

SPORTS & FITNESS

B SECTION

On Post

Basketball/Cheerleading

Sign up for Youth Basketball and Cheerleading, ages 7 to 18. Sports fee is \$20 for first child, \$18 for each additional child and they must be registered members of Youth Services. Physicals are required.

These sports are open to youth family members of active duty and retired military, National Guard, Army Reserve and DoD civilians.

For more information call 352-5851

Stewart deer hunt

Registration has started for the managed deer hunt at Fort Stewart Dec. 23. The hunt is sponsored by MWRs Outdoor Recreation Department.

Thirty hunters will be selected to participate. The event is open only to active duty Soldiers, National Guardsmen and Reservists. Hunters must provide their own legal weapons and ammunition for big game at Stewart. Lunch will be provided. For more information call 767-8609 or 767-5032.

Tae Kwon Do lessons

Tae Kwon Do is available for children and adults.

Classes are held for beginners from 5 to 6 p.m., intermediate 6 to 7 p.m. and teen and adult 7 to 8 p.m., each Tuesday and Thursday at the Fort Stewart Youth Services Center, Building 7338, Austin Rd., Bryan Village next to the shopette.

The cost is \$25 per month, \$25 for uniform and \$25 for testing fee and belts are included. For more information, call Child and Youth Services at 767-2312.

Golf Course

Taylor's Creek Golf Course offers Senior Blitz on Thursdays with a 9 a.m. tee off. They also offer a Dogfight Tournament at 7:30 a.m. and Men's Blitz at 1 p.m. on Saturdays and Men's Blitz at 1 p.m. on Sundays.

Massage therapy

There is a massage therapy program at Newman Physical Fitness Center.

Therapeutic massage is a gentle method of alleviating pain and in combination with medical attention, heals certain conditions and helps prevent their return.

Massage therapy is available from 7:30 to 9:30 a.m., 11 a.m. to 1 p.m. and 5 to 7 p.m., Mondays, Wednesdays and Fridays by appointment. The cost is \$1 per minute.

Marne tournaments

A 9-pin, no-tap tournament will be held the first Saturday of every month at Marne Lanes.

Sign up starts at 6:30 p.m. Bowling starts at 7 p.m. Cost is \$15 per person.

Cash prizes will be awarded. The tournament is sponsored by the Fort Stewart Women's Bowling Association.

For more information, call 767-4866.

Newman offers training

The Newman Physical Fitness Center now offers free personal training consultations. Consultations consist of health screenings (body fat assessments), exercise prescription and nutritional counseling. Consultations are on appointment basis only.

Jordan Gym renovations

Jordan Gym is closed for renovation until January.

If you're interested in having your sports articles, commentaries or briefs posted in The Frontline, call 767-3440, or fax at 767-5979. Deadline is noon on Fridays.



Pfc. Benjamin T. Brody

Joel Sherfy swats a double during 3D's 13-run first inning against Coastal at Stewart's Intramural Softball Championship Dec. 3.

3D nips Coastal 20-19 in slugfest, takes title

Pfc. Benjamin T. Brody

Staff Writer

Outfielders were kept busy chasing deep drives during Wal-Mart 3D's 20-19 victory over Coastal Lawncare during the Fort Stewart Intramural Softball League championship game Dec. 3 at the sports complex.

As the sounds of clanking aluminum bats filled the chilly air, Stewart's top two softball teams took the field. Many of the spectators were wrapped in blankets, and children cheered for their fathers from the sidelines.

Coastal went to bat first, and were sent down in short order by 3D pitcher Chris Bell.

The bottom of the first inning started quickly for 3D, with a leadoff single and a walk, followed by two RBI singles, leaving runners on first and second. An inside the park three-run homer widened the margin to 5-0. 3D steadily

chipped away at the scoreboard, launching hit after hit past the Coastal fielders. After two back-to-back home runs boosted the score to 13-0, with two outs, officials called for an end to the onslaught.

Coastal steadily worked their way back into the game with smart base running, scoring a few runs on singles and sacrifice flies. Though their first-inning thunder was not repeated, 3D kept hammering out the runs and pushed the score to 20-8 by the end of the fifth inning.

"I know we've got a good lead right now, but Coastal can definitely hit," 3D coach Mike "Cybil" Welter warned his team. "This game is far from over."

Coastal quickly proved Welter's fears well founded, scoring 10 runs in the top of the sixth — to wild applause from the team's bench.

"Most of us have played together or against each other in recreational softball for a few years

at least," Coastal's Tracey Howard said. "Most of our team is from either the Hinesville Police or the Hinesville Fire Department."

Tension marked the top of the seventh, as Coastal tried desperately to regain the lead, but were held to only one run by 3D's Bell.

The victorious 3D team rushed cheering to the center of the field and loudly celebrated their victory. After checking the scorebooks, the umpire declared 3D the winner, and trophies were handed out to both teams. Players received a small trophy, and 3D received a large one in recognition of its championship victory. The 631st Maintenance Company Outlaws, a Florida National Guard team that was defeated by Coastal in the playoffs, also received a trophy for their outstanding season.

"We really put it all together this season," Welter said of 3D. "We had a 13-1 record coming into the game tonight — it was a great year."

Local children bowl in Stewart Special Olympics

Spc. Jacob Boyer

Staff Writer

More than 160 special needs children from Fort Stewart and Liberty County schools competed in the 2003 Winter Special Olympics Bowling Tournament at Fort Stewart's Marne Lanes Friday.

The tournament was an opportunity for the children to compete among themselves after eight weeks of practice in preparation for the Area Games, which were held Wednesday throughout Liberty, Chatham, Effingham, Long and Bryan Counties, said Johnny Cusimano, the Fort Stewart Department of Morale, Welfare and Recreation's exceptional family member program coordinator.

"There is no event like this," he said. "It gives these young people a chance to be around the Soldiers and other members of the community. This is a day when we really fuss over them."

More than 200 Soldiers volunteered to help at the event, Cusimano said. The majority of them were individual coaches for the children, who ranged from kindergartners to high school seniors.

"Each child got a volunteer for the day," he said. "It was great when the buses pulled up. The volunteers were high-fiving them and clapping and hollering for them."

Cusimano said the majority of the volunteers signed up to help through Better Opportunities for Single Soldiers.

"I like to contribute to the community as much as I can, and I like kids," said Spc. Simeon Facey, a generator mechanic with Headquarters and Headquarters Company, 11th Engineer Battalion and a member of BOSS. "This was a chance to boost someone else's morale and make us happy."

Facey said he and the other volunteers were there to motivate the bowlers.

"We're not allowed to bowl for them, we're

here to keep their spirits high," he said. "Some times I kind of wish I could bowl for them, but this is a serious competition for them. It's a pretty big deal to the kids."

Alicia Parsons, a teacher for autistic children at Joseph Martin Elementary School, said the event was a good chance for her students to get out of the classroom.

"As soon as they see the bus, they're so happy," she said. "Folks think (autistic children) are not social, but that isn't true. They've been sitting on the coaches laps and hugging them. Their body and facial expressions communicate how happy they are to be here."

After Wednesday's Area Games, the children's scores from both events will be tallied, and those with the highest scores will have the opportunity to compete in the Georgia Games, Cusimano said. This is the fourth year the games have been held at Stewart.

Facey, who was volunteering with Special Olympics for the first time, said he was glad he participated.

"It feels good to do things like this," Facey said. "You can see the impact you're making in their faces. Not just any body would sacrifice time for these kids, but it means a lot to them."

"I think it's wonderful that this is here for them every year," Parsons said. "They like the attention, being able to be out and see people. It's very rewarding for the kids and the volunteers. You can tell they are really doing it because they want to."

Cusimano said the event was a good opportunity for the volunteers to interact with the children and learn about them.

"Everyone really pulls together for these events," he said. "Soldiers and other family members who help out walk away with a sense of what it's like for some families. And it's really all about making the kids feel special no matter what."



Spc. Jacob Boyer

Daniel Holmes, a student at Joseph Martin Elementary, rolls the ball while his mother, Dorothy looks on.

Anyone who would like to volunteer with the Special Olympics can contact Army Community Service at 767-0420.

Redleg NCO trains boxers for upcoming smoker



Pfc. Benjamin T. Brody

Pfc. James Gregory lays an attack on 1/41 FA boxing coach Staff Sgt. Michael Turner during a training session at Newman Physical Fitness Center Dec. 8. Gregory is gearing up for the 1/41 smoker Dec. 16 at Caro Gym.

Pfc. Benjamin T. Brody

Staff Writer

Every morning at Fort Stewart's Newman Physical Fitness Center, long before the physical training crowds show up, the slap of boxing gloves pummeling punching bags echoes across a racquetball court. Sweat pours off the young warriors as they take instruction from their experienced coach.

Staff Sgt. Michael Turner of Headquarters and Headquarters Battery, 1st Battalion, 41st Field Artillery, who has over 13 years of boxing experience, is getting a small group of his Soldiers ready for a boxing smoker at 3 p.m. Dec. 16 at Caro Gym that will feature 10 fights, as part of a command initiative to boost unit morale and promote the warrior ethos.

"In 1988 I was stationed in Germany, and one day our first sergeant said to a few of us:

"you Soldiers that have been fighting in the barracks — you're all going to try out for the post boxing team,"

Turner said. "After that, I did nothing in Germany but box. I wound up training with Ray Mercer, who had just won the Olympic gold medal for the heavy-weight division."

Turner's experience has been crucial in organizing and training Soldiers in the pugilistic arts, said 1/41's Capt. Kareem Montague, who also participates in the boxing program. His intense yet raucous style seems to win great respect from the younger Soldiers that he trains.

"I just love beating the hell out of people," Turner said. "It's a hard sport, an individual sport — if you lose, there's no one to blame but yourself."

The boxers weigh in every week and are matched up by weight and ability, Montague said. Everyone on the team trains for two hours in the morning, and for at least another two hours in the afternoon. In addition to sparring and working on form and technique under Turner's guidance, the boxers also have an intense routine that includes calisthenics, jumping jacks, flutter kicks, distance running and tossing a medicine ball.

"I used to take karate when I was younger, but I'd never boxed before," said 1/41's Pfc. James Gregory, one of Turner's disciples. "I've come a long way, it's a great workout, and if they keep having a boxing team, I'll

definitely be on it. Sergeant Turner is a great coach."

All of the Soldiers, who have been on the boxing team for the past six weeks have lost weight and are in better shape, according to Montague. "Sparring is great cardiovascular exercise," he added. "Just moving around on your toes for three minutes, looking for openings will really get your heart pumping."

Turner has single-handedly managed the boxing program, from training and evaluating Soldiers' progress and potential to setting up to rallying support for the program. Montague said.

"When I was at Fort Campbell from 90-94, I coached the 101st Airborne Division, Division Artillery," Turner said. "We used to have smokers in Saudi when we were deployed there. It was the best morale booster we had in the desert. Boxing was big in

Korea when I was there, and I coached the 2nd Infantry Division team.

"One time when I had about 20 fights under my belt, I fought a Sergeant First Class Washington who had fought about 200 times. It was a big televised match, and I beat him in three rounds on a decision. All my training had paid off.

"The referee was a coach from the All Army team, and he invited me down to

their camp at Fort Huachuca to try out with Soldiers from posts all over the world. I made the team even though I lost a fight that I thought I had won, but at that point I didn't want to do it anymore. I went back to the post team at Campbell after that."

Given that Turner is leaving Stewart for Fort Wainwright in two weeks, there is some concern for the continued growth of the 1/41 boxing team. In 2000, the Army went away from having post boxing teams, but before then, Stewart was quite competitive in the field. The program now is suffering for lack of equipment and training space, but not for lack of interest, Turner said.

"The Ranger Gym over at Hunter Army Airfield has helped us out a lot," Turner explained. "The guys there lent us 16 sets of gloves and eight helmets, so what we really need is a boxing ring at Stewart. The interest is out there — male and female Soldiers are always telling me they want to learn to box."

"In 1988 I was stationed in Germany and ... I wound up training with Ray Mercer who had just won the Olympic gold medal for the heavy-weight division."

Staff Sgt. Michael Turner
HQB, 1/41 FA boxing coach

Marne Scoreboard

Bowling

Women's Thursday Morning Coffee Bowling League Marne Lanes

November Results

High Series

Marianne Franks	557, 550
Lou Rae Kobusch	508, 473
Merlene Altman	507
Beverly Tart	505
Lydia Santiago	505
Helga Dukes	497
Karin Fox	474
Donna Carthy	472

High Game

Marianne Franks	204, 201, 192
Lou Rae Kobusch	508, 473
Sam Gann	214, 198
Beverly Tart	201, 197
Merlene Altman	181

High Average

Marianne Franks	171
Karin Fox	156
Lou Rae Kobusch	152

Honor Scores

400 Series (140 Average)

Melissa Davis	417
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Triplicate

Melissa Davis	127
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HHT, 3/7 Cav. (forfeit), HHC, 1st Bde. (forfeit)

Dec. 2

B Btry., 1/41 FA 1, C Co., 4/64 Armor (forfeit)
 DIVARTY 1, C Co., 4/64 Armor (forfeit)
 B Btry., 1/41 FA 1, HHT, 3/7 Cav. 0
 B Co., 703rd MSB 1, C Co., 2/7 Inf. 0

Operations Freedom Conference

Scores

Dec. 1

HHC, 3/7 Inf. 1, D Co., 10th Eng. (forfeit)
 E Co., 703rd MSB 1, 94th Maint. Co. (forfeit)
 B Co., 26th FSB 1, HHC, 3/69 Armor (forfeit)
 HHC, 3/69 Armor 1, 94th Maint. Co. (forfeit)

Dec. 2

E Co., 703rd MSB 1, HHC, 3/7 Inf. 0

Playoff Schedule

Tuesday

First Round

Game 1	6:30 p.m.	B Co., 123rd Sig. v. A Co., 11th Eng.
Game 2	7:30 p.m.	B Btry., 1/41 FA v. C Co., 1/64 Armor
Game 3	8:30 p.m.	E Co., 703rd MSB v. B Co., 703rd MSB
Game 4	9:30 p.m.	DIVARTY v. C CO., 2/7 Inf.

Wednesday

Semifinals

Game 5	6:30 p.m.	Game 1 winner v. Game 2 winner
Game 6	7:30 p.m.	Game 3 winner v. Game 4 winner

Dec. 18

Finals

6:30 p.m.	Game 5 winner v. Game 6 winner
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Soccer

2003 Stewart Intramural Soccer League

Freedom Conference

Scores

Dec. 1

B Btry., 1/41 FA 3, B Co., 703rd MSB 0



Softball

2003 Stewart/Hunter Fall Intramural Softball League

Playoff Scores

Dec. 3

Finals

3-D 20, Coastal Lawn Care 19

Newman Fitness Center Aerobic Schedule

Mondays

Latino Rhythm with Carmen (weights and tubing) 7:30 to 8:30 a.m.

Busy Feet Workout with Irma (cross training) 9 to 10 a.m.
4:30 to 5:30 p.m.

Tuesdays

Butts and Gutts with Carmen (weights and bars) 7:30 to 8:30 a.m.

Basic Training Workout with Irma (steps, body bars, weights, abdominal work, etc.) 9 to 10 a.m.

Cardio-Stepping 4:30 to 5:30 p.m.

Wednesdays

Caliente with Carmen (kick-boxing) 7:30 to 8:30 a.m.

Cardio Kick-boxing with Irma 9 to 10 a.m.

Step-Kicking with Irma (cardio kick-boxing/steps) 4:30 to 5:30 p.m.

Thursdays

Basic Training Workout with Irma (Tubes, body bars, hoola-hoops, exercise balls) 9 to 10 a.m.
4:30 to 5:30 p.m.

Fridays

"Master C" Workout with Carmen (Buns & thighs workout/cardio kicking) 7:30 to 8:30 a.m.

Killer Friday with Irma (kicking, stepping, hooping, weights, etc.) 9 to 10 a.m.
4:30 to 5:30 p.m.

Saturdays

Pick Your Poison with Asha 9 to 10 a.m.

Got Scores? Contact The Frontline at 767-3440.

Black Knights Fall To Midshipmen, 34-6

Rob Maadi

AP Sports Writer

PHILADELPHIA — Kyle Eckel ran for 152 yards and two touchdowns and Eric Roberts scored two TDs, leading Navy to a 34-6 victory Dec. 6 in the 104th meeting between the service academies.

"The record doesn't matter," Army senior linebacker Ryan Kent said. "Just to be part of the team and be named captain, it's a great honor. I'm disappointed, but still it's a source of pride for me."

"There's a good team in there in those kids. I couldn't get it out of them," interim head Mumford said. "They need confidence. They need to win. They are a great group of young men. It's been an honor to work with them."

Army kept it close early, but fell apart in the second half. Navy scored 27 straight points, pulling away on TD runs of 12 yards and 16 yards by Eckel in the fourth quarter.

Navy quarterback Craig Candeto had 58 yards rushing to go over the 1,000-yard mark for the season. Candeto and Eckel, who has 1,178 yards rushing, became the first tandem in Navy history to each surpass 1,000

"There's a good team in there in those kids. It's been an honor to work with them."

Ryan Kent
Army team captain

yards in the same season. Navy had 359 yards rushing.

Army quarterback Zac Dahman threw for 115 yards and two interceptions.

Navy took the opening kick of the second half and drove 80 yards to take a 20-6 lead. Roberts ran in from the 2 for his second TD. Two plays earlier, Roberts made a superb, tumbling, one-handed catch on a 20-yard pass to give the Midshipmen a first down at Army's 5 yard line.

Eckel's 16-yard TD run made it 27-6 early in the fourth and his 12-yard TD run provided the final margin.

While this game always has significant meaning, it took on added importance this season because of the war in Iraq.

It was the first time the game was played at the new Lincoln Financial

Field, and it'll be in Philadelphia four times during a five-year span, from 2004-08. Baltimore is slated to be the site of the 2007 game.

"This game is important anyway, but (the war in Iraq) gives it a little extra," Navy coach Paul Johnson said. "Last night at dinner we had a flag sent to us that flew over the airport in Baghdad. That they thought enough to do that, it tells you the military overseas and everywhere can stop for three, four hours and it's like being home."

Navy took a 7-0 lead on its first possession as Roberts scored on a 1-yard TD run. After Army's defense stopped Candeto on a second-down carry from the 1, Eckel took a pitch, sprinted around the right side and ran untouched into the end zone.

Army cut it to 7-6 on a 1-yard TD run by Carlton Jones in the second quarter.

The Black Knights botched the extra point when the snap was mishandled and holder Wesley Willard was tackled well short of the end zone.

Army's scoring drive was set up by a failed fake punt by the Midshipmen. Punter John Skaggs' pass to Vaughn Kelley on fourth-and-11 fell incomplete, giving the Black Knights the ball at their own 49.



Courtesy Photo

Seth Gulsby, right, congratulates teammate Carlton Jones after Jones ran in for a second quarter touchdown in Philadelphia Dec. 6.

Sophomore Army diver wins fifth award this year, 12th in young career

Special to the Frontline

WEST POINT, N.Y. — Army's women's swimming and diving team was acknowledged by the Patriot League on Tuesday. Sophomore diver Chelsea Haviland was named Patriot League "Diver of the Week" for the fifth time this season, in an announcement made by the league office.

Haviland has made winning this honor quite a custom over the last couple of seasons. She has snared the "Diver of the Week" award twelve times in her young career. Haviland set a pair of season-high

scores en route to sweeping both the one-meter and three-meter boards in the team's 163-137 loss to longtime archrival Navy.

Against the Mids, the Thief River Falls, Minn., native blew away the competition. She accumulated 278.17 points off the one-meter board, beating out teammate Sarah Get by 46.42 points for top honors. Off the three-meter board, Haviland garnered 285.82 points to win by a margin of more than 60 points. Again, Get finished second to Haviland, marking the 10th time in 12 competitions that she has done so.

The 2003 Patriot League "Diver of the Year," Haviland has finished first in 32 of the 36 diving events that she has competed in through 18 career regular-season meets. Haviland has helped Army to a 3-3 record through its first six diving meets of the year, winning both boards at each meet.

Army's men's and women's swimming and diving teams are both idle until January when they travel to San Juan, Puerto Rico for their annual training trip. The Black Knights are scheduled to compete against Yale's renowned dive team Jan. 9.



Courtesy Photo

Haviland somersaults to another award.