

# SPORTS & FITNESS

B SECTION

## On Post

### Softball Tournament

A marathon softball tournament will be held July 9 and 10 for Stewart and Hunter Active Duty, National Guard Reserve Soldiers, family members, retirees and civilians.

The entry fee is \$125 per team and trophies are awarded to the top three teams.

The entry deadline is July 7 for the first 20 teams. Each team can consist of 15 players including coaches.

For more information, call 767-8238 or 767-9795.

### Tennis Tournament

A tennis tournament will be held June 14 to 18 for Stewart and Hunter Active Duty, National Guard, and Reserve Soldiers, family members, retirees and civilians.

For more information, call 767-8238.

### BOSS Fishing Event

Free event open to all single soldiers at Pond 17, Saturday from 4 to 8 p.m. This will be a catch-and-release event for all fish species caught. The pond is stocked with largemouth bass, bluegill, redear sunfish and channel catfish.

The pond was recently renovated and this event will mark its grand reopening. No permits are required.

### Kids Fishing Rodeo

The 15th Annual Kids Fishing Rodeo will be held June 12 from 4 to 8 p.m. at Pond 10. The free event is open to all children under 16, and is hosted by DPW Fish and Wildlife, MWR Outdoor Recreation and Ga. Department of Natural Resources. No permits are required.

The pond was recently stocked with over 6,000 channel catfish. Children will be limited to 10 catfish of any size.

### Summer Basketball

Entry deadline for the Fort Stewart and Hunter Army Airfield Summer Basketball League is June 14. Entry fee is \$165. The league is 20 teams, 12 players per team including the coach. If 20 teams are entered the top eight teams will compete in the end of season tournament.

Active duty, National Guard and Army Reserve Soldiers are eligible.

For more information, call 767-8238 or 767-9795.

### Gracie Ju-Jitsu

Ju-Jitsu is held Tuesday and Friday at Caro Fitness Center from 6 to 7:30 p.m. Cost is \$45 per month. Sign up prior to 6 p.m. at Caro.

For more information, contact Jake at 767-3033.

### Newman consultations

The Newman Physical Fitness Center now offers free personal training consultations. Consultations consist of health screenings (body fat assessments), exercise prescription and nutritional counseling.

Consultations will be given on an appointment basis only.

For more information, call 767-2771.

### Marne tournaments

A nine-pin, no-tap tournament will be held the first Saturday of every month at Marne Lanes.

Sign up starts at 6:30 p.m. Bowling starts at 7 p.m. Cost is \$15 per person.

For more information, call 767-4866.

If you're interested in having your sports articles, commentaries or briefs posted in The Frontline, call 767-3440, or fax at 767-4951. Deadline is noon on Fridays.

## Punishers take championship, 21-13

### Pfc. Ricardo Branch

Staff Writer

The undefeated Staff Judge Advocate Punishers defeated the 1st Battalion, 39th Field Artillery Regiment Speed in Action, winning the Fort Stewart Volleyball Championship, 21-13, at Newman Physical Fitness Center May 27.

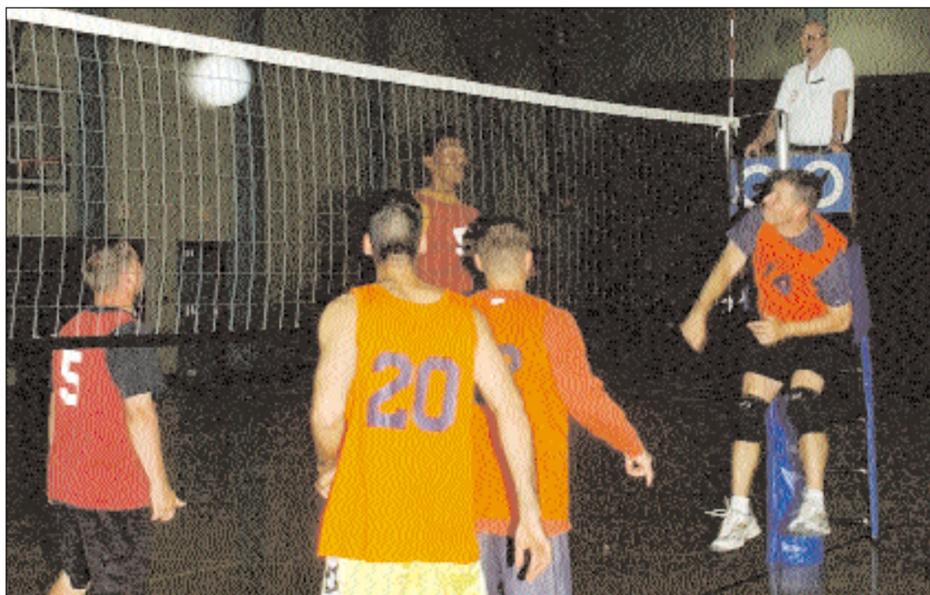
The pressure was on as the teams squared off in a best two out of three intramural volleyball championship game.

"Coming into this game we have a strategy to have the middle man set the ball and bring in three bumps to take away from the other teams power," said Michael Watts, player and coach for Speed in Action.

The Punishers, however, decided to go with the tried and true method, keeping a well-balanced team with plenty of rotations to keep a refreshed team and allow for all players to play.

The championship match started as the Punishers served first and brought up a 6-0 lead when Speed in Action's Watts knocked the ball into a void in the Punishers' space to gain the serve for the Advocates.

Both teams went neck and neck for the remainder of the first game. Punishers' Shannon Boyer



Pfc. Ricardo Branch

**Punishers' Shannon Boyer slams a spike deep into Speed in Action's territory during the post intramural volleyball championship game May 27 at Newman Physical Fitness Center. The Punishers left the season undefeated with a championship title.**

See VOLLEYBALL, Page 2B



Spc. Robert Adams

**Peter Mello jumps off the diving board at Corkan Pool Tuesday. The pool opened May 29 and will be open through Sept. 6. Seasonal passes for families are \$35, excluding DoD civilians and individual seasonal passes are \$12. Outdoor pools are open everyday 11:30 a.m. - 8:30 p.m. For additional information about pool hours call Andy Arrington at 767-3034.**

## Wood leads Soldiers in U.S. Olympic wrestling team trials

### Tim Hipps

Special to the Frontline

INDIANAPOLIS — "Go Army!" Sgt. Oscar Wood exclaimed, after earning the only Olympic wrestling berth for the Army in the tournament billed as "One Dream. One Weekend.

One Shot" at the RCA Dome May 23.

Fifteen Soldiers competed in the Olympic Trials, consisting of a two-day mini-tournament. The winners in each weight class then wrestled a best-of-three series against the national champions for 18 spots on

Team USA — seven each in men's freestyle and Greco-Roman, four in women's freestyle.

In the 66-kilogram/145.5-pound Greco-Roman division, Wood opened like gangbusters, pinning 2000 Olympian and five-time national champion Kevin Bracken of New York Athletic Club in 1 minute, 47 seconds of the first match of their championship series.

"Lots of times you don't catch people — especially someone like Kevin," said Wood, a graduate of Oregon State University. "But he got caught and there was no way out of it. I wouldn't have bet on pinning him, but once I had the move — it was tight."

In his second match, top-seeded Wood prevailed 3-0 to secure a trip to Athens, Greece.

"I had this adrenaline rush that was like nothing I ever felt before when I got on the mat," he said. "I've always dreamed about being an Olympian. But to be an Olympian and a Soldier, that makes it all that much better — especially right now."

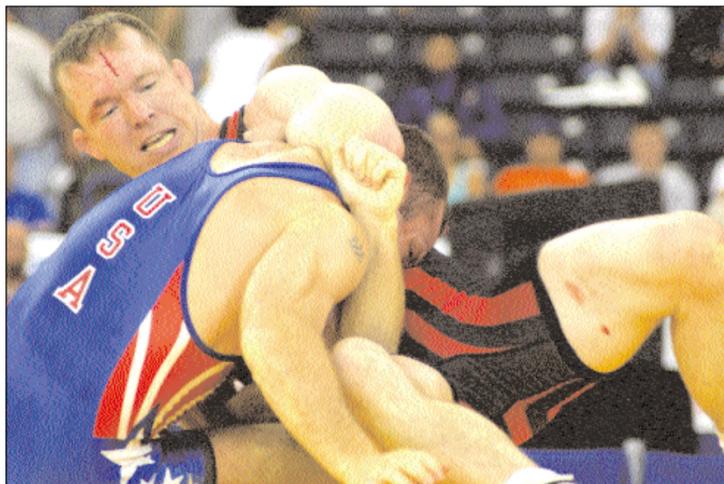
Bracken's final victory was a 6-0 decision over Spc. Glenn Garrison, who finished second in the mini-tournament.

After losing his first match in the championship series, Staff Sgt. Keith Sieracki won the 74-kilogram/163-pound Greco-Roman crown with two 3-2 overtime victories over top-seeded Darryl Christian of New York Athletic Club. The United States, however, failed to qualify for the Olympics in that weight class, leaving Sieracki hoping for a wild-card berth into the Games.

"I'm probably not going to get a chance to wrestle in the Olympics this year, so to me it's like I won two Olympic Trials and no Olympic team," said Sieracki, who won his weight class in the 2000 U.S. Olympic Trials at Dallas only to lose his spot on Team USA to Matt Lindland's arbitration team. "All I want to say is go black and gold; go Army."

Without his weight class qualified for the Olympics, Sieracki moved up in weight class for the national championships but didn't want to wrestle his younger brother, Senior Airman Aaron Sieracki, who finished second at 84 kilograms/185 pounds in the mini-tournament.

Staff Sgt. Dremiel Byers lost his



Tim Hipps

**Sgt. Oscar Wood takes down 2000 Olympian Kevin Bracken with a headlock before pinning him in the 2004 U.S. Olympic Wrestling Team Trials at the RCA Dome in Indianapolis.**

See WRESTLING, Page 2B

# VOLLEYBALL

from page 1B

knocked the ball out of the bounds to surrender a point serve to Speed in Action.

Watts served the ball to the Punishers, then Rafael Ortiz delivered a stunning blow to the Speed in Actions front, which crumbled under the onslaught, giving up the game point serve to the Punishers.

Punishers served the ball into a battling volley for control that ended when Ortiz spiked the ball into an open space between a scrambling mass of Speed in Action's players.

The Speed in Action regrouped for game two and held up their score until the middle of the game when the Punishers pushed far ahead 15-4.

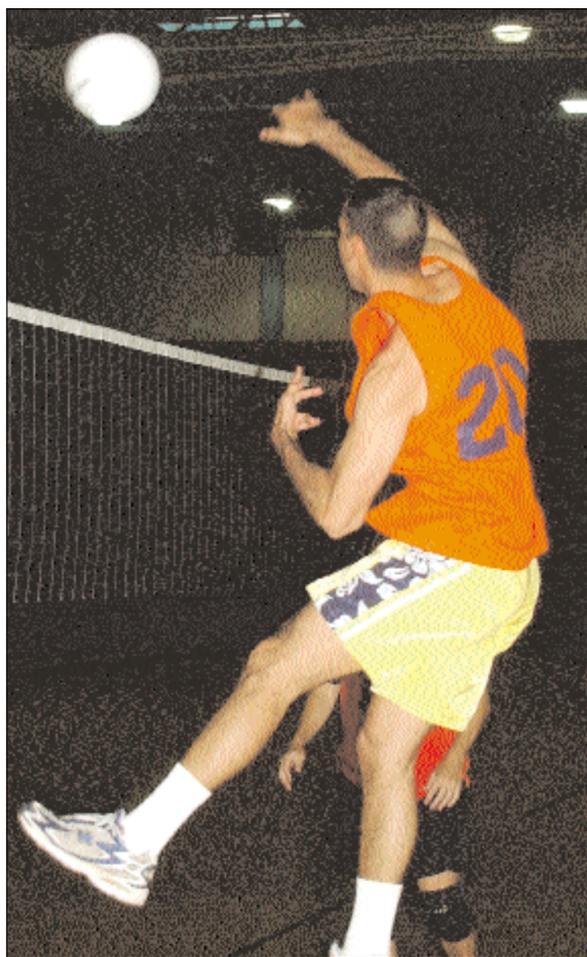
Ortiz and Watts battled it out, trying to land a spike into each other's territory. The rest of the players held up the support by keeping good control of the ball until the Punishers pushed ahead, furthering the gap to gain game point over Speed in Action's attempted rally, 18-10.

Speed in Action's Daryl Whipple drove the game point serve deep into the Punishers side. The Punishers returned volley, kept the pressure on and broke down Speed in Action's determination.

Toward the end, the Punishers dominated the court and raining point after point down upon their rivals, ending the game 21-13.

With the trophy in hand, the Punishers left Newman Gym with their first volleyball trophy after winning the Championship.

"This feels great, everyone put a lot of hard work and effort to get here. The team kept the motivation high and played a great game. It was the teamwork that was key and brought about this victory," Ortiz said.



Plc. Ricardo Branch

**Punisher's Rafael Ortiz slams the ball into the Speed in Actions side during the post intramural volleyball championship game May 27 at Newman Physical Fitness.**

# WRESTLING

from page 1B

Olympic bid in a pair of 2-1 overtime losses to 2000 Olympic gold medalist Rulon Gardner of Sunkist Kids Wrestling Club in the 120-kilogram/264.5-pound Greco-Roman division's battle of world champions.

"When we locked up in those clinches, I was out of position both times," Byers said of the first match. "In the last clinch, I felt like I had him just for a second but I realized I better let it go after I lost position."

Gardner and Byers will continue to train together at the U.S. Olympic Training Center in Colorado Springs, Colo.

"Steel sharpens steel. We've always pushed each other," said Byers, who accompanied Gardner to the Pan American Games and World Championships last year as his training partner. Two-time world silver medalist Spc. Tina George, the No. 1 seed in the women's 55-kilogram/121-pound freestyle division, was pinned twice by Tela O'Donnell of Dave Schultz Wrestling Club.

In the first match, O'Donnell was leading 4-3 when she pinned George with a headlock at the 5:57 mark. George was leading 6-2 when O'Donnell pinned her with a power half nelson move 4:12 into the second match.

"That's why wrestling is great — because anybody can win at any time," George said. "That kind of thing makes our sport. I did everything I could, and it didn't work out for me. This is the first time I've been anything but number one since I've been wrestling on the team, but it's not life or death. I'll move on and work on the next big part of my life."

Byers and George will be alternates for Team USA in the Olympics.

Sgt. Paul Devlin lost a 5-0 decision to

Gardner in the super heavyweight Greco-Roman finale of the mini-tournament, during which several WCAP wrestlers retired from the world's oldest sport.

Teary-eyed 1st Lt. Dominic Black started the emotional outpouring when he walked across the mat to receive a forfeit for fifth place in the 96-kilogram/211.5-pound freestyle division.

Black said he did not leave his shoes on the mat — a wrestler's way of saying they are retiring — in respect to former world champion Melvin Douglas, who already had planted his boots to a thunderous round of applause after finishing sixth in their weight class.

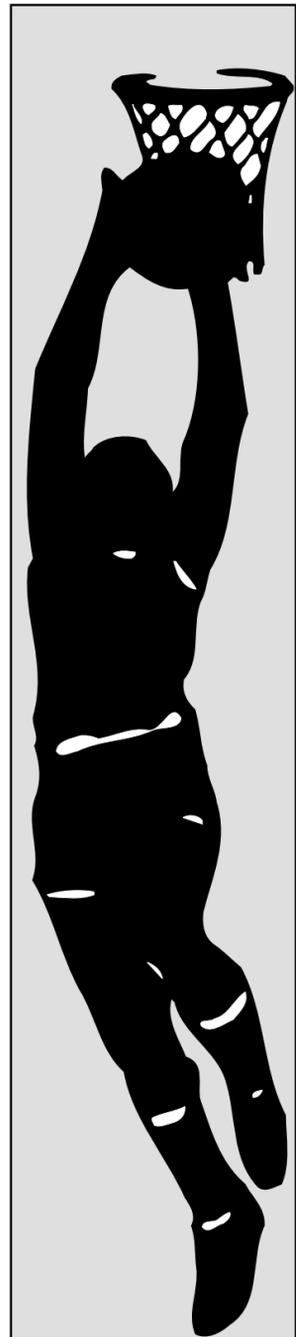
Sgt. Kenny Owens, who finished fourth in Greco-Roman at 84 kilos/185 pounds, left his shoes on the mat shortly after Black left the arena to a standing ovation from the crowd of 8,639. Owens lost his final match 3-1 to Quincey Clark of Minnesota Storm Wrestling Club.

Staff Sgt. Glenn Nieradka also left his shoes on the mat, stirring the crowd to another rousing ovation, after dropping a 3-0 decision to Joe Warren of New York Athletic Club, in the 60-kilogram/132-pound Greco-Roman finals of the mini-tournament.

Spc. Iris Smith finished third in the women's 72-kilogram/158.5-pound freestyle division with a 7-0 victory over Satrinina Vernon of Gator Wrestling Club.

Sgt. Jason Loukides, who defeated R.C. Johnson of New York Athletic Club 4-2 in his final match, finished fifth in the 96-kilogram/211.5-pound Greco-Roman division.

Three other Soldiers placed eighth in their weight classes: Staff Sgt. Jason Kutz at 60 kilograms/132 pounds; Sgt. Anthony Gibbons at 55 kilograms/121 pounds; and Sgt. James Johnson at 66 kilograms/145.5 pounds.



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# Newman Physical Fitness Center Aerobic Schedule

## Mondays

Latino Rhythm with Carmen (weights and tubing) 7:30 to 8:30 a.m.

Busy Feet Workout with Irma (cross training) 9 to 10 a.m.  
4:30 to 5:30 p.m.

## Tuesdays

Butts and Gutts with Carmen (weights and bars) 7:30 to 8:30 a.m.

Basic Training Workout with Irma (steps, body bars, weights, abdominal work, etc.) 9 to 10 a.m.

Cardio-Stepping 4:30 to 5:30 p.m.

## Wednesdays

Caliente with Carmen (kick-boxing) 7:30 to 8:30 a.m.

Cardio Kick-boxing with Irma 9 to 10 a.m.

Step-Kicking with Irma (cardio kick-boxing/steps) 4:30 to 5:30 p.m.

## Thursdays

Basic Training Workout with Irma (Tubes, body bars, hoola-hoops, exercise balls) 9 to 10 a.m.  
4:30 to 5:30 p.m.

## Fridays

“Master C” Workout with Carmen (Buns & thighs workout/cardio kicking) 7:30 to 8:30 a.m.

Killer Friday with Irma (kicking, stepping, hooping and weights, etc.) 9 to 10 a.m.  
4:30 to 5:30 p.m.

## Saturdays

Pick Your Poison with Asha 9 to 10 a.m.

# Marne Scoreboard

## Volleyball

### 2004 Stewart Intramural Volleyball League

Tournament Scores

May 25

#### Semifinals

SJA 2, 92nd Eng. 1 (23-21, 14-21, 15-9)

#### Second Chance Bracket

1/39 FA 2, C Co., 703rd MSB 0 (21-19, 21-10)  
MEDDDAC 2, 103rd MI 0 (21-0, 21-10)  
1/39 FA 2, MEDDACC 0 (21-15, 21-11)

May 27

#### Second Chance Bracket Semifinals

1/39 FA 2, 92nd Eng. 1 (21-10, 21-16, 20-18)

#### Finals

SJA 2, 1/39 FA 0 (21-14, 21-16)

## Soccer

### 2004 Stewart Intramural Soccer League

Tournament Scores

March 27

#### Quarterfinals

D Co., 703rd MSB 2, A Btry., 1/76 FA 1  
A Btry., 1/39 FA 2, A Co., 26th FSB 0  
C CO., 123rd Sig. 2, A Btry./HHB 1/9 FA 1  
HHC 3/7 Inf. 1, 3/15 Inf. 0 (forfeit)

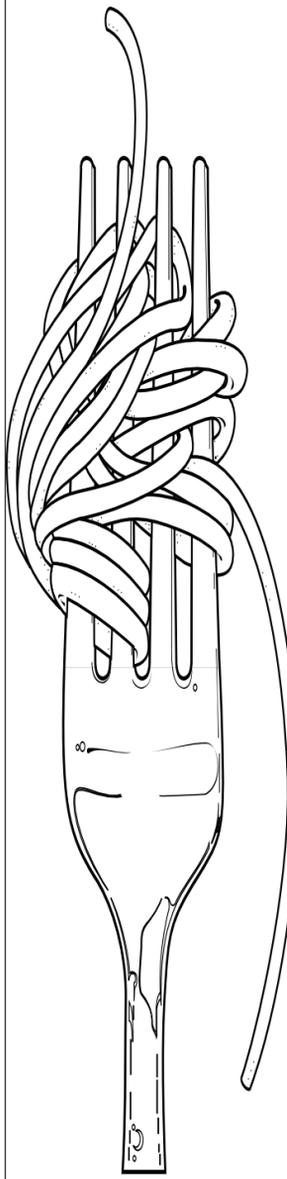
#### Semifinals

1/39 FA 4, D Co., 703rd MSB 3  
HHC 3/7 Inf. 2, B Co., 123rd Sig. 1

#### Finals

HHC, 3/7 Inf. 1, 1/39 FA 0

**Got scores?  
Contact the Frontline  
staff at 767-3440.**



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