

Serving the 3rd Infantry Division (Mechanized), the Fort Stewart and Hunter Army Airfield communities

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Keane announces rotations

Spc. Bill Putnam
Army News Service

WASHINGTON — Gen. Jack Keane said that most units deploying to Iraq over the next few months can expect stays of up to one year when he announced the unit rotation schedule July 23.

“What we have done is taken (Gen. John Abizaid’s) requirements and his needs, and looked at the forces in Iraq, and devised a plan to meet those needs,” said Keane, the acting Army chief of Staff. Abizaid is the commander of Central Command.

Here’s how the rotation schedule

for Iraq currently looks:

- The 82nd Airborne Division will replace the 3rd Infantry Division by September. Only one brigade and the division headquarters from the 82nd Airborne will deploy to Iraq. Two of the division’s brigades are currently deployed, one is in Afghanistan and the one in Iraq will re-deploy by January.
- The 1st Infantry Division will deploy from Germany to replace the 4th Infantry Division by April.
- The 1st Cavalry Division will replace both the 2nd Armored Cavalry Regiment and the 1st Armored Division by April.
- The Army’s first Stryker

Brigade Combat Team, the 3rd Brigade, 2nd Infantry Division, will replace the 3rd Armored Cavalry Regiment by March 2004.

- The 173rd Airborne Brigade will re-deploy back to Italy by April.
- A multinational division will replace the 101st Airborne Division by February.
- Two Army National Guard Enhanced Separate Brigade Teams will deploy with the 1st ID and the 1st Cavalry. Keane didn’t name the Guard units tapped for deployment, though.

The one exception to the 12-month deployments are the Guard brigades, said Keane. They will be mobilized for one year but will spend six months in Iraq.

Deployments beyond that one-year period are still being looked at, said Keane and Maj. Gen. Stanley McChrystal, the vice-director of the Joint Chiefs of Staff.

Keane said it was important to understand the three guidelines that are driving the new Iraq rotation policy.

Abizaid needs a force large enough to defeat the guerilla movements that threaten securing Iraq.

To do that, a predictable number of soldiers on the ground are needed.

See KEANE, Page 5A

Bringing Hope in times of war ...



Courtesy photo

Bob Hope poses with two 3rd Division soldiers after a 1945 show in Germany. (See page 4A commentary.)

Division generals bid installation farewell

Spc. Jonathan M. Stack
Associate Editor

Fort Stewart and Hunter Army Airfield communities came together Friday at Club Stewart to bid farewell to Brig. Gen. Lloyd J. Austin III, outgoing assistant division commander (maneuver) and Brig. Gen. Louis W. Weber, outgoing assistant division commander (support) and welcome Brig. Gen. Jose D. Riojas, incoming assistant division commander (support).

During the ceremony, Austin was given the Legion of Merit Award for serving as the assistant division commander (maneuver), while in Iraq during Operation Iraqi Freedom. His wife, Charlene Austin, was presented with the commander’s award for public service for exceptional and

unselfish service to the 3rd Infantry Division (Mechanized) from 2001 to 2003 by providing valuable assistance as advisor to the Army Family Team Building Program and the Officer’s Spouses Club.

Weber received the Bronze Star for Valor and Legion of Merit Award for exceptional meritorious achievement while serving as the assistant division commander (support), in Iraq during Operation Iraqi Freedom. His wife, Robin Weber, received the commander’s award for public service.

The guest for the event was Lt. Gen. Dan McNeil, 18th Airborne Corps commander, who traveled from Fort Bragg, N.C. to attend.

“The most powerful force of the elements of the 18th Airborne Corps is the Rock of the Marne Division,”

McNeil said. “We say farewell to two great Army families that have meant so much to the Rock of the Marne.”

Austin began his career as a 2nd Lt. in the 3rd Inf. Div., in Germany as a rifle platoon leader in A Company, 1st Battalion, 7th Inf. He has served in the 82nd Airborne Div., at Fort Bragg, the U.S. Army Indianapolis District Recruiting Command in Indianapolis, Ind., the United States Military Academy in West Point, N.Y., the 10th Mountain Div. (Light) in Fort Drum, N.Y. and the Pentagon in Washington, D.C.

From here, Austin will assume duties as the commanding general of the 10th Mountain Div.

Weber’s first assignment was in

See FAREWELL, Page 5A



Spc. Jonathan M. Stack

Brig. Gen. Jose Riojas (right), incoming assistant division commander, greets ceremony attendees in a reviewing line Friday at Club Stewart.

Spartan leaders work to keep morale up

Spc. Katherine Robinson
50th PAD

FALLUJAH, Iraq — Soldiers facing an extended deployment away from families and a transition from the rigors of peacekeeping ... are soldiers nonetheless.

And despite 2nd Brigade Combat Team soldiers’ disappointment upon being told they will have to postpone their long-awaited redeployment, Spartan leaders expressed confidence in the soldiers’ ability to drive on.

“Morale is determined by the ability to do the job and not have disciplinary problems within the unit,” said 1st Sgt. Rodric Dalton, first sergeant, Headquarters and Headquarters Company, 2nd Brigade. “Our morale is good.”

A lot of hopes were up prior to Central Command’s announcement that 3rd Infantry Division (Mech.) would be staying in Iraq indefinitely.

Many soldiers experienced natural disappointment after the announcement, said Command Sgt. Maj. William A. Barnello Jr., 2nd BCT brigade sergeant major. “But these are soldiers, and they are proud soldiers, and they have something very tangible to be proud of,” he said.

“Soldiers are very resilient,” Barnello added. “They made it through the war ... they weathered all kinds of adversity. They’ll weather this too.”

In the mean time, the command group has begun working on quality of life improvements and recreation plans to help soldiers keep their chins up.

“We’re sealing off the buildings and installing air conditioning units and working on restoring central air,” said Capt. Lucius Mitchell, assistant brigade engineer. “We are also restoring electrical power to the buildings using existing electrical components and circuitry.”

Mitchell said the brigade is refurbishing all the latrines and getting the water up and running again. “We’re basically redoing all these buildings.” He hopes to have the projects complete throughout brigade headquarters - to include attached units - by mid-September.

Air conditioning is the number one priority, according to Dalton. “That’s not a luxury, that’s a requirement,” he said. “Hopefully within the next 10 to 14 days every soldier here will have air conditioning.”

Besides making living conditions

better, the brigade is also trying to improve morale by increasing the soldiers’ ability to contact home and providing soldiers with recreational activities, Dalton added.

“We’re setting up satellite systems,” he said. The eight systems will be spread throughout the brigade units so every soldier should have access to the Internet. The satellites should dramatically increase accessibility of email and communications, Dalton explained.

“Division has pushed us satellite phones, so every task force-sized unit should have 24-hour access to a phone, and that’s free for the soldiers,” Barnello added. “Every soldier should be able to make a call at least once a week.”

See MORALE, Page 5A

FRI
High 87° Low 70°

SAT
High 88° Low 72°

SUN
High 88° Low 70°

Sledgehammer brigade returns from Iraq

Bridgett Siter

Special to The Frontline

FORT BENNING, Ga — It's calm in Kelley Hill's Kefurt Gym, but the hill itself is hopping again with soldiers from the 3rd Infantry Division (Mechanized).

The gym was the site of what might be called the "mother of all welcome home ceremonies." In a series of reunions over a nine-day period, beginning July 10, the gym was decked in red, white and blue, strewn with confetti and balloons, and plastered in posters that read, "Welcome home, heroes."

Despite the oppressive heat, hordes of friends and family members packed the gym to greet the 3,700 soldiers of the 3rd Infantry Division's 3rd Brigade, returning from the Persian Gulf, where they spent 13 of the last 15 months.

3rd Brigade soldiers fought at Tallil, Samawah, Karbala, Baghdad and dozens of other sites with unfamiliar names. It was 3rd Brigade's soldiers who helped secure a key bridge over the Euphrates and cleared the way for a quick and decisive advance on Baghdad.

"For all that they have accomplished, we want to make sure you know we recognize your great sacrifice, because without your support, we couldn't have done what we did," said the brigade's new commander, Col. Steven Salazar, who spoke for the first time to 3rd Brigade families July 17. He thanked the families for their support, a sentiment his soldiers echoed with a resounding "Hooah," before launching into "The Dog-face Soldier," the 3rd Infantry Division's theme song.

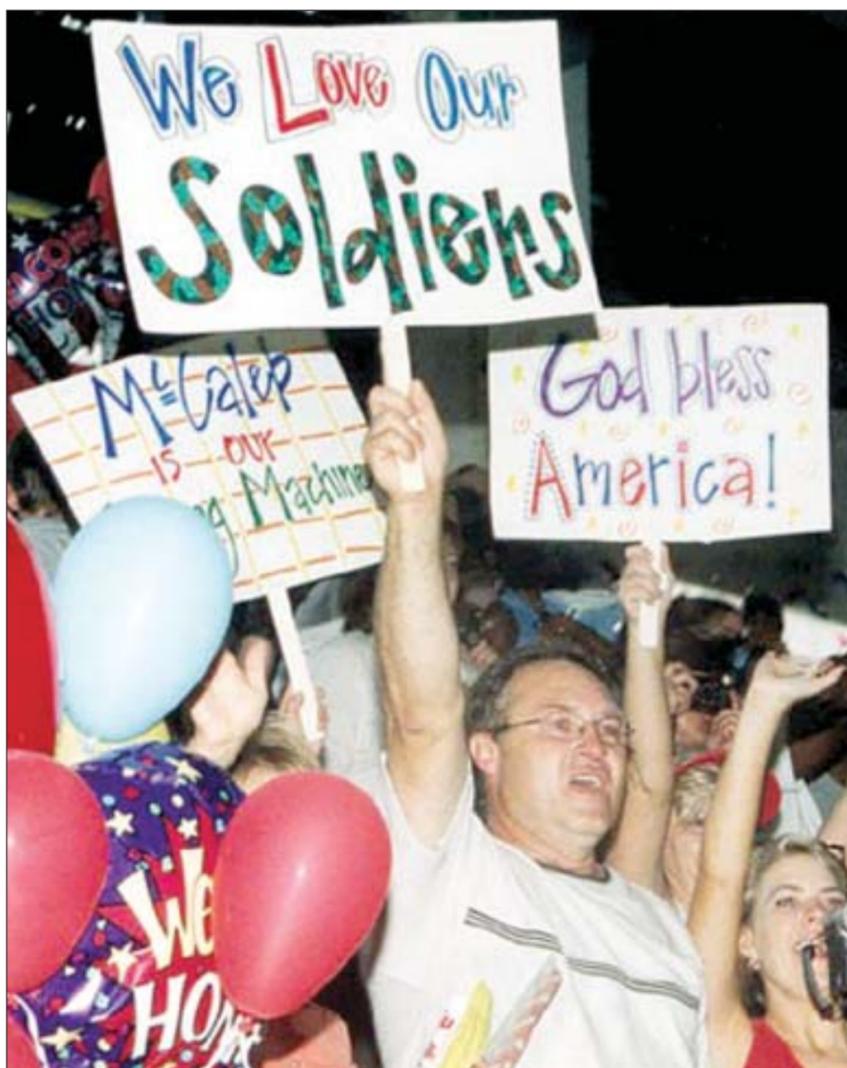


Photos by Pfc. Chris Stephens

Sgt. 1st Class Samuel Cook hugs his wife Sharron and daughter Samantha, age 9, after returning to Kelley Hill at Fort Benning, Ga.



Soldiers from 3rd Brigade stand in a formation and sing the "Dog-faced Soldier" song before their families rush them. After the ceremony, the soldiers reunited with their families and friends who have not seen them in months.



Family members and friends celebrate the return of their loved ones.



Caitley Skarhus, age 7, hugs her father Staff Sgt. Michael Skarhus after his return from Iraq in support of Operation Enduring Freedom.

Ellis: 'back by Sept. 30'

Sgt. Sam Hoffman

Staff Writer

Spouses of Fort Stewart's deployed soldiers had what Col. John Kidd, garrison commander, called "an opportunity to address a very senior member of the Army," July 23, at Club Stewart.

Those without seats were forced to stand from 4:30 to 8:30 p.m., as Gen. Larry Ellis, U.S. Army Forces Command commanding general, along with a panel of senior ranking officials, answered rumors and the burning question "When is my husband coming home?" at the town hall style meeting.

The panel included 3rd Infantry Division (Mechanized) Assistant Division Commanders Brig. Gen. Lloyd Austin, (maneuver), and Brig. Gen. Louis Weber, (support), among others.

Three recurring topics of question were the date of return for Operation Iraqi Freedom troops, conditions for those troops and reenlistment options for soldiers overseas that are nearing the end of their enlistment.

"My husband's been gone since October," one spouse said inquiring when her husband would come home.

"The 3rd Infantry Division will be back by Sept. 30 ... you can expect the other non-division units to pull full year tours," Ellis said.

He was very unassuming, introducing himself as Larry, smiling at the spouses to put them at ease, laughing along with their anecdotes and telling jokes of his own.

Ellis reminded one spouse who was concerned that her husband wasn't getting enough food or water that he was once in a combat situation and joked "there's nothing soldiers like more than calling up their wives and telling them how bad it is ... that they can't make it without (spouses') help."

When spouses became impatient, Ellis followed up gripes with powerful statements like "Don't worry. We're going to take care of that today," or one spouse who said she had asked about her issue at previous meetings, Ellis said, "You never asked the FORSCOM commander before!"

"My husband says that they don't have any toothpaste," one spouse said. She also said that mail was a problem. It is slow and too expensive, and the lines at field shoppettes are too long.

Ellis acknowledged that mail to the theater is an issue, but soldiers have access to everything they need. They are given sundries packets with toothpaste and shaving cream, as well as access to Army/Air Force Exchange Service facilities.

"I think AAFES has done a remarkable job over there," he said. "So what, if they have to wait in line for two

hours?"

Ellis reminded them that soldiers are fighting a war and conditions are not necessarily going to be comfortable.

"But, I haven't heard of any instance where a soldier hasn't been able to get what he needs," he stated.

Some spouses were even afraid to talk to Ellis on their husbands' behalf, because the soldiers' chain of command had said that they would receive non-judicial action in the form of Article 15, if they didn't "keep their wife in-line," as one spouse put it.

At that point, a surprised Austin interjected, "I don't know of any situations where an Article 15 was issued (for that) ... if there is, I'd like to know about it."

Ellis also emphasized the need for strong rear detachments comprised of soldiers and officers who would be useful to the unit and not just because they are held back for medical reasons.

In the end, Ellis commended the spouses and Family Readiness Groups for their courage and support during the extensive deployment of Fort Stewart soldiers. He also suggested that FRGs having problems need to reconfigure and find a strong leader, as well as to communicate with other groups.



Mike Lemke

FORSCOM Commander, Gen. Larry Ellis, talks to spouses at the town hall meeting July 23.

SMA visits Spartan soldiers in Fallujah

Spc. Mason T. Lowery

50th PAD

FALLUJAH — Sergeant Major of the Army Jack Tilly had lunch with Spartan soldiers July 23 at the 26th Forward Support Battalion dining facility.

He played spades, joked around with, told them Army news from his end of the Army, and addressed 2nd Brigade Combat Team soldiers' concerns.

"Be proud of who you are. Stand up straight. You made history," he

told the one hundred or so soldiers gathered for lunch with him.

He addressed the soldiers and began, in his typical fashion, with jokes about his experiences in the Army. He told one about visiting engineer soldiers at Fort Stewart last year and meeting a giant-headed, southern staff sergeant.

He enlightened soldiers with an analogy about promising his grand daughter to send her to college, after which she replied, "Grandpa, I just want to make it to second grade." He meant don't worry so

much about going home, stay focused on the mission.

One of the issues brought up by soldiers was what can leaders tell their soldiers about why we were promised and then let down so many times about going home.

A soldier told Tilly people were resigned to the fact that the only way to leave was to "ETS or die".

Tilly told everyone, "I know they're working really hard to get the 3rd Infantry out — but don't listen to the rumors."

He went on to ask them how

many people died in the terrorist attacks of Sept. 11, 2001.

"Would you rather fight here or in America? Because if we don't clean things up here, we'll be fighting in America ... Look around, there are nasty people in this country and guess what, they're in America too."

Tilly said the four divisions in Iraq will eventually dwindle down to one, once conditions are safe enough. Deployments will be a year long. Anything shorter than that is gravy, he said.

He talked about the pace of the Army and said he was worried about the impact of long deployments on senior enlisted, National Guard and Reserve personnel retention. He said some soldiers will get out of the Army because of this war, but "the Army keeps rolling along."

A soldier asked Tilly about incentive pay.

Tilly told him it was important and would continue, but base pay increases for everyone are more important to bring all soldiers' wages up.

Drinking  & Driving 
Don't Mix 

VOICES AND VIEWPOINTS

Marne soldiers stand proud

Master Sgt. Emma Krouser

31D (Mech.), PAO NCOIC

Soldiers of the 3rd Infantry Division (Mechanized) deployed in Iraq got welcome news recently, they will be redeploying. Not only will 2nd Brigade Combat Team which has been in the region since last September get to go home, but also 1st BCT which came over in January. From the time the division rallied all of its soldiers at base camps in Kuwait until we crossed into Iraq, 1st, 2nd and 3rd Brigade Combat teams trained to get ready for the ultimate mission — war.

When the combat elements crossed the border, they smelled victory. Nothing else ever crossed their minds. These commanders and soldiers were not even deterred by the prospect of being slimed by the former regime using chemical or biological weapons.

These soldiers fought the ultimate fight for 21 consecutive days and never wavered. They fought day and night against an enemy that was sometimes hard to distinguish from the everyday Iraqi citizen. Still they pushed on and fought hard.

In recent print and broadcast articles, it seems our soldiers have taken the kind of beating they gave Iraqi soldiers who chose to stay and fight. But, I am proud

to stand beside any ——— **Commentary** ——— tainment operations and peacekeeping. I don't think anyone else could have done it any better. In these other missions, they have been highly successful, so much so that 2nd BCT was sent to quell unrest in Fallujah, a virtual hotspot when they arrived. They went to the town, established their presence, met with the leaders, set the town aright and will leave a quieter, better Fallujah in the hands of the Iraqis and 3rd Armored Cavalry Regiment. Hooah!

These soldiers epitomize the word hero. They are battle weary and war-tested, but they are consummate professionals. No other division moved more than 600 kilometers across the desert, catching a few hours' nap here or there and fought like soldiers who have been battle tested in previous wars. The young men in the tanks and Bradleys are new to this war thing. They are young Americans who chose to defend the nation, knowing that the ultimate sacrifice could very well cost them their lives, but they fought on.

During those 21 days, the embedded media could not do enough to praise of these heroes. Now the second and third string media in Iraq are trying to crucify our soldiers. They want to dwell on the negative story ideas. For those who would say we volunteered to join the Army, you are right. But for those who criticize our soldiers, could you do what they have done?

They've seen the devastation and harsh realities of war. These are young people who want to be at home in familiar surroundings, eating pizza, drinking beer, listening to loud music — and just being young. Instead they were tasked to go to war and immediately transition from war fighting to support and sus-

tainment operations and peacekeeping. I don't think anyone else could have done it any better. In these other missions, they have been highly successful, so much so that 2nd BCT was sent to quell unrest in Fallujah, a virtual hotspot when they arrived. They went to the town, established their presence, met with the leaders, set the town aright and will leave a quieter, better Fallujah in the hands of the Iraqis and 3rd Armored Cavalry Regiment. Hooah!

Each one of our brigades made their impact during and after major combat operations. I think the American people understand the frustration these young people were feeling about the uncertainty of their return to family and loved ones. No matter what they said, they never, ever gave up. They faced each mission with the professionalism of a true soldier and warrior. They never wavered in the face of snipings, ambushes, grenades launched on their compounds, bombs exploding and always took care of wounded or killed comrades.

These soldiers carried out their mission in harm's way everyday in Iraq. They paved the way for other forces that were not engaged in combat operations to come to Iraq.

Marne Voice

THE FRONTLINE

Readers respond to the question:

Do you think it is important to rotate soldiers in and out of Iraq? Why or why not?

"Because even though we defend our country, it is important for us to see our families as well."

Spc. Bynita Jackson
603rd ASB

"To be fair and keep the mental health of the forces."

Sgt. 1st Class Carlos Mateo-Morales
172nd Med. Det.

"To give soldiers a break and some time to spend with their families."

Sgt. 1st Class Paula Connelly
HQ CO, HQ CMD

"Because it's nice for soldiers over there to get to come home and see their families."

Sgt. Julie McKinney
HQ CO, HQ CMD

"Due to the frequency of deployments, it is important to have soldiers not only do their duties but also have time to spend with their families."

Master Sgt. Marc Seagrave
3220th MP

"If they don't soldiers will lose their sanity and their family structure will deteriorate because they're gone so long ... also, they just need a break!"

Sgt. Chanel Roberts
24th Ord. Co.

An American icon: Gone but not forgotten

Sgt. Raymond Piper

Editor

When Bob Hope tried to enlist, he was told he could better serve his country by being an entertainer. He proved them right by bringing comedy to servicemembers during Christmas while they were overseas.

His Christmas shows began in Berlin, Germany, in 1948 during an airlift operation. It was a generous gift that he gave year after year because, according to Department of Defense, "he called the troops 'his best friends,' and he made it his mission to be with them wherever they served, regardless of distance or danger."

His first show for the military was in May 6, 1941 at California's March Field, seven months before Pearl Harbor. His first trip to combat zones was in 1943 during World War II, when he and his small United Service Organizations Troupe visited U.S., military facilities in England, Africa, Sicily and Iceland.

Hope risked his life on numerous occasions over the years that he gave his shows and lived up to the old stage motto of "The show must go on."

There are numerous stories of how he would be on stage and despite the danger he would still perform.

His running joke for when he was interrupted by gunfire was: "I wonder which one of my pictures they saw?"

One Vietnam veteran told me how he had heard a story that when Bob Hope arrived in Saigon the hotel he was going to stay in was blown up. Rather than asking for new accommodations, he still stayed in that hotel and then worked it into his act when he went on stage.

He was committed to U.S. servicemembers and he always tried to get to the soldiers on the frontlines because they were the ones that often needed to be reminded of home.

If able, he would have been first in

line to take a trip to ——— **Commentary** ——— Baghdad to give a show to the soldiers deployed in Iraq.

To many soldiers during the Vietnam War, seeing Bob Hope was more important than getting R&R and even some cases receiving an award for valor.

A veteran told me how one of his friends got called back to the rear to receive an award. Passing a truckload of soldiers, he asked where they were going. When told they were going to see Bob Hope perform, the soldier hopped on the truck and promptly forgot his award.

Not only was Hope committed to the troops, but they were always ready to show him their support by being at his shows.

Time and time again he showed that he cared.

Many of his shows would take him near hospitals where wounded soldiers were so they could see his show.

According to David Sapp, a Vietnam veteran, Hope always invited soldiers onto stage to introduce them to the crowd and after he was finished he would go into the crowd to meet the injured soldiers.

Sapp said, "It made the whole crowd feel like they were part of the show. I think what he meant to the military was a touch of home that he brought to the combat area."

Taking the time to perform over the holidays was not easy for Hope either, but he was always there for soldiers.

He was once quoted as saying, "When I get home these days, my kids think I've been booked on a personal appearance tour."

"It was kind of a personal sacrifice on his part and his troupe to entertain the soldiers over Christmas," Sapp said.

Hope has received numerous awards for his career and service to the military.

He has been honored five times by the U.S. Congress. The USNS Bob



Hope, a rollon/roll-off cargo ship, was christened May 1997 and an Air Force C-17 transport plane was named after him. In October 1997, Hope was made an honorary veteran by both houses of congress—the first time an individual has been honored in U.S. history.

Hope's honors include the Congressional Gold Medal from President Kennedy; the Medal of Freedom from President Johnson; an honorary commission as Commander of the Order of the British Empire by Queen Elizabeth; and the Medal of Arts from President Clinton. Hope was also cited by the Guinness Book of Records as "the most honored entertainer in the world," because he had more than 2,000 awards and citations for humanitarian and professional efforts, including 54 honorary doctorates.

Even though entertainers continue to offer support to the military, none as of yet have been able to match Hope's dedication to servicemembers.

Even after the Vietnam War, he was ready to answer the call and continued to visit soldiers deployed either on land or sea.

President George W. Bush said Monday, "The Nation lost a great citizen. Bob Hope served our nation when he went to battlefields to entertain thousands of troops from different generations."

He has become an icon to the military and one that will be sorely missed.

In the opinion of one veteran, he has outdone John Wayne 10 to one as a national icon.

He added, "Everyone over there loved Bob Hope, and they'll never be able to replace him."

Jennifer L. Scott
Hinesville, GA

Letter to the editor

I am appalled by the comments made by soldiers and their spouses displayed by ABC news July 15th and 16th. What a display of disrespect and immaturity by all! What happened to "Army of One"?

I, too, have a spouse overseas (same brigade), and would never consider questioning his choice of career path or the government's intentions publicly. We are disappointed by the cancellation of redeployment, and by the

ever-changing dates, but we signed a contract with the Army and remain loyal regardless.

There is a job to be done, and until completion, we all have to go on in a positive manner, for the sakes of our children and our troops. These soldiers should be demoted or discharged and made an example for the rest of us; this is not what the United States Army is about.

With soldiers and supporters like

these, how can we achieve our goals and conquer enemies? Without unification amongst ourselves, how can we successfully promote world peace?

These soldiers are defaming the reputation of the Army, and their spouses are an embarrassment to the rest of us who proudly support and serve, for life.

Voice your opinion!
Write a letter to the editor!

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NCOA to hold birthday ball

Spc. Jonathan M. Stack

Associate Editor

The Noncommissioned Officer Academy will host its first NCO Academy Birthday Ball at Club Stewart Aug. 14.

The academy is celebrating in honor of 25 years of training and building of the corps of NCOs.

The academy decided to have a ball this year because the NCOA had its three-year accreditation earlier this month with no deficiencies. Also, the last Professional Leadership Development Course class of the year is graduating early August as well as it being the academy's birthday, said 1st Sgt. Wayne L. Williams, deputy commandant. From this point on the ball will be held annually.

The ball will have a capacity of 500 people. Two hundred invitations are special invites and will be sent out to senior officers and NCOs of Fort Stewart and Hunter Army Airfield and previous commandants

"Only one other academy holds that title and it is the Sergeants Major Academy at Fort Bliss, Texas."

**1st Sgt. Wayne L. Williams
Deputy Commandant**

of the academy. The remaining 300 invitations are open to the public.

Former Sgt. Maj. of the Army Robert E. Hall, former commandant of the academy, will be the guest speaker.

"The team that accredited the academy is recommending them for an institution of excellence," Williams said. "Only one other academy holds that title and it is the Sergeants Major Academy at Fort Bliss, Texas."

The NCOA was first opened July 31, 1978, and it is the location of the first PLDC in the U.S. Army.

"After 25 years, it tells the story of excellence," Williams said.

KEANE

from page 1A

An intended rotation plan of 12 months was the solution to that, Keane said.

Recognizing that most units deploying to Iraq will come from the Army, the military wants to use active-duty units from all branches of the U.S. military, said Keane. Engineer units from the Air Force or Navy might be deployed in place of Army engineer units, he explained.

The schedule will also allow the use of Reserve volunteers and reserve-component units that haven't been mobilized recently to "balance the stress across the board," Keane said.

The Army wanted to have units ready for the war on terrorism and other contingencies like North Korea, Keane said.

Eliminating or reducing participation in exercises and other commitments is a part of that, he said.

"Internationalizing" the force in Iraq is also a goal of the U.S., he said. British and Italian army units are already on the ground.

Other nations like Poland and the Netherlands are sending troops and more nations can be expected to contribute later this year, said Keane and McChrystal.

The new U.S. units sent to Iraq will also assist the Coalition Provisional Authority in developing the new Iraqi police force, provincial defense force and national army, he said.

Once those Iraqi units are established, most of the security tasks will be handed over to them as quickly as possible, Keane said.

Contractors will also be used to provide logistical and training support and reduce the numbers of troops as well, Keane said.

Although he didn't say specifically what they were, Keane said that quality of life and incentive issues to support

the year-long rotations will be established.

The plan, as envisioned, "will allow time for the security situation to improve" in Iraq, Keane said.

Keane also announced the rotation schedule for Bosnia, Kosovo, the Sinai and Afghanistan. Deployments to those theaters will continue to be six months.

A brigade from the 10th Mountain Division (Light Infantry) will replace the one from the 82nd Airborne Division in Afghanistan by August.

The 34th Infantry Division,

"The soldiers of the 3rd Division have more than done their share and it is time to bring them home safely to their families."

**Jack Kingston
Congressman (R-Ga.)**

from Minnesota, will replace the 35th Inf. Div. in Bosnia by September, and the 28th Inf. Div., from Pennsylvania, in Kosovo by February.

Sister battalions in the 34th Inf. Div. will replace each other in the Sinai by January.

Unit manning during deployments has always been a challenge throughout the Army's history and subsequent policies have done their best to address the theater commander's needs, said Keane.

Entire units were deployed for "the duration" of World War II, said Keane. The one exception to that were aircraft crews who flew a set number of mis-

sions before going back to the U.S. for training, Keane said.

A unit rotation schedule was developed for combat units during the Korean War depending on that unit's job. Infantry, tank and artillery units spent six months on the front; administrative and support units had 12-month deployments. Eventually a complicated point system for individual soldiers was worked out, Keane said.

During Vietnam, a soldier spent one year in country on an individual basis. It didn't matter what job he held, Keane said.

A 12-month deployment was used initially in Bosnia but then a six-month deployment system was developed in 1996. That system has been used since and now is used in Kosovo, he said.

The six-month unit deployments are in use today in Afghanistan, said Keane.

Currently the Army has 368,000 soldiers deployed to 120 countries around the world, Keane said. There are 133,000 soldiers in Iraq with another 34,000 soldiers in Kuwait supporting them. Keane did not say how many were active Army, National Guard or Army Reserve.

More than 30,000 soldiers are in Korea; 1,000 are in the Philippines; 1,500 soldiers are serving in Guantanamo Bay, Cuba; 5,100 soldiers serve in the Balkans; and just under 10,000 are in Afghanistan.

More than 28,000 soldiers, most from the National Guard and Reserve, are deployed in the U.S. for homeland security.

Twenty-four of the 33 active Army Brigade Combat Teams, or 73 percent, are deployed overseas.

Fifteen of the National Guard's 45 Enhanced Separate Battalion Combat Teams, or 33 percent are also deployed overseas, Keane said.

FAREWELL

from page 1A

the 1st Squadron, 2nd Armored Cavalry regiment, in Germany from 1976-1979.

Afterwards, he has served in the 3rd Squadron, 2nd Armored cavalry regiment at Fort Hood, Texas, the 1st Squadron, 2nd Armored Cavalry Regiment at Fort Polk, La., 2nd Brigade, 3d Inf. Div., here.

He will leave here and reside at Fort

Myer, Va., with his wife and their two children, Teri and Christopher. Riojas is coming to Fort Stewart after being the executive officer to the Army chief of staff for the past two years.

His wife, Susan, and two children, Joshua and Christina, are accompanying him.

MORALE

from page 1A

Barnello said the command group is also trying to get morale, welfare and recreation kits sent from Camp Doha — items such as board games, ping pong tables and weight sets.

"We're trying to renovate the amphitheater into a movie theater," he added.

Barnello said brigade soldiers are all

heroes, who have performed well in one of the most significant events of our time.

"There are great soldiers throughout the ranks," he said.

"On the back side of this, they'll come out stronger and more able to face challenges. They're going through a hard time right now and it will do nothing but make them stronger."

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Getting back to where they once belonged ...

159th soldiers step off plane, into open arms

Pfc. Emily Danial

Staff writer, Hunter Public Affairs

"My objective, when (Company B, 159th Aviation Regiment) deployed was to take the 236 soldiers designated to me ... and bring them back safely," said company 1st Sgt. Lester Day.

He did just that, because every soldier Day took to Iraq returned to Hunter Army Airfield July 21, where the unit was supporting Operation Iraqi Freedom since mid-February.

Here at Hunter, 159th's mission is to support the 18th Airborne Corps and units in the 3rd Infantry Division (Mechanized).

While they were deployed, the unit was attached to the 12th Aviation Brigade, whom it supported by flying supplies and to a base camp. 159th soldiers also transported personnel and equipment within the theatre and flew external load missions and personnel recovery missions, including transporting some prisoners of war.

"We were the first Chinook company in the theatre, and flew more than 1500 hours," said Day.

He continued, "We (also) took part in Operation Peninsula Strike, when we flew two platoons of infantry soldiers into a high value target area, and caught two of the targets."

Even though 159th's deployment orders came shortly after a number of the unit's soldiers had redeployed from a four-month stint in Afghanistan, Day said spirits were high among those who

shipped out in February.

"When we were busy and playing an active role over there, morale was high," he said. "They loved their jobs ... it was when we started to have down time that they really missed their families and got homesick."

Although one of Day's soldiers, squad leader Sgt. John Conrad, said the hardest part of the deployment for him was being away from his family, the unit did face more work-related hardships throughout their time in Iraq.

"The biggest challenge for us was the convoys we were doing," said Day. "We did training, we were prepared to drive at night ... but this unit had never done convoys before. Altogether, we traveled over 1,200 miles in convoys, and the soldiers performed flawlessly. Every vehicle we took with us to Kuwait came back with us. As a first sergeant, I couldn't ask for better."

The unit was also responsible for performing multi-point inspections of aircraft every 200 hours, with each of these checks called a "phase."

Conrad, the phase team leader, said even though one phase can normally take up to 30 days, the longest time his team took to complete one was 12 days, and the shortest time was six days.

"Of course, we were working around the clock," said Conrad. "Also, I went out with a team I had been working with for some time, and we had everything we needed, equipment-wise. We were a very cohesive team."

It was more like a family than a team, Conrad said. "It wasn't like me taking care of them, it was more like everyone taking care of each other," he said.

Day said, "Anything the soldiers had to do, they rose to the occasion. Every section in our company was commended by our higher-ups for its work."

Pausing a moment, he added, "As far as company operations go, I don't think we could ask for anything to be better. I don't think I would do anything differently."

"I'm very pleased with the overall performance of every soldier who was involved ... day-to-day, as a first sergeant, you don't get to see what your soldiers' capabilities are, but they proved to me that they know their jobs, and are fully capable of doing them both in a garrison capacity and in war."

Day said he was thankful that the unit was fully recovered from Iraq with no fatalities and every vehicle accounted for.

"My high point," he said, "was when we landed back in Savannah and every soldier was here. I'm glad to be back, glad my soldiers are back with their families, and I hope those who are still over there get back soon to their families."

Day commended his rear detachment command as well. "They were outstanding," he said. "I want to give a special thanks to Capt. Shane Morris and Sgt. 1st Class John Piehnik, and also to Maj. Thomas Moore for letting me do my job as a noncommissioned officer and supporting the decisions I made."



Pfc. Emily Danial

Sgt. Rich DeTommaso accepts a rose from his daughter Samantha, 3, and wife Sandi shortly after their reunion July 21 in 159th's hangar.

Army pays Fallujah citizens claims



Photos by Spc. Katherine Robinson

Interpreter Saado Salem goes over a settlement agreement with Naji Mejabs Arab Muhammed Al-Isawi, while Capt. Michael Scionti, 3rd Inf. Div. Foreign Claims commission, counts money for Al-Isawi's claim.

Spc. Katherine Robinson

50th PAD

FALLUJAH — Fallujah citizens received settlements for claims against the U.S. Army for the first time July 23.

Twelve Iraqis gathered outside the Task Force 3-15 compound to collect on claims ranging from damaged personal property to wrongful death.

Capt. Michael Scionti, 3rd Infantry Division (Mech.) foreign claims commission, and other members of the Office of the Staff Judge Advocate brought the list of claims, along with file folders on each claimant.

Scionti's job is to review, investigate and adjudicate claims that fall under the Foreign Claims Act. The act is a means by which foreign nationals can seek compensation for wrongful death, personal injury, or the loss or theft of

personal property, he said. The claims cannot involve combat-related incidents, but can involve negligent or wrongful acts by soldiers in a non-combat environment.

"We try to compensate them for their losses ... provided they meet the minimum threshold of proof, and these all did," Scionti said. The claims all had proper documentation, receipts or proof of ownership.

One at a time, the Iraqis talked with Scionti and his interpreter, Saado Salem, and went over the claims. They then signed settlement agreements and receipts, which two witnesses also signed, and Scionti handed over the money owed.

Overall, the Iraqis received about \$8,000 in claims, payments ranging from \$100 to \$4,000, he said.

Although this was the first time for Fallujah citizens to receive payment,

3rd Inf. Div. has paid approximately \$25,000 in claims to Iraq's citizens to date, Scionti said.

"I think it went really well today," said Capt. Chet Gregg, 2nd Brigade Combat Team's legal advisor. "The Iraqi people were very happy to get the money."

"That goes a long way toward showing our commitment to making things right that we may have done wrong," he continued.

Paying the claims is an act of good will, Scionti said. "Not many armies will go into a country, cause damage, and then try to compensate."

"I'm sure Saddam's Army wouldn't have paid for (the Army) destroying stuff," Gregg said. "I think it's a small glimpse of the influence America can have on this country that even in a time of relative war, we still respect people's rights and property."



Capt. Michael Scionti (right), 3rd Inf. Div. foreign claims commission, counts approximately \$2,700 for Reyad Meshuf Jassim Al Janabi, the first Fallujah citizen to be paid for a claim against the U.S. military. Al Janaby filed a claim for damage to his vehicle.

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EST improves soldiers' firing skills

Spc. Jimmy D. Lane, Jr.

Staff Writer

Vision across the dark landscape is nearly non-existent. The early morning sun offers only a faint orange glow across the horizon. Shouts and the low whooping sound of a helicopter are barely audible in the distance.

"Lock and load your weapons, gentlemen," commands a voice from the darkness. The sound of magazines being quickly locked into place is followed by the sounds of a helicopter drawing nearer. An explosion from artillery illuminates the foreground, creating silhouettes of the enemy. In the darkness the only points of aim are brief flashes from the barrels of enemy weapons. As the early light of dawn begins to make the terrain more visible, automatic fire begins to drop enemies as they reveal themselves.

This is just one of the 419 sce-

narios soldiers can practice on at the Engagement Skills Trainer.

"It was just like in Iraq. The only thing to aim at in the night scenario was the enemy's muzzle flash and the sound of their report. You actually have moving targets instead of pop-ups, so you have to lead your targets," said Spc. Robert A. Wegner, a fire direction specialist with the Headquarters and Headquarters Service Battery, 1st Battalion, 39th Field Artillery.

"Since we began classes Oct. 1, 2001, a total of 11,286 active duty soldiers, National Guardsmen and Army Reservists have used the EST. EST provides training for the type of urban warfare that soldiers are faced with these days," said James R. Todd, Facility Manager at EST.

The EST is an indoor, multipurpose, multilane computer simulated firing range designed to train soldiers on all standard small arms including the M-16 rifle, M-240B

machine gun, M-136 anti-tank weapon, M-249 squad automatic weapon, M-2 crew serve weapon, M-9 pistol, M-60 machine gun, M-4 carbine, M-203 grenade launcher, and the MK-19 grenade machine gun. All weapons are on site and ready for use. Soldiers must supply their own tripod to train with the MK-19 or the M-2.

Marksmanship scenarios use pop-up targets similar to the one used on the rifle range. These scenarios give soldiers the chance to sharpen their firing skills before engaging in weapons qualification at an actual range.

Collective scenarios, which are used for squad engagement training, teach squad leaders to give commands to soldiers on sectors of fire during a firefight. In collective scenarios, groups of enemy soldiers show up at four or five different points on the screen, creating a scenario in which a squad leader must direct fire from different members of the squad to more effectively eliminate to opposition.

"Shoot-Don't Shoot" scenarios provide training for military police and guards. "Shoot-Don't Shoot" scenarios creates an environment in which an individual must make a split second decision on who to shoot to bring an end to immediate danger without harming the innocent people around the attacker.

The EST system may be used to provide weapons handling, safety training and to evaluate individual training. Evaluation includes number of rounds fired, percentage of hits, misses, and hits resulting in kills. In pop-up range scenarios, the computer will show a soldier's course of aim before making a shot. In all scenarios, if a weapon is not loaded and cocked correctly, the weapon will not fire.

"What an adrenaline rush! The EST is very realistic. It would benefit a lot of soldiers, especially in urban warfare because it shows you what to expect in a real life combat situation," said Spc. Daryl



Photos by Spc. Jimmy D. Lane Jr.

Maj. Kevin L. Kearns of the 11th Engineers locks and loads an M-16 in preparation to train on one of the EST collective scenarios.

D. Whipple, a fire direction specialist with HHS 1/39.

The EST is open for operation Monday through Friday, from 7:30 a.m. to 4 p.m. The facility is usually closed on weekends and holidays.

No special permission is needed to make a reservation to train on the EST. Units desiring to schedule training must have a supervisor present with soldiers while training.

To schedule an appointment, soldiers must submit a request for training at TADS Warehouse, building 8082 on Georgia

Highway 144 East, Fort Stewart, across from range control.

EST is located in the rear of the Division Artillery Ministry Center Building 646 off of Gulick Avenue. For more information call Wagner or Todd at 767-6938.

"I guarantee soldiers will improve their firing skills if they use the EST. Based on feedback from soldiers who have trained on the EST, the majority of them have greatly improved their firing skills when it comes time for qualification at the range," said Sgt. Brian L. Wagner, the noncommissioned officer in charge of the EST.



Soldiers from HHS 1/39 FA fire at moving digital targets in a computer generated battlefield scenario using real weapons without ammo.

'It's all about the information ...'

Diceman brings show, OPSEC awareness to Stewart

Sgt. Sam Hoffman

Staff Writer

The outspoken Ray Semko, otherwise known as the Diceman, provided military personnel at Fort Stewart and Hunter Army Airfield with allegorical insight into the world of operations security, terrorism and information piracy July 16 through 18.

"It's all about the information!" stressed Semko, who has been involved with the security of this country for more than 30 years. Currently he works for the Interagency OPSEC Support Staff, an agency responsible for assisting OPSEC programs throughout the federal government.

The Sam Kinison-esque presentation was entitled "Wolves Among Us." Semko, long-haired and dressed in his custom "wartime" tuxedo, chose the metaphor wolves, because they are emblematic of fear and corruption in Western society, and the phrase "among us," to remind Americans how the terrorists are able to carry out acts of destruction by blending into our society.

"We have the best rules and regulations regarding security ... but collectively we have the worst attitude."

Ray Semko
governmental security consultant

Protecting information is the way to stop terrorism, Semko said. Many of the measures taken today won't even deter terrorists, such as checking for valid identification at airports.

"The terrorists on Sept. 11 had valid driver's licenses!" he shouted. Joking about gate closures on Georgia Highway 144, Semko remarked, "The terrorists don't even want to drive down that road."

Semko uses the acronym DICE, Defense Information to Counter Espionage, to provide an everyday item in the hopes that people will remember OPSEC when they see dice.

"If you want somebody to learn something, you have to anchor it," he said. One thing Semko suggested to 3rd Infantry Division (Mechanized) soldiers going overseas is to find six separate routes for going to work, and rolling a die to see which way to go.

"I don't even know how I'm getting to work," he said, therefore, chances of a premeditated attack during travel would be greatly diminished. Of course, he also said that he hadn't been to work on time in 25 years.

Protecting information, even information that seems impertinent, is the key to thwarting terrorism, he said.

"Repetition is what they're looking for," Semko said.

Constantly keeping his audience attentive, Semko used M&M's to show the colors of the Homeland Security Threat Advisory. The brown M&M also had its place: in case things go wrong

In true Diceman fashion, he asked the audience "Why do



Sgt. Sam Hoffman

Ray Semko discusses the importance of vigilance in front of his Homeland Security M&M's; low, green—blue, guarded —yellow, elevated — orange, high — red, severe.

you think they put M&M's in MREs?"

The Diceman also scolded the portion of people who don't take heed to vigilance.

"We have the best rules and regulations regarding security ... but collectively we have the worst attitude," lamented Semko.

After that, he made the case for the importance of free speech in this country, which he believes is only free if people like what you have to say. Semko brought up the recent politicizing pop-country singers the Dixie Chicks have participated in, saying that he bought their albums because of how they sing, not because of their opinions.

"I didn't go out and throw out my Dixie Chicks CDs in the garbage!" pleaded Semko.

He spoke about the importance of protecting our country from possible attacks, identified countries as possible

threats and mentioned the current state in Iraq.

"I realize that freedom ain't free. I know nobody knows that better than the 3rd ID and the people at Fort Stewart," Semko said.

The main point of his presentation was to be constantly vigilant; protect all information, especially when computers are involved, don't tell anyone about locations, times and dates of travel, and have a plan in case of an emergency situation.

"You have to be constantly alert, because you never know when a problem's going to come," Semko said.

Editor's note: *If you see anything strange, curious or suspicious, you need to report it immediately to Military Police at 911 at Fort Stewart, 352-6133 at Hunter. MPs will be better equipped to respond promptly than Intelligence personell.*

U.S., Iraqi Engineers increase Fallujah waterflow

Spc. Jacob Boyer
3rd Inf. Div. (Mech.) Public Affairs

FALLUJAH, Iraq — Engineer Brigade's Contracting and Infrastructure Repair Team arranged for a generator to be installed at the Al Shudada Water Treatment Plant in Fallujah Sunday, increasing drinkable water there by 15 percent.

The generator, which allows the plant to pump out 10,000 cubic meters of purified water per day, does not completely fulfill the city's water needs, said Capt. Peter Fraccaroli, Engineer Brigade plans officer. It allows the city access to more drinkable water than it has ever had.

The city received about 50,000 cubic meters of drinking water each day before coalition forces arrived, half of the 100,000 cubic meters per day it needs, Fraccaroli said. With the plant operational, it now gets 75,000 cubic meters each day.

"Before we got here, many of the people were getting their water directly from the (Euphrates) River," he said. "It's full of sewage and chemicals. We're trying to bring up the quality of life for the citizens of Fallujah."

Although the plant was built before Operation Iraqi Freedom, it never had the power it needed to be fully operational, Fraccaroli said. The generator allows it to run at its full capacity.

"We had to get a generator, put down a foundation for it and make sure all the electric cables and switches were in place," he said. "It took about four days for the contractor to get the work done."

Most of the work on the city's water system to this point has involved providing generators for the treatment plants and repairing the lines that carry water throughout the city, said Ahmed Jassam, Fallujah's engineer for water plant projects.

"The coalition engineers have been very involved in building and repairing the system," he said. "We are also working together to repair the city's old water plant."

Fraccaroli, who is responsible for water and sewage projects in and around the city, said he and Fallujah's engineers are looking at ways to further increase the amount of drinking water available to all the citizens.

Plans include adding more compact water treatment plants and the construction of a new fullsize plant.



Spc. Jacob Boyer

Col. Ed Cardon and Taha Bedewi Hameed inspect the generator at the Al Shudada Water treatment plant.

Fallujah blaze extinguished in time

SPC. MASON T. LOWERY
50th PAD

AL FALLUJAH, Iraq — Fire fighters responded to an underground electrical fire July 23 in front of the cantina at the 2nd Brigade Combat Team compound.

No injuries were reported.



Spc. Mason T. Lowery

Spc. William Vanaxen, firefighter, lowers himself into a tunnel to extinguish the fire.

Soldiers with the 336th Fire Fighting Company attached to 2nd BCT, from Racine, Wisc., arrived on the scene within minutes to extinguish the smoldering fire.

The fire was underground in electrical tunnels too small for fire fighters to fit in, so it took about an hour and a half to extinguish it, said Staff Sgt. Dale Miller, 336th fire chief.

The soldiers first dispatched a crash truck — a humvee with a couple of fire extinguishers and tools, to the scene.

When it became apparent they couldn't easily extinguish the fire, they sent in two, fully equipped fire engines.

Members of the 336th then turned off power in the cantina and tactical operations center, which drew power through the burning wires, and tried spraying water into the tunnels to stop the fire.

When they realized it was an electrical fire, the soldiers filled the tunnels with foam, extinguishing it.

They stayed on the scene another hour to make sure the fire was completely out.

No damage to equipment was reported. Electrical power was off for the remainder of the day.

Winn, VA team up to help soldiers

Laurie Kemp
Winn Public Affairs Officer

Winn Army Community Hospital and the Department of Veterans Affairs joined forces Friday by signing an agreement that will improve the medical exam process for servicemembers leaving the service.



Laurie Kemp

Patrick K. Courtney, VA, and Col. Joe Barthel, Winn commander, sign the agreement that will change the policy on physical exams.

The agreement, a result of Department of Defense policy, calls for a one-time joint physical exam for those servicemembers planning to file a disability claim with the VA.

"This is important because it is a program for our soldiers who are retiring or leaving service who might have a disability ... and instead of having two physicals, their (military) discharge physical and their (claims) physical from the VA, they have one ... and that is a big convenience for our soldiers," said Col. Joe Barthel, commander, Winn Army Community Hospital.

The agreement will cut down on the duplication of resources and personnel, which will save time and money for each organization, but allow soldiers to pull resources from the best of both worlds.

According to Patrick K. Courtney, director, VA regional office in Atlanta, the agreement is important because "we serve the same client — the people who put themselves in harms way. The military is responsible for the service person in uniform and we take care of them after."

Winn conducts an average of 1,200 separation physicals per year with approximately 450 of those soldiers expected to file for VA compensation claims.

By sharing resources, Barthel and Courtney said, this agreement provides a win-win situation for Winn, the VA and most importantly, the soldiers.



Master Sgt. Bob Haskell

Two North Carolina Army National Guard soldiers, with the 30th Infantry Brigade, train to blow a hole in a barbed wire obstacle with inert Bangalore torpedoes at the Army's National Training Center, Fort Irwin, Calif. That enhanced separate brigade has been alerted for a possible deployment to Iraq next year as part of an active Army division.

Two National Guard brigades deploying to Iraq

Master Sgt. Bob Haskell

Army News Service

WASHINGTON — Two brigades from the Army National Guard, totaling 10,000 soldiers, will deploy to Iraq next year to support two active Army divisions earmarked to replace troops now engaged in Operation Iraqi Freedom next year, the Army has announced.

The 30th Infantry Brigade from North Carolina and the 39th Infantry Brigade from Arkansas have been alerted and "may participate in the Army unit rotation plan for Operation Iraqi Freedom," the Army announced July 26.

The two brigades are part of the Army's plan to replace units that are anxious to return to their homes after leading coalition forces to victory over the regime of Saddam Hussein and to maintain the force required to stabilize that country.

"We intend to alert, mobilize, train and deploy for six-month operations, then re-deploy," said Gen. Jack Keane, the acting Army chief of Staff, during a briefing to reporters July 23. "The entire deployments

from alert to redeployment and return to home station will last a year."

The 30th Brigade would be augmented with an infantry battalion from the Army Guard's 27th Infantry Brigade of New York. A battalion from the Oregon Army National Guard's 41st Infantry Brigade will augment the 39th Brigade it was further explained.

One brigade would deploy with the 1st Cavalry Division sometime between February and April of 2004 to replace the 1st Armored Division that is currently serving around Baghdad. The other brigade would deploy with the 1st Infantry Division sometime during March or April to replace the 4th Infantry Division that is serving in northern Iraq.

The two Guard brigades would be replaced by two other Army Guard enhanced separate brigades "based on the needs of the theater," Keane said.

Seven of the nine Army and Marine division and brigade-size elements that have fought in Iraq this year will be replaced during the second rotation beginning in September, Keane explained.

The intent of the National Guard brigades

deploying is to sustain the level of forces that Gen. John Abizaid, the U.S. Central Command's commander, needs to continue operations in Iraq and to instill predictability so that tours of duty for all soldiers there last no longer than 12 months, Keane added.

Ground forces in Iraq currently total 156,400, including 133,300 members of the active Army, the Army National Guard and the Army Reserve. Another 34,000 Army troops are in Kuwait.

All told, 15 of the Army Guard's 45 battalions from the enhanced separate brigades have been deployed overseas during this fiscal year that began last October, and 74,551 of the Army Guard's soldiers are currently deployed around the world. That is 21 percent of the Army Guard's 352,000 citizen-soldiers.

These deployments marks the Army's most ambitious use of National Guard brigade-size elements since World War II, when three infantry regiments from Washington state, California and Georgia, were used to round out three Army divisions, said Maj. Les Melynk, an Army Guard historian.

Army Guard brigades from Kansas and

Pennsylvania are currently conducting peace-keeping operations in Bosnia and Kosovo, respectively, and a battalion from Iowa is serving in the Sinai.

A brigade from Minnesota will replace its Kansas counterpart in Bosnia in September. Another brigade from the Minnesota Army National Guard's 34th Infantry Division is scheduled to replace the Pennsylvania National Guard's 28th ID brigade in Kosovo in February.

An Army Guard battalion from Michigan will take the place of the Iowa battalion in the Sinai in January.

The enhanced separate brigades date from the 1993 Bottom-Up Review conducted by the Defense Department. The primary mission of the National Guard's enhanced separate brigades is to deploy on short notice and destroy, capture or repel enemy forces, using maneuver and shock effect.

Armored and mechanized brigades are authorized additional personnel beyond that of a typical brigade, and they are organized to fight engagements in conventional and various operations other than war activities.

Army looks for ways to go from red to black

Staff Sgt. Marcia Triggs

Army News Service

WASHINGTON — The bell has rung, and the Army has gone back to its corner after completing round five of looking for ways to stretch its dollars and use its resources more effectively.

In round five, the Army's Business Initiatives Council approved 16 ways to cut its logistics tails and avoid unnecessary spending.

By using rechargeable batteries, the Army could reduce the 150 tons of batteries it maintains annually, said Donald Tison the BIC executive director. Related to this is that the Army has over 100 types of tail-lights for its trailers, Tison said, ranging from \$4 to \$250. Is there a better way to manage common items, he asked rhetorically.

Rechargeable batteries and common tail-lights are part of the 16 initiatives that were recently approved. Altogether 66 initiatives

have been approved in the last 14 months.

The initiatives seek both cost savings and cost avoidances, with most benefits anticipated in the out-years. Any money that is saved will be reinvested in the organization that is made more efficient.

In this way, said Tison, "BIC allows the organization with the idea to reap the reward."

Armywide, initiatives are submitted for approval to the council, which is made up of general officers and equivalent-ranked civilians, who are known as senior executive service.

The council, which is referred to as the functional board, will be hit by incoming initiatives from the field Aug. 15. At that point round six will begin.

After the functional board reviews ideas from the field for viability, those ideas are forwarded to the secretary of the Army for his approval, Tison said. "BIC isn't a chance to gripe or a suggestion box.

"The field is required to have their ideas

approved by a general or an SES before they reach the functional boards. Ideas have to have merit before they make it to this level."

Major commands have submitted more than 30 ideas to BIC to improve the way business is run at the installation level.

Marketable ideas don't always come in the form of opportunities to save money, Tison said. Sometimes change is necessary just because it's the right thing to do, he said.

"We want to improve security and do a better job controlling information, so our information and technology folks have come forth with a proposal to improve the SIPRNet," Tison said.

The Secret Internet Protocol Router Network or SIPR Net allows combatant commanders one predominant source for generating, receiving, sharing and using information securely. It takes more than 240 days to set up, but there is a proposal to cut the time by 50 to 75 percent, said officials from the Office of Chief of Information, G6.

It takes four to eight months to set up the SIPR Net because of the time it takes to obtain the equipment and then to install it, said Lt. Col. Samuel Edelman, a Wide Area Networks officer from G6. The solution to cutting the connection time hasn't been decided, but is being looked into.

Streamlining the SIPR Net activation is one of seven Army BIC initiatives that will be forwarded to the Department of Defense BIC so that the benefits could extend to all four services. Secretary of Defense Donald Rumsfeld created BIC to encourage the military branches to emulate corporate sector's way of doing business.

Currently the Air force is the lead agency for BIC, but that title rotates every six months between the Navy, Air Force and Marine Corp. Tison will reign as the executive director of the DOD BIC in October. For more information or to see the approved BIC initiatives go to <http://www.safm.army.mil/rabp/bic/abic.asp>.

Myers: Iraq still a war zone

Jim Garamone

American Forces Press Service

NEW DELHI — The area within Tikrit, Baghdad and Ar Ramadi "is still a war zone," said Joint Chiefs chairman Air Force Gen. Richard B. Myers during a press conference Tuesday.

Myers said that when President Bush declared major combat operations over in Iraq May 1, he was very precise in the words he used. The president, he said, recognized that it was still a "challenging" and "hard" environment in the country.

Myers is on a visit to Central and South Asia.

He visited troops in Iraq Sunday and Monday. "The day I got there, we had three soldiers killed," Myers said.

"Their job was to guard a women's and children's hospital ... so the staff would feel comfortable coming into that facility."

The soldiers went inside the hos-

pital on a break and while there someone dropped a hand grenade on them from the second floor. "That is not an act that the Iraqi people think is reasonable, because they want their women and children to have access to medical care," Myers said.

The chairman said the incident was tragic and expressed his sympathy to the family and friends of the soldiers, but, he said, "Militarily we won't be defeated in Iraq and we will stay there until the job is done."

Myers told the press that most of the resistance comes from remnants of the former regime. "That is not to say there are not other groups out there," he said.

He noted that Saddam Hussein loosed thousands of common criminals as the coalition approached Baghdad. And there are foreign fighters coming in to challenge the coalition. But most attacks are coming from Baathists that have the most to lose by not having the regime in place.

"We think we know how to deal with that," Myers said. "Our intelligence is focusing on that, and we're going to be successful."

He said by any measure, the situation in Iraq is improving. "The economic activity in Baghdad and other areas is robust," he said. The Iraqi Governing Council is starting to work.

On the "stability front" there are also encouraging signs of progress. The northern and southern parts of the country are stable, he said. Some 80 percent of the attacks against coalition forces are occurring in the so-called "Baathist Triangle" area bounded by Baghdad, Tikrit and Ar Ramadi. "But what is happening over time ... (is) the Iraqi people are coming forward more and more to make that security situation better," Myers noted.

Coalition forces are acting on these tips and finding ammunition caches, former regime officials and common criminals.

Cold War Certificates

ALEXANDRIA, Va. — Service members, veterans and federal employees who served between Sept. 2, 1945 and Dec. 26, 1991 are still eligible for a Cold War Recognition Certificate, said officials of the U.S. Army Personnel Command.

In fiscal year 1998, the secretary of Defense approved awarding the certificate to personnel who served during the Cold War. Thus far, about one million people have responded out of the 22 million entitled to receive the certificate, offi-

cials said.

An application for the Cold War Recognition Certificate can be found on the Internet at <https://cold-war.army.mil>. The Web site informs applicants about the correct procedures and the required documentation to receive a certificate.

Applications will only be accepted by fax or mail, officials said.

More information on the certificate can be found on PERSCOM's Cold War Web site or by calling customer service at (703) 325-5864.

POLICE REPORTS

- **Subject:** Private 1st Class, 22-year-old male, 2 separate battalion
- **Charges:** Failure to obey a lawful order, disorderly conduct
- **Location:** Hunter
- **Subject:** Specialist, 32-year-old male, separate battalion
- **Charges:** Simple battery
- **Location:** Hunter
- **Subject:** Civilian, 24-year-old male
- **Charges:** No driver's license on person, driving while license suspended
- **Location:** Hunter
- **Subject:** Private, 20-year-old male, Division Support Command
- **Charges:** Drunken driving, loud music violation
- **Location:** Fort Stewart
- **Subject:** Specialist, 30-year-old male, separate battalion
- **Charges:** Improper lane usage, driving under the influence
- **Location:** Savannah
- **Subject:** Sergeant, 39-year-old male, 24th Support Group
- **Charges:** Speeding, driving under the influence
- **Location:** Bloomingdale, Ga.
- **Subject:** Private 1st Class, 27-year-old male, Division Artillery
- **Charges:** Simple assault, false name/address to police
- **Location:** Savannah, Ga.
- **Subject:** Family member, 29-year-old male
- **Charges:** no driver's license on person, driving while license suspended
- **Location:** Hunter
- **Subject:** 2nd Lieutenant, 23-year-old male, 2nd Brigade
- **Charges:** Criminal trespassing

- **Location:** Savannah, Ga.
- **Subject:** Private, 21-year-old male, 2nd Brigade
- **Charges:** Wrongful use of marijuana, wrongful use of cocaine
- **Location:** Fort Stewart
- **Subject:** Private, 20-year-old male, 2nd Battalion
- **Charges:** Wrongful use of marijuana
- **Location:** Fort Stewart
- **Subject:** Private 1st Class, 29-year-old male, 2nd Brigade
- **Charges:** Wrongful use of marijuana
- **Location:** Fort Stewart
- **Subject:** Specialist, 22-year-old male, 1st Brigade
- **Charges:** Deposit account fraud
- **Location:** Hinesville, Ga.
- **Subject:** Private 2, 26-year-old male, separate battalion
- **Charges:** Driving under the influence
- **Location:** Hinesville, Ga.
- **Subject:** Family member, 26-year-old female
- **Charges:** Aggravated assault
- **Location:** Fort Stewart
- **Subject:** Civilian, 22-year-old male
- **Charges:** Improper backing
- **Location:** Fort Stewart
- **Subject:** Family member, 26-year-old female
- **Charges:** Simple possession of marijuana, cruelty to children
- **Location:** Fort Stewart
- **Subject:** Private 1st Class, 20-year-

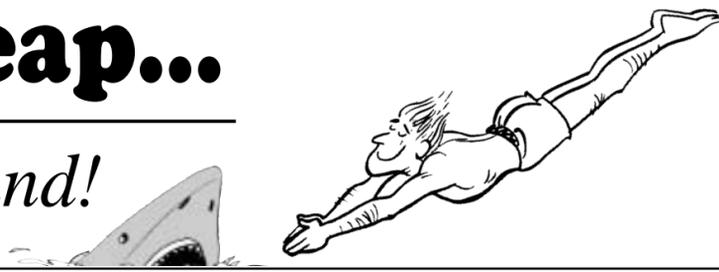
- old male, 24th Support Group
- **Charges:** Driving while license suspended
- **Location:** Hunter
- **Subject:** Private, 24-year-old male, separate battalion
- **Charges:** Driving while license suspended, speeding (32/30)
- **Location:** Hunter
- **Subject:** Private 1st Class, 22-year-old male, Division Artillery
- **Charges:** Improper backing
- **Location:** Fort Stewart
- **Subject:** Family member, 29-year-old male
- **Charges:** Simple assault
- **Location:** Fort Stewart
- **Subject:** Specialist, 22-year-old male, separate battalion
- **Charges:** Too fast for conditions
- **Location:** Hunter
- **Subject:** Specialist, 22-year-old male, Division Support Command
- **Charges:** Driving while license suspended
- **Location:** Fort Stewart
- **Subject:** Specialist, 29-year-old male, separate battalion
- **Charges:** Failure to yield when entering an intersec-

- tion
- **Location:** Fort Stewart
- **Subject:** Private 2, 18-year-old male, separate battalion
- **Charges:** Failure to yield after stopping at a stop sign
- **Location:** Fort Stewart
- **Subject:** Private 1st Class, 27-year-old female, separate battalion
- **Charges:** Driving while license revoked
- **Location:** Fort Stewart
- **Subject:** Private 2, 21-year-old male, separate battalion
- **Charges:** Failure to obey a lawful order or regulation, no drivers license on person
- **Location:** Hunter
- **Subject:** Private 2, 19-year-old male, Aviation Brigade
- **Charges:** Deposit account fraud
- **Location:** Hinesville, Ga.
- **Subject:** Specialist, 23-year-old male, separate battalion
- **Charges:** Financial transaction fraud
- **Location:** Hinesville, Ga.
- **Subject:** Family member, 25-year-old male, separate battalion
- **Charges:** Failure to yield right of way
- **Location:** Fort Stewart
- **Subject:** Specialist, 21-year-old female, separate battalion
- **Charges:** Failure to yield when entering or crossing highway
- **Location:** Fort Stewart
- **Subject:** Specialist, 23-year-old female, Headquarters Command
- **Charges:** Drunken driving, reckless driving, simple assault
- **Location:** Fort Stewart

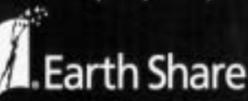


Look Before You Leap...

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One environment.
One simple way to care for it.



Earth Share

www.earthshare.org



3ID IN BRIEF

Stewart

Frank Cochran and Wilson

The traffic signal at the above intersection was re-activated Tuesday. Motorists are urged to exercise caution when approaching the intersection and be alert for the other driver.

Main Gate

Gate 1 has only one accessible inbound lane and one accessible out bound lane.

All inbound traffic entering through Main Gate is routed to a new four-way stop located where General Stewart Way intersects with Memorial Drive and proceeds to General Screven Way.

Construction will be on-going during this period. To alleviate the traffic flow 4th Street Gate (Gate 2/Troupe Gate) is open.

"The Laughing Dragon"

The Fort Stewart Library is presenting a puppet show at the Woodruff Theater, 11 a.m., today, entitled "The Laughing Dragon". This show is FREE and open to the public.

Army Family Action Plan

Training for facilitators, recorders and issue support staff Aug. 21, 9 a.m. to noon at Club Stewart. Youth AFAP conference Sept. 6 at 8:30 a.m. to 6 p.m. at Club Stewart. Delegate training Sept. 8, 8:30 a.m. to 2 p.m. at Club Stewart. AFAP conference Sept. 9, 8:15 a.m. to 4 p.m. at Fort Stewart.

Contact Vicki Winginton at 767-5058 or Stacy Thompson at 767-5058 for more info.

Family Assistance Center

Army Community Service at Fort Stewart scaled back its Family Assistance Center hours of opera-

tion. New hours are 7 a.m. to 7 p.m., Monday through Friday. Weekends will be handled with an on call roster and phones forwarded to EOC.

Childcare needed

Military wives are needed to provide childcare in their homes. Free training and assistance offered through Youth Services' Family Childcare program. Why not consider this opportunity to make money?

For more information call 767-2311.

Education Center hours

The Main Education Center, Building 130, will continue with expanded hours due to the high demand for services during the day and evening hours. The 1st Brigade/Divarty Learning Center will return to regular business hours. Computer access is available during the week at the Main Learning Center, Building 130, 8:30 a.m. to 9 p.m. Monday through Thursday, from 7:30 a.m. to 8 p.m. Friday, and from 8 a.m. to 5 p.m. Saturday.

Sunday Brunch

Bring 20 or more people, or a church bulletin and get \$1 off. Half price for children ages 9 to 12 and children under age 8 eat free. Cartoons available for children.

For information call 368-2212.

Traffic Alert

A new traffic signal will be activated at the intersection of DIVARTY and Wilson Ave. at 8 a.m., Tuesday. The new signal is presently in the "flashing mode". Upon activation, the existing stop signs will be removed. Motorists are urged to exercise caution when entering the above intersection and be alert for the other driver.

Hunter

After-school program

The Hunter Youth Center is now signing up students in the 6th grade level and higher for a free After-School Program. First through 5th graders may also sign up, however, space is limited. Those who are interested can register at Building 1286.

Phatt Katz Comedy Show

The Phatt Katz Comedy Run will present shows at the Hunter Club on Wednesday starting at 9:30 p.m. Performances will feature two comedians and one headliner.

Doors open at 8:30 p.m. Tickets are \$10 in advance and \$15 at the door. For reservations call 269-0277.

Continuing education

Family members, Army Reservists and National Guardsmen can continue their education during their relocation to Hunter Army Airfield, regardless of their specific unit, at the Hunter Army Airfield Education Center, Building 1290. For more information, call 352-6130.

Classrooms are also available for training and FRG meetings. For additional information about these locations, or the ACES program, call the Main Education Center at 352-6130.

First Steps Program

The First Steps Program needs volunteers. This is a program that provides information and support to expectant and new parents stationed at Hunter. Volunteers make home visits to expectant parents and provide a 12 month phone call follow up. Volunteers are paid mileage reimbursement and enjoy flexible hours.

For more information, call 756-6516.

Hunting and fishing license

Fort Stewart and Hunter AAF hunting and fishing permits and Georgia State hunting and fishing licenses are sold at the Hunter Skeet Range, Bldg. 8250. A Hunter Education course is required for on-post hunting permit. For more information, please call 352-5916.

Morning road closure

N. Perimeter Road from the 117th Tactical Control Squadron to the Stephen Douglas Street intersection will be closed to vehicular traffic from 6-7:30 a.m., Mon.-Fri. to support unit physical fitness programs. Individuals and formations must run on authorized running routes and adhere to post safety regulations.

Ask your unit first sergeant or contact the Hunter Safety Office for Hunter's physical training policies at 352-5814.

Bible study

A weekly Bible study will be held in the building adjacent to the post chapel Wednesdays at 11:30 a.m.

Gate hours

Montgomery Gate is open 24 hours and will be used for all commercial traffic.

Wilson Gate is open every day from 5 a.m. until 10 p.m.

Rio Gate is open every day from 5 a.m. until 6:45 p.m.

Burger King

Burger King at Hunter PX will be closed on Aug. 4 for renovations and will re-open Sept. 20. During this time Burger King will operate from a portable grill in front of the PX.

Winn Army Community Hospital

TRICARE class

Retirees and retiree dependants age 64 can attend the TRICARE Prime to TRICARE for Life class 9-11 a.m., Aug. 20, at Hunter's Army Community Services building. TRICARE for Life begins on a retiree's 65th birthday. For more information, call 692-8724.

3rd Thursday training

Services at Winn and Tuttle will be limited today for staff training. Winn will be closed 7:30 to 11:30 a.m. and will offer emergency care only during that time. Tuttle will be closed 10 a.m. to 2 p.m.

Expectant Mothers Group

No Expectant Mothers Support Group will be held in July. The next meeting will be 9 a.m. Aug. 19 at Club Stewart. The group is open to all expectant mothers whose significant other is deployed. For more information, call 370-6779.

Bereavement Support Group

The next Bereavement Support Group meeting will be 7 to 8 p.m. Aug. 8 in the chapel. The group is open to beneficiaries who have lost a loved one. For more information, call 370-6661.

Exceptional family member

The next Exceptional Family Member Program enrollment orientation will be 1:30 to 3 p.m. Aug. 28 in Patriot Auditorium.

Meet other families and learn about other community support services. For more information, call 370-6505.

"Take Care of Yourself" class

The next "Take Care of Yourself" classes will be 2-3 p.m. Aug. 13 at Winn and 10-11 a.m. Aug. 27 at Tuttle. The class gives an overview

of how to use the "Take Care of Yourself" book. Upon completing the class, you will receive a card that allows you to get over-the-counter medications from Winn or Tuttle. To register for the Winn class, call 370-5071. To register for the Tuttle class, call 368-3048.

Family reunion support

Family reunion support is available for families having difficulty adjusting after a deployment. Support is available by appointment or on a walk-in basis. For more information, call 370-6100 or 370-6111.

Tuttle Army Health Clinic

Tuttle's full-service screening is available by appointment only. The one-time appointment will walk the child through each required clinic. Appointments are held from 12:15 to 4 p.m. Monday through Friday until August 15. To schedule an appointment, call 1-800-652-9221.

Preventive Medicine

The Department of Preventive Medicine has relocated to buildings PB473 and PB474, across from Army Community Service. For more information, call 370-5085.

Coping Support Groups

The Coping Support Group is for adults having difficulty dealing with the stress in their life. The group meets 9 to 10:30 a.m. every Monday. The Coping Support Group for Children meets 3:30 to 4:30 p.m. Monday for children ages 6 to 9 and 3:30 to 4:30 p.m. Thursday for children ages 10 to 13. For more information, call 370-6100.

Physical Exam Clinic

The clinic has been relocated to Soldier Family Health Clinic #2, Building 612, 767-7750.

Make-up School Health and Sports Physicals

Children entering the Georgia school system for the first time are required to have the Georgia Certificate of Eye, Ear and Dental screenings as well as the Certificate of Immunization. The required certificates can be obtained from the respective clinics.

Winn Army Community Hospital

School health screenings and sports physicals will be available by appointment 8 a.m. to 1 p.m., Aug. 2. To schedule an appointment, call 767-6633.

Tuttle Army Health Clinic

Tuttle's full-service screening is available by appointment only. The one-time appointment will walk the child through each required clinic. Appointments are held from 12:15 to 4 p.m. Monday through Friday until August 15. To schedule an appointment, call 1-800-652-9221.

10 Things You Can Do to Help the Environment



1. Use water-based paints.
2. Recycle your household trash.
3. Compost yardwaste.
4. Plant trees.
5. Conserve energy.
6. Buy non-aerosol products.
7. Carpool.
8. Keep your car engine tuned.
9. Recycle used motor oil.
10. Choose less packaging.

Marines test skills at Stewart

Sgt. Raymond Piper

Editor

Reserve Marines from C Company, 8th Tank Battalion spent their annual training at Fort Stewart qualifying with their M1 Abram tanks.

The Tallahassee, Fla., based unit used Red Cloud Hotel to qualify on Tank Tables seven and eight, which is a company level qualification on gunnery and live fire.

"The ranges here have run very smoothly and provide great views for finding targets," said Marine Sgt. Phillip Tyree, tank commander.

Table seven is a practice run for the tankers and Table eight is the qualification, Tyree said.

"The tables focus more on the gunner's and TC's skills rather than the other crew members," Tyree said.

"One thing we have worked on is the wingman concept, where another tank watches while the other is searching for targets," Tyree said.

The Marines went through several different scenarios where they faced off against enemies ranging from ground troops, armored personnel carriers and tanks.

One scenario had the crews practicing as a three man crew after their gunner was killed or injured.

Tyree said, "(When you're out there firing,) you get that adrenaline rush and have to keep an even temperament."

There were six scenarios during the day and four at night that covered both offense and defense.

Tyree said, "We have one scenario we call the widow maker where a crew faces off against three tanks and one APC."

According to Marine Capt. Bill Blocker, platoon commander, the whole battalion has been conducting training in preparation of an upcoming deployment to Australia.

Tyree, after coming off the range, said, "When everything is clicking and you're hitting targets it's a lot of fun."



Spc. Kimberly Nelson

A C. Co., 8th Tank Bn., crew sends rounds down range during a live-fire exercise. The Marine Reserve unit is based out of Tallahassee, Fla.

LIFE & TIMES

B SECTION

On Post

International Day Slated

Army Community Services is looking for volunteers to participate in this year's International Day Celebration slated Sept. 15. Participants may present information, displays and entertainment depicting their heritage, culture and history at the celebration.

For more information contact Linda McKnight or Ethel Jemison at 767-5058.

Swimming lessons

Classes are open to military adults and children, DoD civilians, retirees, National Guardsmen and Army Reservists.

The two-week sessions will be held at Corkan Gym and Bryan Village Pool in July. The cost is \$25 for youth and adults, \$15 for infants and toddlers.

Call 767-2312 to sign up for swimming lessons.

CYS Central Registration

The CYS Central Registration, Building 443 will be open 8 a.m. to 4:30 p.m., Monday and Friday by appointment only; 8 a.m. to 6:30 p.m., Tuesday and Thursday by appointment only and all day Wednesday for walk-in.

Pick up records from your child's program (SAS, CDC, FCC and YS) prior to update.

For more information, call 767-2312.

Community-Wide Service

The communities and municipalities of Liberty County — Hinesville, Allenhurst, Midway, Fleming, Walthourville, Gum Branch, Riceboro and Flemington, are being called together Sunday at 7:30 p.m., on Olvey Field, in Hinesville.

They are coming together to honor the brave men and women of the nation's military forces, to the U.S. Army in particular and most specifically to the 3rd Infantry Division (Mechanized) and to the 15th Air Support Group of the U.S. Air Force.

Framing Class

Learn to professionally mat and frame your treasures and personal prints.

Free classes are open to the public.

Pre-registration is required to order necessary supplies.

Classes begin at 8:30 a.m. and continue until finished.

New mats and moldings available on special order. Prints available at great prices. Special introductory demonstrations and classes available for all types of groups — FRG, church groups, OSC, ESC and BOSS.

For more information, call RoseMary at 767-8609.

Librarians corner

Dial a story at 767-2828 through Aug. 4. The story is titled "Why fox has a fancy tail".

Off Post

Summerfest 2003

On August 9 from 10 a.m. to 6 p.m. the Chamber is seeking participants for the BBQ cookoff, and food and craft vendors.

Squeal about the summer fest to all your friends! Cash and prize for best barbecue, great food, live entertainment and kids games. There will also be a 5K road race/fun run and walk. The race is at 9 a.m. and the fun run/walk is at 8:30 a.m.

For details, contact the Chamber at 368-4445.

If you're interested in having your sports articles, commentaries or briefs posted in The Frontline, call 767-3440, or fax at 767-5979. Deadline is noon on Fridays.

Briefing raises awareness



SpC. Casandra Bolton

Lt. Col. Katie Chisolm, lactation consultant, shows Pfc. Tirkeisha Johnson, 92nd Chemical Co., how to properly get a baby latched on during breastfeeding with a doll and a fake nursing gown. Johnson was one of the mothers who showed up for the prenatal briefing entitled "Breastfeeding."

SpC. Casandra Bolton

Staff Writer, 372nd MPAD

As pregnant females continue to consider breastfeeding versus formula feeding, a few topics can be brought out that may scare or enlighten the mothers to be. Some of these issues were addressed during a prenatal briefing entitled "Breastfeeding," held July 25 at Winn Army Community Hospital. The prenatal classes are held the third Thursday of the month.

More than twenty mothers showed up for the briefing, some husbands even showed up for support. During the briefing, mothers expressed their feelings on breastfeeding. One mother stated that she had heard that it hurt, while another expressed the embarrassment that she heard was associated with it.

Many pregnant women consider breastfeeding at one time or another. But, when they hear stories from their friends about the difficulties they tend to get a little nervous and give up. Well, in order to be prepared, one should be informed.

"I didn't take advantage of the resources available," said Maj. Kimberly Garcia, certified nurse and mid-wife and mother of three children. "I had a lot of soreness." "It did get better with time," said Garcia.

"A mother will never be sore if she uses the resources," said Garcia.

During the briefing, the mothers learned how breast milk was made and transferred from the breast to the baby. They also learned proper placement of the baby's mouth during feeding.

"If you don't get the technique down, you will quit," said Lt. Col. Katie Chisolm, lactation consultant.

There are many benefits to breastfeeding. There are benefits for the mother, the child and the community as well according to the information packet that was handed out during the briefing.

The benefit to mothers is they tend to be healthier, have less risk of some cancers and have stronger bones.

"My mother breastfed and I heard it was better than formula," said Capt. Melissa Ringhisen, 103rd Military Intelligence Battalion.

Babies have less ear, nose, throat and chest infections. They also have less gas, constipation, colic and diarrhea. The baby is smarter with a higher IQ and the breast milk contains more than 200 nutrients that the baby can only receive through breastfeeding. According to a clinical study, breastfed infants for the first six months of life test 11 IQ points higher than a formula fed baby.

"It is the best thing for the baby," said Sgt. Brandi Crawley, A Co., USA Meddac. "You can be half asleep or you can be sleep while feeding."

See BRIEFING, Page 3B

ACS celebrates its 38th birthday

SpC. Casandra Bolton

Staff Writer, 372nd MPAD

Army Community Service at Fort Stewart celebrated their 38th birthday July 25 while the Hunter Army Airfield ACS celebrated theirs July 24.

Col. John Kidd, garrison commander Fort Stewart and Hunter Army Airfield, was present at the Stewart ACS and spoke to the volunteers, staff and participants on the importance of the ACS and he recognized a few people for their outstanding achievements.

"These people are awesome," said Lt. Col. Jeffrey Goble, garrison commander Hunter Army Airfield, about Hunter's ACS staff.

During the party, the participants played games, listened to music and ate lunch. The commissary provided bag lunches for the attendees.

"They got to make their own bag lunches," said Braxton. "They chose from different meats, fruits, cookies and chips."

This year the ACS had a big turnout. "We had a lot of kids this year," said Braxton.

More than 100 children showed up at the event. Overall, there were approximately 400 people present.

"I was so glad that so many people showed up," said Lucia Braxton, chief

See ACS, Page 3B



SpC. Casandra Bolton

Staff members of the Fort Stewart ACS throw candy out of a pinata to eager children July 25.

eCybermission still needs Army volunteers

Joe Burlas

Army News Service

WASHINGTON — With less than two months to go before teams start registering for this year's competition, eCybermission is still short of the number of adult volunteer "ambassadors" and "cyberguides" it needs to support its goal of 5,000 teams of sixth-, seventh- and eighth-graders.

Launched last fall, eCybermission is an Army-sponsored math, science and technology competition conducted online to encourage American youth interest in those subjects.

"In America, so many of the privileges and comforts we enjoy were made possible through advances in math, in science, in engineering, and in the technologies they enable," former Army Chief of Staff Gen. Eric K. Shinseki said, at the eCybermission kickoff ceremony last October. "From the automobile to the space shuttle, from the telegraph to the Internet, our progress has been marked by leadership and innovation in the disciplines of math, science and engineering. Incredibly, however, there seems to be decreasing interest in these subjects."

Specifically, eCybermission offi-

cialists are looking for soldier, Army civilian or retiree volunteers to serve as ambassadors to promote the contest in their local middle schools and cyberguides to assist

September, said Kate Sparrow, a senior consultant with eCybermission contractor Booz Allen Hamilton.

Rose Pesce Rodriguez, an Army civilian chemist with the Army

ly contacting a total of about 100 middle schools before team registration closed.

One of the Maryland schools she contacted fielded a team that took second place in the regional competition this year.

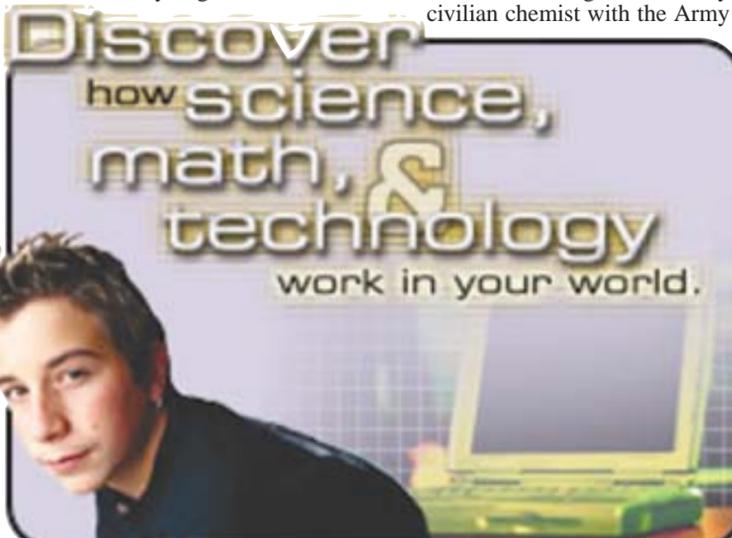
Rodriguez said most of her contacts with the schools were 15- to 30-minute phone calls to science teachers, principals and other school administrators. In some cases, she visited schools and gave formal presentations about the eCybermission competition.

Admitting that science outreach to youth is a personal passion, Rodriguez said she really wanted to reach girls at a young age because by high school the opportunity to spark interest science is for most lost.

All eCybermission volunteers must successfully pass a National Agency Check and will receive training on their responsibilities prior to assuming ambassador or cyberguide duties.

To volunteer as an ambassador, visit www.ecybermission.com, or e-mail ambassadorprogram@eybermission.com.

To volunteer as a cyberguide, visit www.ecybermission.com, or e-mail missioncontrol@ecybermission.com.



competitors conduct online research into their projects.

As of July 22, only 83 ambassadors and 23 cyberguides were signed up — well short of the 600 ambassadors and 80 cyberguides program officials hope to get before

Research Lab at Aberdeen Proving Ground, Md., got handed a list of 20 middle schools to contact about the competition when she completed eCybermission ambassador training last year. After contacting all 20, she went back for more — eventual-

Teens spend summer volunteering

Laurie Kemp
Winn Public Affairs Officer

Some teens spent their summer vacation working, some spent it relaxing and others spent it giving back to their community through the American Red Cross Summer Youth Volunteer Program.

More than 50 teens, ages 14 to 17, spent their summer vacation volunteering at Winn Army Community Hospital and Tuttle Army Health Clinic.

The young volunteers held a variety of positions, from filing medical records to preparing IV's in the Operating Room.

"It may not seem like a lot, but it really is ... we can actually make someone's day just by helping them," said 14-year-old Leonard Gage.

The Red Cross depends on volunteers, who constitute 97 percent of its total work force, to carry on humanitarian work:

- Every year, the Red Cross is there for hurricane, earthquake, and other disaster victims — including 150 families forced from their homes by fire every day.

- 175,000 volunteers worked to prevent, prepare for and respond to nearly 64,000 disaster incidents last year.

- More than 15 million Americans turn to us to learn first aid, CPR, swimming, and other health and safety skills. Last year, more than 230,000 people volunteered to teach those courses.

- Half the nation's blood supply — six million pints annually — is collected by more than 190,000 Red Cross volunteers.

- Among our emergency services for the men and women of the armed forces is the delivery of urgent family messages — one every 22 seconds.

- More than 24,000 volunteers serve as chairs, members of boards of directors, or on advisory boards for local Red Cross units — chapters, Blood Services regions, and military stations.

- As part of the International Red Cross Movement, we work to ease human suffering on a global scale.

"Right now, with the war going on, I'm trying to help my country as much as I can so I feel this is one way I can help my country," said Lee Noonburg, age 15.

If you have a teen interested in the summer youth volunteer program for next year, or you are interested in volunteering any time of year, call Brigitte Roberts, volunteer services coordinator, at 370-6903.



Youth volunteers at Winn Army Community Hospital raise money for the American Red Cross by selling popcorn. *Winn photo*

Youth Volunteers



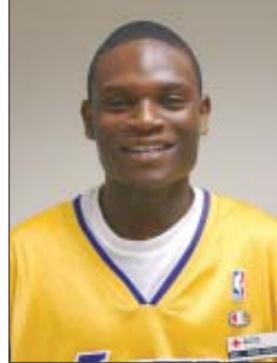
Amanda Mella



Angeleigh James



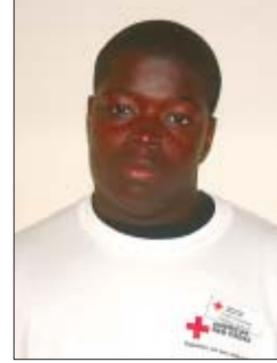
Ashley N. Weems



Brandon M. Robinson



Christine Baehr



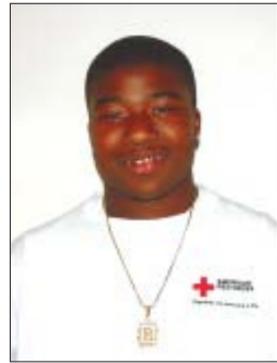
Rodney Jackson



Christopher Faver



Crystal Lewis



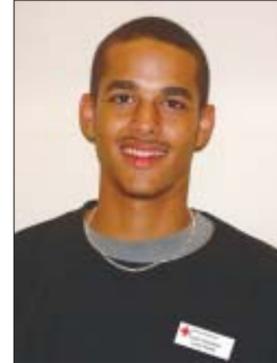
Curtis Bryant



Danielle Dugger



Daniel Cassidy



Levar Kemp



Dorian Lyles



Denise Horvath



Dane Hansen



Erica Wilson



Gabrielle Bivens



Ryan Rice



Heather Lysak



Jacqueline Fornshell



Jessica Harris



Latoria Bivens



Jessica Newton



Tamara J. White



Leonard Gage



Kayla McManis



TaQuisha S. Joseph

Volunteers not pictured are:

Brittany Banks
Cecil Barnes
Deirdre Bhimull
Nikki-Jo Binnion
Amelia Braley
Nicholas Braley
Micah Brown
Jennifer Burdett
Ryan Caronongan

Derek Cook
Summer Farra
Jahaira Fray
Arkamio Gillispie
Arquelio Gillispie
Jennifer Johnson
Claudette Jones
Darius McGeathey
Taresha Mills

Lee Noonburg
David Porch
Cristina Rodriguez
Lauren Sheplar
Kristopher Smith
Mikaela Smith
Todd Tribut

BRIEFING

from page 1B

For the community, mom misses fewer days of work due to baby illness. There is also less waste in producing cans of artificial milk.

"The 15 - 20 minutes that it takes it takes to warm up a bottle, I am sleeping," said Crawley as she kissed her two month old son, Justin.

According to Chisolm, 67 percent of the people in the world leave the hospital breastfeeding; by the sixth month there are only approximately 27 percent people that continue breastfeeding. In the state of Georgia, 38 percent of the mothers initiate breastfeeding.

Ringhisen also offered a little advice for

new mothers starting out with breastfeeding.

"Go and see a lactation consultant," said Ringhisen. "The first two or three weeks may be hard. Most people give up. I almost did."

"But after those first couple of weeks, its all down hill from there," said Ringhisen.

Mothers are not alone during their breastfeeding journey. There are a few resources that can be contacted 24 hours a day seven days a week.

Ninety percent of the mothers' questions can be answered over the phone according to Garcia.

"In the middle of the night, a mother can call one of her resources for assistance,"

said Garcia.

Toward the end of the briefing, Chisolm had hands on exercises for the expectant mothers. The exercise gave them the chance to practice with a doll and a fake nursing gown.

As the mothers attempted to feed baby "Xavier", some got it right the first time, while it took the others a little more time. But eventually all of the mothers got it right.

Chisolm also gave the advise to the mothers that they should buy pumps according to how long they are going to be away from their baby.

Electric double pumps for the fulltime working moms and maybe a hand pump for

stay at home moms.

Patience is the key according to Garcia. "Remember with a baby, every issue is not a feeding issue," said Garcia.

Aug. 1 through 7 is national breastfeeding week. Winn is celebrating the week by putting out information concerning breastfeeding.

During the national breastfeeding week, mothers and mothers-to-be can stop by the main entrance of Winn where there is a display set up that will inform the mothers on breastfeeding. There will be an information booth set up at the Post Exchange Aug. 8 and 9 as well as a raffle.



ACS

from page 1B

of ACS (Stewart and Hunter).

"We are the oldest social services agency in the Army," said Braxton. "Our first ACS was established July 25, 1965 in Hawaii."

ACS offers many different services to fit the soldier and their dependants. They offer classes that range from rear detachment commander training to waiting spouses.

The ACS also assists commanders in maintaining the readiness of individuals, families, and communities within

the Total Army by developing, coordinating, and delivering services which promote self-reliance, resiliency, and stability during war and peace.

Services are offered to active, retired, and Reserve Component soldiers and their family members, regardless of branch of service.

Department of Defense Civilian Employees (APF and NAF and some Contracted Personnel) are also eligible for most services, as are their family members.



Photos by Spc. Casandra Bolton

(Above) Attendees look on during a puppetshow put on by members of ACS. The purpose of the puppet show was to inform children about the purpose of the ACS birthday celebration.

(Left) Aleister Saldana, age 6, shows off his dance moves at the ACS birthday party.

SPORTS & FITNESS

On Post

Basketball courts opened

The Hunter gym's basketball courts are newly renovated and now open.

Karate-Goju-Ryu Classes

Classes are held Tuesdays and Thursdays for people five years old and up at the Fort Stewart Youth Center. The fee is \$30 per person. Beginners 5 p.m. to 6 p.m. Advanced, teens and adults 6 p.m. to 7 p.m. No classes on Federal Holidays.

Golf course

Taylor's Creek Golf Course offers Senior Blitz on Thursdays with a 9 a.m. tee off. They also offer a Dogfight Tournament at 7:30 a.m. and Men's Blitz at 1 p.m. on Saturdays and Men's Blitz at 1 p.m. on Sundays.

• **Troops Tune Up**, a soldiers free clinic, is held every Saturday from 11 a.m. to 1 p.m.

• **A Ladies Free Clinic** is held every Wednesday from 10 a.m. to 11 a.m.

• **A "Junior Golf Academy"** is scheduled to be held during the summer.

Anyone who wants to schedule a fundraising event for *family support groups, unit activities* or a private organization is asked to contact Charlie Dobbertin at 767-2370.

Pool passes

Pool passes are now available. Call Andy Arrington, DCAS Aquatic Director, at 767-3034 for more information.

Driving Range

The putting green is being enlarged from 4,800 sq. ft. to 14,000 sq. ft.. The teeing area and short game practice facility is also being enlarged and renovated. The projected opening date is September 1.

Operation Star

All ages needed for future stars. If you are a dancer, singer, band member, cheerleader, break dancers, steppers, rappers and other organization are invited and welcome.

For more information please call 767-4491/4493.

Bowlers' Association

Bowl with the pros 6 p.m., Aug. 1. The fee is \$5 for junior bowlers, \$10 for adult bowlers, active military representing their unit with unit guidon is free. Watch the pros on Aug. 2 and 3 for free. Call 767-4866 to sign up or for information.

Lotts Island Marina

Equipment Rental Center is open Mondays, Thursdays and Fridays 11 a.m. to 5 p.m. and Saturdays, Sundays and holidays 7 a.m. to 3 p.m.

For more information call 352-5974.

Hunter Skeet Range

Open Saturdays 9 a.m. until noon, Thursdays 4-9 p.m.. Hunter Education course is required for on-post hunting permit. Please call 352-2734.

Off Post

Beach Challenge

On Aug. 9. Bear Foot Sports presents the first-ever multi-sport, team-only Beach Challenge, pitting teams of four athletes against one another in head-to-head competitions on the beach and in the water.

For more information call Bear Foot Sports at 843-379-3440.

Sand Gnats Salute Military

Aug. 2, Sand Gnat players will salute our military by wearing camouflage jerseys and a wreath laid in memory of the fallen 3rd Infantry Division (Mechanized) soldiers. At the end of the game jersey will be auctioned off to benefit the American Heart Association. The first pitch will be thrown by a mother a 3rd Inf. Div. fallen soldier.

If you're interested in having your sports articles, commentaries or briefs posted in The Frontline, call 767-3440, or fax at 767-5979. Deadline is noon on Fridays.



Speed,
power,
technology
and team-
work ...

Army News Photo

Angelle Savoie carries the U.S. Army's name and logo on their pro stock bikes for the first time last weekend in the Mopar Mile-High Nationals at Bandimere Speedway. Savoie finished sixth.

Bikers join Army Racing Team

Army Racing News Release
Special to The Frontline

DENVER — Three-time world champion on the National Hot Rod Association pro stock bike tour, Angelle Savoie, and teammate Antron Brown, have signed on with the U.S. Army Racing Team.

The new "recruits" began carrying the U.S. Army's name and logo on their pro stock bikes last weekend in the Mopar Mile-High Nationals at Bandimere Speedway. Savoie finished sixth and Brown ninth at Bandimere.

"U.S. Army Racing is proud to offer proven winners like Angelle and Antron an opportunity to continue their careers with our team," said Lt. Gen. Dennis D. Cavin, commanding general for the U.S. Army Accessions Command at Fort Monroe, Va. "This very competitive team will help us better demonstrate how both racing and the U.S. Army rely on speed, power, technology and teamwork to win."

The expansion into Pro Stock

Bikes will help the Army to further develop its connection with high school, vocational and college students across the country, Cavin said.

He said it also gives the Army another platform that will help expand outreach efforts, generate leads for recruiters, and expand the base of those who influence decisions made by young Americans.

Savoie, who currently holds second-place in the pro stock bike standings, and Brown, who sits in fourth, joins Tony "The Sarge" Schumacher as part of the U.S. Army Racing NHRA family. Schumacher has been partnered with the Army since the 2000 U.S. Nationals.

Plans call for Savoie and Brown to join "The Sarge" as keynote speakers for the NHRA's Youth & Education Services program, known as YES, presented by the U.S. Army. The program helps kids better understand career planning and the breadth of opportunities at the track, as well as how math and science play a role in drag racing. Savoie and

Brown are also slated to make school visits across the country with Schumacher.

"This is unbelievable," said Savoie of the new partnership with U.S. Army Racing and Schumacher. "It's really a dream come true. We just about had to call it quits, with no money left to race. Denver was going to be our stopping point. And, that would have been real heart-wrenching since Denver was where I started my career. Now, we can keep moving on. I'm so happy."

Brown became only the second African-American to win an NHRA national event when he won the 1999 Castrol Nationals in Dallas, Texas.

"It's really great to be a part of the U.S. Army Racing and Don Schumacher Racing family," said Brown. "We finally can go out and race the right way. Everything just came together at the right time for us and I'm extremely thankful for this opportunity. We couldn't have asked for a better partner than the U.S. Army."

Racing without a sponsor for the

first half of the 2003 NHRA POWERade Drag Racing Series season, Savoie and Brown will now sport the traditional black and gold colors of the U.S. Army for the remaining eight races of the pro stock bike campaign under the Don Schumacher Racing umbrella.

Savoie has posted three wins and a number one qualifying spot to date this season, while Brown has a final round appearance to his credit.

"We're pleased to have Angelle and Antron join Schumacher Racing," said team owner Don Schumacher. "Clearly, they will be a nice complement to our already successful U.S. Army Top Fuel program."

In addition to its NHRA program with Don Schumacher Racing, U.S. Army Racing also includes the No. 1 NASCAR Winston Cup Series/MB2 Motorsports team with driver Jerry Nadeau, who is presently recovering from injuries sustained in a practice crash two months ago. Mike Wallace and Boris Said are filling in for Nadeau.

Soldiers invited to bowl with pros

Jim Jeffcoat

Managing editor

Soldiers are invited to bowl free with the professionals 6 p.m. Friday at Marne Lanes Bowling Center as professional bowlers gather to qualify for a major tournament to be held here Sunday.

Jerry Evans, bowling center manager, said four soldiers from each Fort Stewart unit are invited to bowl free with the professionals as the pros get ready to compete in the finals of the Professional Bowlers' Association Bourbon South Region Fort Stewart Open at Marne Lanes. The tournament is sanctioned by the PBA and will happen through the weekend starting Friday.

"The general public is invited to come in and watch the pros at no charge," Evans said. "The pros are inviting soldiers to bowl with them as the pros qualify for the Sunday tournament."

Additionally, other adults and youth may participate in the Adult/Junior Pro-Am Tournament slated 6 p.m., Friday. The entry fee is \$10 for adults and for soldiers who are not representing their units. Youth participating in the junior tournament must pay \$5 to enter, according to Evans.

Soldiers bowling free in representation of their units must bring their unit guidons to the competition to be bonafide representatives of their units. Other soldiers must pay to enter, Evans said.

This tournament slated at Stewart's Marne Lanes is one of 160 regional tournaments per year for the PBA. Now locals can catch PBA players in action right in their back yard.

Soldiers, family members and other bowling enthusiast will have a chance to see champions on tour, and join other PBA members battling it out on the lanes.

If you want to take on a pro yourself — enter the Pro-Am competition scheduled this Friday. This Pro-Am is where amateurs get to bowl with the pros and receive tips and pointers as they go.

The PBA schedule starts Friday with a practice session from 3:30 to 5 p.m. The Pro-Am is 6 to 8 p.m.

At 8 a.m., Saturday, Aug. 2, "A" squad of the PBA Tour bowls eight games. Later, at 2 p.m., "B" squad bowls eight games. The top 24 players on the tour will advance to the finals.

Starting at 8 a.m., Sunday, Aug. 3, the top 24 players will battle in the semi finals. First-place winner takes home a projected \$2,500, according to Evans.

Locals wanting to mingle and battle with the pros should call Evans at 767-4866 to sign up or for more information. Deadline is Close of business Friday.

Marne Scoreboard

Aerobics

Newman Fitness Center
Aerobics schedule

Mondays
Latino Rhythm 7:30 to 8:30 a.m.
Busy Feet Workout 9 to 10 a.m.
4:30 to 5:30 p.m.

Tuesdays
Butts and Gutts 7:30 to 8:30 a.m.
Basic Training Workout 9 to 10 a.m.
Cardio-Stepping 4:30 to 5:30 p.m.

Wednesdays
Caliente 7:30 to 8:30 a.m.

Cardio Kick-boxing 9 to 10 a.m.
Step-kicking 4:30 to 5:30 p.m.

Thursday
Basic Training Workout 9 to 10 a.m.
4:30 to 5:30

Fridays
"Master C" Workout 7:30 to 8:30 a.m.
"Killer Friday" 9 to 10 a.m.
4:30 to 5:30 p.m.

Saturdays
"Pick Your Poison" 9 to 10 a.m.

Hunter Fitness Center
Aerobics schedule

Mondays — 6 to 7 p.m.

Cardio-Stepping
Cardio-Kicking
Buns/Thighs Weights

AB Work Stretch

Wednesday — 6 to 7 p.m.

Cardio-Stepping
Low Impact

Jump Rope
Weights

AB Work Stretch

Fridays — 6 to 7 p.m.

Fun Fridays

Party Dance

Yoga Stretches

Got Scores? Contact the Frontline staff at 767-3440 or e-mail Frontline@stewart.army.mil.

— CHAPLAIN'S CORNER —

Dealing with anger

Chaplain (Maj.) Cavin Dixon
 Vale Chapel Chaplain

In our last discussion, I listed two ways to deal with anger. The first way is to confess it and the second way is to express it. Today, I am going to discuss the third way to deal with anger.

The third way to deal with anger is to repress it. Millions of people today repress their anger. Some people think that it is not cool to let this emotion be known.

Some would say, "If I let my friend know that I am angry, he or she may not like me".

Many people feel this way, but they do not know that this is the most inappropriate way to deal with anger.

When anger is repressed, it is held down or forced down within you. It is a force within you waiting to explode one day. Have you ever wondered why so called quiet or good people all of a sudden go into a rage and begin to physically attack or begin to shoot at innocent people for no

reason?

I think that these so-called good people have held back their anger so long that they one day explode; it is just like a kettle that grandmother used for heating water.

We could see that kettle, but we did not pay too much attention to it until it began to sing. We would then say to granny, "the pot is singing". We knew then that the water was ready.

When people begin to let off steam like a sizzling kettle, they have allowed their anger to get the best of them. Repressing your anger is wrong physically; also, it is wrong spiritually.

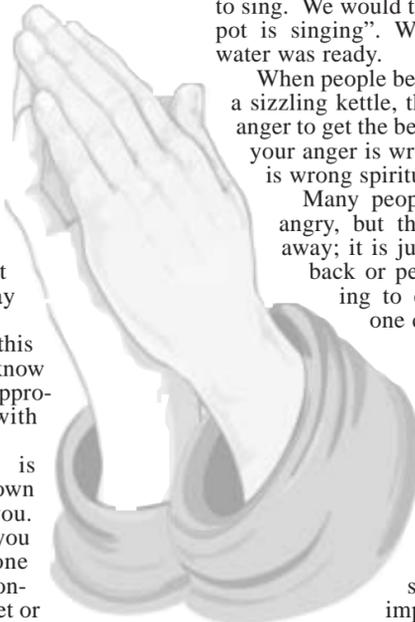
Many people deny that they are angry, but that anger does not go away; it is just repressed; it is held back or penned down, just waiting to exert or express itself one day.

So, let us not continue to lie to ourselves.

Let us learn to confess or express it.

When we confess or express our anger in healthy ways, we become better persons physically, mentally, emotionally, socially, and most of importantly, spiritually.

In our next discussion, I shall discuss the last or fourth way to deal with anger.



Pet of the Week

Don Tomassino is a male 5-week-old, cream colored kitten. He requires lots of attention and affection. The Don is a loving and loyal addition to any family.

If considering adopting Don Tomasino or another pet, please contact the Fort Stewart Veterinary Clinic, located on W. Bultman Ave.

Worship Opportunities

Fort Stewart

<u>Catholic</u>	<u>Location</u>	<u>Time</u>
Sunday Mass	Victory	9 a.m.
Sunday Mass	Victory	7 p.m.
Weekday Mass	Victory	11:45 a.m.
<u>Protestant</u>		
Sunday "Protestant Worship"	Marne	11 a.m.
Sunday Gospel Service	Victory	11 a.m.
Sunday Family Friendly	Vale	11 a.m.
Tuesday Healing Service	WACH	11:30 a.m.
<u>American Samoan</u>		
Sunday Worship	Vale	1 p.m.
<u>Jewish</u>		
Friday Shabbos Service	Marne	6 p.m.
<u>Muslim</u>		
Friday Jum'ah	Bldg. 9182	1:15 p.m.
Masjid (Daily)	Bldg. 9182	5:30 a.m.
<u>Seventh Day Adventist</u>		
Saturday Sabbath School	Vale	9:15 a.m.
Saturday Divine Worship	Vale	11 a.m.
<u>Lutheran</u>		
Sunday Worship	Marne	9 a.m.
<u>Contemporary Service</u>		
Sunday Worship	Marne	6 p.m.

Hunter Army Airfield

<u>Protestant</u>		
Sunday Service	Post Chapel	11 a.m.

Volunteer Spotlight



Karanda Williams



Karanda Williams is a Red Cross volunteer at Winn Army Community Hospital. She volunteers in the pharmacy. Karanda enjoys meeting and helping others and being part of the Army community.

If you would like more information about becoming an American Red Cross volunteer at Winn, call Brigitte Roberts at 370-6903 or send an email to Brigitte.Roberts@se.amedd.army.mil.



WOODRUFF THEATER

Jul 31 — Aug 06

General admission is \$3 for adults, \$1.50 for children.

\$1 Showings

Friday, Saturday and Sunday

Rugrats Go Wild (G)

Starring: Animated

Free Showing Tonight at 7 p.m.

Nigel bumped his head and thinks he is a 3-years-old and can't help the vacationing Rugrats that are stranded on a desert island.

Run time: 84 minutes

Alex and Emma (PG-13)

Starring: Luke Wilson, Kate Hudson

Friday and Saturday

Alex is a writer who owes a hundred grand to the Cuban loan sharks. He has his new book in his head but can't seem to get it down on paper and if he doesn't finish his book soon he will be a dead man.

Run time: 96 minutes

The Hulk (PG-13)

Starring: Eric Bana, Jennifer Connelly

Saturday, Sunday, Monday, and Tuesday

Research scientist Bruce Banner's failed experiments cause him to mutate into a monstrously powerful and savage green-skinned behemoth whenever he loses control of his emotions.

Run time: 138 minutes

Justin to Kelly (PG)

Starring: Kelly Clarkson, Justin Guarini

Wednesday

Three young girls from Texas and a trio of college boys find adventure in Miami on spring break.

Run time: 82 minutes



Birth announcements

July 4

Kelsey Leigh Simmons, a girl, 6 pounds, 9 ounces, born to Spc. Louis Simmons and Tanja Simmons.

July 15

Anthony Matthew Foley, II, a 6 pounds, 12 ounces, born to Anthony Matthew Foley and Lori Foley.

Ericka Denise Smiley, a girl, 6 pounds, 6 ounces, born to Sgt. Eric C. James and Pfc. Regina Smiley.

Hannah Marie McConologue, a girl, 9 pounds, 10 ounces, born to Staff Sgt. Kevin J. McConologue and Stephanie McConologue.

Jeannette Marie Cookie, a girl, 8 pounds, 7 ounces, born to Staff Sgt. Ronald Cooke and Jennifer H. Cooke.

David Elekana Smith, a boy, 6 pounds, 9 ounces, born to Pfc. Raymond Smith and Tanya Salafai Smith.

Jace Bernard-Woods McNeal, a boy, 8 pounds, 3 ounces, born to Chief Warrant Officer 3 Sean McNeal and Velma McNeal.

July 16

Craig Michael Anderson II, a boy, 7 pounds, 5 ounces, born to Spc. Craig Anderson and Krystal Anderson.

July 17

Elijah Devon Boddie, a boy, 7 pounds, 8 ounces, born to Sgt. Maurice Boddie and Kimberly Boddie.

Aidan Matthew Willis, a boy, 6 pounds, 15 ounces, born to Pfc. Sean M. Willis and Keisha F. Willis.

Noah Jacob Marinovich, a boy, 7 pounds, 2 ounces, born to Sgt. Jake M. Marinovich III and Amber J. Marinovich.

Imani Isabella Felton, a girl,

5 pounds, 15 ounces, born to Jimmie Lee Felton Jr., and

Pfc. Faith Barnes and



July 18

Jasmine Ayana Fenton, a girl, 5 pounds, 15 ounces, born to Sgt. Ferron Fenton and Spc. Shannon Smith.

Lavender Cheyenne Dorsey, a girl, 6 pounds, 2 ounces, born to Sgt. LaVar L. Dorsey and Tanishia K. Dorsey.

July 19

Haile Tybrese Fry, a boy, 8 pounds, 8 ounces, born to Sgt. Haile S. Fry and Angela J. Fry.

Zackery David Cardoso Gibbs, a boy, 7 pounds, 4 ounces, born to Sgt. Michael T. Gibbs and Lesa M. Gibbs.

Austin Coty Davis, a boy, 8 pounds, 14 ounces, born to Spc. Tommy Davis and Kelly Davis.

Orlaith Sinead Frisbie, a boy, 5 pounds, 13 ounces, born to Staff Sgt. Fred W. Frisbie Jr., and Anne B. Frisbie.

Kaelee Mackenzie Skinner, a girl, 8 pounds, 7 ounces, born to Spc. Lance Devereaux Skinner and Stephanie Ann Skinner.

RaShad Lyamar Stepney, a boy, 9 pounds, 9 ounces, born to Sgt. 1st Class Shawn C. Stepney and Sgt. 1st Class Olivette L. Stepney.

July 21

Brian Jon Parsons, a boy, 6 pounds, 5 ounces, born to Spc. Eric Jon Parsons and Nicole Marie Parsons.

July 22

Andrew Jowett Mills, a boy, 8 pounds, 9 ounces, born to Sgt. 1st Class Fred G. Mills and Kelly K. Mills.