cancelled. The next board is scheduled to be held in July.

For more information and criteria needed, contact Sgt. Clayton, 767-1452 or Sgt. 1st Class Clark, 767- 5817.

Warrant officer promotion board

HQDA has announced the Fiscal Year 2003 CW 3, 4 and 5 Promotion Board. The board is scheduled to meet April 29. The following are the zones of consideration for all grades:

- AV MOSs less 151A
- Above Zone — Sept. 30, 1997 and earlier
- Primary Zone — Oct. 1, 1997 through Sept. 30, 1998
- Below Zone — Oct. 1, 1998 through Sept. 30, 1999
- Tech MOSs plus 151A
- Above Zone — Sept. 30, 1998 and earlier
- Primary Zone — Oct. 1, 1998 through Sept. 30, 1999
- Below Zone — Oct. 1, 1999 through Sept. 30, 2000

Officers who will be considered by this board in all zones of consideration should immediately schedule themselves for a new digital photo. In addition to having the new digital photo posted to their files, officers will also receive two hard copies. These hard copy photos must be forwarded to PERSCOM in time for the promotion board.

For more information, call 767-3416 or 352-6296.

GED classes and testing

Soldiers and family members may attend the free GED Class at the Rock Learning Center, Building 206.

Registration takes place the first Tuesday of the month, and meetings are held 6 to 9 p.m., Tuesdays and Thursdays. The GED test costs \$45 for Army family members and \$55 for non-Army family members.

For more information, call 368-7322.

Tax assistance available

Get free tax assistance at the Marne Tax Assistance Center. The center is open 9 a.m. to 5 p.m. Monday through Friday and 10 a.m. to 2 p.m. Saturdays at Building 9611 in the National Guard Training Center area.

Call 767-3909 for more information.

Join Special Forces

The Special Forces recruiting office is seeking professional enlisted and officer volunteers to join the ranks of one of America's most premier fighting forces.

Available class date for Special Forces assessment and selection is March 23. Both combat and non-combat MOSs may apply.

To learn more about Special Forces, attend the weekly briefing at Hunter, noon and 4 p.m., Tuesdays at the Education Center or Fort Stewart, 10 a.m., 2 or 5:30 p.m., Wednesdays, at the Recruiting Office, Building 132 (Coastal Communications).

For more information, call 767-1857.

Continuing education

Family members, Army Reservists and National Guardsmen can continue their education during their relocation to Fort Stewart at the following learning center locations, regardless of their specific unit:

- Main Education Center, Building 130, 767-8331
- Engineer Learning Center, Building 623, Room 144, 767-2905
- DISCOM and 123rd Signal Learning Centers, Building 729, 767-2652
- DIVARTY and 1st Brigade Learning Centers, Building 1237, 767-8543/2269
- Marne Learning Center, Building 506, 767-2618
- Rock Learning Center, Building 206, 767-3398
- 2nd Brigade Learning Center, Building 520, 767-8353

Classrooms are also available for training and FRG meetings. For additional information about these locations, or the ACES program, call the Main Education Center at 767-8331.

2003 Women's Conference

Army Community Service is inviting ladies of the community to join the group for the 2003 Women's Conference to be held at Fort Stewart and Hunter Army Airfield.

The Hunter event will happen 8:30 a.m. to 1 p.m., March 20 at Hunter Club. The Fort Stewart conference is 8:30 a.m. to 4 p.m., March 21 at the Community Activity Center. For more information call Linda McKnight, ACS, at 767-5058

Hunter

Hunter traffic delays

Montgomery Gate construction began Nov. 18; Wilson Gate construction began Dec. 10. Each gate is down to one inbound and one outbound lane. You will not be able to exit through Middleground Road This will create delays. Plan accordingly and allow extra time to gain post access.

Hunter Club

Every Wednesday, the Hunter Club will be serving Grill Beef Strip Steak with Saut'eed Onions, Baked Potato, Side Salad, and Drink for \$6.50.

Lunch is being served at the Hunter Club, 11 a.m. to 1 p.m., Monday through Friday. Blue Plate Specials are offered weekly.

NCO and Officer Calls every Friday from 4 to 8 p.m., except training holidays.

Catering is available for any function. The Hunter Club is open to the public. For reservations, call 353-7923 or 352-5270.

Commissary scholarship

Applications for \$1,500 Scholarships for Military Children are due at the nearest commissary by Friday. At least one scholarship will be awarded at every commissary location with qualified applicants.

The scholarship program is open to unmarried children under the age of 21 (23 if enrolled in school) of active duty personnel, Reserve, Guard and retired military. The applicant must be planning to attend or already attending an accredited four-year college or university full-time in the fall term of 2003.

Applications are available at the Commissary or can be downloaded from www.commissaries.com. For more information, call 284-3102.

Army Education Center

The Army Education Center is sponsoring a Pell Grant/Financial Aid Workshop, Mar. 19, at the Army Education Center, Building 1290.

Correspondence Courses

Do you need promotion points? Visit the Hunter Education Center to sign up for Army Correspondence Courses. Call 352-6130 for more information.

Phatt Katz Comedy Show

The Phatt Katz Comedy Run will present shows at the Hunter Club on Wednesday starting at 9:30

p.m. Performances will feature two comedians and one headliner.

Doors open at 8:30 p.m. Tickets are \$10 in advance and \$15 at the door. For reservations call 912-269-0277.

11th Annual Golf Tournament

American Red Cross Savannah Chapter is hosting the 11th Annual Golf Tournament and Million Dollar Shoot-out 2003, today and Friday at Southbridge. Shotgun starts at 12:30 p.m., today and 9 a.m., Friday.

For more information, call 651-5309 or e-mail at Tournament web site www.tournevents.com/red-cross.

Continuing education

Family members, Army Reservists and National Guardsmen can continue their education during their relocation to Hunter Army Airfield, regardless of their specific unit, at the Hunter Army Airfield Education Center, Building 1290. For more information, call 352-6130. Classrooms are also available for training and FRG meetings. For additional information about these locations, or the ACES program, call the Main Education Center at 352-6130.

Memory Tree

A ceremony will be held to honor deployed soldiers, March 13 at 4:30 p.m. at the Hunter Army Airfield Chapel. Anyone who wishes to participate may do so by placing a yellow ribbon on the Memory Tree that will be set up. The Hunter Post Exchange will provide large yellow ribbons and 60 smaller ribbons upon which the deployed soldier's name can be written. So that participants may be sure they have a ribbon, they may purchase one at the Hunter PX and have it ready for the tree.

After all ribbons have been placed, all involved are invited to the chapel for prayer.

After School Program

The Hunter Youth Center is now signing up students in the 6th grade level and higher for a free After-School Program. The program offers field trips, homework help, computer labs, crafts, cooking, sports and fitness, as well as Boys and Girls Club programs. 1st- through 5th-graders may also sign up, however, space is limited. Those who are interested can register at Bldg. 1286.

Winn Army Community Hospital

Tuttle Shuttle

Transportation to Winn from Tuttle is now available through the Tuttle Shuttle. The shuttle runs Monday through Friday. The pick-up point is the front desk.

The depart and arrival times for Tuttle are:

- Depart 8 a.m.
- Arrive 11 a.m.
- Depart 12:30 p.m.
- Arrive 2:30 p.m.

The depart and arrival times for Winn are:

- Arrive 9 a.m.
- Depart 10 a.m.
- Arrive 1:30 p.m.
- Depart 2:30 p.m.

Expectant Parenting Class

The next Expectant Parenting Class will be 6 p.m. March 4. This four-week class helps patients to understand labor, delivery and newborn care.

To register, call 767-6633 or 1-800-652-9221.

Expectant Siblings Class

The next Expectant Siblings Class will be 5 p.m. March 6. This class helps prepare children, ages 4 to 12, for the arrival of a new brother or sister.

To register, call 767-6633 or 1-800-652-9221.

Tobacco Cessation Classes

The next Tobacco Cessation class at Tuttle will be 1 to 3 p.m. Wednesdays March 5-26. The class is designed to help those that chew, dip or smoke kick the habit. To register, call 767-6633 or 1-800-652-9221.

"Take Care of Yourself" classes

The next Winn "Take Care of Yourself" class will be 11 a.m. to noon and 2 to 3 p.m. March 5 and 19 at Winn. Tuttle's classes will be 10 to 11 a.m. March 26. The class gives an overview of how to use the "Take Care of Yourself" book.

Upon completing the class, you will receive a card that allows you to get over-the-counter medications from Winn or Tuttle. To register for the class, call 368-3048. To register for the March classes, call 370-5071 or 767-6633.

Coping Support Groups

The Coping Support Group is for adults having difficulty dealing with the stress in their life. The group meets 9 to 10:30 a.m. every Monday. The Coping Support Group for Children meets 3 to 4

p.m. for children ages 6 to 9 and 3 to 4 Thursday for children ages 10 to 13. For more information, call 370-6100.

OB/GYN Appointments

To schedule an appointment, check on a consult or talk to a nurse in the Department of Obstetrics and Gynecology, call 767-6633. The automated line will connect with clinic staff members who will schedule appointments and answer questions.

To speak directly with a nurse about medical concerns, call 370-5920. Alternate phone numbers for the Women's Wellness Center and OB/GYN are 370-6017 and 370-6321. The automated line takes precedence over the alternate lines.

Tuttle TRICARE enrollment

TRICARE enrollment briefings for Tuttle are held by appointment from 9 to 11 a.m. Monday, Tuesday, Wednesday and Friday and 1 to 3 p.m. Thursday. For appointments, call 767-6633 or 1-800-652-9221.

Winn and Tuttle Champions

The Winn and Tuttle Champions program matches representatives with Family Readiness Groups to answer questions about what health-care services are available to you — from transferring your TRICARE enrollment to refilling prescriptions to schedule appointments.

For more information, call Winn's representatives, Linda King or Darla Vaught, at 370-6225/6143 or Tuttle's representative, Marilyn O'Mallon, at 352-6015.

SFHC Consolidation

Soldier Family Health Clinic #3 has consolidated with SFHC #1. SFHC #1 is located in Building 701 on Divarty Road. For more information, call 767-7035.

ASAP sees families

The Army Substance Abuse Program will now see dependant family members at least 18-years-old, retirees, contract employees and Department of the Army civilians on a walk-in basis. ASAP is located in Building 620 on 6th Street. For more information, call 767-5265/5267.

Pregnancy Nurse Line

Patients more than 20 weeks pregnant who have questions between their regularly scheduled appointments can call the direct nurse line at 370-6550.



Photos by Spc. Katherine Robinson

Enemy soldiers, played by MPs from the 3rd MP Bn., sit waiting to be transported to the central collection point during the training.

EPW

from page 1A

From there, another squad took the prisoners to a search area for a third and more detailed search, then moved them through inprocessing where they had their personal items inventoried and paperwork filled out. They received two Meals, Ready-to-eat, a bottle of water and a blanket. They also received bracelets, with numbers that corresponded to their paperwork.

While some of their belongings were temporarily confiscated, to be returned upon release, the prisoners were allowed to keep badges of rank and nationality, religious literature and items of personal or sentimental nature.

Under constant guard, the prisoners were taken from inprocessing to a segregated holding area, divided into sections for officers, noncommissioned officers and enlisted soldiers. Finally, they ended up in a barracks area, divided the same way.

Throughout the process, the prisoners' papers and bracelet were checked time and time again to ensure accuracy.

Treating the EPWs correctly while handling them efficiently is very important, said Command Sgt. Maj. Charles D. Medley, 3rd MP Bn. command sergeant major, from Huntsville, Ala.

"One of the primary differences between the United States Army and many of our adversaries is that we treat EPWs with dignity and respect while maintaining security," he said. Many times, enemy soldiers would rather be fed and housed by American MPs because they know they won't be mistreated, which is motivation for surrender.

"We reinforce that with the MPs constantly," he said. "EPWs are soldiers, they're on the other side, but they're still human beings ... they will receive the same medical care as a U.S. Army soldier."

Sometimes enemy soldiers who surrender will do anything to cooperate because they're hungry and thirsty, said Pvt. 2 Ashley Hargett, an MP from Hutchinson, Kan. "I learned that some will resist and often that's because they're scared. You have to be aware of your surroundings."

Hargett said the training helped her know what to possibly expect.

"It's good training. It lets us know what we need to do and what we need to change," she said. "As far as training goes, it could always benefit you."

Though she's nervous about the prospect of having to put her training to use in a real-world situation, Hargett said she's not scared. "I have a lot of confidence in my team. My team knows what they're doing. There's a lot of experience here."

The soldiers have the experience of many previous deployments to many different places, according to Medley, who said he shared Hargett's feelings of confidence.

"No other MP company in the United States has sent as many people to as many places (since Sept. 11, 2001) as the 3rd MP Battalion," he said. "I'm extremely proud of these guys."

Though many of them have been deployed for several months, and more than once this year, he said there has been no complaining.

"We're here to do a job, and when it's finished, we'll be glad to go home," he said. "I've had zero soldiers complain ... I couldn't be prouder."



Prisoners received bracelets with numbers that corresponded to their paperwork during inprocessing. They would receive the same ones in a real-world situation.

Keep  Beautiful **DON'T LITTER!**

RE-UP

from page 1A

quoted in an article from the 11th Public Affairs Detachment in Afghanistan. "Not only are the funds limited, but also the MOSs which offer bonuses."

A decrease in monetary incentives can be attributed to Congress cutting the SRB budget by \$26 million, Vales said.

Not only have incentives been taken away, some soldiers in over-strength military occupational specialties will be forced to reclassify into MOSs with shortages, especially those specialties with a shortage of soldiers in the ranks of Sergeant and Staff Sergeant which have become known as STAR MOSs because they are typically marked with an asterisk or star on personnel lists.

In some cases, soldiers who don't want to re-classify will have to voluntarily separate from the Army, Vales said.

An early-out option is being considered and will be available to soldiers in over-strength MOSs this calendar year, Vales said. Once approved, soldiers will be able to separate from the Army 90 days before their end-of-service date, he said.

These new retention changes support keeping in soldiers whose main focus is to serve their nation and maintain high standards, officials said.

Career counselors must assist commanders to ensure that only the very best soldiers are given the privilege of re-enlisting, stated a Re-enlistment Eligibility MILPER message released in January.

It's going to be tougher for soldiers who become ineligible to "re-up" while in their re-enlistment window, which begins 12 months before their end-of-service date and stays open for nine months, Vales said.

Two things that could jeopardize soldiers who want to continue their career in the Army are: repetitive or recent non-judicial punishment, and slow rank progression resulting from a pattern of marginal conduct or performance, the MILPER message stated. If a soldier fails a physical training test while in the re-up window, he's automatically ineligible to re-enlist unless he gets a waiver from the first general officer in his chain of command, Vales said. In the past, if the soldier retested and passed, then he would become eligible, Vales added.

"We understand that even the best soldiers have bad days," Vales said, "this is so their chain-of-command looks at them a little closer."

So far, the changes have not deterred soldiers from wanting to continue their military service.

"Soldiers that want to stay in are re-enlisting," Moss said. "They understand that the needs of the Army cannot be overlooked."

"Even with the changes, the Army is still a great opportunity for soldiers to continue doing good things for their families and for their country," Gross said.

SSC

from page 1A

efficiency and customer service for all soldiers and family members that process through, Poltorak said. It will be used not only for in processing, but out-processing as well, for both Fort Stewart and Hunter Army Airfield, he said.

Poltorak also thanked the people whom he said made this possible, Rep. Jack Kingston, Umholtz, the Corps of Engineers, Directorate of Public Works and B. L. Harbert International, LLC.

According to the AG program, the 60,000 square foot facility will contain the Civilian Personnel Advisory Center; Army Community Services, U.S. Army Medical Activity, Dental Activity, housing and transportation offices.

The SSC will be built in the Southern Coastal motif, said Jim Landgraaf, Savannah Corps of Engineers.

"Columns and dark red brick ... to help integrate with the surrounding community," Landgraaf said.

Future projects will follow the Southern Coastal motif, he said. They will include the chapel, education center and a new headquarters building.

The SSC is scheduled for completion in Aug. 2004 and is going to take a lot of resources and manpower to build, Landgraaf said.

"It's one of the biggest projects at Fort Stewart," he said.

POLICY

from page 1A

Army's 12-month, skill-based stop loss policy are not subject to AC unit stop loss for forces deploying to the CENTCOM AOR. These soldiers, if eligible per Army Regulation 601-280, will have the opportunity to continue serving upon completion of their 12-month obligation under stop loss.

- From the date of approval, AC soldiers on terminal leave, or who have shipped household goods in preparation for transition from service, or are within 14 days of separation date will not be subject to AC unit stop loss for units listed on the deployment list.
- Commander, U.S. Army Personnel Command remains the stop loss exception to policy authority for Active Army soldiers with compassionate and/or compelling reasons.

The total number of soldiers affected by this policy cannot be provided at this time. When stop loss is lifted, personnel strength managers will regulate separation dates to ensure no adverse impact on Army-wide readiness.

Brown has approved four increments of stop loss in support of Operation Noble Eagle and Operation Enduring Freedom, dated Nov. 30, 2001; Dec. 27, 2001; Feb. 8, 2002; and June 4, 2002.

Additionally, there have been three stop loss policy changes including: (1) on Aug. 31, 2002, Brown changed the overall



Sgt. Sam Hoffman

The first shovels of dirt are dug at the groundbreaking. In this picture are Col. Gerald Poltorak, installation commander and Jake Umholtz, Adjutant General.

stop loss program from an open-ended policy to one of only 12 months duration by approving the 12-month Soldier Stop Loss Policy; (2) on Nov. 4, 2002, Mr. Brown approved a second lift of stop loss for selected skills from stop loss 1 through 4; (3) on Nov. 7, 2002, Brown approved the Army RC unit stop loss for all RC units alerted or mobilized in support of Operation Noble Eagle and Operation Enduring Freedom, and the global war on terrorism.

Prior to Operation Noble Eagle and Operation Enduring Freedom, the Army last used stop loss during Operation Desert Shield/Desert Storm in 1990 when President George H. Bush delegated stop loss authority to the Secretary of Defense.

Stop loss does not affect most involuntary separations or retirements, nor does it generally limit laws, regulations, or policies that lead to involuntary separations, retirements, or releases from active duty.

The Army continues to reevaluate stop loss on a monthly basis and to use it as a tool to maintain unit readiness.

Soldiers should contact their servicing personnel activity for more details or questions, and check for the latest MILPER messages on the PERSCOM Website at <http://perscom-d04.army.mil/milpermsgs.nsf>

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CBPS operates on threshold of future

Spc. Mason T. Lowery

50th PAD

CAMP NEW YORK, Kuwait — 3rd Infantry Division (Mech.) soldiers and Marines in Kuwait will soon be issued about 35 new shelter systems designed to keep medical personnel safe while they treat casualties in a chemical environment.

The six units to receive the system sent representatives to train with chemical biological protective shelter system instructors from Pennsylvania, Texas and Illinois.

The CBPS has been in production for almost 10 years, and this is the first time it will be used for a wartime mission, according to Sgt. 1st Class Delmar S. Kessler, senior CBPS instructor from the Pennsylvania National Guard, where much of the system's testing took place.

"We bypassed a lot of the (paper) portion of the training so we could focus on (hands on) training," he said. "We need to focus on the soldiers being properly trained on the equipment and being comfortable with operating under conventional, as well as NBC, conditions," he said.

According to Spc. Joseph McGraw, a medic with the 26th Forward Support Battalion, who received CBPS training, "This is completely new. I think this is the threshold of the

future for the Army. This saves so much time, space and equipment. This system could be set up anywhere," and is a lot more efficient than the Everett, Penn., native's "big-bulky expando van."

The system is safe to work in for 36 hours in a chemically or biologically contaminated area, according to McGraw, and is easy to take down, move and set up again. A four-man crew can set up the CBPS in less than 30 minutes in MOPP 4, he said.

The key to keeping chemical or biological agents from entering the system is making sure the air pressure inside the tent is greater than outside, according to Kessler.

The system is attached to a HMMWV. In the mobile mode, the casualty is treated inside the HMMWV. In the static mode, an 18-by-18 foot tent is unrolled from the back of the HMMWV and pressurized. One tent can operate, or as many as seven can be connected, to make a complete battalion aid station, Kessler said.

"We're really emphasizing NBC out here. We need to prepare for the worst — that's what we're training for," Kessler explained.

Sgt. Cesar Melara, a 26th FSB medic from Los Angeles who received training on the system, said, "It gives you a lot of comfort to get this brand-new equipment. Chances of survival are greater for any type of casualty."



Photos by Mason T. Lowery

(Above) Sgt. Cesar Melara, a 26th FSB medic, deflates the CBPS during training on Camp New York Feb. 17.

(Left) The 3rd Inf. Div. (Mech.) and Marines in Kuwait will be soon issued chemical biological protective shelter systems such as these two, which are set up at Camp New York.



LIFE & TIMES

B SECTION

On Post

Education Center

The Education Center offers free academic test proctoring services to Army retirees, soldiers and family members.

Early registration and scheduling are critical. To register, see your education counselor or call 767-8331 for more information.

ASE exams

Registration for ASE exams has begun. Please see your education counselor to get signed up.

Deadline to register is March 10 with the testing dates in early May. Call 767-8331 or 352-6130 for more information.

Support group

There is a Coping Support Group held 9 to 10:30 a.m. Mondays at the Winn Behavioral Health Clinic. For more information, call 370-6100.

Spouses' night out

A Spouses' Night Out will be held 6 to 10 p.m., Friday at Club Stewart's Patriot Corner. There will be line dancing and ballroom dancing lessons at 7:30 p.m.

There will also be board games, music, snacks, cards and a beverage station. Child care is available, call CYS at 767-3203 for child care requirements.

Tax assistance available

Get free tax assistance at the Marne Tax Assistance Center. The center is open 9 to 5 p.m. Monday through Friday at Building 9611 in the National Guard Training Center area. Call 767-3909 for more information.

Toastmasters

Whether you're a professional, student, stay-at-home parent or retiree, Toastmasters is the best way to improve your communication skills.

The Dog-Faced Soldiers Toastmasters International Club meets noon every second and fourth Wednesday at Club Stewart and is open to everyone.

For more information, call 767-0383 or email at Bowenja@stewart.army.mil.

Bi-annual Block Party

There will be a Bi-annual Block Party, 11 a.m. to 3 p.m., April 5 at the Fort Stewart Army Community Service, Building 470. There will be games, food and free entertainment.

Talent Search

Family Advocacy is looking for talented people to participate in our bi-annual Block Party on April 5. All talents and ages are welcome. Some restrictions apply.

For more information, call 767-5058.

Off Post

Music that soothes

The RAF Gallery, located at 5 West York St., will show the "Music that Soothes the Soul: David Grojean and Robert McCandless" exhibit February 28-March 30.

The exhibit incorporates different musical themes. A reception with live classical music will kick off the exhibit Friday 5:30 p.m. to 7:30 p.m. It is free and open to the public.

For more information, call 912-447-8807 or visit rafgallery.com.

To publish a brief in The Frontline, call 767-3440 or fax us at 767-5979. Deadline for briefs is Friday at noon.

Fort Stewart celebrates Black History

Sgt. Sam Hoffman

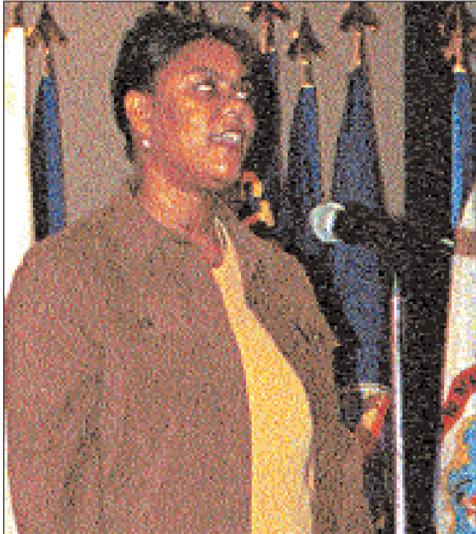
Staff Writer

A Black History Month observance was held Feb. 20, at Woodruff Theater.

This year's theme was, "The Souls of Black Folk: Centennial Reflections." The program featured local talent and keynote speaker, Dr. Abigail Jordan.

Rosenelle Woods from Winn Army Hospital began the ceremony with the singing of the national anthem.

Chaplain (Maj.) Timothy Sowers gave the invocation.



Sgt. Sam Hoffman

Ms. Rosenelle Woods sings the national anthem at the Black History celebration.

Is it Black History Month or African-American History Month?

Rudi Williams

American Forces Press Service

WASHINGTON — Some people call February Black History Month. Others call it African-American History Month.

That's not a problem, because the names are interchangeable, according to Barbara Dunn of the Association for the Study of African-American Life and History in Silver Spring, Md.

"We don't have a problem with either," said Dunn, executive assistant to association Director Irena L. Webster. "We call it Black History Month, and we have a committee that decides on the theme every year. This year, we selected 'The Souls of Black Folks: Centennial Reflections.'"

The theme ties with the 100th anniversary of the 1903 book, "The Souls of Black Folk: Essays and Sketches," by William Edward Burghardt Du Bois (Feb. 23, 1868 - Aug. 27, 1963). More widely known as W.E.B. Du Bois, he was an African-American educator, sociologist, author and a founder of the National Association for the Advancement of Colored People — NAACP — in 1910.

The association theme committee studied his book and formed seven focus "chapters" for a learning research package this year, Dunn noted. They are "The Souls of Black Folks Revisited," "Black History and Historians," "The Tuskegee Machine and the Politics of Accommodation," "The Talented Tenth," "Race Relations," "Pan- Africanism" and "The Sacred Arts."

"All of these are reflective of Dr. Du Bois' evolving scholarship that was expressed in 'The Souls of Black Folks,'" Dunn noted. "What is really powerful about the book is that he wrote about the African-American experience through songs. He talked about how powerful the Negro spirituals are — the slave songs. They're the singular spiritual heritage of the nation. It's one of the greatest gifts Negro people ever gave to the world."

Many other things have evolved out of Negro spirituals, she noted. "When you look at those songs, the lines, the feeling, the crying from those songs had a human expression that has transcended everything we do in society," Dunn said. "So when Dr. Du Bois put The Souls of

See NAME, Page 2B

Reservists check child support rules for mobilization

Special to the Frontline

CLEVELAND — Guard and Reserve members who have child support obligations and whose civilian income is larger than their military one should review their rights before they get orders.

The Defense Finance and Accounting Service's Garnishment Operations Directorate has been working with the Federal Office of Child Support Enforcement to address child support payment issues related to activated reservists.

One scenario of concern, said Rod Winn, director of garnishment operations, is a reservist whose child support order is based on civilian income and doesn't take into account a possible loss of income caused by military activation. Neither the obligation nor the payment due is affected automatically by military service except as the support order may state.

Reservists who need relief have to ask for a review and modification of the child support obli-

gation from their appropriate state child support agency, he said. For more information, he said, visit the Web sites below:

* State child support enforcement agencies gateways at www.acf.hhs.gov/programs/cse/extinf.htm exta.

* Federal Office of Child Support Enforcement Information Memorandum (IM)-01-09 at www.acf.hhs.gov/programs/cse/pol/im-01-09.htm.

* DoD guidance, provided under "Family Law Matters" at the secure Web site operated by the Army Judge Advocate General's Office at www.jagcnet.army.mil/Legal.

"This issue can have serious consequences for the reserve military member and dependent children relying on the support," Winn said. "All reservists with support obligations are urged to review the garnishment guidelines."

Editor's note: Adapted from a Defense Finance and Accounting news release.

Baptists used music in their worship," Moore said.

Led by pastor Kevin Betton, the choir sang favorites such as, "The best is yet to come."

Host, Capt. Shana Blount-Talley, introduced Jordan to a standing ovation.

Jordan, a Georgia native, holds her Doctoral and Terminal degrees from the University of Georgia.

Some of her accolades include being the first black woman to serve as foreperson of a Grand Jury in the state of Georgia, said Blount-Talley. She was also the first black woman to sign a security bond worth \$200 million.

Jordan was also largely responsible for the erection of the first monument in the U.S., devoted solely to African-American heritage, Blount-Talley said.

In her speech, Jordan talked about the importance of having the monument in Savannah.

"(Savannah) was one of the major ports for slaves," she said. "That's where we came from." Jordan criticized blacks that don't acknowledge their descent from slavery.

"I'm proud of where I come from!" she said. She gave a brief history of blacks in the U.S. military from the Revolutionary War, to desegregation by President Truman.

After that, Jordan read the poem, "Negro Mother," by Langston Hughes.

Jordan was very satisfied with the presentation.

"Fort Stewart went all out for Black History Month," Jordan said.

The 3rd Infantry Division (Mech.) Song and The Army Song were sung and Moore gave closing remarks and summed up what he felt is the importance of Black History Month.

"Ethnic observances ... show the importance of understanding diversity," he said.

Remembering...



Pvt. 2 Emily Dania

Shakiatra Jackson, 5-years old, places a yellow ribbon onto a tree to remember deployed soldiers during a pizza party. The pizza party was an opportunity for Hunter Army Airfield Family Child Care providers, trainees and their children to spend time together while their spouses are deployed.

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Editor's note: Adapted from a Defense Finance and Accounting news release.



An artist's conceptual rendering of the Fort Stewart RCI community.

RCI: Getting Army families into quality housing faster

Verdelle Lambert
Public Works Digest

The number of military installations that are turning their family housing operations over to private sector developers is growing ... and there's little wonder why. By the Department of Defense's own account, approximately 60 percent of its family housing units worldwide are considered inadequate, and it would take more than 20 years and cost as much as \$16 billion to fix the problem using only traditional military construction. Congress addressed this problem in 1996 by giving the armed services wide-ranging authorities to encourage the private sector to invest in, develop, redevelop, build, own, manage, and maintain the family housing units at their installations. At a minimum, privatization must yield three times the number of housing as traditional military construction for the same amount of appropriated dollars.

The Army's version of privatization is called Residential Communities Initiative.

"The goal of the program is simple," said Jeanne C. Adams, Fort Stewart/Hunter Army Airfield RCI program manager. "It's to provide a better quality of life for our soldiers and their families by creating great communities. That's achieved principally by using private financing techniques to generate enough money to build homes that are comparable to homes in the community." Here's how it works: The Army leases the land to its partner for 50 years and conveys all improvements; in addition, the partner receives the soldier's

Basic Allowance for Housing as a source of revenue. The real estate assets, along with a fixed revenue stream, can be used to borrow significant funds. The partner owns and manages the military family communities for the duration of the land lease. [There's a 25-year optional extension to the 50 years. Depending on the amount of BAH, the government may also contribute equity at the beginning of the deal as it did for Fort Hood, Texas.]

"Because we can leverage dollars, we can do a lot more work than what the federal government would ever appropriate for a project of this size and scope," said Richard C. Taylor, senior vice president of GMH Military Housing, the developer RCI selected as the private partner for the Fort Stewart/Hunter Army Airfield project. "The financing is structured to make the project self-sustaining, so we're able to recapitalize on the assets well into the future over the entire 50-year partnership."

Installations shown by research to have the worst or most serious family housing conditions are asked first if they want to be nominated for the program. (Some installations that originally said no have since changed their minds.) Using a virtual project delivery team concept, the Corps of Engineers provides contracting, environmental, legal, program management, and real estate support to the RCI program.

Tom Clarke, a Corps employee at the Savannah District, heads the source selection evaluation board effort for the southeast projects. He is on a two-year assignment to the USACE RCI Project Development Team.

"Our involvement begins once the offers come in," said Clarke. "We evaluate them against the published requirements.

This sounds simple but the evaluation process is very long and drawn out because the requirements are many and complicated." The first step, establishing a competitive range of offers for multiple installations- four, in the case of the southeast group- can take up to six months. The second step, actually rating the offers (based on written as well as oral presentations), can take up to three months for each installation.

As chairperson, Clarke wears several hats, functioning as facilitator, project manager, and independent reviewer. He and his deputy, a representative from the Department of Army, are the only constants on the board. The other members of the evaluation team come from the installation and/or IMA (Installation Management Activity). The IMA has seven regions, and each region may participate in the evaluation process for an installation within its geographical boundary.

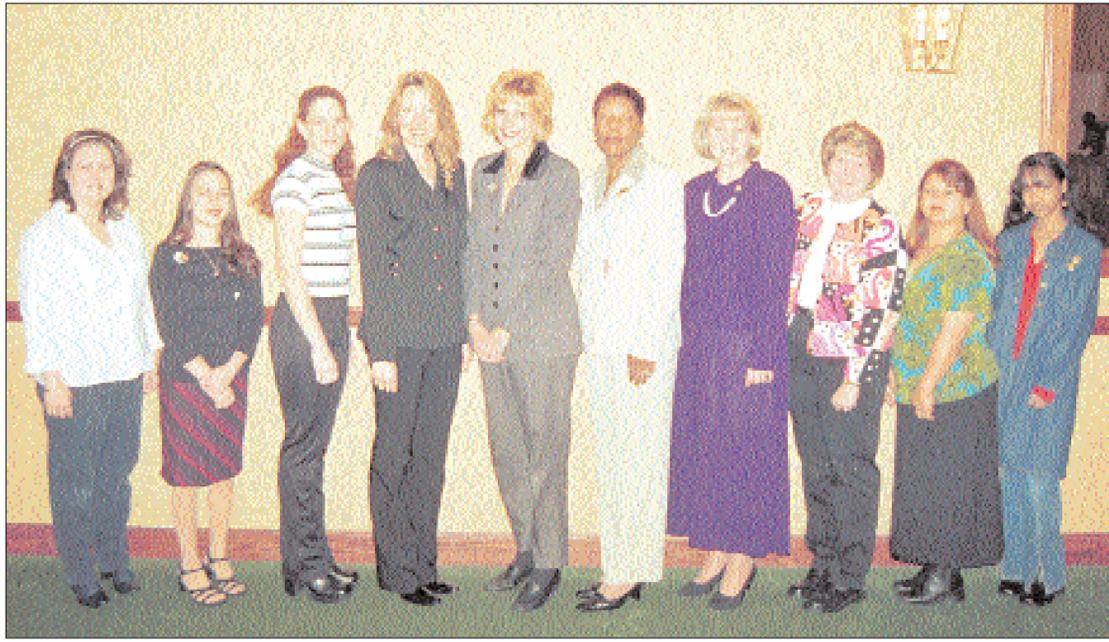
"These are all quality developers competing for projects, and our job is to search out the best value for the government," said Clarke. "We put together all the facts along with our ratings and present that report to a source selection authority, who makes the selection decision."

RCI awarded the Fort Stewart/Hunter contract last December, bringing 2,927 housing units into the program for a cumulative total of 38,431 units. In January the program awarded a project at Eustis/Story Monroe, adding 1,193 units. It expects to award an additional 7,758 units this year. These contracts fund the Community Development Management Plan, a comprehensive, 50-year plan for the construction, renovation and management of the communities.

Editor's note: See the rest of the RCI article in next week's issue of *The Frontline* newspaper.



Pot of Gold



Photos by Sgt. Raymond Piper

Volunteers recognized Friday during the Commanding General's Pot of Gold Ceremony here are (Above) from left to right: Yvonne, Johnson, Wisterria Easley, Erika Kimball, Robin Lay and Theresa Crean. (Left) From left to right, Lisa Bergdahl, Mary Anna Schwartz, April Curtis, Ginger Perkins, Cindy Wesley, Jeanne Burch, Lhoryn Bayer, Diana Lewis, Dierdre Bhimull and Sallie Landers.

NAME

from page 1B

Black Folks together, he took a Negro spiritual and put it with a poem written by a white writer. This was the first time black and white were brought together in such a unique way.

"Music has always been something that can bring people together, and he did that in *The Souls of Black Folks*," she said.

Dunn said Du Bois often worked with Carter G. Woodson, the "Father of Black History," who started Black History Week in 1926. She noted that Woodson (1875-1950), an author, editor, publisher and historian, published works by people who couldn't otherwise get published.

Woodson chose the second week of February because two persons he felt had dramatically affected the lives of black Americans, Abraham Lincoln and Frederick Douglass, were born during the month. The observance became a month-long event in 1976.

"Initiating Negro History Week was probably the most powerful thing that has ever been done by one person to help people come together," Dunn said. "Dr. Woodson's whole idea was not just bringing attention to one race. He felt that bringing attention to Negro and American history would help people who had a problem with race relations see the sig-

nificance of what we as a people have contributed to American history. Then it would help them to stop seeing us as unequal."

Each year, the Department of Defense uses the association's theme for its African-American History Month celebration. This year's DoD observance, an exposition and luncheon, was at Tougaloo College in Jackson, Miss. Tougaloo is one of the nation's 118 historically black colleges and universities.

Dunn said the Rev. Jesse Jackson in the 1980s introduced the term "African-American" because it connected blacks to the continent of Africa just as Chinese Americans are connected with China. Jackson, founder and president of the Rainbow/PUSH Coalition, is one of America's foremost civil rights and political figures.

Dunn noted that the presidential proclamation reads "African-American History Month." Most federal agencies use the same term. On the other hand, she said, "some people don't know what to call us nowadays."

Dunn said when the term "African-American" is used, "sometimes some of our other 'colored' brothers and sisters, such as those in the Caribbean, feel like we're excluding them. When we use 'black,' we're talking

about people of color inclusively. 'African-American' really doesn't exclude them, but sometimes people feel that way. So we use both names to show people that both of them are fine."

In 2001, the association renamed its publications to remove the word "Negro." "Not because it was anything derogatory; that's the history of the names we've been called," Dunn said. "It was done to bring our publications up to date with what we call ourselves today."

For example, the *Journal of Negro History* was changed to the *Journal of African-American History* and the *Negro History Bulletin* was changed to *Black History Bulletin*.

Woodson, who founded the Association for the Study of African-American Life and History on Sept. 9, 1915, in Chicago, is also called "The Man Who Saved Black History." The son of former slaves believed that blacks should know their past in order to participate intelligently in the affairs of the nation. Woodson said black history, which others have tried to erase, is a firm foundation for young blacks to build on to become productive citizens of American society, according to Dunn.

"They both (Du Bois and Woodson) said something about participation of African-Americans in the armed forces," Dunn noted.

Consequently, she said, the association is trying to continue to express and celebrate a Du Bois concept. "He said there was a double consciousness or 'twoness' confronting African-Americans," she said. "It was two souls, two thoughts, two unreconciled strivings, two warring ideals in one dark body whose dogged strength alone keeps it from being torn apart."

Dunn said the concept includes the struggle African-Americans have had in the military. "We could fight the wars, but when we come home we really weren't celebrated," she said.

Dunn said Woodson's three-story Victorian row house in northwest Washington was designated a National Historic Landmark on May 11, 1976, for its significance in African-American cultural heritage.

"The association has a bill before Congress to declare it a historical site," she noted. "The National Park Service just completed a study that says it's worthy of being a historical site. Money is being raised to restore the home. When it's completed, the association will move into it and use it as its offices and a museum."

CHAPLAIN'S CORNER ST — just as necessary as PT

Chaplain (Capt.) John F. Jenson

10th Eng. Bn. Chaplain

PT or Physical Training is a given in the Army. However, when I am on leave, at a conference or performing TDY, I generally do not do PT on my own. This is partly because I like to get a little extra rest (i.e. sleep in a little longer). But the primary reason that I do not do PT at these times is because it is not required of me. The truth of the matter is, however, that in those weeks when I do not do regular PT I find that at the end of the week I actually have less energy. Consequently when I resume PT it is more difficult to get back into the swing of it.

I believe the same principles apply for Spiritual Training or ST. The reason most people do not do ST regularly is because no one requires it of them. Even those of us, who by profession are responsible for promoting and fostering spirituality in others, lapse in our own ST at times.

In the military or in civilian life no one makes

another individual pray, read the Bible or go to church, walk in repentance or sing praises to God. Yet at the same time many people recognize and would admit that some form of ST is or would be personally beneficial to them.

In: 1st Timothy 4:7-8, the Apostle Paul tells his young protege Timothy, "Train yourself to be godly. For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come."

It is interesting to note that the Greek word that is translated as train or training, is gymnasium from which we get our English word gymnasium. ST is just that Spiritual Training. ST, like PT, is a discipline that requires effort and persistence. The difference as the Apostle Paul notes is that ST offers eternal rewards as well as value in the present life. As regular PT produces increased physical energy so too ST produces increased spiritual energy.

As you read this article today you have most likely done PT this morning. Have you done ST today?

Pet of the Week



Eeyore is a two-year-old, male, Beagle. He is very friendly and loves attention. He is very good with children and other animals.

If interested in adopting Eeyore or any other dog or cat, call 767-4194 or stop by the clinic located at 461 W. Bultman Ave., Building 1180, Fort Stewart, Ga., 31314.

GOT PET?

Check out the Fort Stewart Vet Clinic. All stray pets found on post are taken to the facility. For more information, call 767-4194.

Find your loved one.



Worship Opportunities

Fort Stewart

<u>Catholic</u>	<u>Location</u>	<u>Time</u>
Sunday Mass	Victory	9 a.m.
Sunday Mass	Victory	7 p.m.
Weekday Mass	Victory	11:45 a.m.

Protestant

Sunday "Protestant Worship"	Marne	11 a.m.
Sunday Gospel Service	Victory	11 a.m.
Sunday Family Friendly	Vale	11 a.m.
Tuesday Healing Service	WACH	11:30 a.m.

American Samoan

Sunday Worship	Victory	1 p.m.
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Muslim

Friday Jum'ah	Bldg. 9182	1:15 p.m.
Masjid (Daily)	Bldg. 9182	5:30 a.m.

Seventh Day Adventist

Saturday Sabbath School	Vale	9:15 a.m.
Saturday Divine Worship	Vale	11 a.m.

Lutheran

Sunday Worship	Marne	11 a.m.
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Contemporary Service

Sunday Worship	Marne	6 p.m.
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Hunter Army Airfield

Protestant

Sunday Service	Post Chapel	11 a.m.
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If you accidentally discover an archaeological site on Fort Stewart:

1. Cease what you are doing immediately.
2. Notify Range Control at 767-8777.
3. Do not attempt to unearth the object or remove it.



SPORTS & FITNESS

On Post

Basketball courts closed

The Hunter gym's basketball courts are closed for renovations.

Tae Kwon Do lessons

Tae Kwon Do is available for children and adults.

Classes are held 5 to 6 p.m. for children and 6 to 7 p.m. for teens and adults, Tuesday and Thursday at Fort Stewart Youth Services Center, Building 7338, Austin Road in Bryan Village next to the shoppette.

The cost is \$30 per month. For more information, call Child and Youth Services at 767-2312.

Marne tournaments

A 9-pin, no-tap tournament will be held the first Saturday of every month at Marne Lanes.

Sign up starts at 6:30 p.m. Bowling starts at 7 p.m. Cost is \$15 per person.

A scotch doubles tournament is held the third Saturday of every month at Marne Lanes. Bowling starts at 7 p.m. Cost is \$20 per couple. For more information, call 767-4866.

Newman offers training

The Newman Physical Fitness Center now offers personal-training consultations. Consultations consist of health screenings (body fat assessments), exercise prescription and nutritional counseling. Consultations are on appointment basis only.

Persons desiring this service may contact the Newman Physical Fitness Center at 767-3031.

Golf course

Taylor's Creek Golf Course offers Senior Blitz on Thursdays with a 9 a.m. tee off. They also offer a Dogfight Tournament at 7:30 a.m. and Men's Blitz at 1 p.m. on Saturdays and Men's Blitz at 1 p.m. on Sundays.

Registration for girls sports

Registration began Feb. 1 for girls softball, T-ball, baseball and Track & Field. You can register your child 8 a.m. to 5 p.m. at Fort Stewart CYS, Building 443. All sports are open to children of active duty, retired military and DoD civilians. All children must be a registered member of Youth services and have physicals and proof of age to participate in Youth Services Sports Programs. The cost is \$20 for the first child and \$18 for each additional child. For more information, call 767-2312.

Off Post

Military night at the YMCA

The 1st and 3rd Friday of each month are Military night at the YMCA. Show your Military ID and enjoy the Y free of charge from 4 to 10 p.m.

Baseball players wanted

If you are interested in playing baseball for a semi-pro baseball team, contact Art Lewis at 352-6749 or 767-6572, or James Simmons at 767-3031 or 369-3974.

For more information, email simmonsh@yahoo.com

Soccer Tournament

The 7th Annual Shamrock Six Adult Soccer Tournament will be held in historic Savannah, March 8 and 9, at the Chatham County Soccer Complex. The registration deadline is March 1.

Adult players interested in the Soccer Six Tournament Series may contact Bear Foot Sports at 379-3440 or visit our website at www.adultsoccer.com.

Also, the 11th Annual Bear Memorial Co-ed Cup Soccer Six Tournament will be held March 22 and 23 on Hilton Head Island during Springfest.

If you're interested in having your sports articles, commentaries or briefs posted in The Frontline, call 767-3440, or fax at 767-5979. Deadline is noon on Fridays.

GEICO pirate invitational

Nancy Gould

DCAS Marketing

The Directorate of Community Activities and Services' Hunter Golf Course will host the GEICO-DIRECT Pirate Invitational Golf Tournament Saturday and Sunday.

Nine universities will compete in the tournament, including Armstrong Atlantic State University, Cleveland State University, Liberty University #1, Liberty University #2, Longwood University, Seton Hall University, University of South Carolina at Aiken, University of Tennessee at Chattanooga, and Wright State University.

On Friday, the College Amateur event begins with 18 holes starting with a 12:30 p.m. shotgun. Saturday, the collegiate participants will play 36 holes starting at 7:30 a.m. and Sunday, they will play 18 holes starting at 8 a.m.

The Friday College Amateur event is unique in that it allows Hunter Golf Course members, soldiers, and the Savannah golfing community to be paired with a top player from a respective university. The four-person amateur team plays a scramble format and the collegiate player will play his own ball. The amateur and the collegiate scores comprise the total team score.

The entry fee is \$70 per person for the College- Amateur event and includes the following amenities: green fees, golf cart fees, tee-package gift, lunch, prizes, and a tournament cookout.

Come join the fun and play with future PGA Tour stars. Spectators are invited at no cost.

Call Tommie McArthur, 912-352-5622 for additional information and go by the Hunter Golf Course pro shop at Hunter Army Airfield.



Citrus brightens winter meals

Herb Greene

DeCA

FORT LEE, Va. — Citrus fruit. It's sunshine you can hold, and it will brighten your winter meals. Thanks to worldwide delivery overnight, citrus fruit is available around the calendar in commissaries everywhere.

Not only does citrus perk up a winter meal, we apparently love to eat it all year round. According to the U.S. Census Bureau, the typical American eats about 21 pounds of citrus fruit annually, including nine pounds of oranges, six pounds of grapefruit and another six pounds of assorted citrus such as lemons, limes, tangerines and tangelos.

Citrus is not only delicious, it's good for you. Citrus fruits are loaded with vitamin C for healthy skin, bones and blood vessels. They also contain potassium that helps your heart and vitamin A that is good for your eyes.

Some researchers think that the aroma of citrus fruit causes your brain to release chemicals that make you feel happy. So, before you head out to your commissary, exactly what kinds of citrus would be great for your meals and snacks? Here are some of our favorites:

Oranges — Good for snacks, salads and, of course, juice. They're available in many varieties. Navel and blood oranges are good and sweet which makes them ideal to peel and eat on the

spot. The rather bitter Seville orange is good for cooking and salads.

Grapefruit — Originating in the West Indies around the 1700s, grapefruit provides a great start to the morning breakfast. High in vitamin C, grapefruit is available in the white, pink and ruby varieties.

Lemons and Limes — If you have a great family recipe for lemon or key lime pie, you already know how good lemons and limes can be. They are also good in salads, iced tea and, of course, lemonade and limeade.

On your next visit to the commissary, check out the citrus fruit. Look at the bright colors and smell the aroma. It will make you happy!

After Daytona debut Army driver races home for birth

Tim Hips

Army News Service

DAYTONA BEACH, Fla. — After Jerry Nadeau drove the "Army of One" Pontiac Grand Prix in its debut race at the Daytona 500, he raced home 475 miles to see his wife Jada give birth the next day to their first child, Natalie Kate.

Nadeau charged hard at the Daytona International Speedway from the back of the pack into 5th place before a crowd of 200,000 in a race that was red-flagged twice for rain and stopped after 109 of 200 scheduled laps. He ended up in 28th place after a mishap in the pits.

The new No. 54 National Guard car finished 18th under driver Todd Bodine. When Bodine realized he was low on gas, he gambled to stay near the lead in hopes of a down-pour, but was forced to make a pit stop just laps before the race was called.

Mariah Carey opened the Daytona 500 by singing the national anthem while surrounded by members of the 3rd U.S. Infantry (The Old Guard) from Fort Myer, Va. Then John Travolta ordered: "Gentlemen, start your engines!"

and two-time Daytona 500 winner Michael Waltrip eventually won the rain-shortened race.

Nadeau started in the back of the pack, but quickly worked his way through the field and had the Army car running among the top 20 by the seventh lap. He continued to surge toward the front, and when the race was red-flagged for the first time on lap 63 because of rain, Nadeau had the black and gold car in 15th place.

"We knew we had a good car at that point and felt the opportunity was there to have a great day of racing," said Nadeau, 32, a son of a soldier from Danbury, Conn. "The car was awesome and responded to whatever changes we made."

After a one-hour delay, action resumed on the 2.5-mile speedway and within a few laps Nadeau had driven the No. 01 Army Grand Prix among the top five cars chasing race leader Dale Earnhardt Jr.'s No. 8 Budweiser Chevrolet Monte Carlo.

Nadeau continued to run with the lead group in pursuit of race leaders Mike Skinner, Waltrip and eventual third-place finisher Jimmie Johnson, but on lap 96 a pit-road incident abruptly stopped the hard-charging

momentum of the Army of One Pontiac.

"We got blocked in by Kurt Busch," Nadeau explained. "I backed up and couldn't get it into first (gear). Then he backed up, and it was just a whole mess. When I finally got back onto pit road, I got into Mike Skinner and tore up a fender. We came back in and fixed it. It was unfortunate."

The incident cost Nadeau 29 positions as he fell from fifth to 34th. Once his right fender was fixed, Nadeau began working his way back up through the pack. Rain returned on lap 109, however, forcing NASCAR officials to again red-flag the race. Sixty-five minutes later, the race was called and Waltrip declared the winner.

"When we got back running, the U.S. Army Pontiac Grand Prix was once again strong," Nadeau lamented. "I hate it for all of my guys because they all worked hard and did a superb job today. They deserved better. But, we'll just take it and go to Rockingham and try to win there."

Army of One crew chief Ryan Pemberton also had mixed emotions.

"I'm disappointed with the finish, but happy with the performance," Pemberton said. "In one breath, I'm mad that we were 28th. But in another breath, I'm happy with how competitive we were. I go back and forth, but overall, the team is jelling and I am looking forward to the rest of the season."

Ditto from Nadeau. "I am excited to be with this team," he said as the crew loaded the hauler for the drive to Rockingham, N.C. "It's a great team, a solid team."

With the U.S. Army backing us and Pontiac, I think it's going to be a superb team this year."

Immediately after the race was ruled complete, Nadeau drove 475 miles to Spartanburg, S.C., where he witnessed wife Jada give birth Monday to their first child, Natalie Kate, at Spartanburg Regional Medical Center.

"Life is great and everyone is healthy," Nadeau said. "I am sincerely thankful for everything that has happened."

Natalie Kate Nadeau, first baby of the Army of One racing team, was born on Presidents Day 2003, weighing 8 pounds, 1 ounce and measuring 19 3/4 inches.

Marne Scoreboard

Basketball

Youth Services Basketball Standings

Sr. Boys 65 vs Wayne County 58
Mite Girls 26 vs Richmond Hill 22
Jr. Boys 37 vs Wayne County 55
Jr. Boys 63 vs Baxley 27
Jr. Boys 56 vs Richmond Hill 38
Mite Boys 14 vs Wayne County 46
Mite Boys 39 vs Baxley 32

2003 GRPA District II

17 and Under Senior Boys Basketball Tournament

Feb. 28-Mar. 1

All games will be played at Bryan Village Youth Center Gym.
7:15 p.m. Feb. 28 Camden Co. vs Liberty Co.
8:30 p.m. Feb. 28 Fort Stewart vs Camden Co.

*Other games are to be announced. \$2 admission fee for adults and school-age children all day.

Volleyball

Volleyball sign-up/clinic

Team rosters must be submitted by March 10 for the upcoming

volleyball season for soldiers, family members, National Guard and Reserves to the Fort Stewart Sports Director's Office, Building 471, Sports Complex or Hunter Sports Director's Office, Building 925, Duncan Road. For more information, call 352-6749 or 767-8238. There is a Volleyball Clinic scheduled for 1:30 p.m., March 19, at the Stewart Club and Hunter Sports Office.

Aerobics

Hunter Fitness Center Aerobics schedule

Mondays — 6 to 7 p.m.

Cardio-Stepping

Cardio-Kicking

Buns/Thighs Weights

AB Work Stretch

Wednesday — 6 to 7 p.m.

Cardio-Stepping

Low Impact

Jump Rope

Weights

AB Work Stretch

Fridays — 6 to 7 p.m.

Fun Fridays

Party Dance

Yoga Stretches

Got Scores? Contact the Frontline staff at 767-3440 or e-mail Frontline@stewart.army.mil.

Volunteer Spotlight



Hannah Min



Hannah Min, a native of Seoul, Korea, is a Red Cross volunteer at Winn Army Community Hospital.

She volunteers in the Family Care Unit.

"I am proud to volunteer," Min said. "I want so much to help others in need and to learn and experience clinical situations."

Her hobbies include reading, jogging, cooking and watching movies. Min and her husband have three children, 5-year-old Esther, 4-year-old Joseph and one and a half year-old Daniel.

If you would like more information about becoming an American Red Cross volunteer at Winn, call Brigitte Roberts at 370-6903 or send an email to Brigitte.Roberts@se.amedd.army.mil.



WOODRUFF THEATER

Feb. 27-March 5

Admission for all shows is \$3 for adults, \$1.50 for children.



Just Married (PG-14)

Starring: Ashton Kutcher, Brittany Murphy
Tonight at 7 p.m.

Two young newlyweds find that their perfect honeymoon in Venice is turning out to be the worst one imaginable. Can the marriage, which many of their friends and family said was a bad idea survive the celebration? Run time: 95 minutes

Kangaroo Jack (PG)

Starring: Jerry O'Connell, Anthony Anderson
Friday, Monday and Tuesday at 7 p.m.

Two friends from Brooklyn are forced to deliver mob money to Australia. When one of them places his red jacket on a kangaroo the kangaroo bounces off, they realize the mob money is in the jacket and are forced to give chase through the Outback. Run time: 89 minutes

Tears of the Sun (R)

Starring: Bruce Willis, Monica Bellucci
Saturday and Sunday at 7 p.m.

Waters and his small band of soldiers must weigh the life of one woman against their own and the refugees they feel obliged to protect.

A Guy Thing (PG-13)

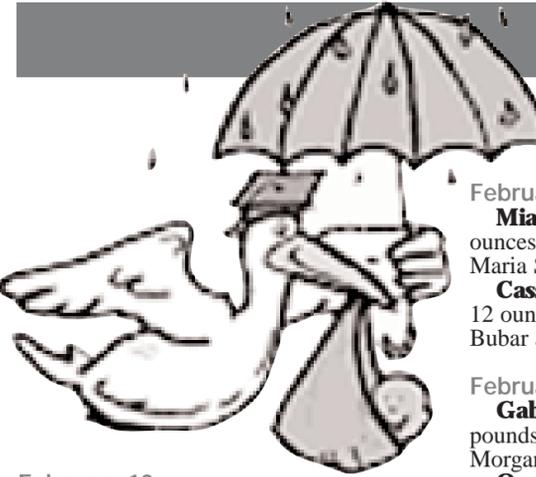
Starring: Jason Lee, Julia Stiles
Wednesday at 7 p.m.

Paul tells a teensy lie, which turns into a bigger lie. From his bachelor party to the wedding, soon his lies are spiraling out of control. It's amazing how much can change because of one little thing — a guy thing.

FREE Showing on Saturday and Sunday Tears of the Sun



Birth announcements



ounces, born to Sgt. David Wayne Wilson Jr., and Melanie Lynn Wilson.

February 11

Mia Liana Smith, a girl, 7 pounds, 6 ounces, born to Spc. Calvin Smith and Spc. Maria Smith.

Cassidy Lynn Bubar, a girl, 5 pounds, 12 ounces, born to Pfc. Michael Dean Bubar and Misty Lynn Bubar.

February 12

Gabriana Aleigha Morgan, a girl, 6 pounds, 4 ounces, born to Spc. Gabriel Morgan and Came Morgan.

Queritza Marie Washington, a girl, 8 pounds, 8 ounces, born to Spc. Quentin D.

Washington and Sgt. Nitza M. Washington.

Bartholomew Thurston and Mia Marie Thurston.

February 13

Nikita Lucia Snow, a girl, 6 pounds, 13 ounces, born to Sgt. 1st Class Emanuel Snow and Simone Snow.

Jahlyn Ereyahana Bryant, a girl, 6 pounds, 8 ounces, born to Pfc. Christopher T. Bryant and Enjoli M. Bryant.

Makayla Adoria Ravelo, a girl, 5 pounds, 13 ounces, born to Sgt. 1st Class Frank Ravelo and Sgt. Tamela Ravelo.

Jared Thomas Crumpler II, a boy, 8 pounds, 5 ounces, born to Cpl. Jared Thomas Crumpler and Dorry Lynn Crumpler.

Marissa Lynn-Marie Thurston, a girl, 7 pounds, 11 ounces, born to Spc. Laurits

February 14
Ashley Ann Williams, a girl, 7 pounds, 3 ounces, born to Capt. Blair Williams and Shannon Williams.

February 15

Ariana Nicole Rideaux, a girl, 8 pounds, 3 ounces, born to Senior Airman Eric LeShawn Rideaux and Yashira Rideaux.

February 17

Travis Clayton Woodard, a boy, 6 pounds, 8 ounces, born to Pfc. Lonnie L. Woodard and Amanda R. Woodard.

February 10

Noah Blake Wilson, a boy, 8 pounds, 8